KEREN ROSENBAUM

REFLEX IT - YOUR REALITY

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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a synesthetic guide to Reflexive Reality

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Overture

listening ®-evolution, as we tend to call it, is concerned with ways or manners of practicing music without an a-priori set of agreed codes or conventions. Playing music in many ways is engaging with a dialogue (at least), even when one is playing "solo" there is always the material conversation between the musician, instrument and the acoustics. Thus even as a soloist, one is actually playing a trio: bodies in relation to the instrument; instrument in relation to its play; and both in relation to the surrounding and to the materiality of sound. These relations have been codified in many different ways through regimes of meaning, forming alongside musical practices, languages that represent sonoric agency. Classical language of music controls both knowledge and memory in hierarchical fashion - being brought down from the composer to the musicians playing a composition.

The musical text establishes a ground for any performance: in the classical practice of music there is an affinity between such ground and the *truth* of the composition. One is to play the text, as true as possible to the source, in fidelity to its original representation. Source here means not only composition or composer, but also intent, and other regulatory boundaries that had been established over the years concerning the “right” way of playing “it.”

While there is a general classical approach to music that sees authorship as one of its restricting orders upon listening or playing, there is also an opportunity within it of taking those texts as “plans for planings.” Instead of trying to stick with the “original” plan, the playgrounds being offered here make use of musical texts in order to open up musical practices of any kind, regardless their presuppositions, and to explore possibilities which are established through listening and communication. This listening ®-evolution is not targeting traditional practices or regimes, it is not about replacing them by something more authentic or new. We wish to enable a level of coexistence which will be poetic enough, creative enough,so that music can continue to develop organically.

Such coexistence that we are speaking of here, follows a notion of development expressed by Isabelle Stengers, in her Plea to Slow Science - where she identifies a type of progression which is sideways. Instead of accumulating knowledge for the disposal of a certain field, or principal, Stengers proposes a move that blurs boundaries between fields, and asks for a certain degree of migration and displacement for new processes of orientation to develop. Instead of imagining progression as linear, cutting out things that dimmed irrelevant to the “main;” Stengers wishes for a more organic development, something that is attuned to mundanity, or to chance - in short science which is more inclined with the living.

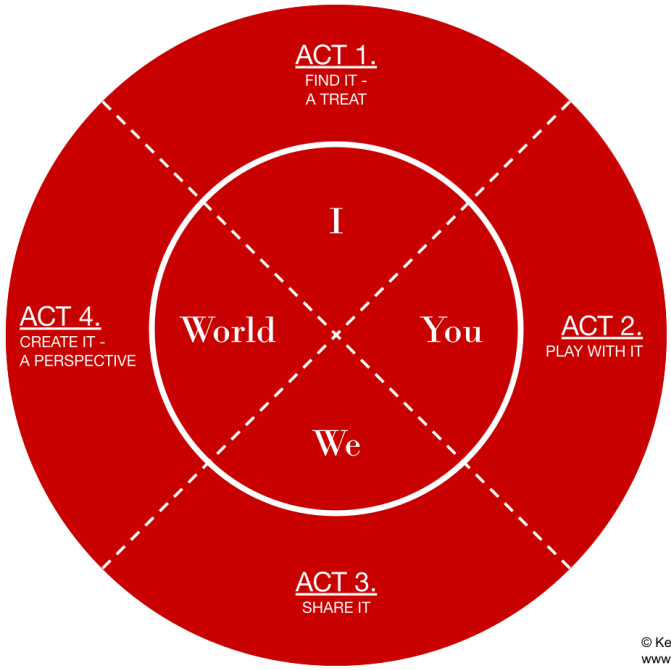
- Dr. Guy Dubios & Keren Rosenbaum

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Reflexive Reality Flow

Reality challenged by perception of reality.
In reality the true situation that exists is the real situation.
Reflexive

everything is a treat, Play with it - I - YOU - WE - WORLD
FIND - PLAY - SHARE - CREATE
WHEN? WHERE? WHAT?
THIS - THAT & INBETWEEN
ATTENTION - NOTICE - ENCOURAGE
KNOW - NEED - DO - ASK
DO - BE - DO
OBSERVE - UNISON - INITIATE - COMMUNICATE
LOVE - HATE - DESIRE - RANDOM - SURPRISE
STOP - LISTEN - GO for It, Girl!
NONVERBAL - PARAVERBAL - VERBAL
COMMUNICATION - CONNECTION -



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PLAY IT - AN OPERAGAME
ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
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Reflexive Preludes

: an introductory performance, action, or event preceding
and preparing for the principal or a more important matter…

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FIND IT - MY SYNESTHETIC LANGUAGE

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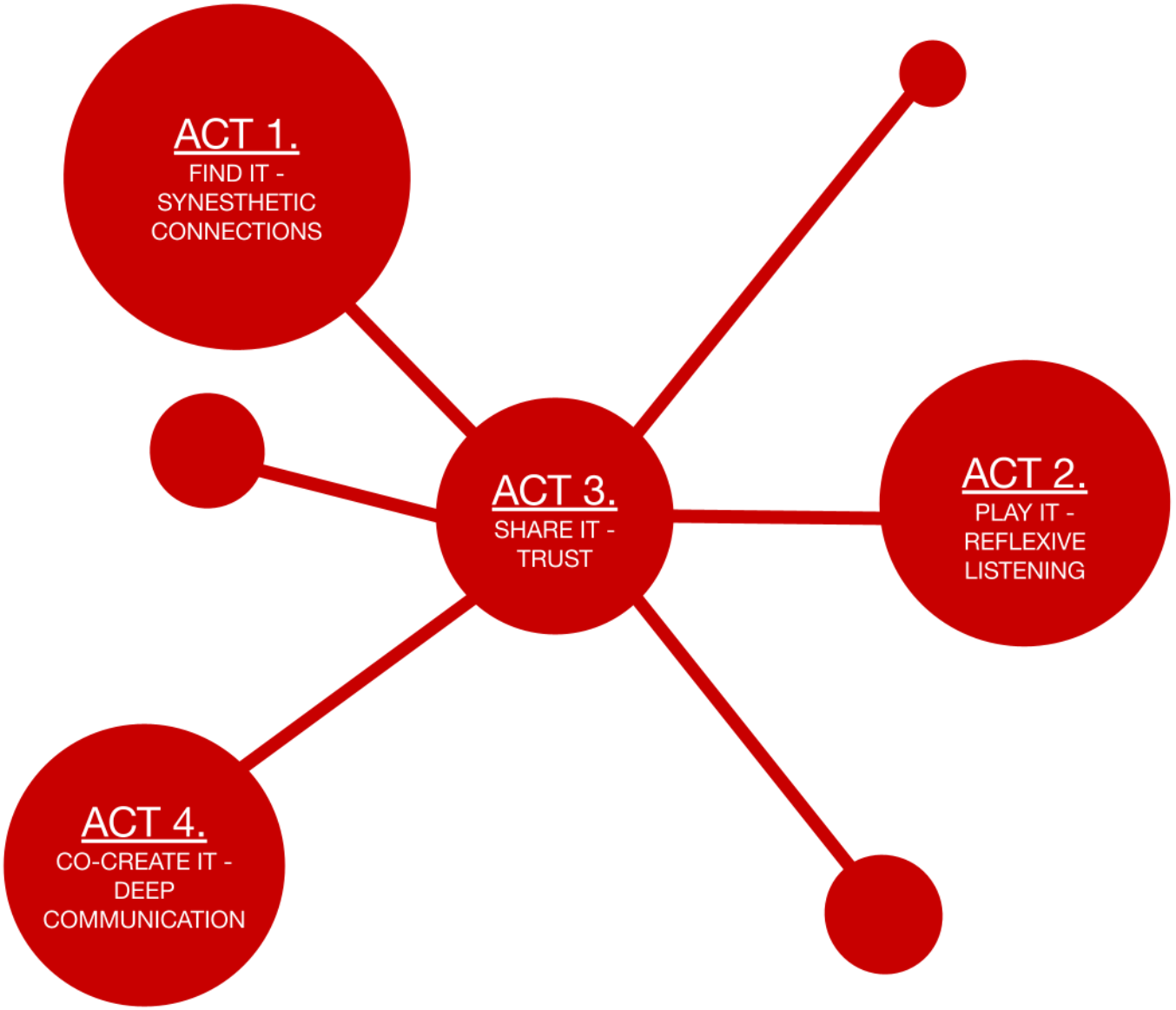
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CO-CREATE IT - DEEP CONNECTIONS

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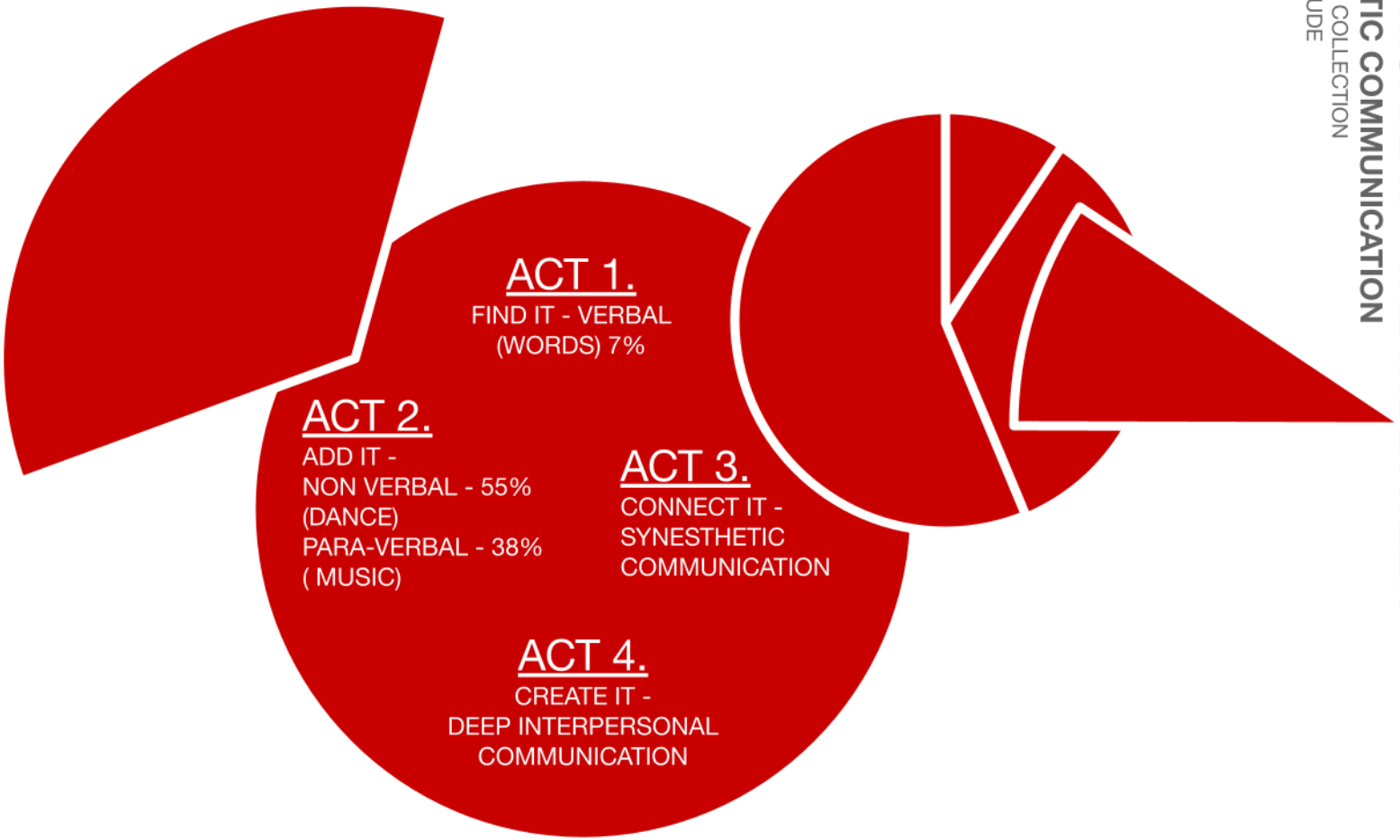
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COMMUNICATE IT - THE INBETWEEN

SYNESTHETIC COMMUNICATION

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PLAY IT - BY EAR

Reflexive Listening Practice
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REFLEXIVE PRELUDE
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ACT 1.
FIND IT - A NOISE

ACT 2.
PLAY WITH IT -
REFLEXIVE LISTENING

EXAMPLE:
EAR WALK COLLECTION

ACT 3.
SHARE IT -
A MEMORABLE WALK

ACT 4.
PLAY IT - BY EAR



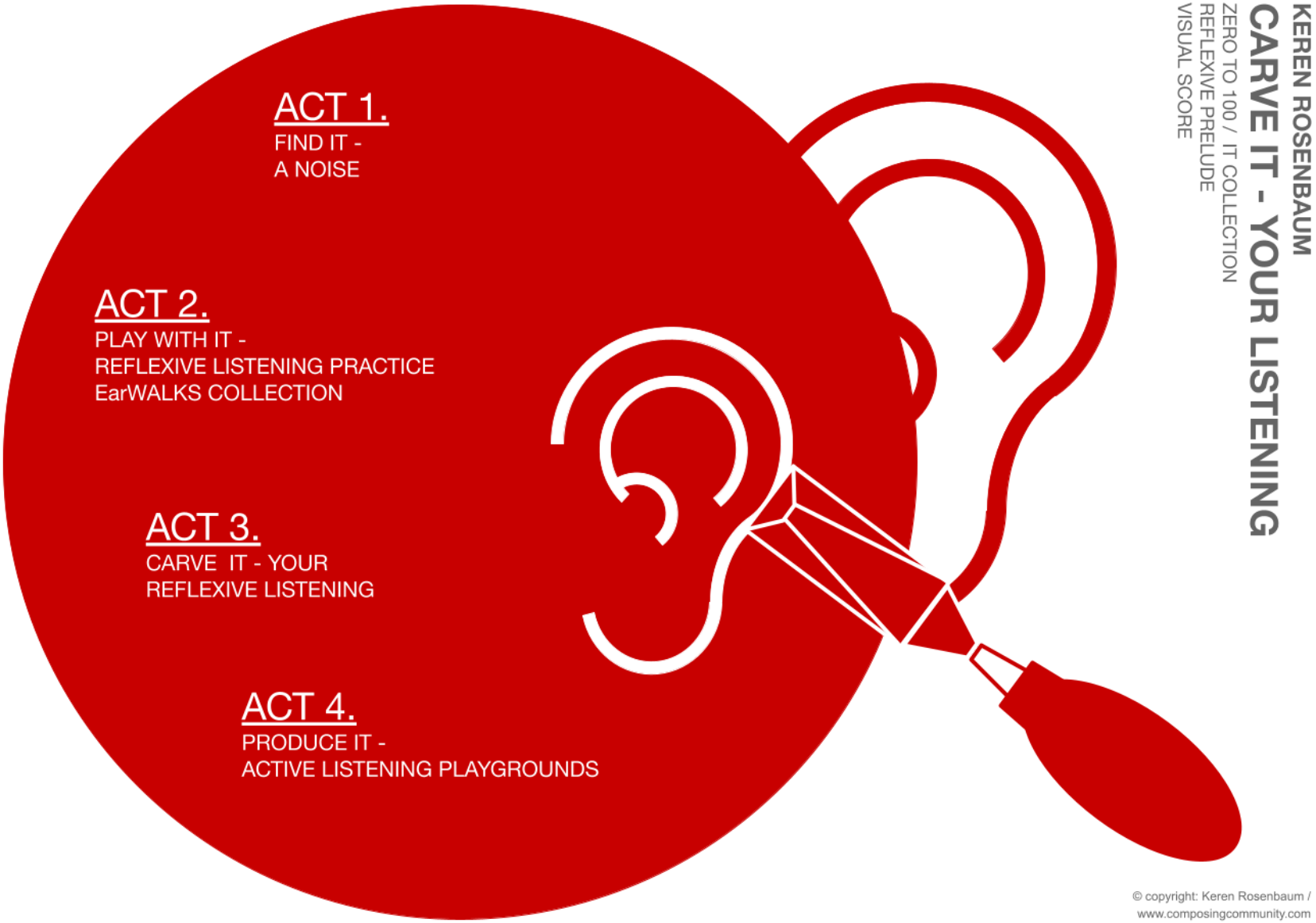
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CARVE IT - YOUR LISTENING

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SHARE IT - AWARENESS ATTENTION & ENCOURAGEMENT

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REFLEX IT - REFLEXIVE COMMUNICATION

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DYNAMIC MODEL



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PRACTICEPLAY IT

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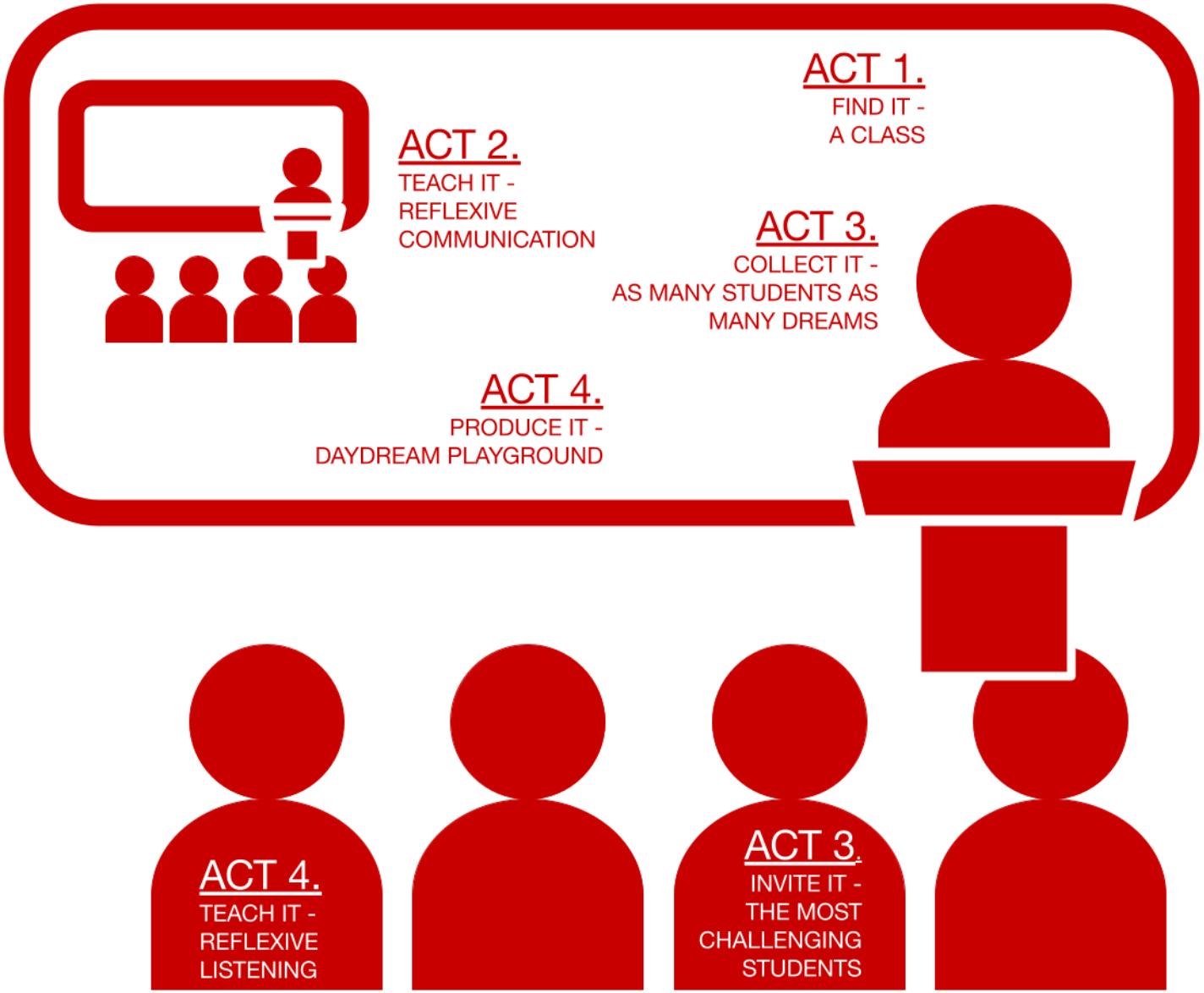
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TEACH IT - DAYDREAMING

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CONNECT IT BACK - TO OUR SENSES

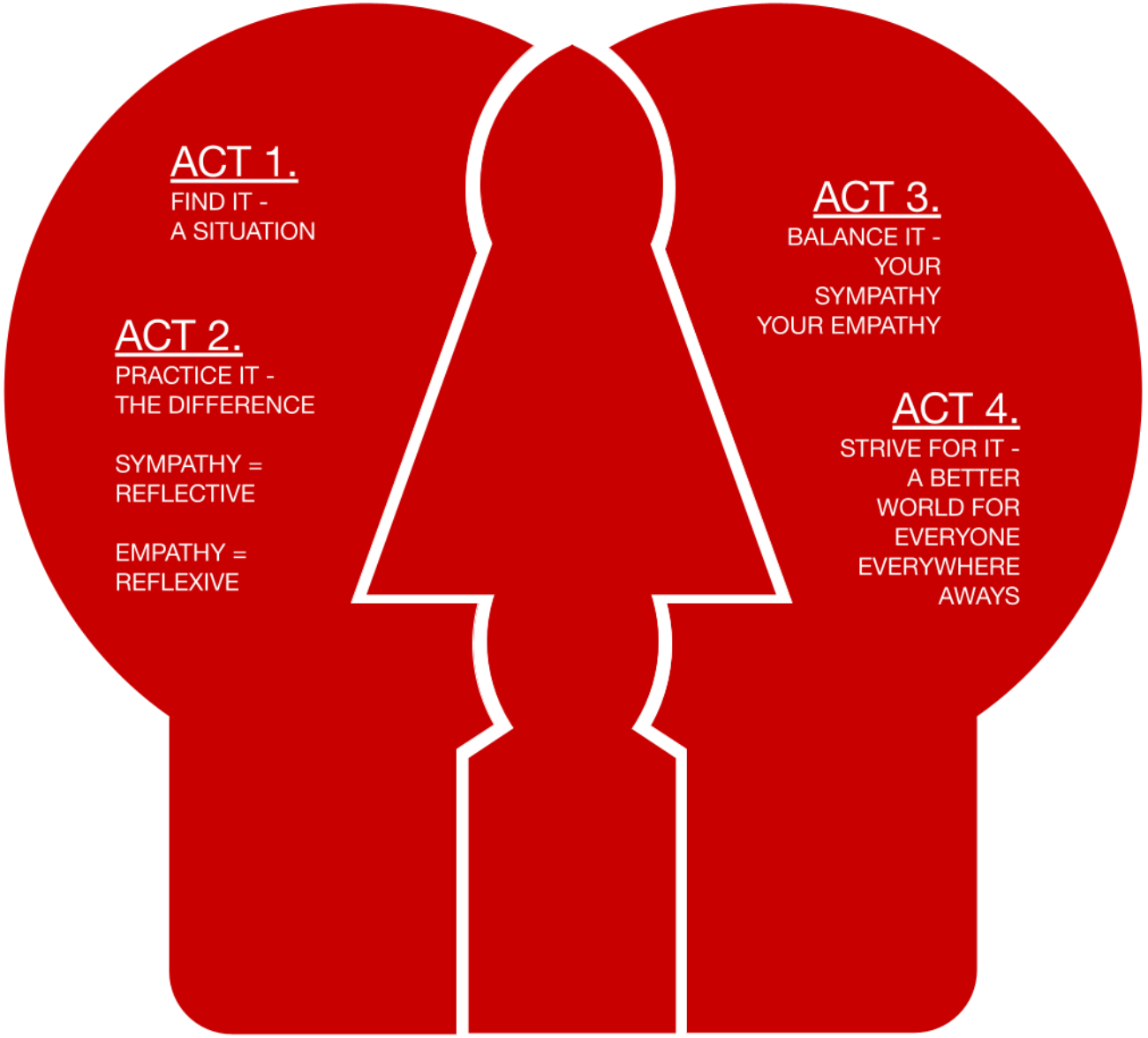
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BALANCE IT - EMPATHY & SYMPATHY

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TALK IT - REFLEXIVE CONVERSATION

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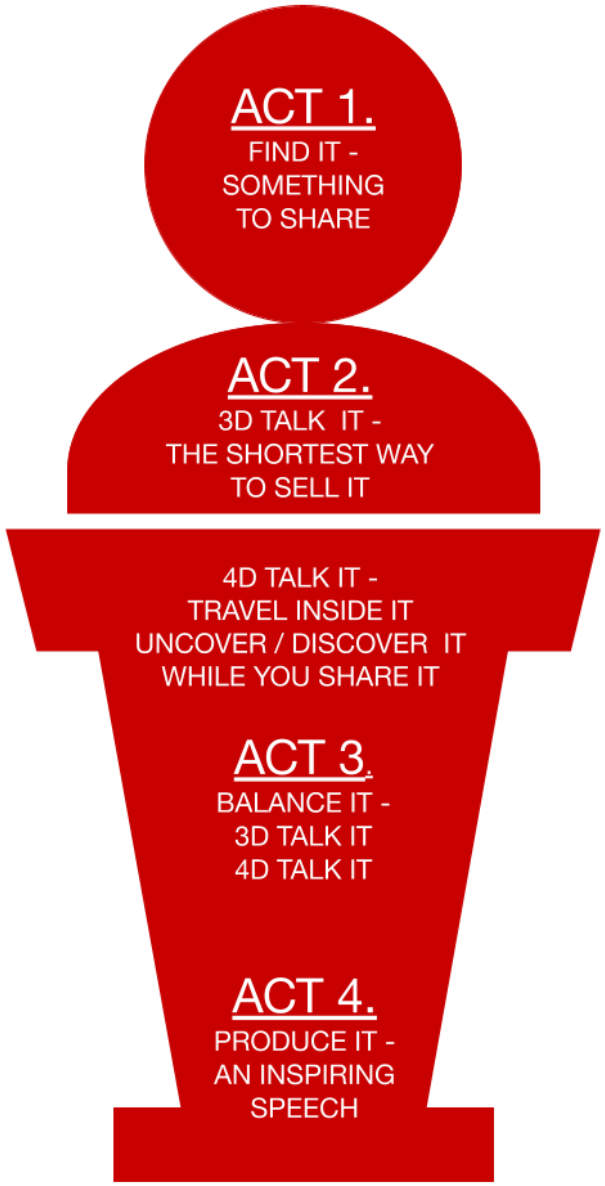


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TALK IT - 3D & 4D SPEECH

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CONDUCT IT - A DEMOCRACY OF DICTATORS

(For: Talia Ilan)
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FIND IT - THE SEARCH

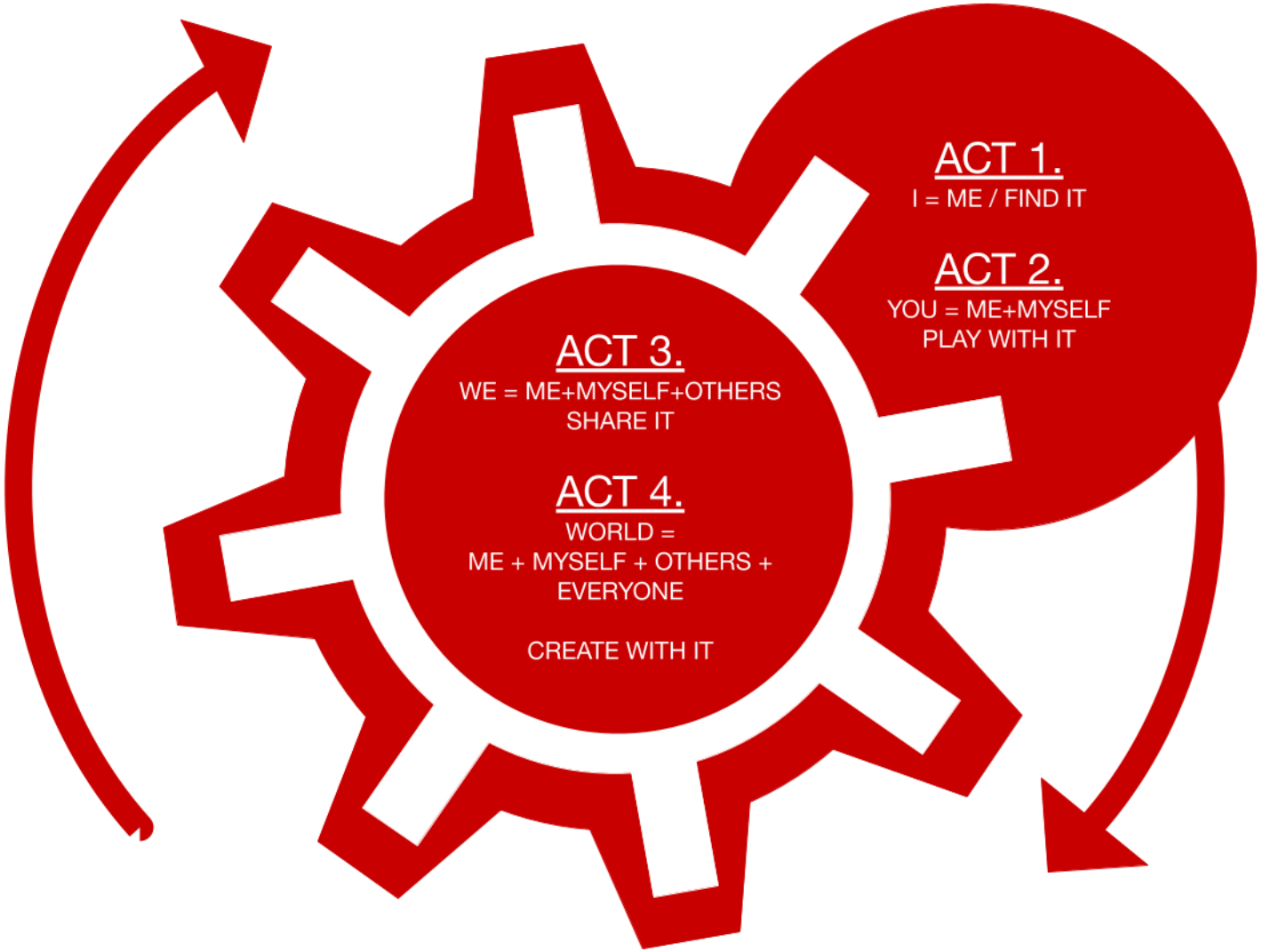
ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

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PLAY IT - FROM 'I to YOU to WE to WORLD'

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE



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COMPOSE IT - MEANING

ZERO TO 100 / IT COLLECTION

With Alona Peretz "Mercaz Ha'rega"

REFLEXIVE PRELUDE

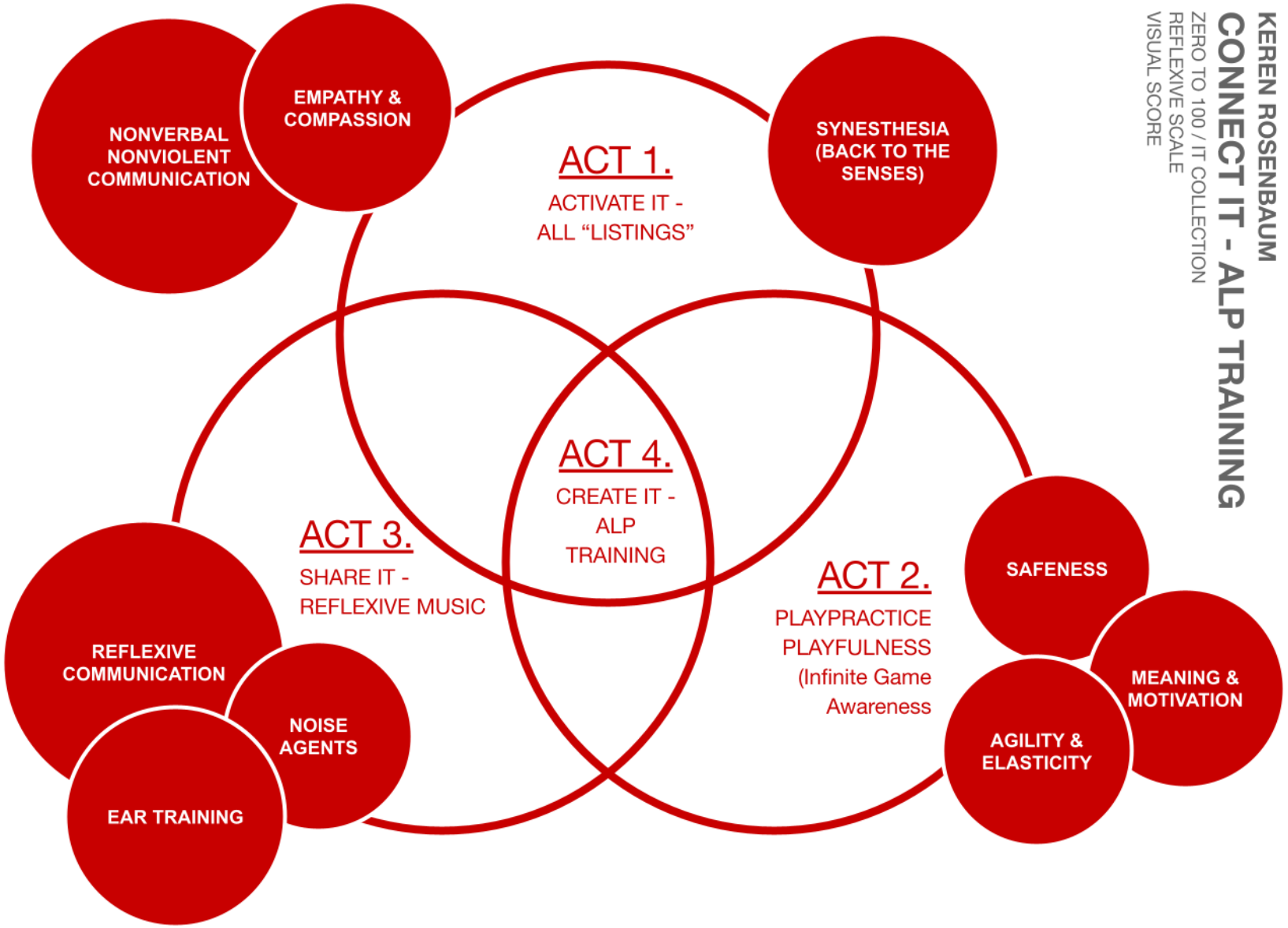
VISUAL SCORE

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CONNECT IT - ALP TRAINING

ZERO TO 100 / IT COLLECTION
REFLEXIVE SCALE
VISUAL SCORE



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Reflexive Perspectives

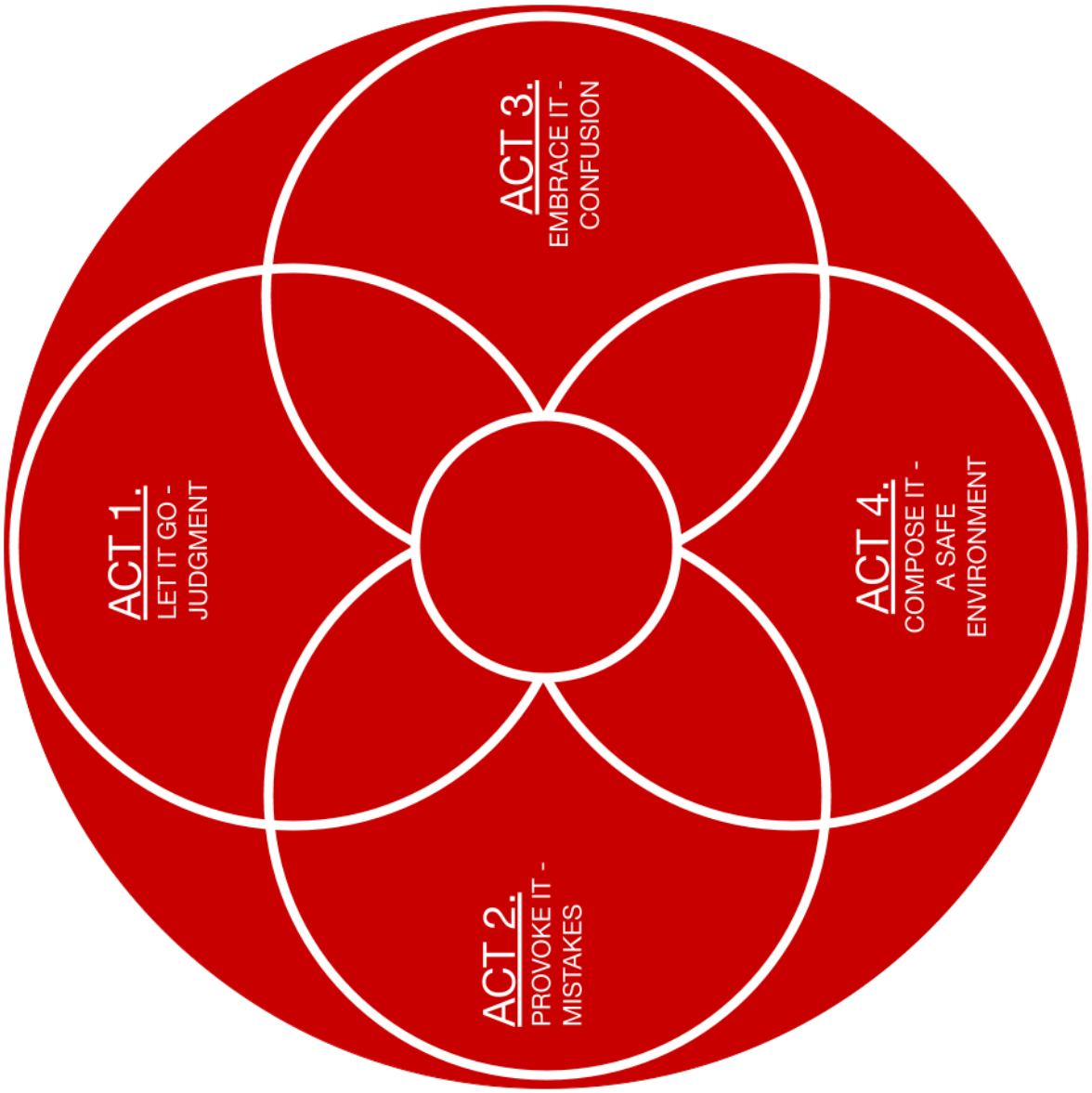
: the interrelation in which a subject or its parts are mentally viewed

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COMPOSE IT - A SAFE ENVIRONMENT

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE



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LET IT GO - JUDGMENT

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

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EMBRACE IT - CONFUSION

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

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PROVOKE IT - MISTAKES

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

ACT 1.
FIND IT -
SAFENESS
FOR YOURSELF

ACT 2.
PROVOKE IT -
A MISTAKE

ACT 3.
KEEP IT SAFE -
FOR EVERYONE

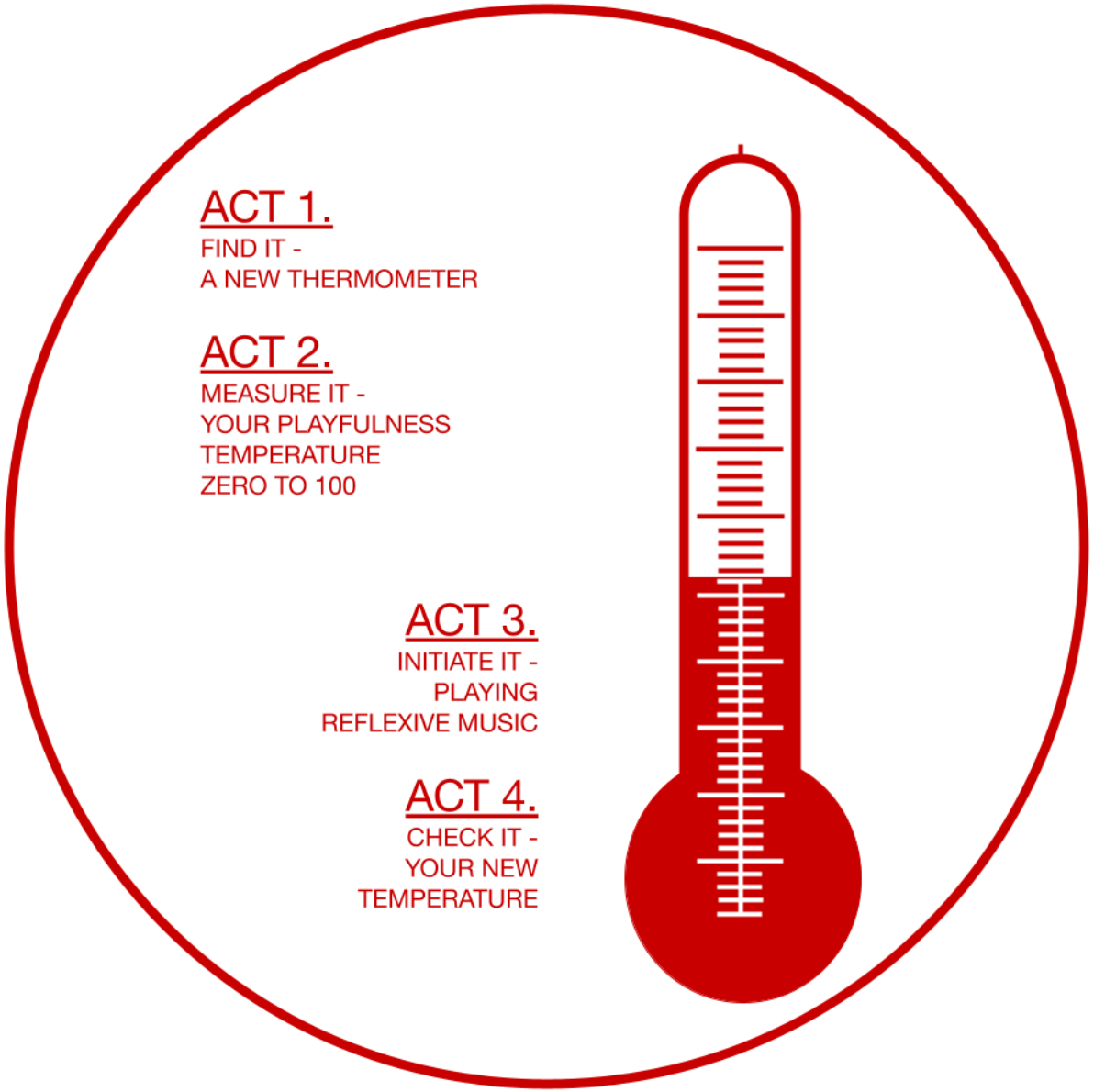
ACT 4.
CELEBRATE IT -
YOUR MISTAKE
MAKE IT -
YOUR NEW SAFE

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MEASURE IT - PLAYFULNESS TEMPERATURE

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



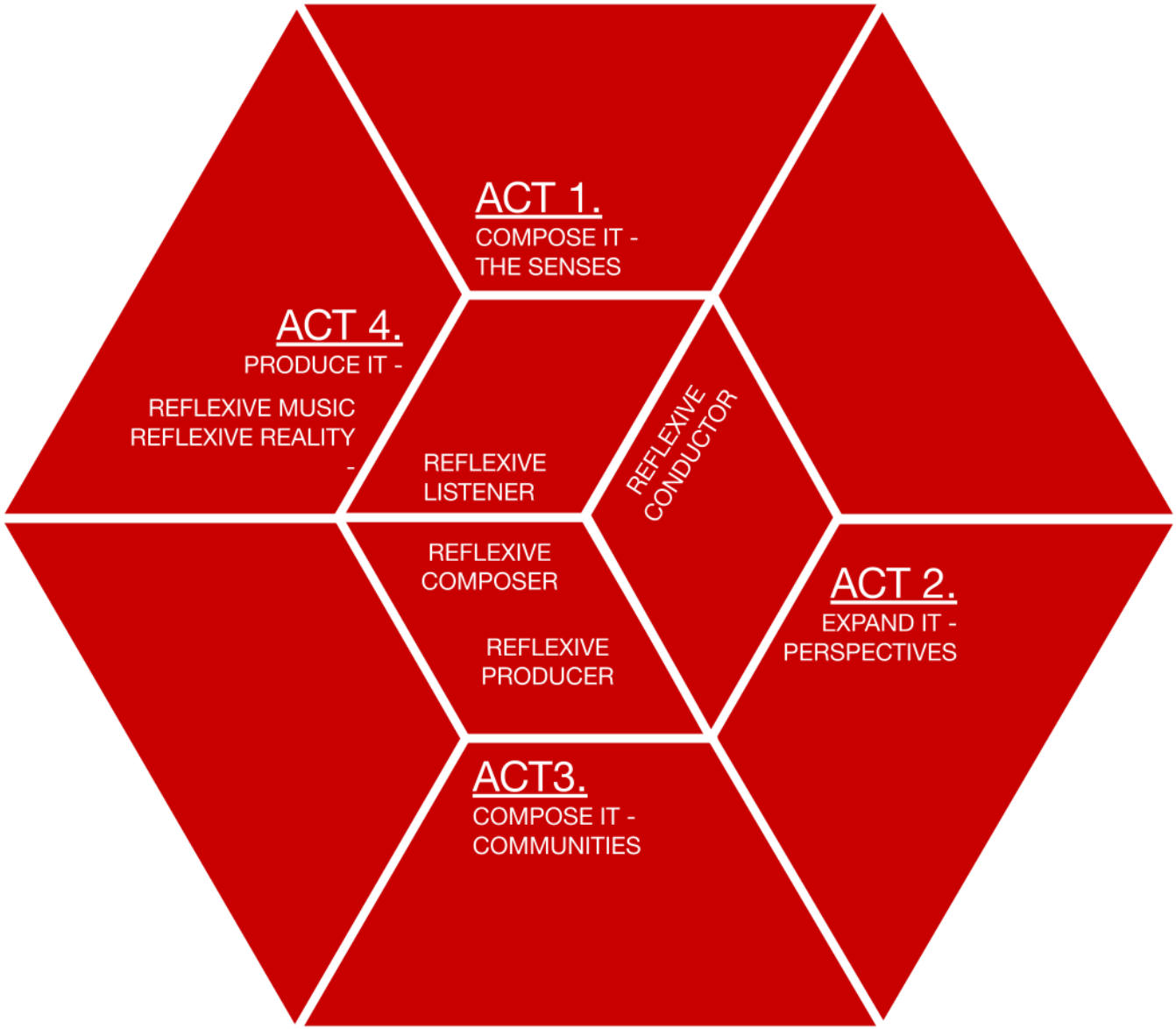
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EXPAND IT - PERSPECTIVES

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



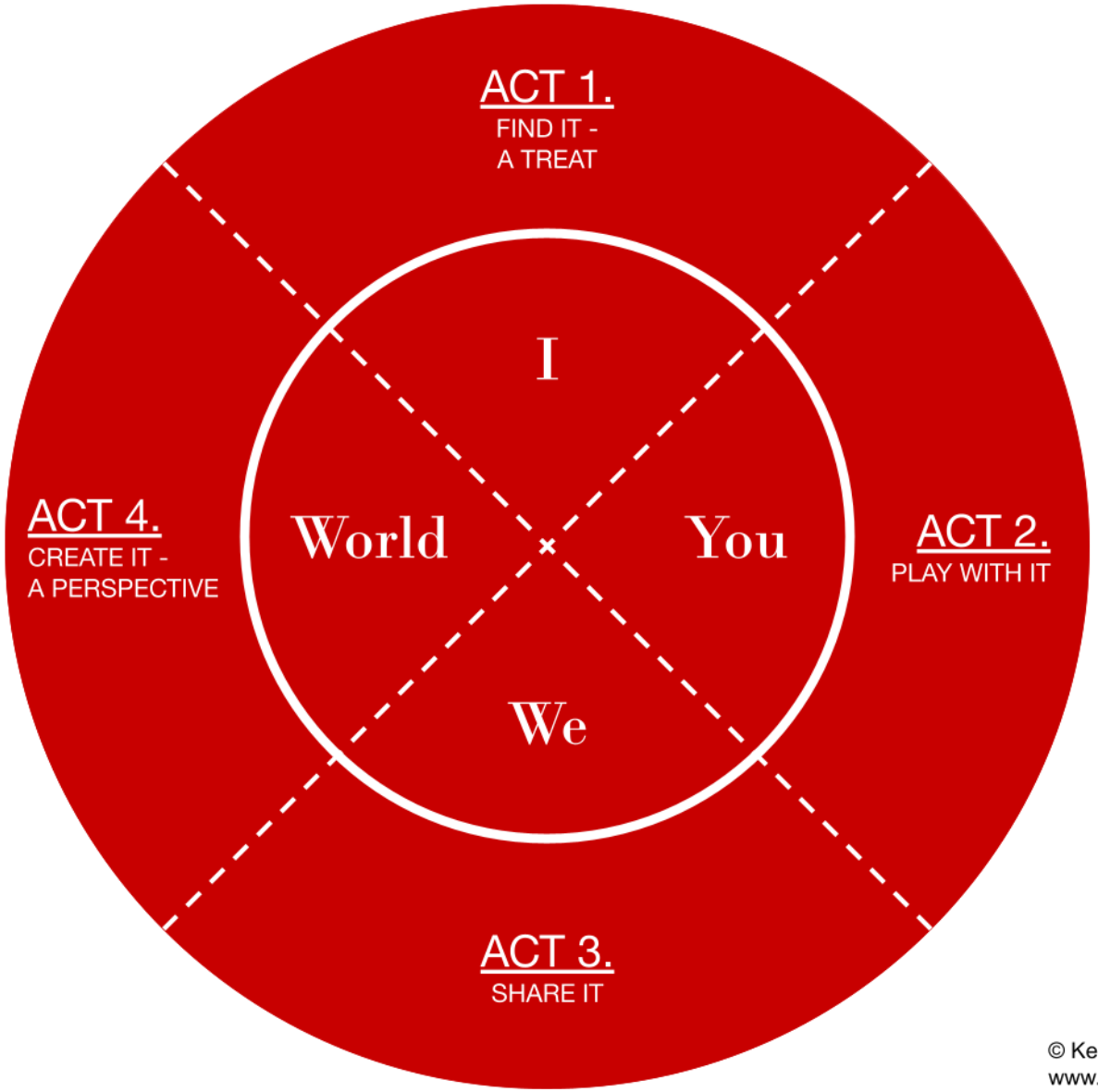
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PLAY IT - AN OPERAGAME

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE



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PRODUCE IT - TIMESPACE CONTINUUM

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

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PRODUCE IT - TIME SPACE CONDITIONS

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

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COMPOSE IT - A PLAN OF PLANNING

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

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PRODUCE IT - PLAYFULNESS

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

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PRODUCE IT - BIGGER MEGAPHONE

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

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PRODUCE IT - CULTURE OF INNOVATION

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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STOP IT! - LISTEN... - GO FOR IT, GIRL!

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

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PREPARE IT - A TOOLBOX

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

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COMPOSE IT - A BUSINESS MODEL

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

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Reflexive Scales

SynesWALK Collection

Sensory Walks & Synesthesia Walks

: an ordered sequence.
For example: do, re, mi, fa, sol, la, ti, do…
repeating this cycle

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PLAY IT - EyeWALK #1 (1996) NEUTRALIZE IT - YOUR SOUND

FOR: ALONA PERETS
ZERO TO 100 / IT COLLECTION
REFLEXIVE SCALE
VISUAL SCORE

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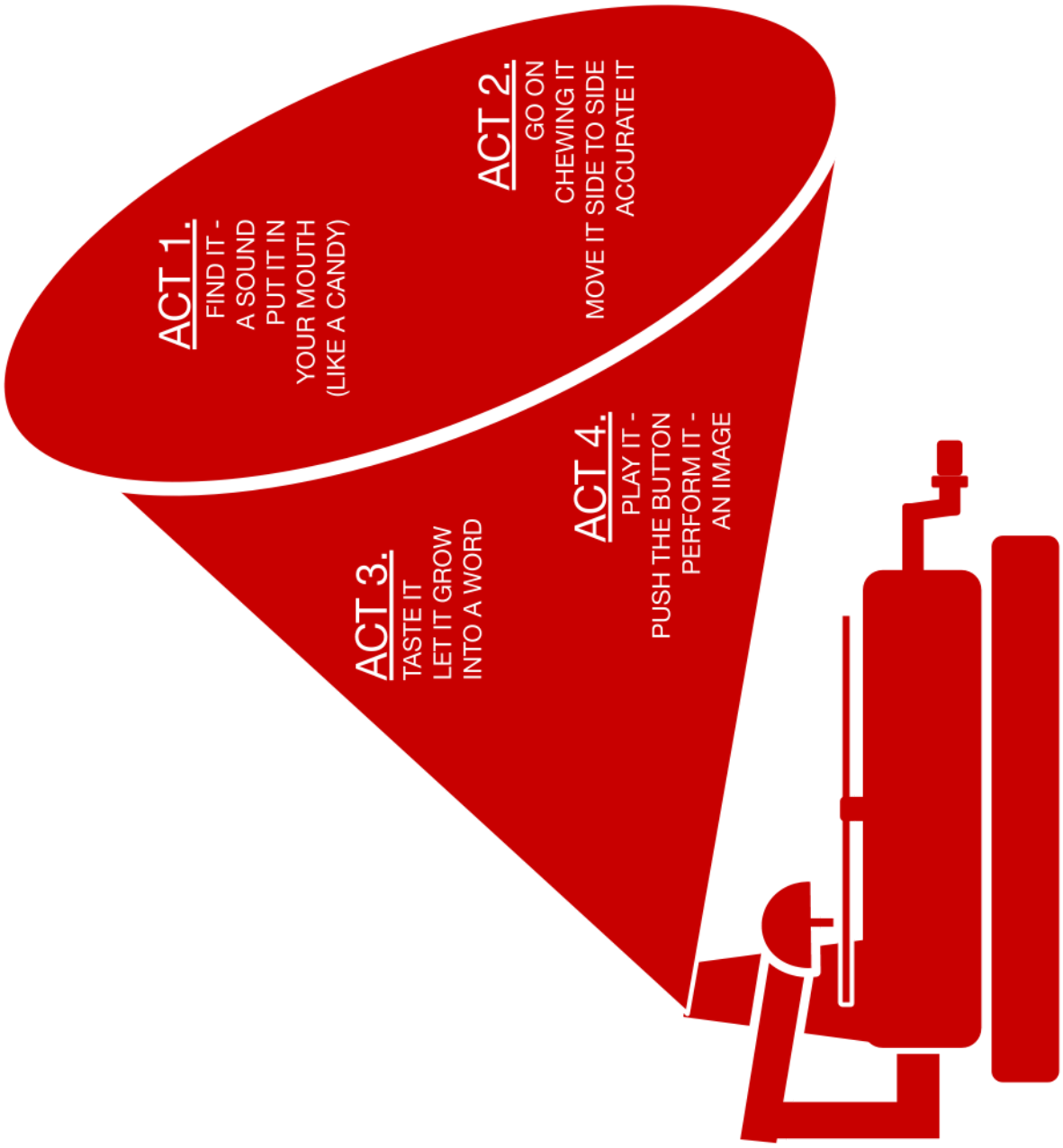
PLAY IT - TasteWALK #1 (1996) WHAT'S YOUR SOUND?

FOR: ALONA PERETS

ZERO TO 100 / IT COLLECTION

REFLEXIVE SCALE

VISUAL SCORE



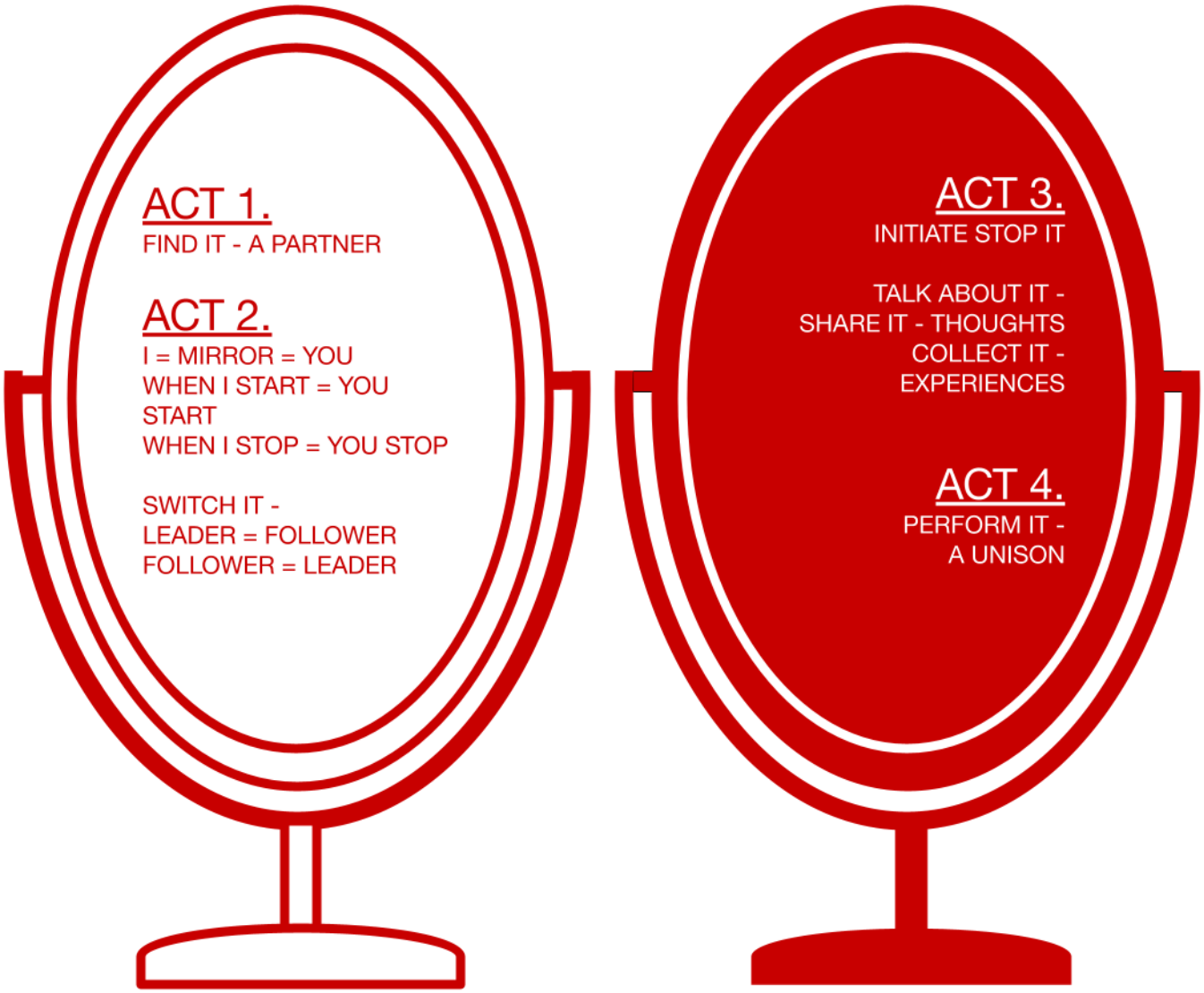
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EyaWALK #2 PLAY IT - IN SYNCH (1996)

FOR: ALONA PERETS
ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE



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PLAY IT - PLAY IT - TasteWALK - A BITE #1

(Sensory Walk)

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE



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PLAY IT - FINGER SWOOSH EarWALK #2 (2022)

FOR: DANNY MAKORI
ZERO TO 100 / IT COLLECTION
REFLEXIVE SCALE - EARWALK COLLECTION
VISUAL SCORE

ACT 1.

BRUSH IT - YOUR
THUMB & FINGER
TO MAKE A
WOOSH NOISE

ACT 2.

EYES CLOSED
START IT -A WOOSH NOISE
NEAR AS POSSIBLE, LISTEN…
FAR AS POSSIBLE, LISTEN…

ACT 3.

PLAY IT - YOUR LISTENING
PLAY IT - YOUR EARS
(Your ears are your musical instrument)
PLAY IT - WALK/DON'T WALK
START-STOP
FAST-SLOW
JUMP - TURN
JOIN - SEPARATE
SURPRISE YOURSELF

ACT 4.

PLAYPRACTICE IT -
YOUR EARWALK

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PLAY IT - TouchWALK #1 TEXTURES (2024)

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

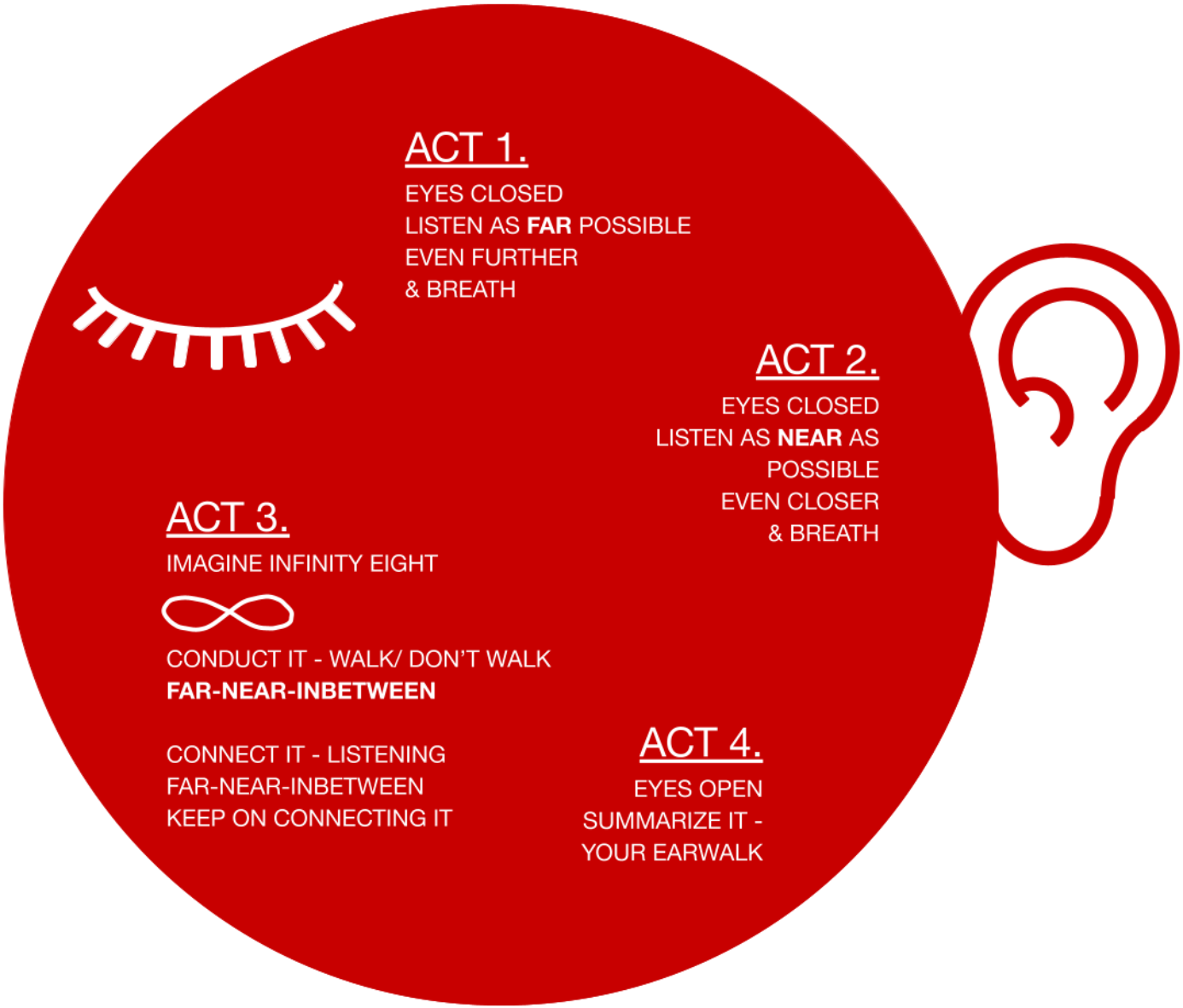
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PLAY IT - EarWALK #1 (1995)

LISTENING FAR-NEAR INBETWEEN

ZERO TO 100 / IT COLLECTION
REFLEXIVE SCALE - EARWALK COLLECTION #1
REFLEXIVE VISUAL SCORE



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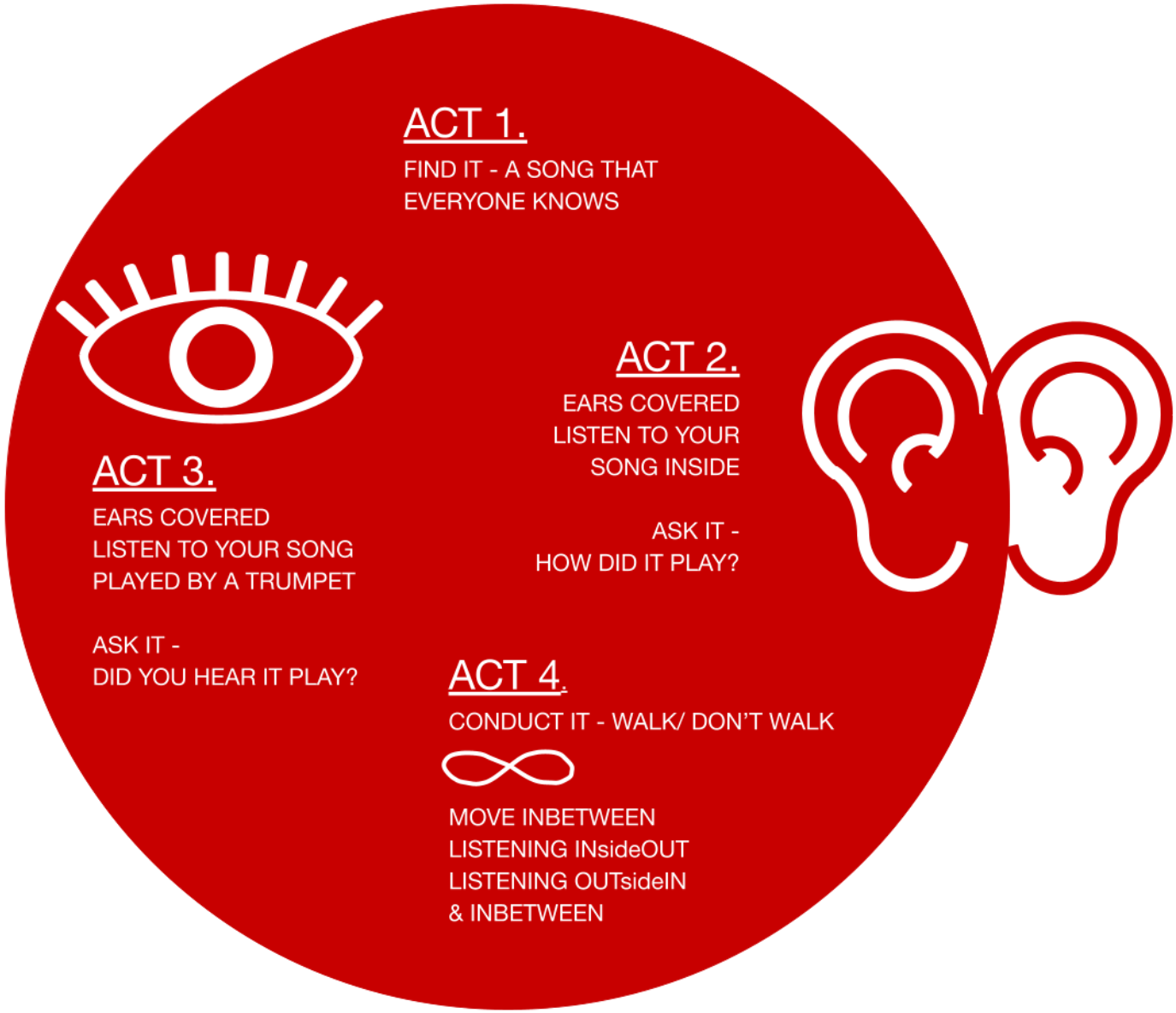
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PLAY IT - EARWALK #2

LISTEN INside OUT-OUTsideIN & INBETWEEN

ZERO TO 100 / IT COLLECTION
REFLEXIVE SCALE - EARWALK COLLECTION #2
VISUAL SCORE



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PLAY IT - EARWALK #3

LISTEN WAS-IS-NEXT INBETWEEN

ZERO TO 100 / IT COLLECTION
REFLEXIVE SCALE - EARWALK COLLECTION #3
VISUAL SCORE

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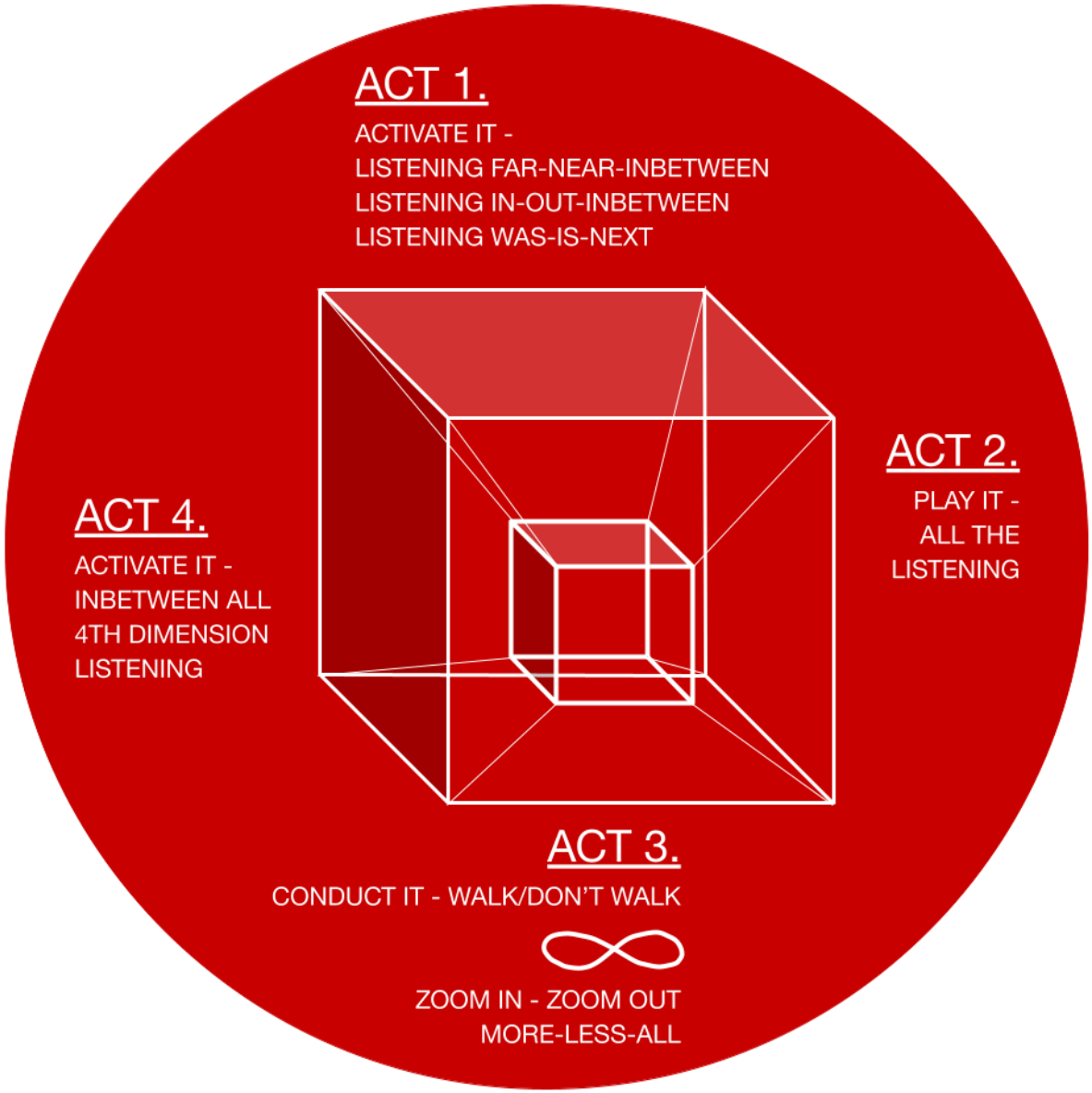
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KEREN ROSENBAUM

PLAY IT - EARWAK #4

LISTEN MORE-LESS-ALL INBETWEEN

ZERO TO 100 / IT COLLECTION
REFLEXIVE SCALE - EARWALK COLLECTION #4
VISUAL SCORE



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Reflexive Etudes

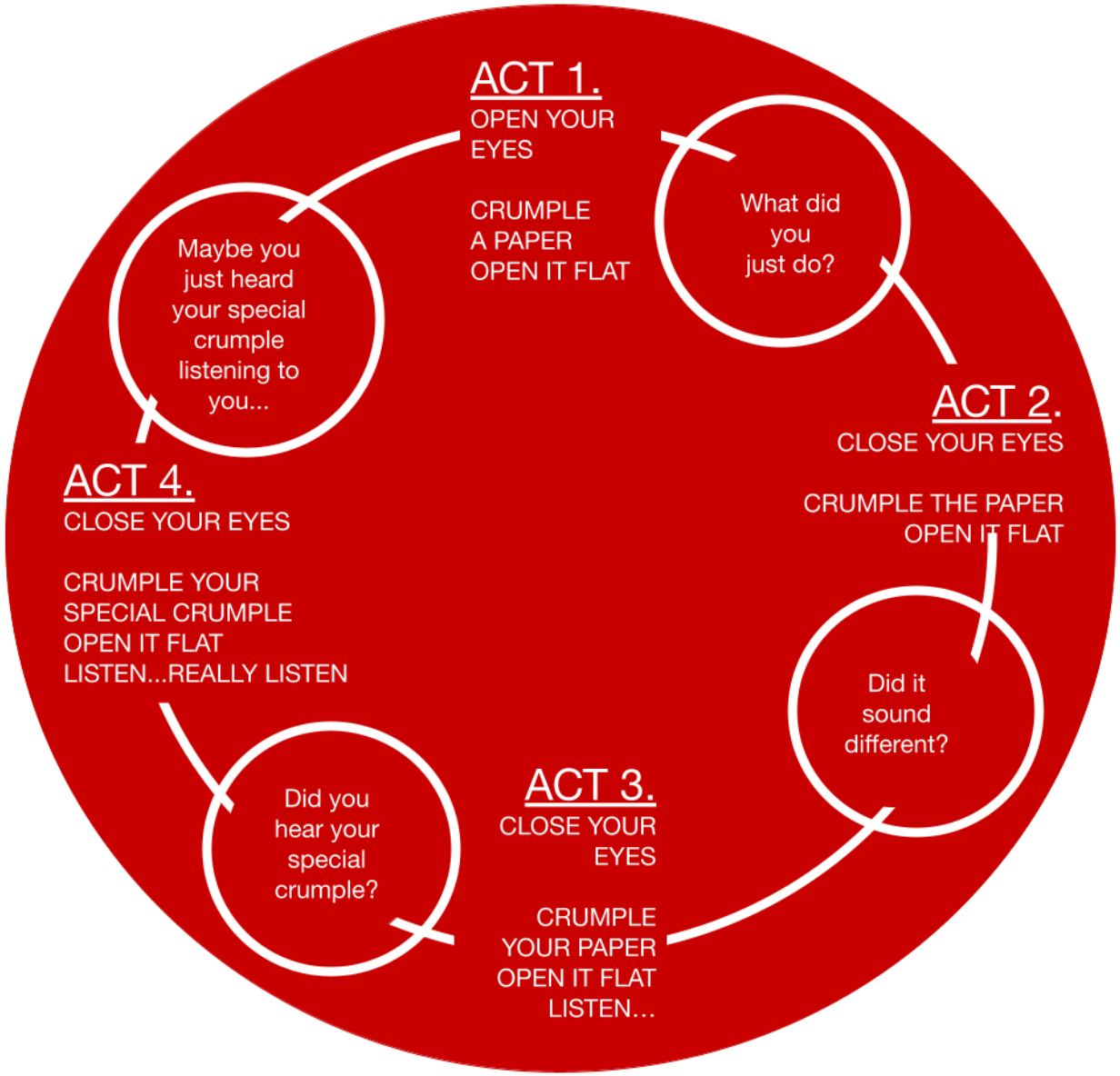
: a study or technical exercise,
a composition exploring a particular technical problem
in an esthetically satisfying manner…

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LISTEN TO IT - CRUMPLE IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE ETUDE
VISUAL SCORE



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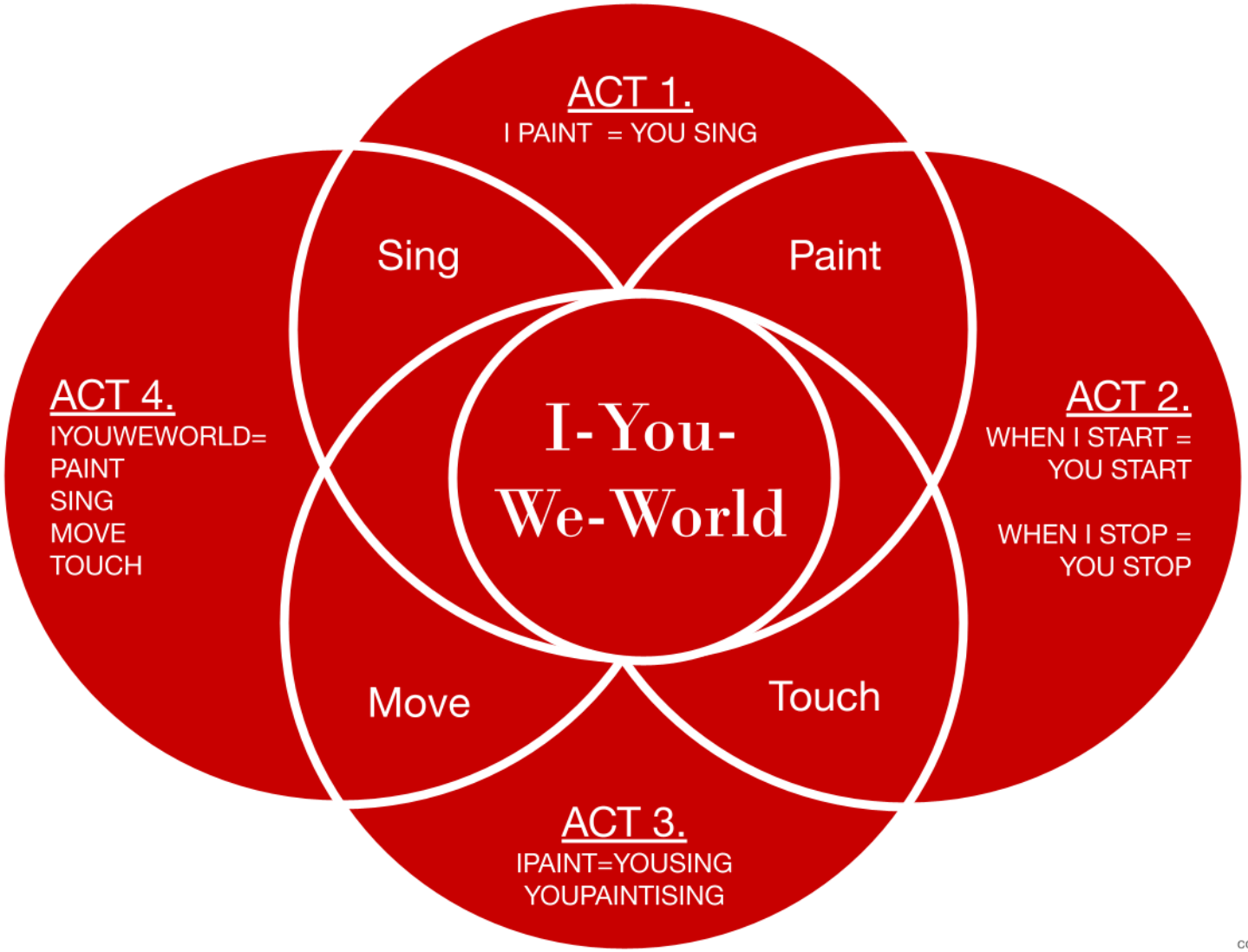
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COMPOSE IT - I PAINT = YOU SING

ZERO TO 100 / IT COLLECTION
REFLEXIVE ETUDE
VISUAL SCORE



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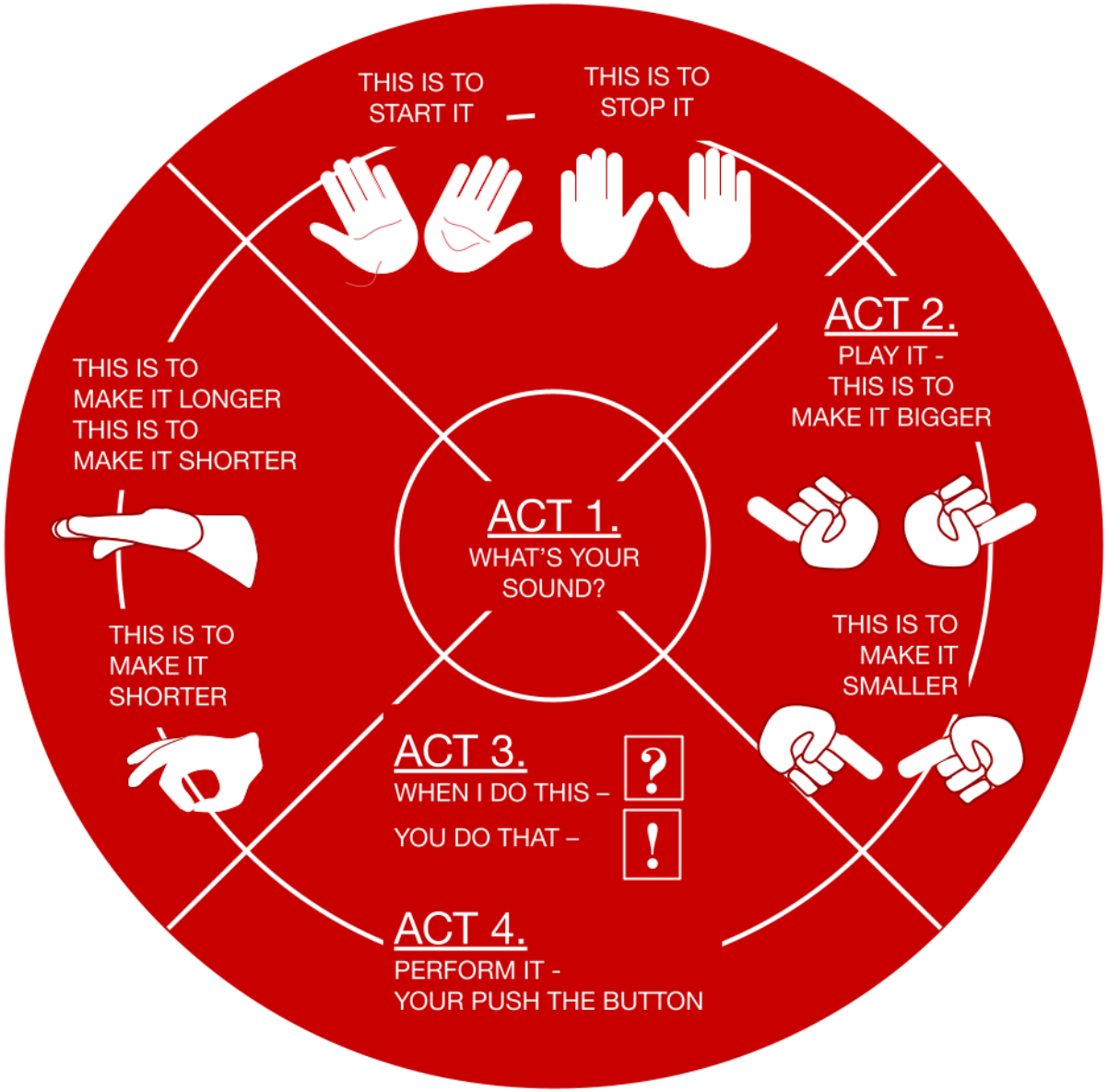
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CONDUCT IT - PUSH THE BUTTON

ZERO TO 100 / IT COLLECTION

REFLEXIVE ETUDE

VISUAL SCORE

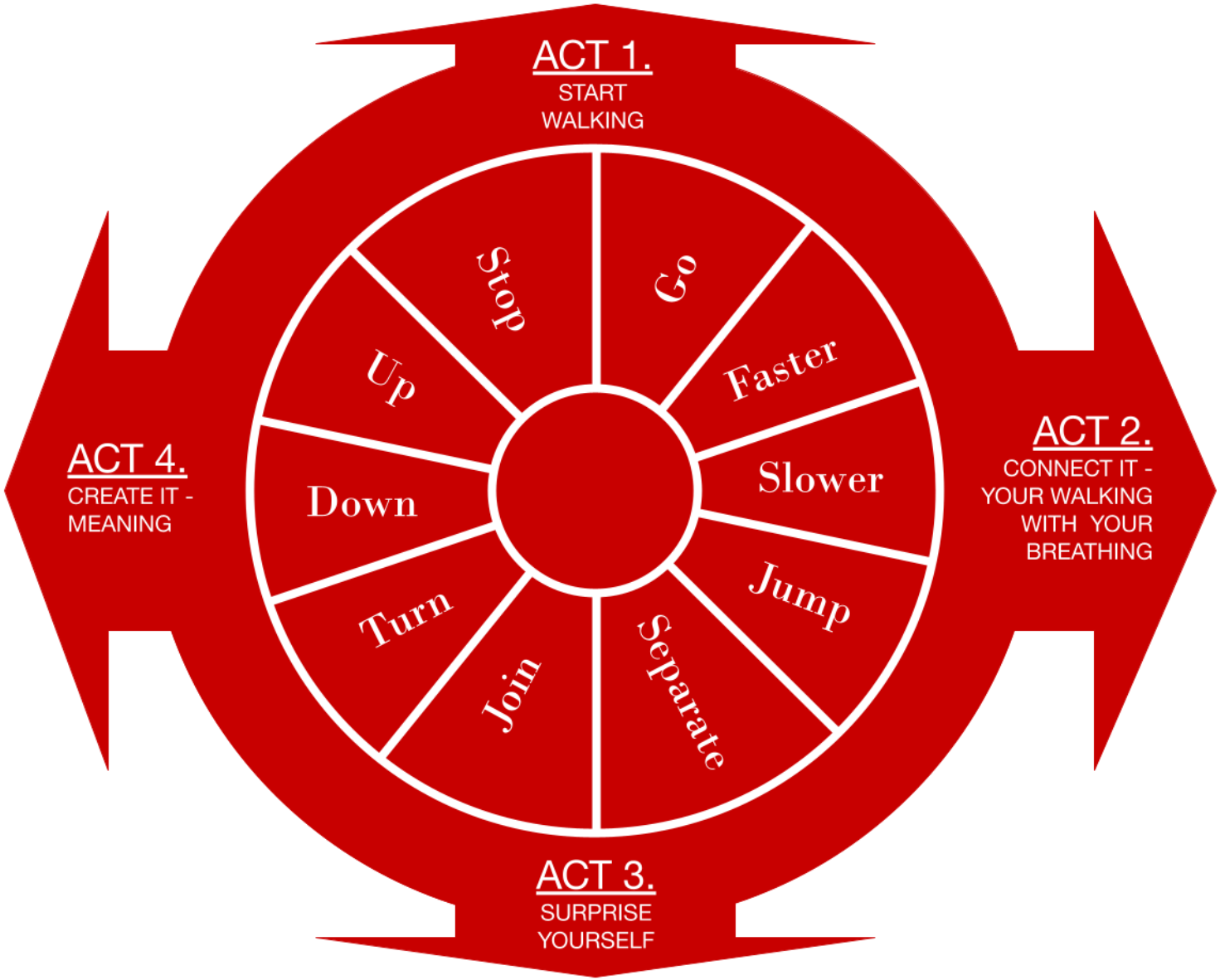


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PRODUCE IT - WALK / DON'T WALK

ZERO TO 100 / IT COLLECTION
REFLEXIVE ETUDE
VISUAL SCORE



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Reflexive Compositions

: the act of conceiving a piece of music,
the art of creating music, or the finished product…

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ACTIVATE IT - THE IMAGINATION

ZERO TO 100 / IT COLLECTION
REFLEXIVE LISTENING
VISUAL SCORE



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SPIN IT - A SITUATION FACTORY

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

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FOLD IT - SITUATION FACTORY PINWHEEL

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

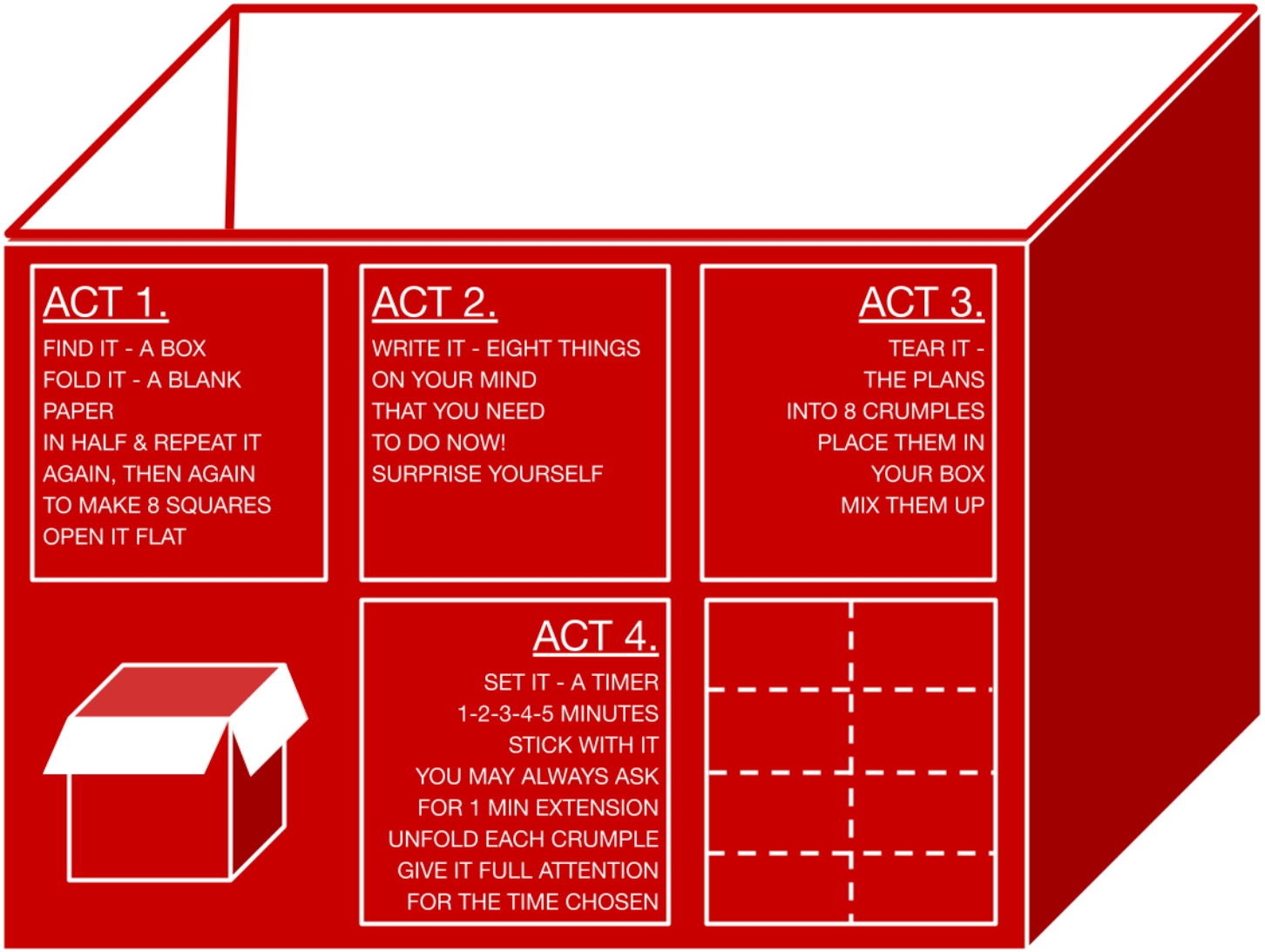
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BOX IT - NEEDS

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE



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BREATHE IT - 'A-E-I-O-U' & SOMETIMES 'Y'

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

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CLICK IT - REFLEXIVE METRONOMES

(For György Ligeti)
ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

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COLLECT IT - FRUSTRATIONS

ZERO TO 100 / IT COLLECTION
REFLEXIVE MUSIC COMPOSITION
VISUAL SCORE

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COLLECT IT - MISTAKES

TRADE SHOW PLAYGROUND
ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

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COLLECT IT - SILENCES

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

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COMPOSE IT - A REFLEXIVE SCORE

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

ACT 1.

FOLD IT - A BLANK PAPER IN HALF & REPEAT AGAIN, THEN AGAIN
TO MAKE 8 SQUARES
OPEN IT FLAT

ACT 2.

SING IT - A SOUND
DRAW IT - A VISUAL OF YOUR SOUND
IN ONE SQUARE

ACT 3.

DRAW IT - 7 VARIATIONS
ONE ON EACH SQUARE

TRY IT OUT -
(THE PERSON NEXT TO YOU SINGS IT)

CORRECT IT -
MAKE IT ACCURATE

ACT 4.

IN A GROUP
CONNECT IT - ALL THE SOUNDS/VISUALS

COMPOSE IT - A MUSIC SCORE
PERFORM IT - WITH YOUR GROUP/BAND

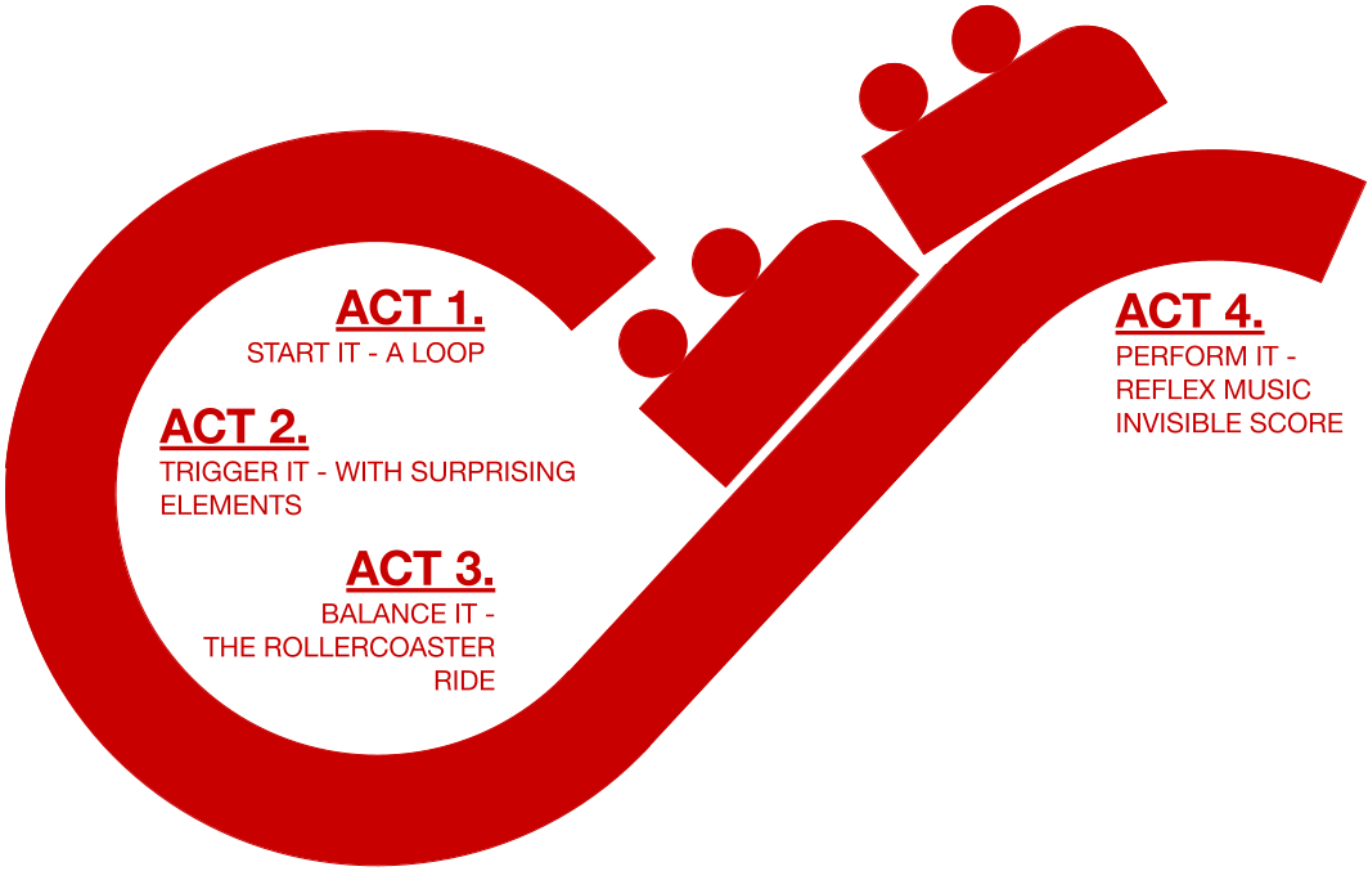
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RIDE IT - A ROLLERCOASTER

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE



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PLAY IT - NUMBERS SING = WE PAINT

ZERO TO 100 / IT COLLECTION
(For Isabel Eddouks)
REFLEXIVE MUSIC - COMPOSITION
VISUAL SCORE

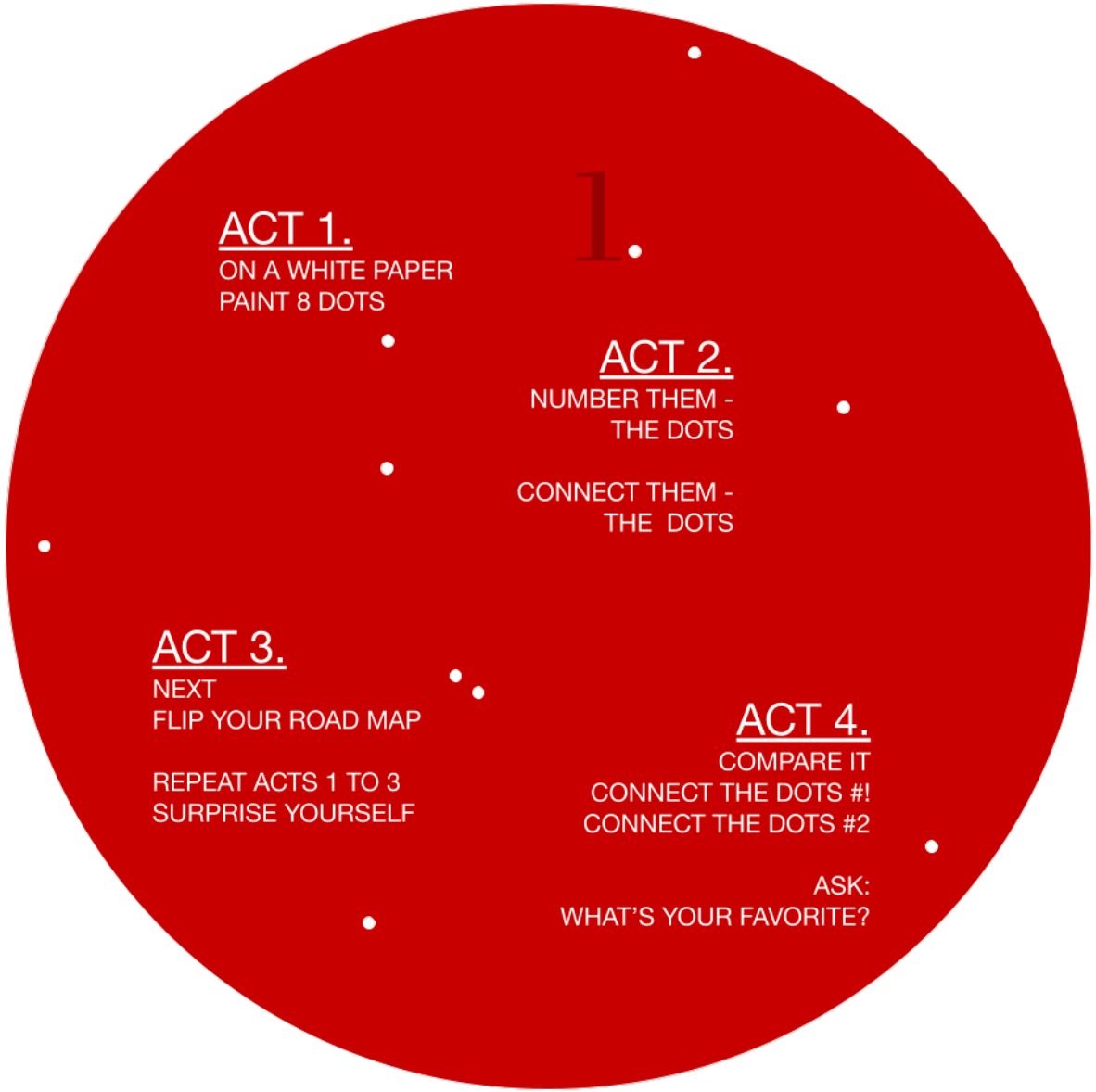
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CONNECT IT - THE DOTS

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE



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TRANSLATE IT - SUBTITLES

(For: Guy Dubious)
ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

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Reflexive Ensemble

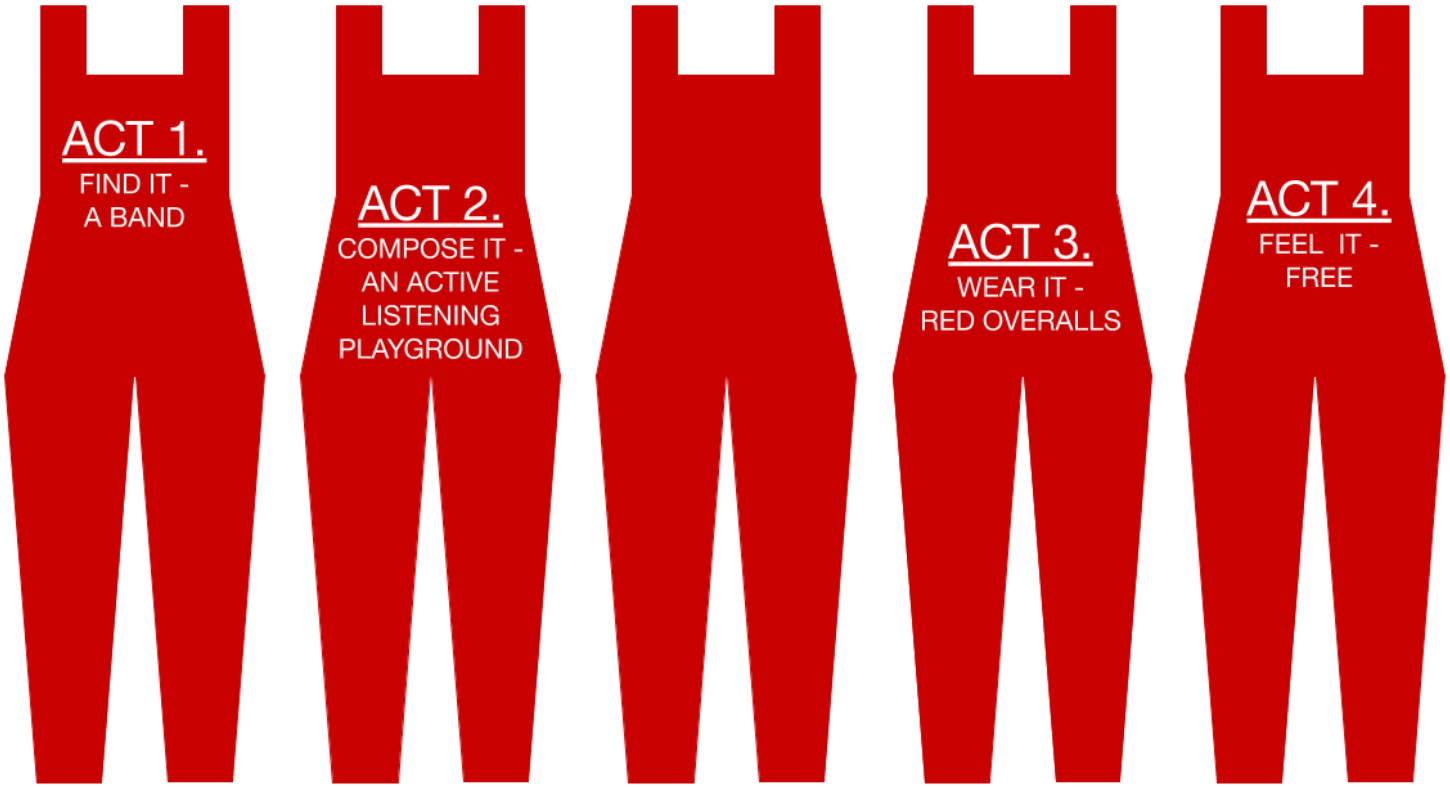
: a group producing a single effect: such as…

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WEAR IT - RED OVERALLS

(For Rut| Tamir)
ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

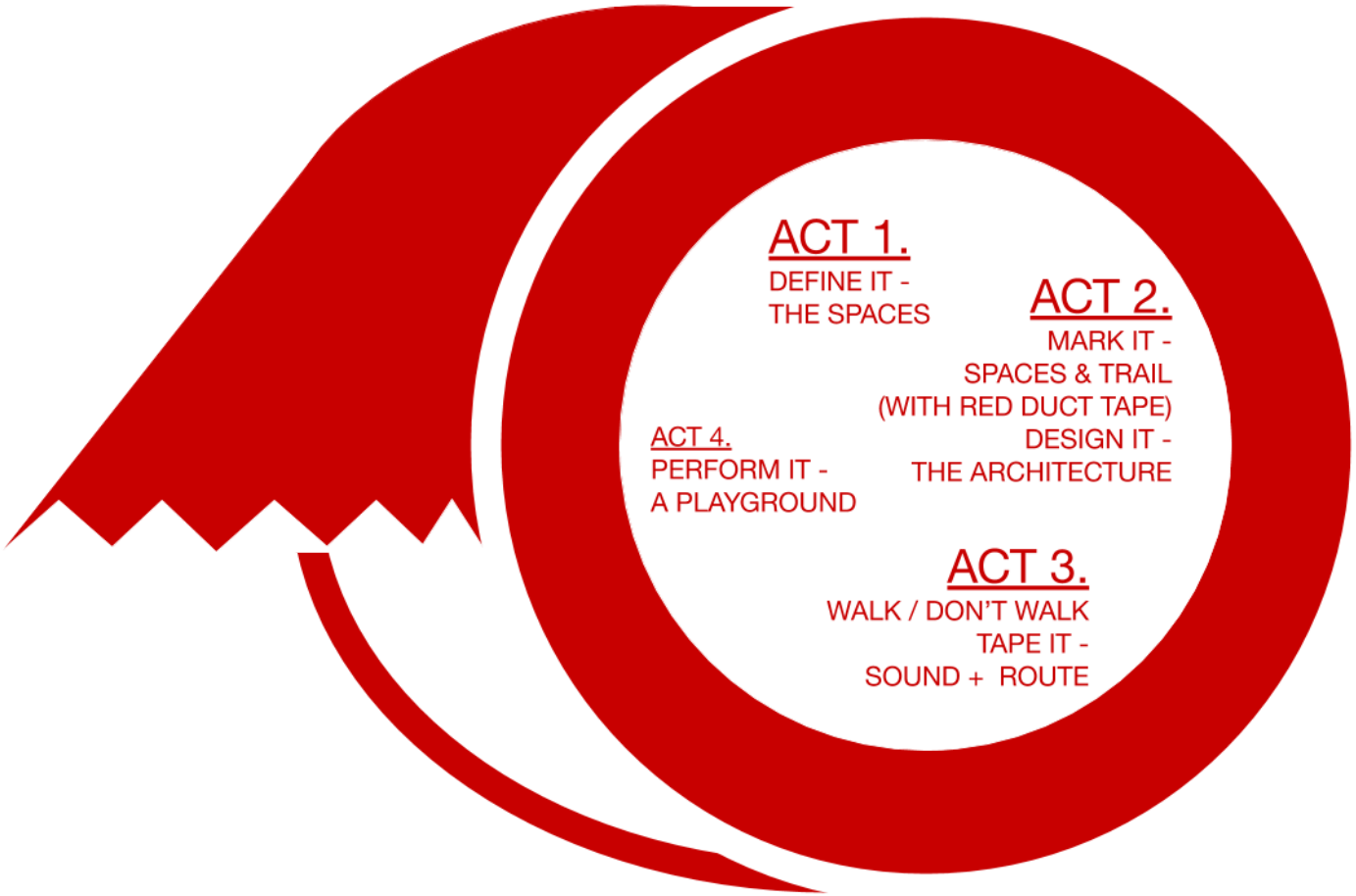


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TAPE IT - SAFE SPACE

ZERO TO 100 / IT COLLECTION
(For Neta Peretz)
REFLEXIVE MUSIC - COMPOSITION
VISUAL SCORE

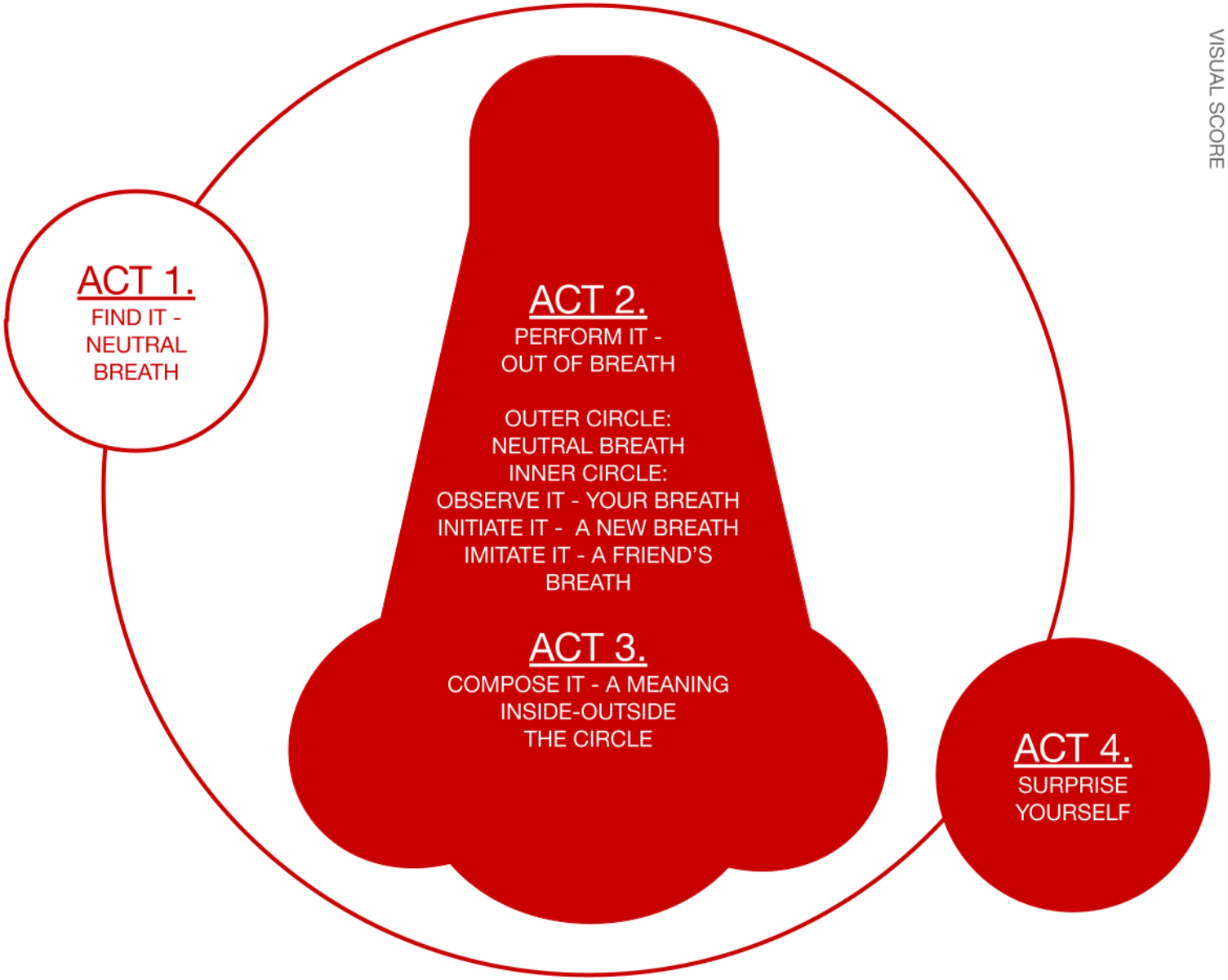


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KEREN ROSENBAUM

PLAY IT - OUT OF BREATH

Alona Peretz - "Mercaz Ha-Rega"
ZERO TO 100 IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE



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KEREN ROSENBAUM

GO FOR IT - GIRL!

(For: Efrat Mishori)
ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

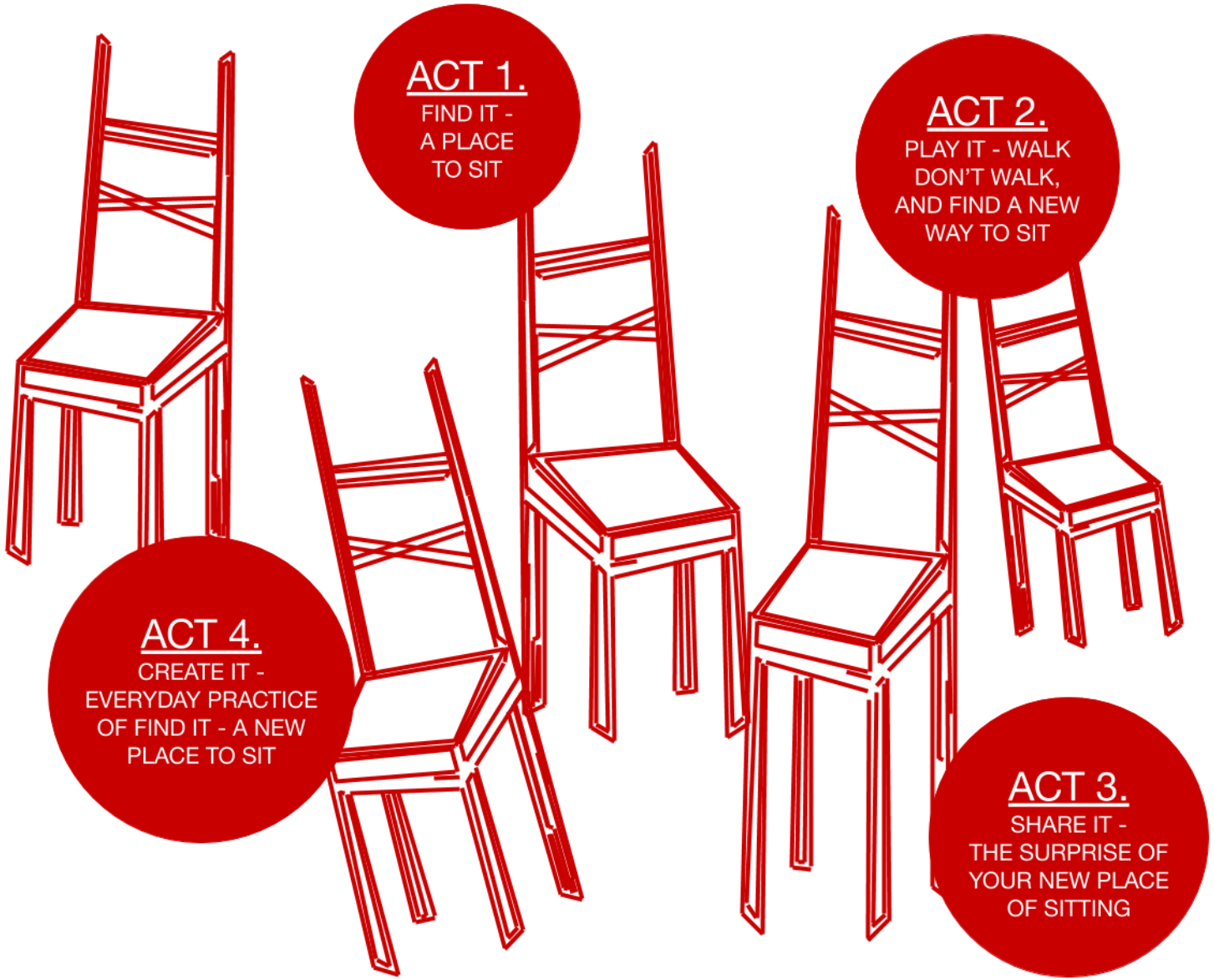
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FIND IT - A PLACE TO SIT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE



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KEREN ROSENBAUM

FIX IT - A MUSIC LAB

(For Mulli Diamant)
ZERO TO 100 / T COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

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KEREN ROSENBAUM

HANG IT - LAUNDRY

(For Isabel Eddouks)
ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

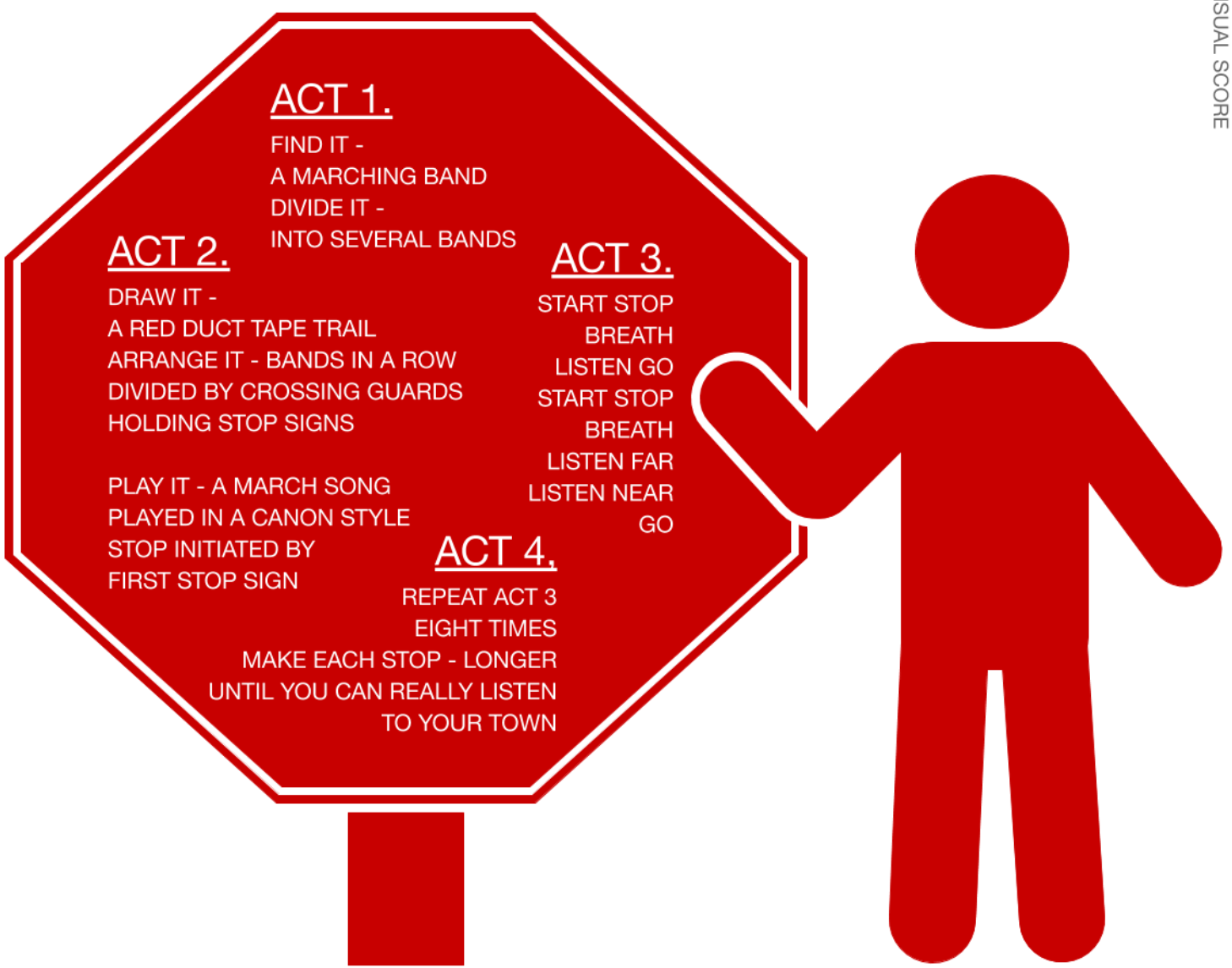


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MARCH IT - MARCH GOES OFF

(Ultras-Sound Village Festival)
ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE



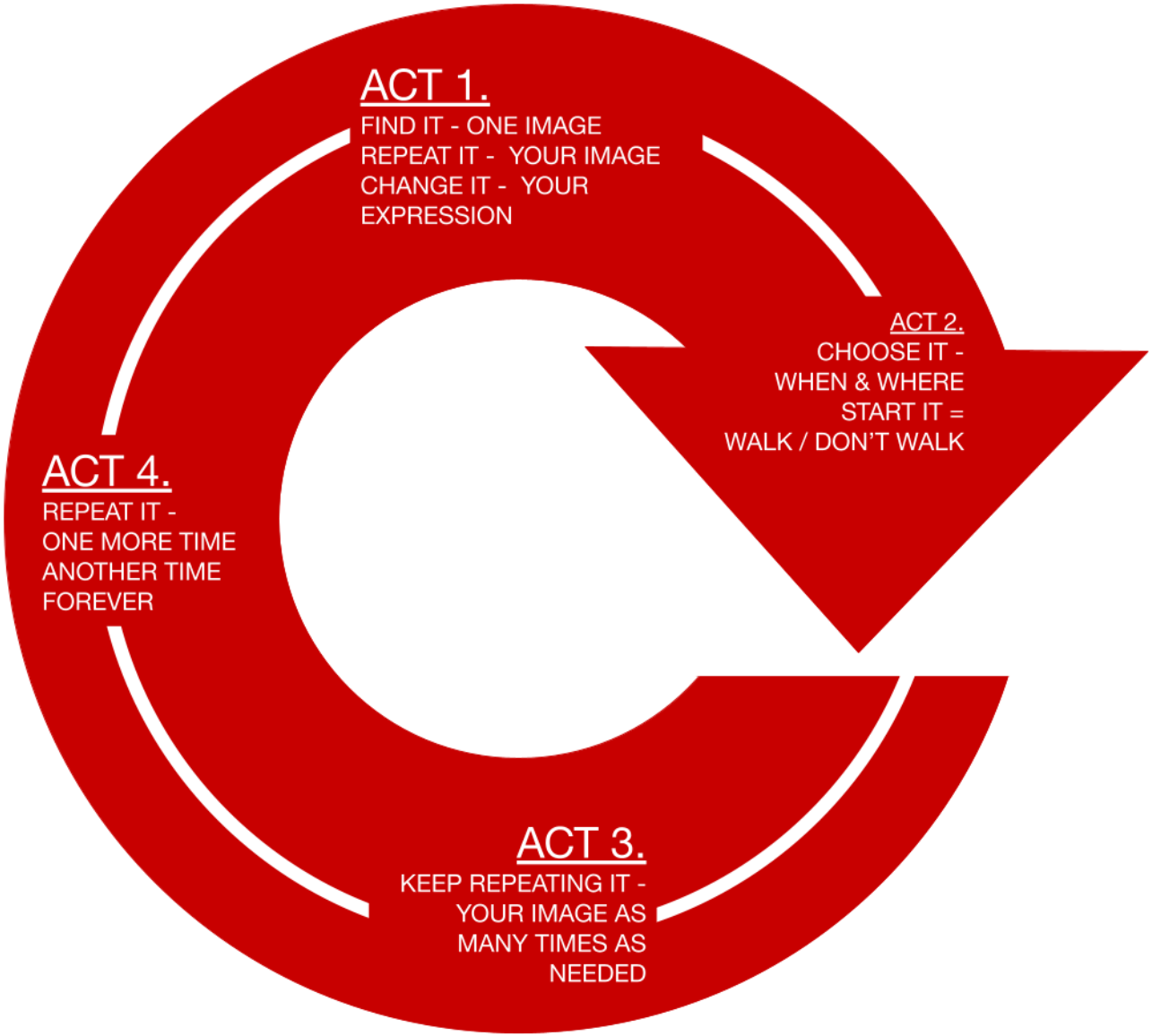
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REPEAT IT - ONE MORE TIME

(For Alona Peretz)
ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE



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POST IT - IT COLLECTION

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

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TASTE IT - A SOUND

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE



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WASH IT - THE LAUNDRY

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

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Reflexive Kids

: often used as a generalized reference to one especially younger or less experienced

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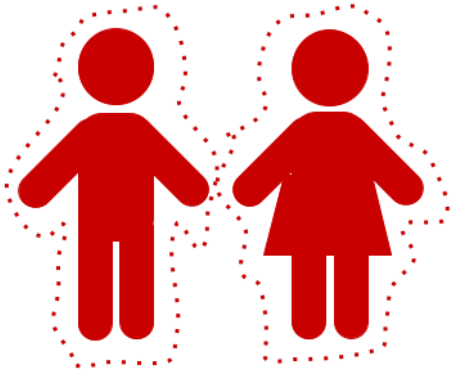
KEREN ROSENBAUM

PLAY IT - EXHIBITION WALK/DON'T WALK

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

ACT 1.

FIND IT - AN EXHIBITION
PREPARE IT - A CUTOUT
PAPER OF YOURSELF
(The cutting is part of the
performance))



ACT 2.

CLOSE IT - ONE EYE



HOLD IT - YOURSELF
AGAINST A PAINTING
A SCULPTURE OR
WHERE YOU WISH
TO TAKE A WALK

ACT 3.

INVITE IT -
YOUR FRIENDS TO
ENJOY THE
EXHIBITION WITH YOU

ACT 4.

CREATE IT -
A WALK / DON'T WALK
PLAYGROUND

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PLAY IT - SCRIBBLE WALK

ZERO TO 100 / IT COLLECTION
REFLEXIVE MUSIC KIDS
VISUAL SCORE



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COLLECT IT - SMILES

(For Eden)
ZERO TO 100 / IT COLLECTION
REFLEXIVE MUSIC REALITY
VISUAL SCORE

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KEREN ROSENBAUM
WITH LIAM DIAMANT

MAKE SENSE OUT OF IT - GIBBERISH

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

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KEREN ROSENBAUM
WITH LIAM DIAMANT

COOKIE CUT IT

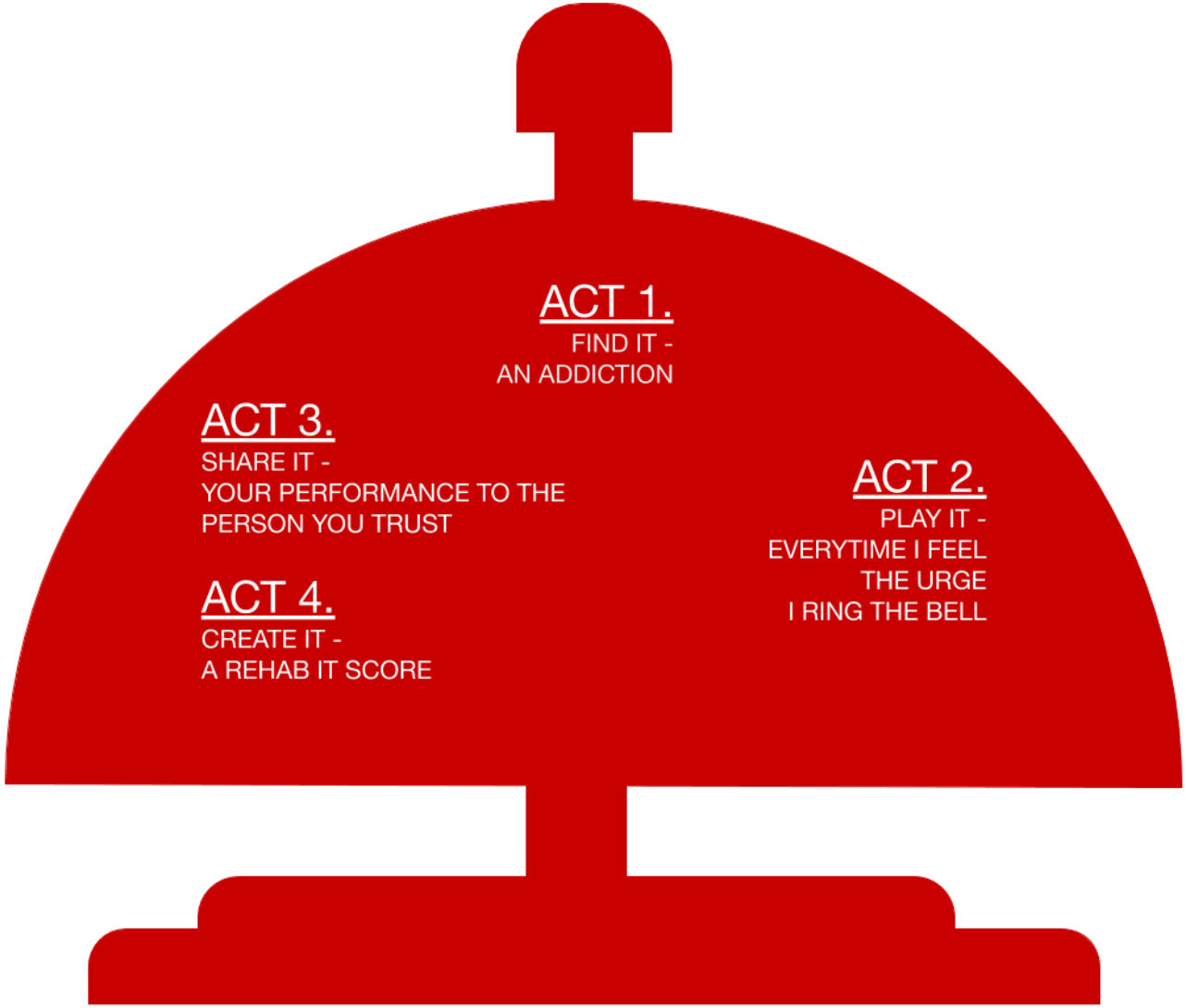
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REFLEXIVE KIDS
VISUAL SCORE

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REHAB IT - ADDICTIONS

ZERO TO 100 / IT COLLECTION
REFLEXIVE MUSIC COMPOSITION
VISUAL SCORE

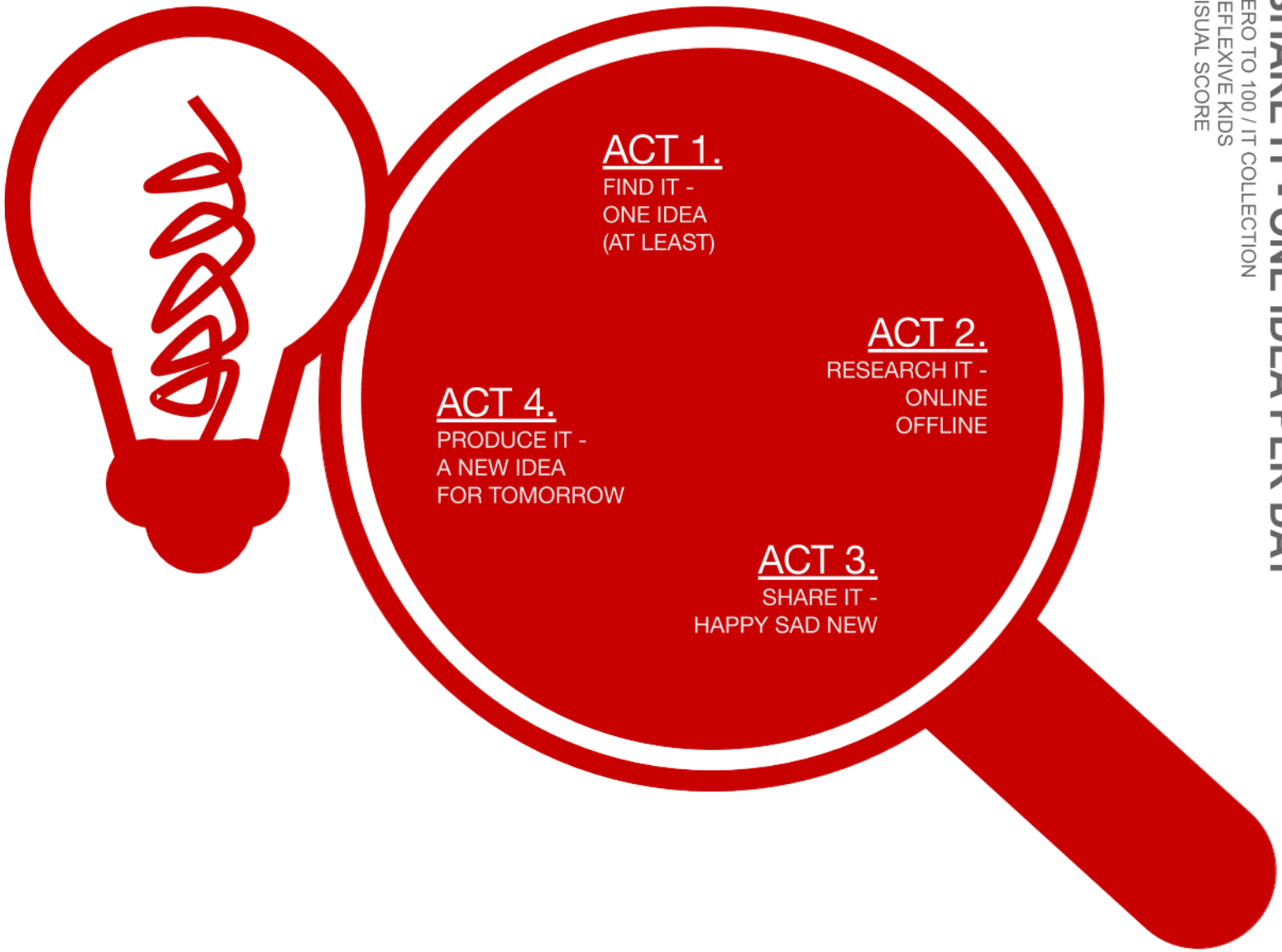


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KEREN ROSENBAUM
WITH DINA ROSENBAUM

SHARE IT - ONE IDEA PER DAY

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

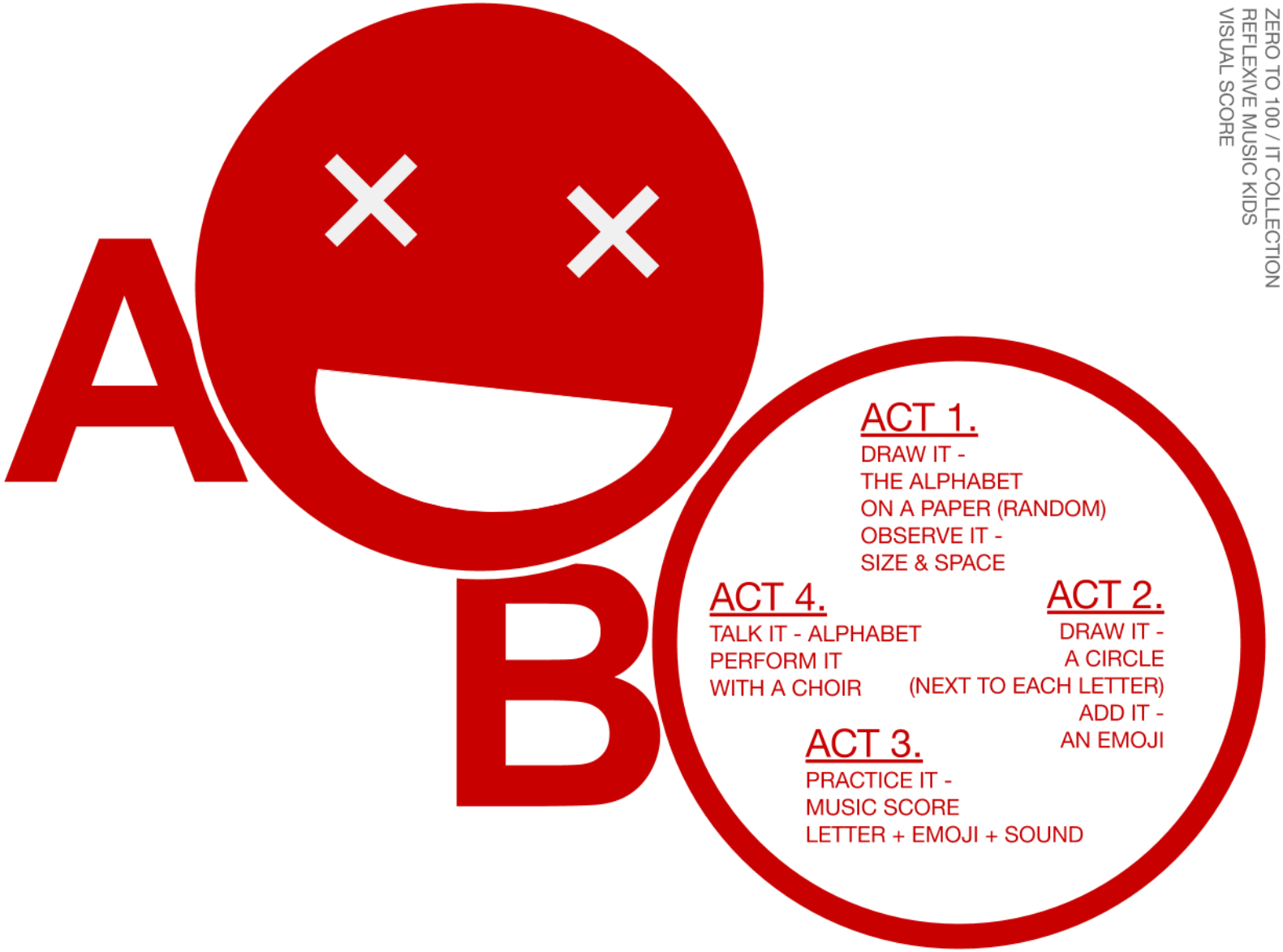


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TALK IT - LETTERS TALK

ZERO TO 100 / IT COLLECTION
REFLEXIVE MUSIC KIDS
VISUAL SCORE



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TALK IT - HANDS TALK

(For Maya Dunietz)
ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

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AGREE TO DISAGREE ON IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

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WITH LIAM DIAMANT

BEAT IT - YOUR HEART

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE



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BOX IT - BORING BOX

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

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CALL IT - 1/800 SITUATION FACTORY

(For: Eden Diamant)
ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

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KEREN ROSENBAUM

COLLECT IT - PATIENCE

FOR: MAYA DUNIETZ
ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

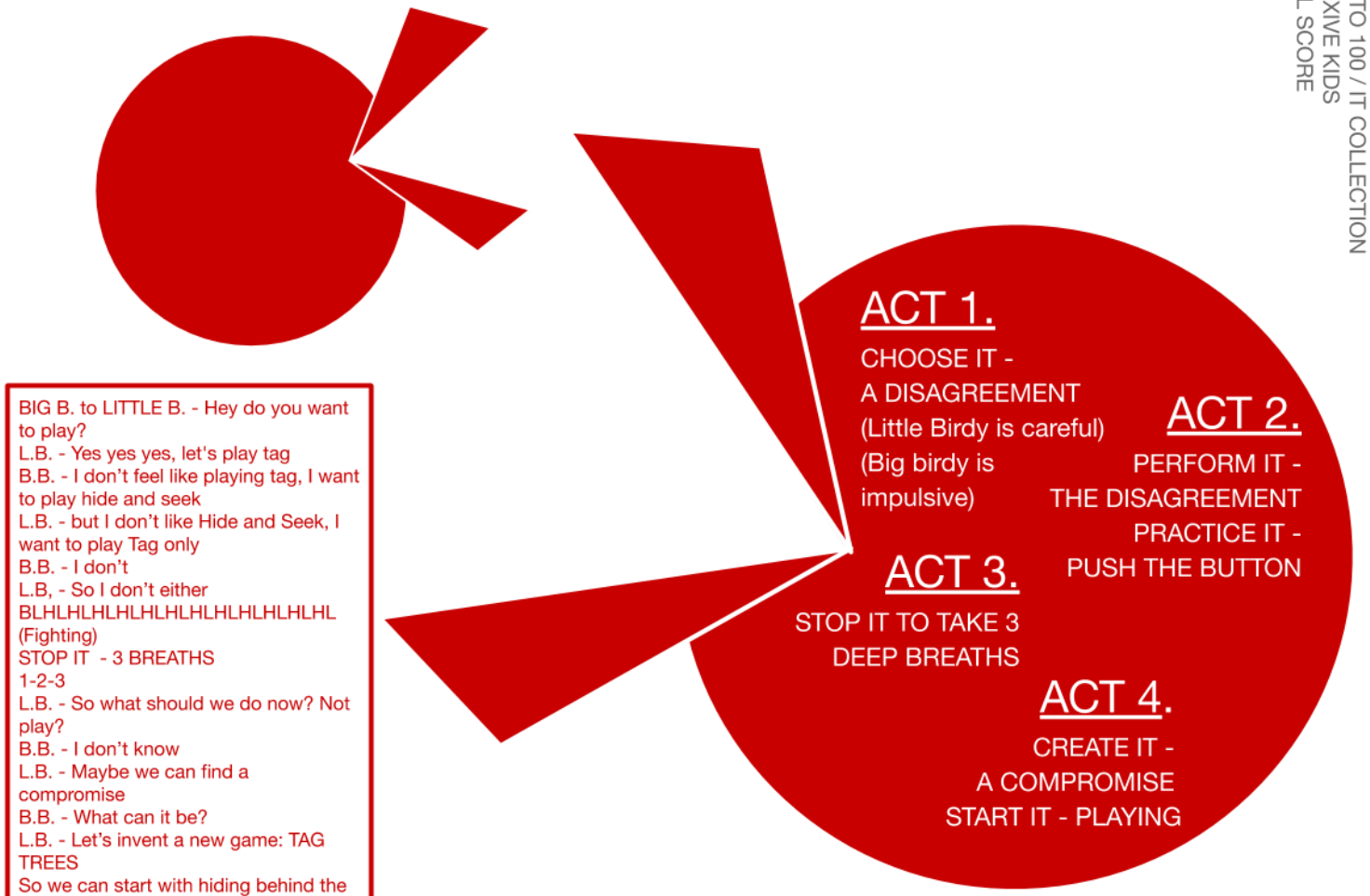


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COMPROMISE IT - BIG BIRDIE = LITTLE BIRDIE

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE



BIG B. to LITTLE B. - Hey do you want to play?
L.B. - Yes yes yes, let's play tag
B.B. - I don't feel like playing tag, I want to play hide and seek
L.B. - but I don't like Hide and Seek, I want to play Tag only
B.B. - I don't
L.B, - So I don't either
BLHLHLHLHLHLHLHLHLHLHLHL (Fighting)
STOP IT - 3 BREATHS
1-2-3
L.B. - So what should we do now? Not play?
B.B. - I don't know
L.B. - Maybe we can find a compromise
B.B. - What can it be?
L.B. - Let's invent a new game: TAG TREES
So we can start with hiding behind the trees and then tag each other while the trees are the safe zone
B.B. - I love that, let's go play

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CRUNCH IT - COMPETITION

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

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COMPOSE IT - A CUBIST EXHIBITION

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

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KEREN ROSENBAUM
WITH DINA ROSENBAUM

EXHIBIT IT - STRIKE THE POSE

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

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KEREN ROSENBAUM

JUST DO IT!? - AGAIN

ZERO TO 100 IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

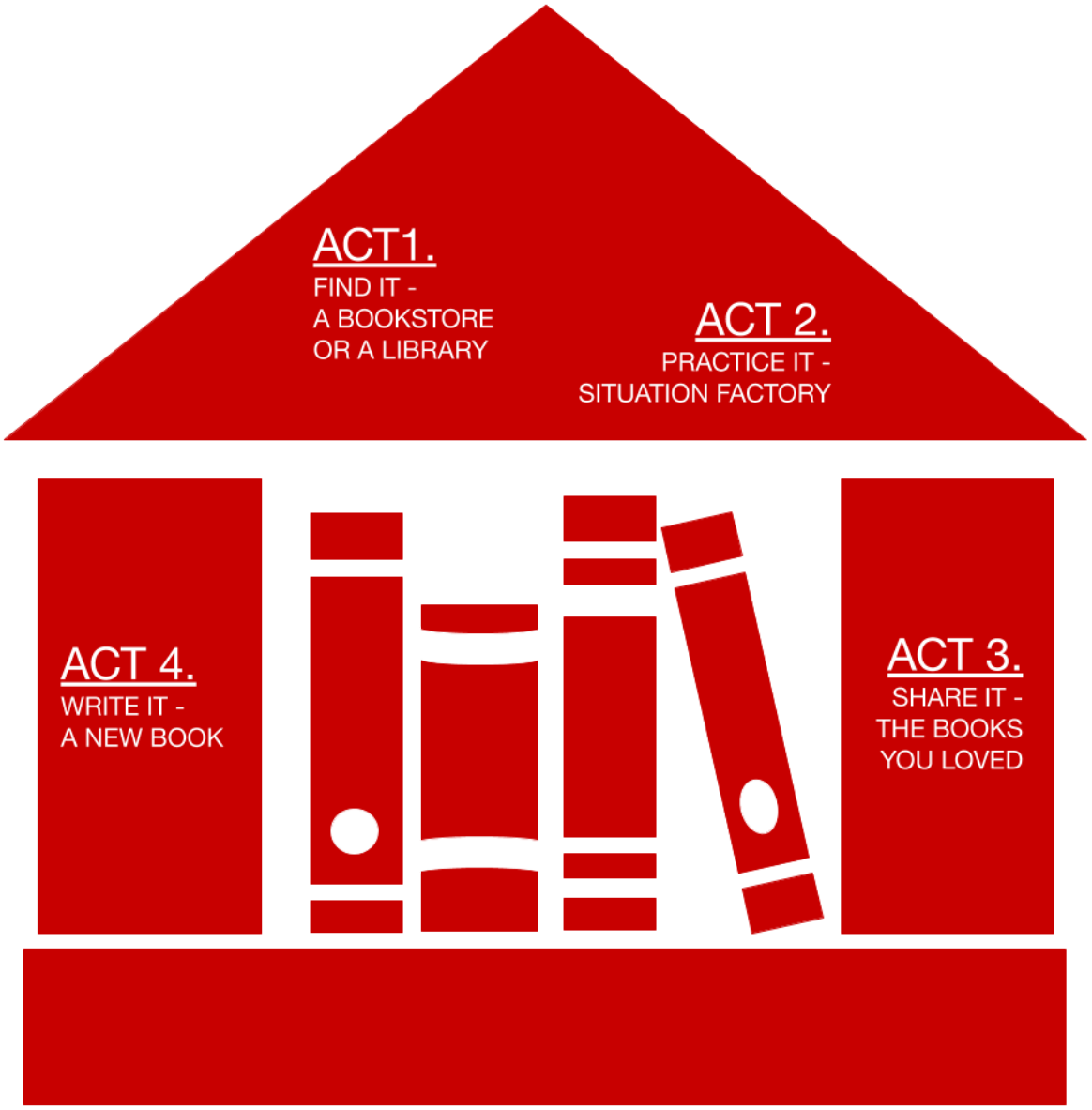
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FIND IT - A BOOK

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE



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KEREN ROSENBAUM
WITH EDEN DIAMANT

HUG IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

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KEREN ROSENBAUM

IT'S ALWAYS SOMETHING

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

ACT 1.
WHAT'S GOING ON?

ACT 2.
IT'S NOTHING!

ACT 3.
IT'S NEVER NOTHING!
IT'S ALWAYS SOMETHING!

BUT I DON'T KNOW WHAT IT IS?

ACT 4.
LET'S DO SOMETHING WITH IT!

EXAMPLE:
PERFORM A BORING BOX

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IT'S NEVER NOTHING

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE



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WITH EDEN DIAMANT

LET IT - SHINE

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE



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NARRATE IT - ROAD SIGN

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

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PLAY IT - TABLE CHESS

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE



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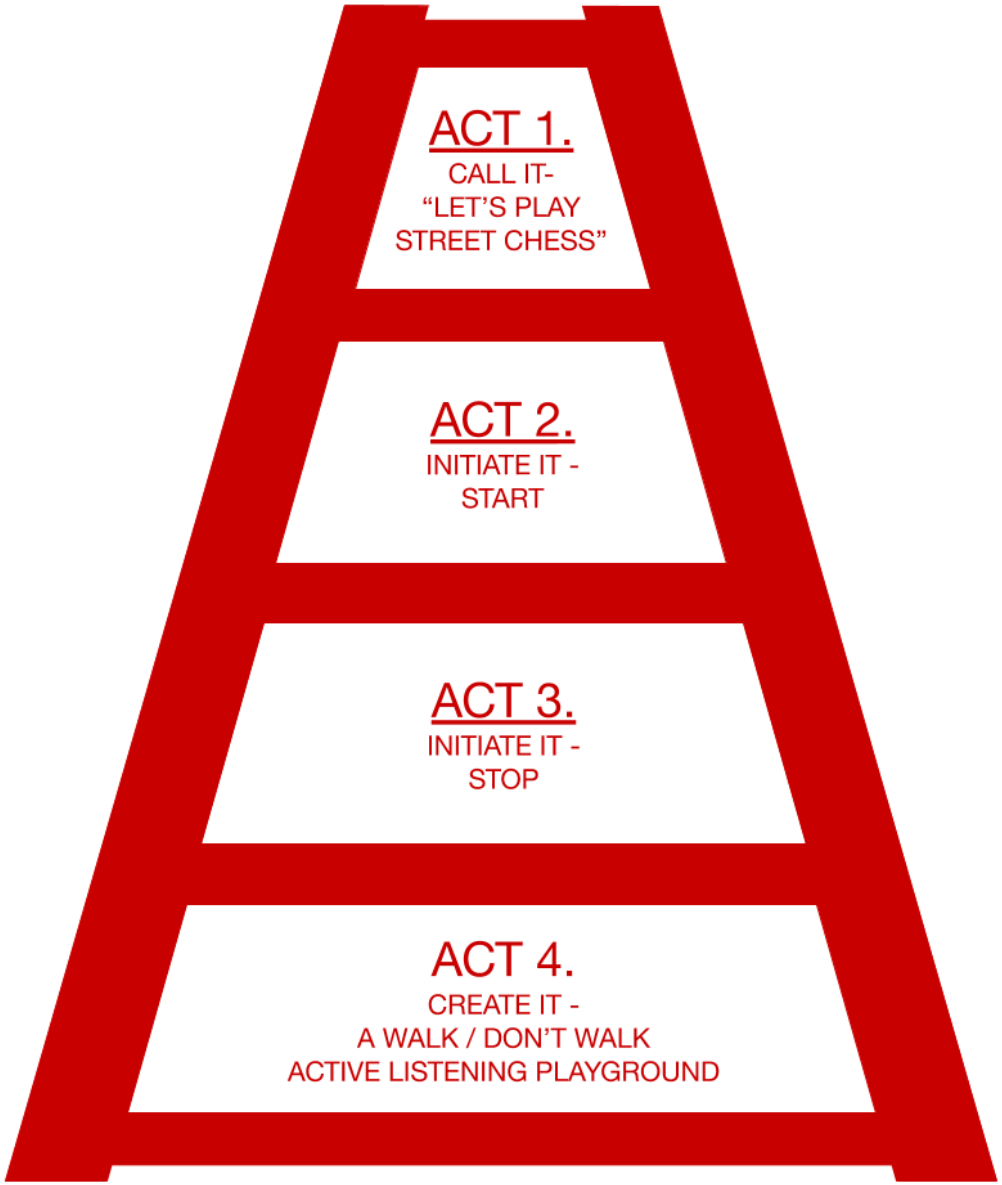
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PLAY IT - STREET CHESS

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REFLEXIVE KIDS
VISUAL SCORE



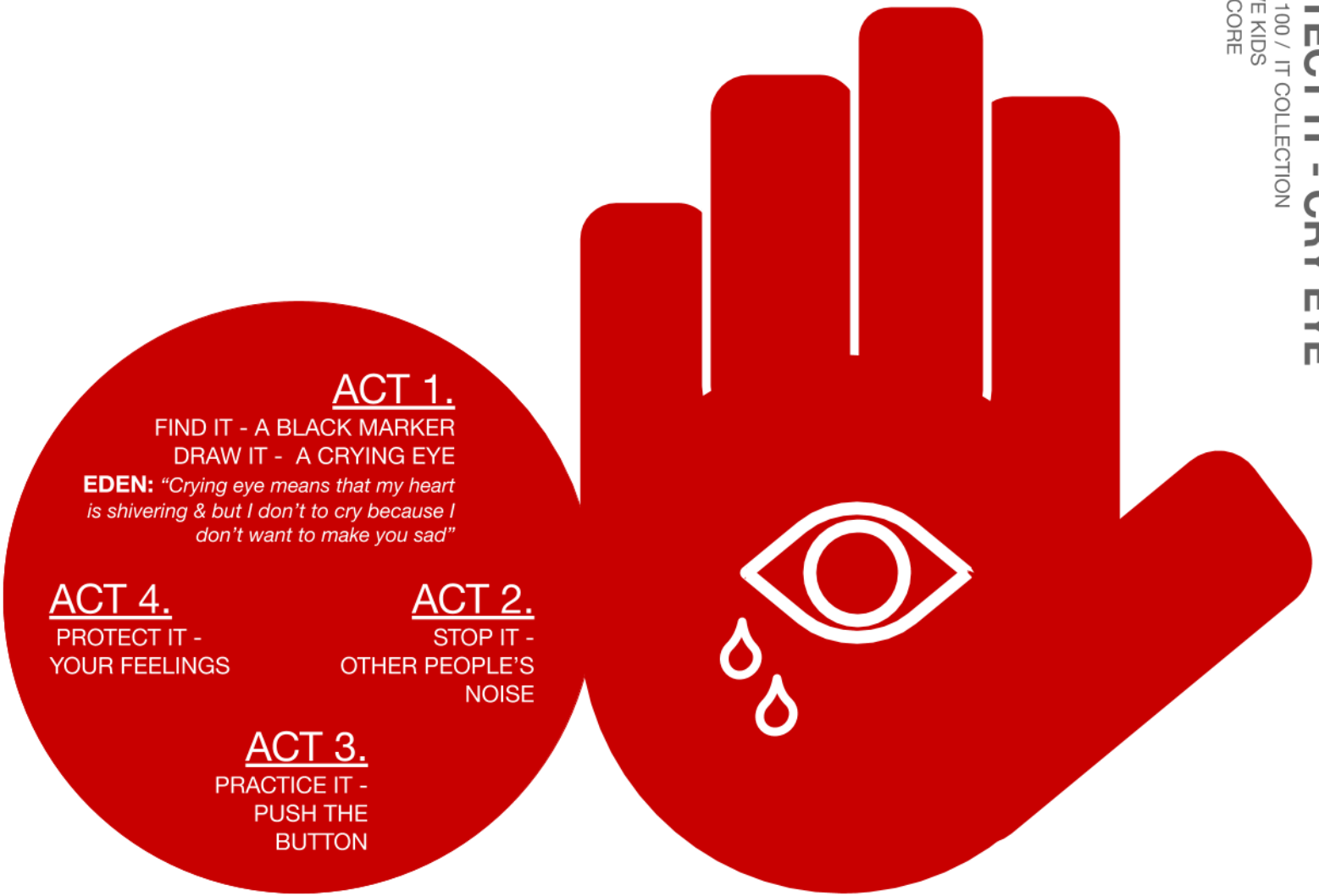
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PROTECT IT - CRY EYE

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE



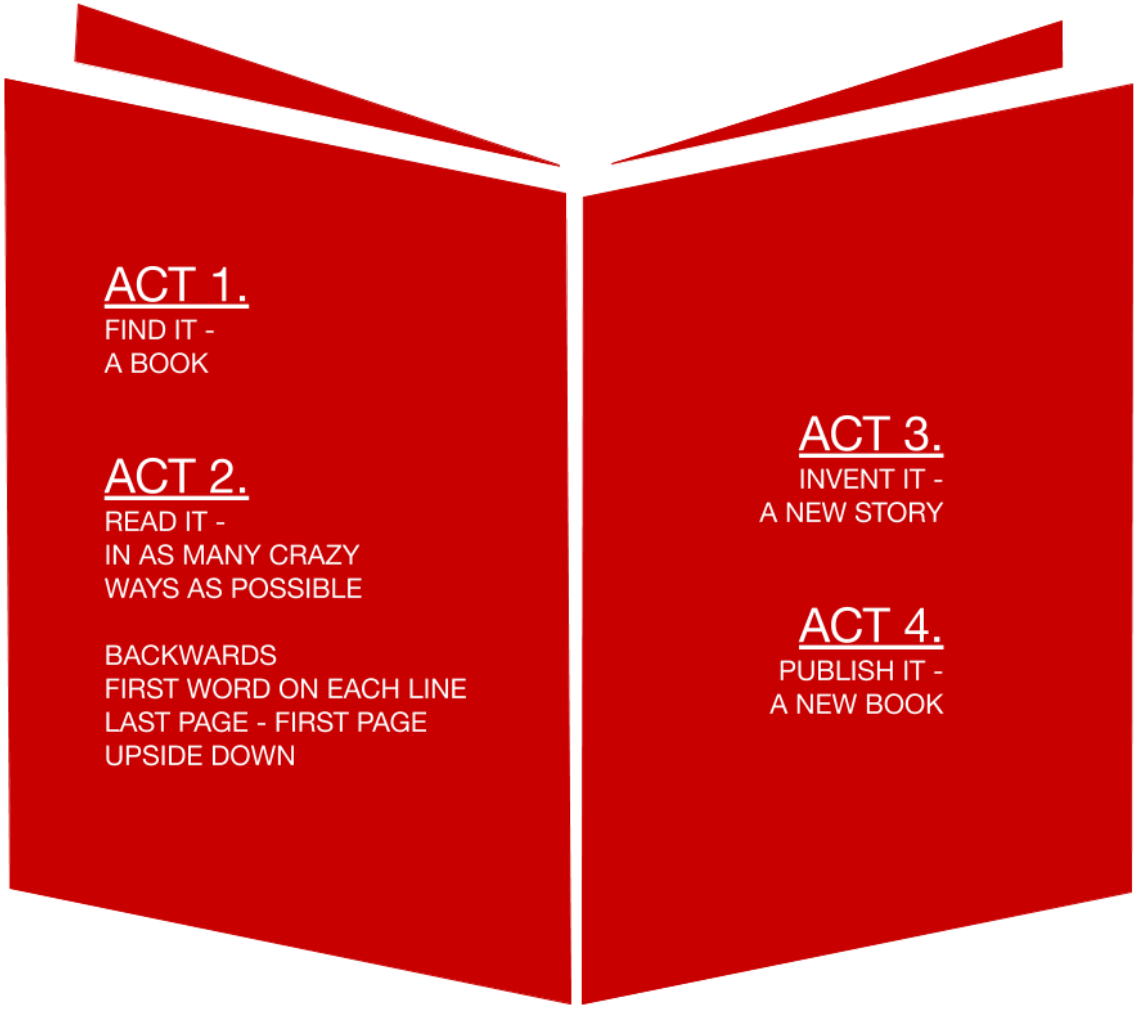
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WITH LIAM DIAMANT

READ IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

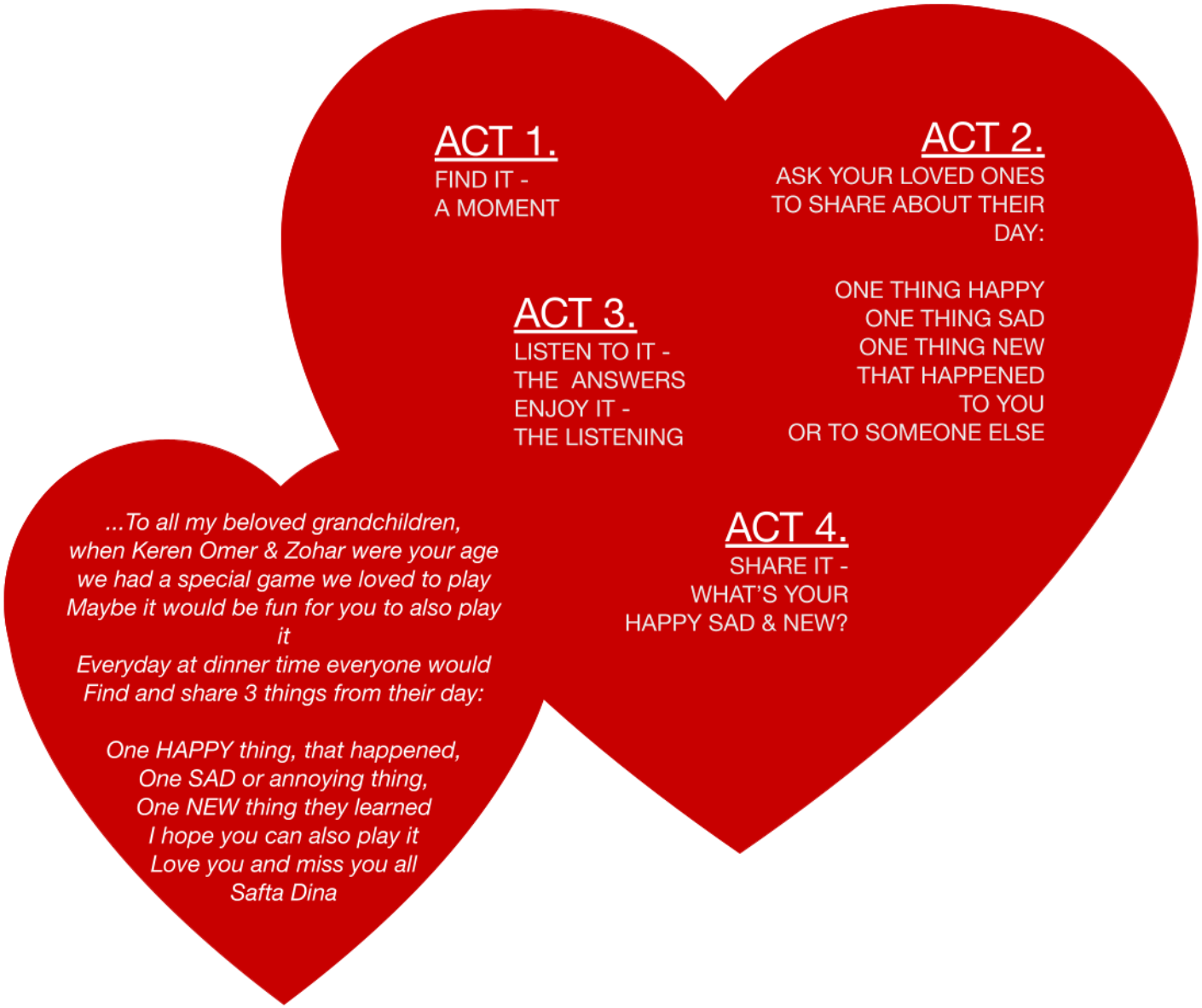


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KEREN ROSENBAUM
WITH DINA ROSENBAUM

SHARE IT - HAPPY SAD & NEW

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

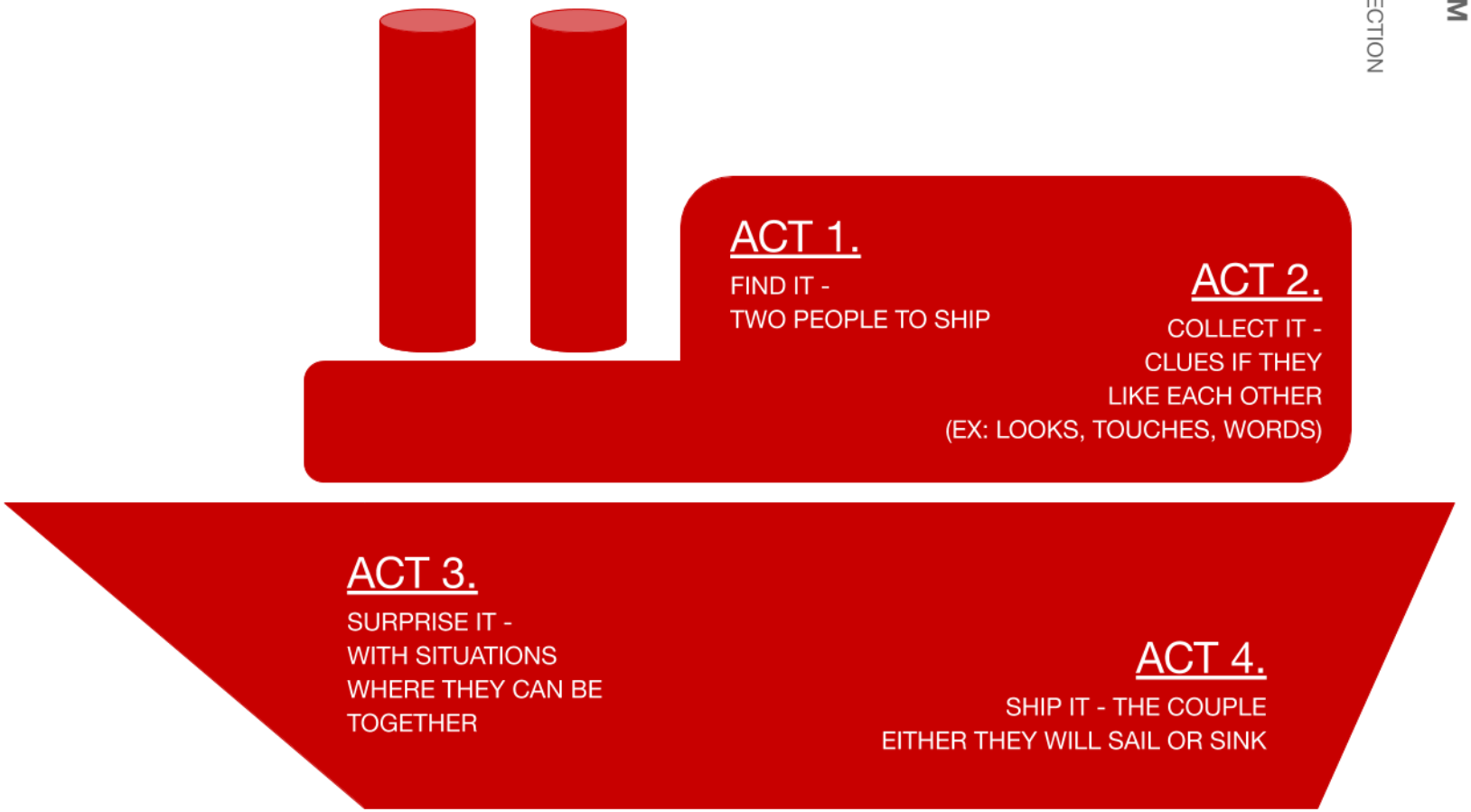


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KEREN ROSENBAUM
WITH EDEN & LIAM

SHIP IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

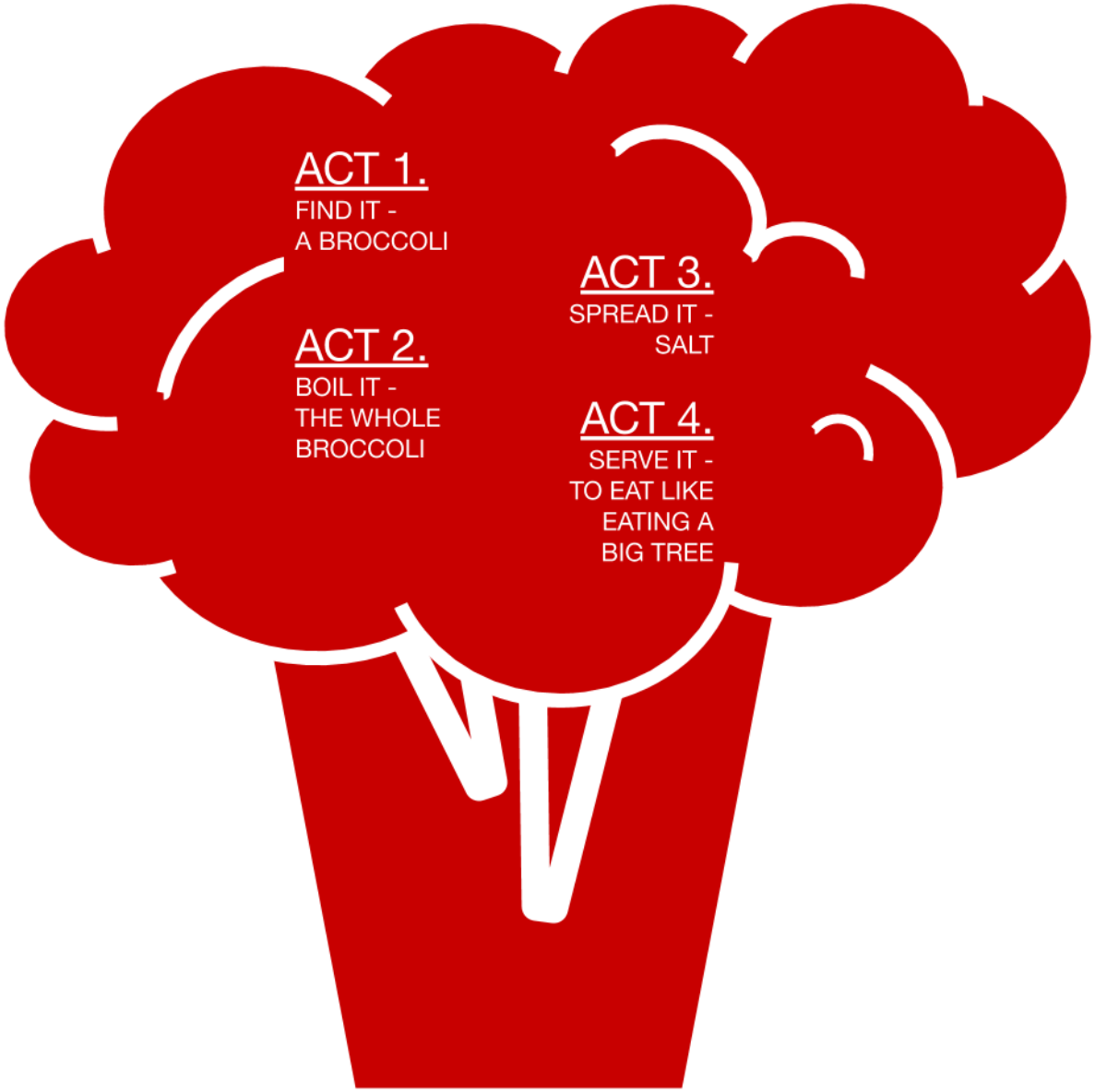


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EAT IT - BROCCOLI TREE

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REFLEXIVE KIDS
VISUAL SCORE



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SHRINK IT / EXPAND IT - THE BRAIN

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

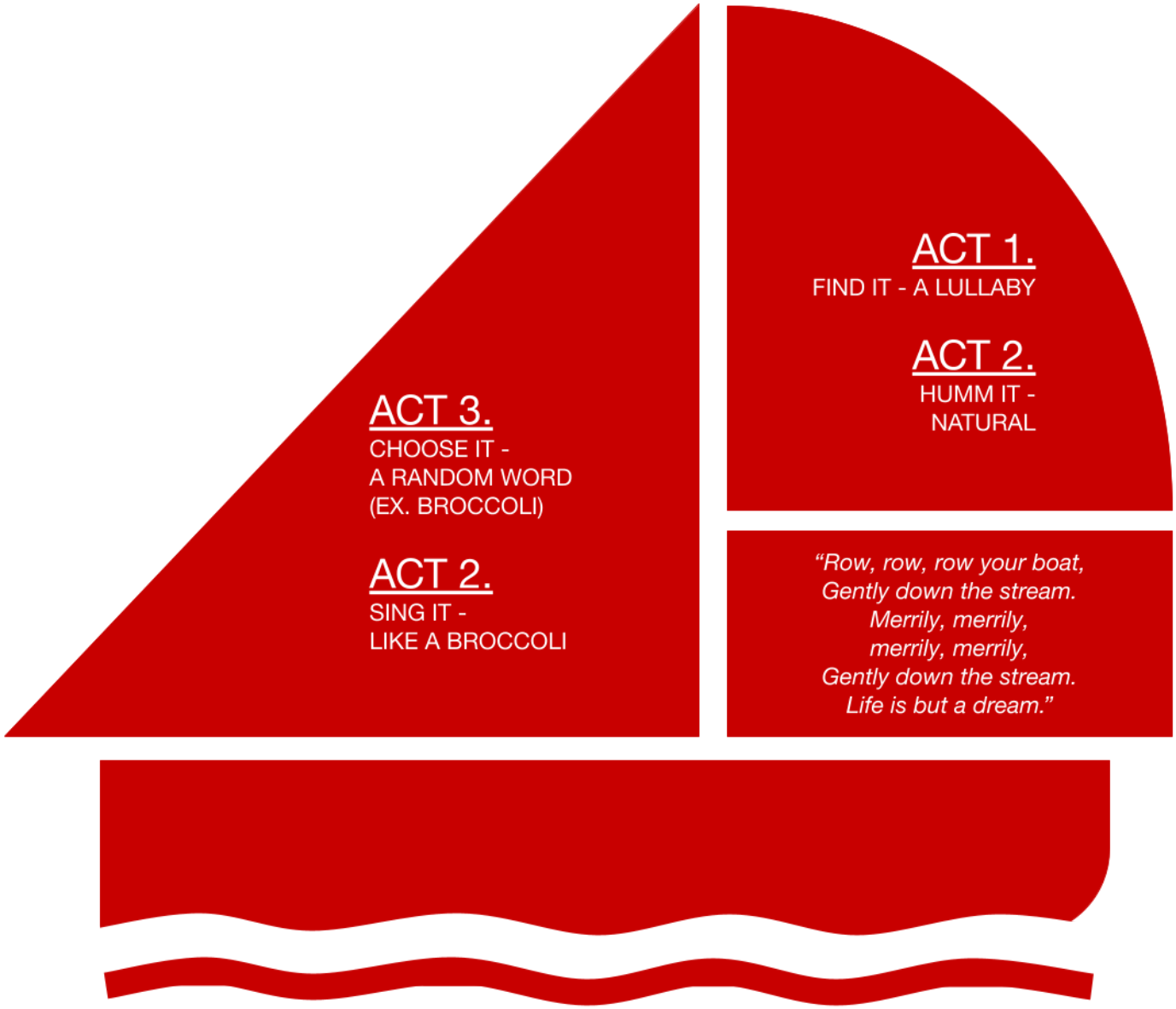
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SING IT - LIKE A BROCCOLI

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE



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VISIT IT - WHAT'S YOUR LAND?

(For: Alica Burns)
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REFLEXIVE KIDS
VISUAL SCORE





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TRY IT - A NEW TASTES

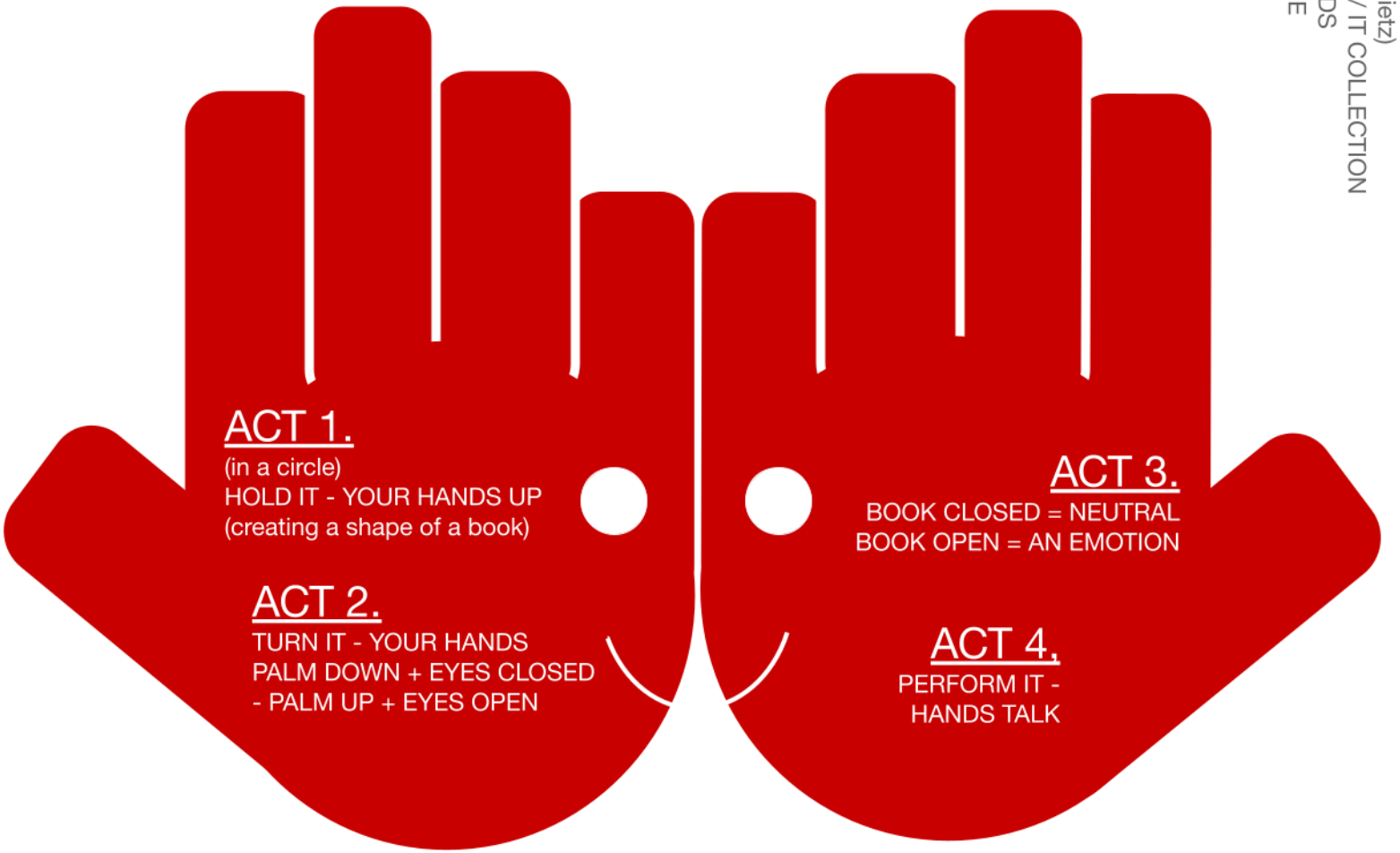
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VISUAL SCORE

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TALK IT - HANDS

(For Maya Dunietz)
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REFLEXIVE KIDS
VISUAL SCORE



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KEREN ROSENBAUM

COLLECT IT - PEEEEP

(For 7th grade in the Arts School Tel-Aviv))
ZERO TO 100 / IT COLLECTION
REFLEXIVE MUSIC KIDS
VISUAL SCORE

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Reflexive Playground

: a place where people go to play…

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PLAY IT - LULLABY

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

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PLAY IT - ROUNDABOUT MUSIC SCORE

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE



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PLAY IT - POND IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

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PLAY IT - WE CRUMPLE IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

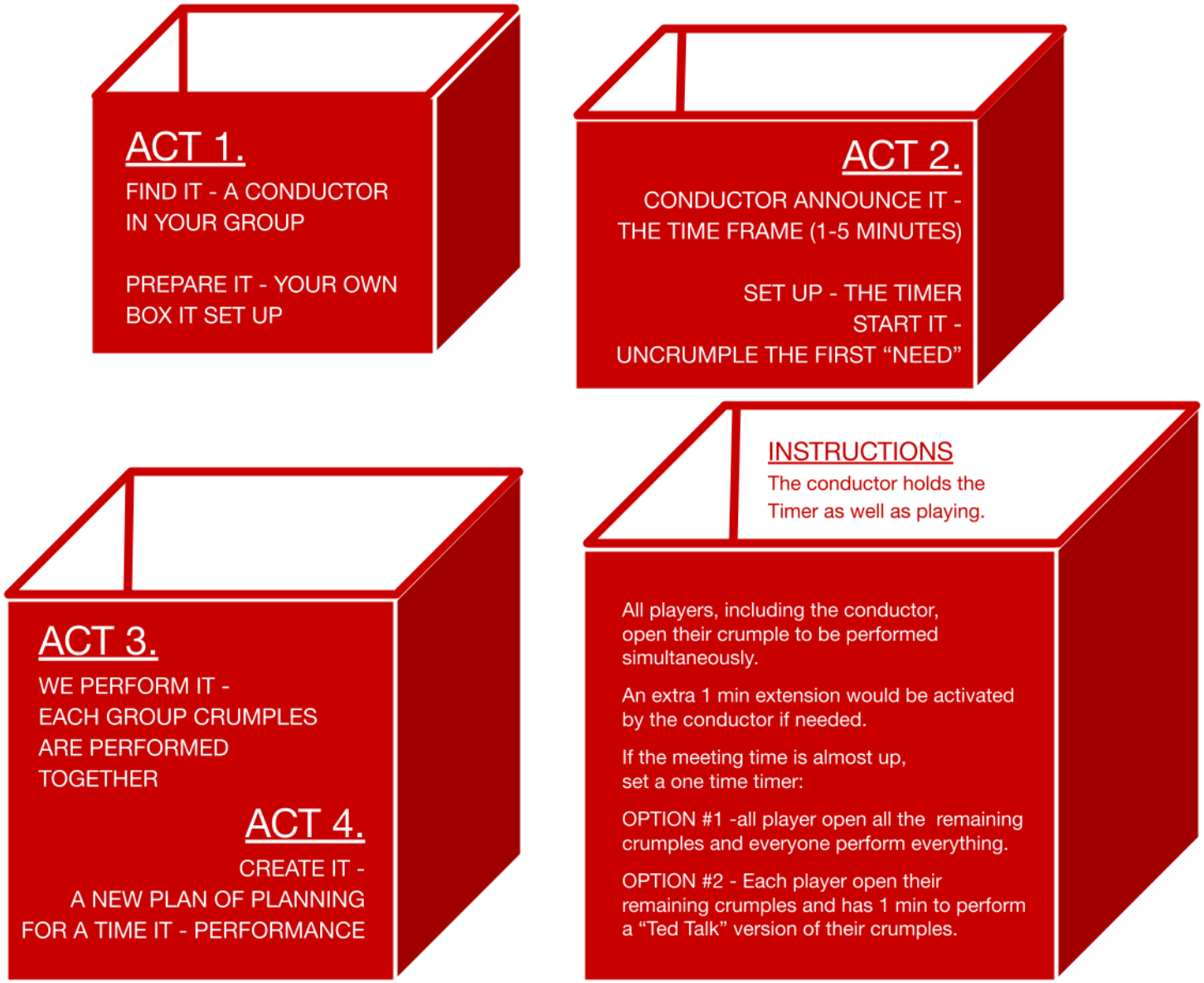


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PLAY IT - PRODUCTION BOX IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE



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PLAY IT - A NEW HOLIDAY

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

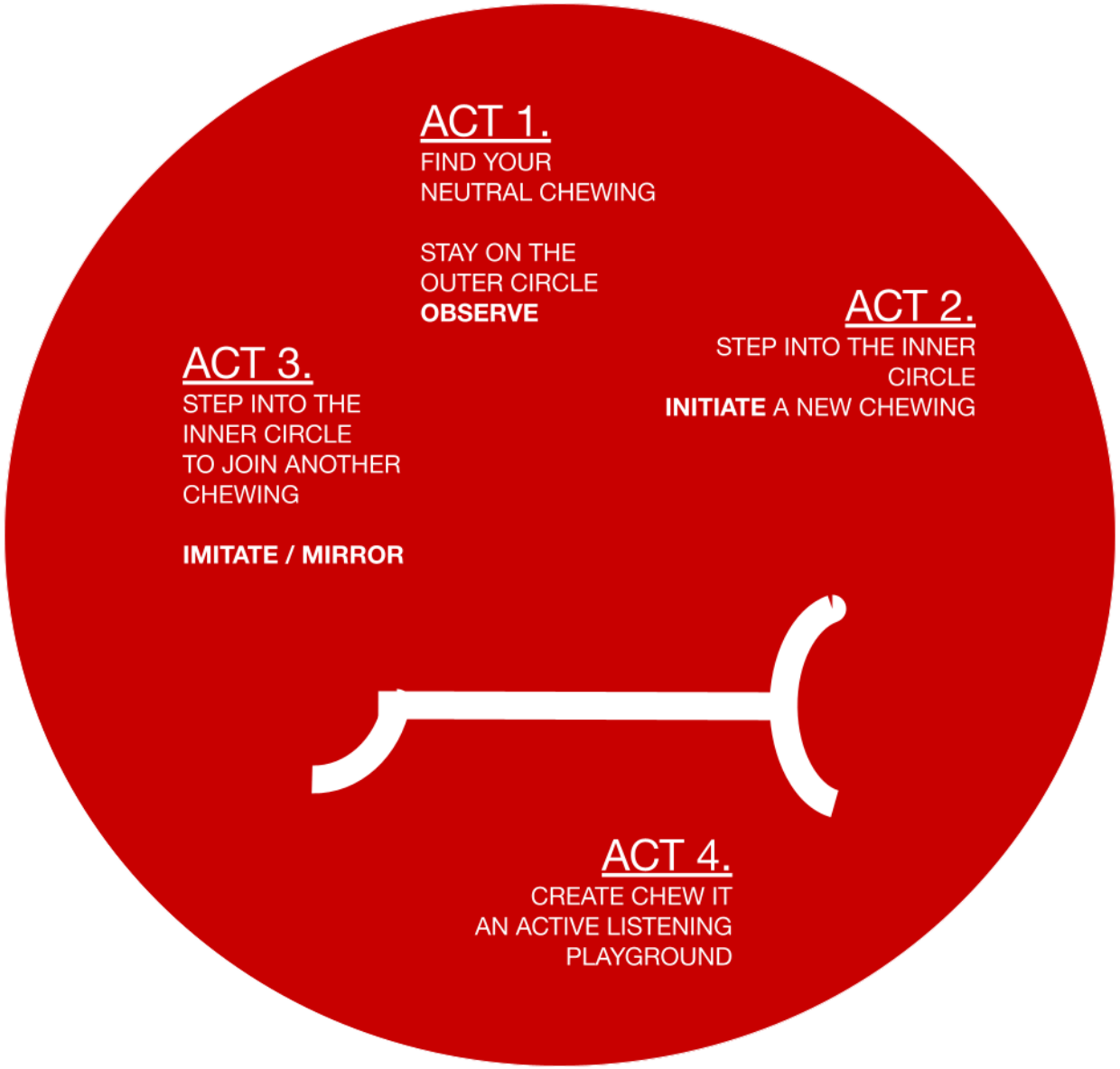
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PLAY IT - WE CHEW IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE



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PLAY IT - WISH TREE

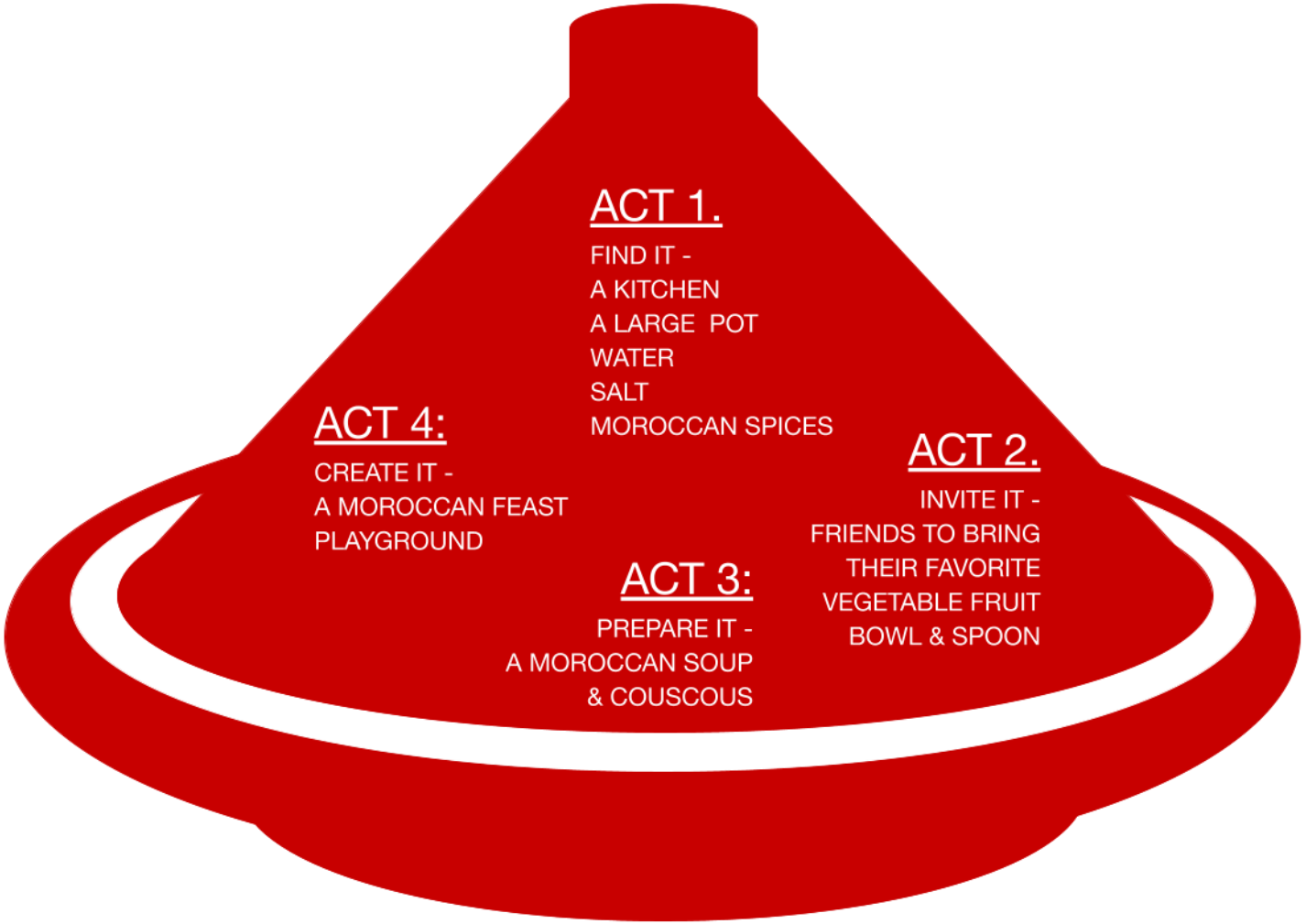
ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

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PLAY IT - MOROCCAN FEAST

ZERO TO 100 / IT COLLECTION
REFLEXIVE FESTIVAL
VISUAL SCORE



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PLAY IT - PIZZA PARTY

0-100 IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

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PLAY IT - CHAI KUVANGAVANGA

(For Dunia Hategekimana)
ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

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PLAY IT - DEMOCRACY OF DICTATORS

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

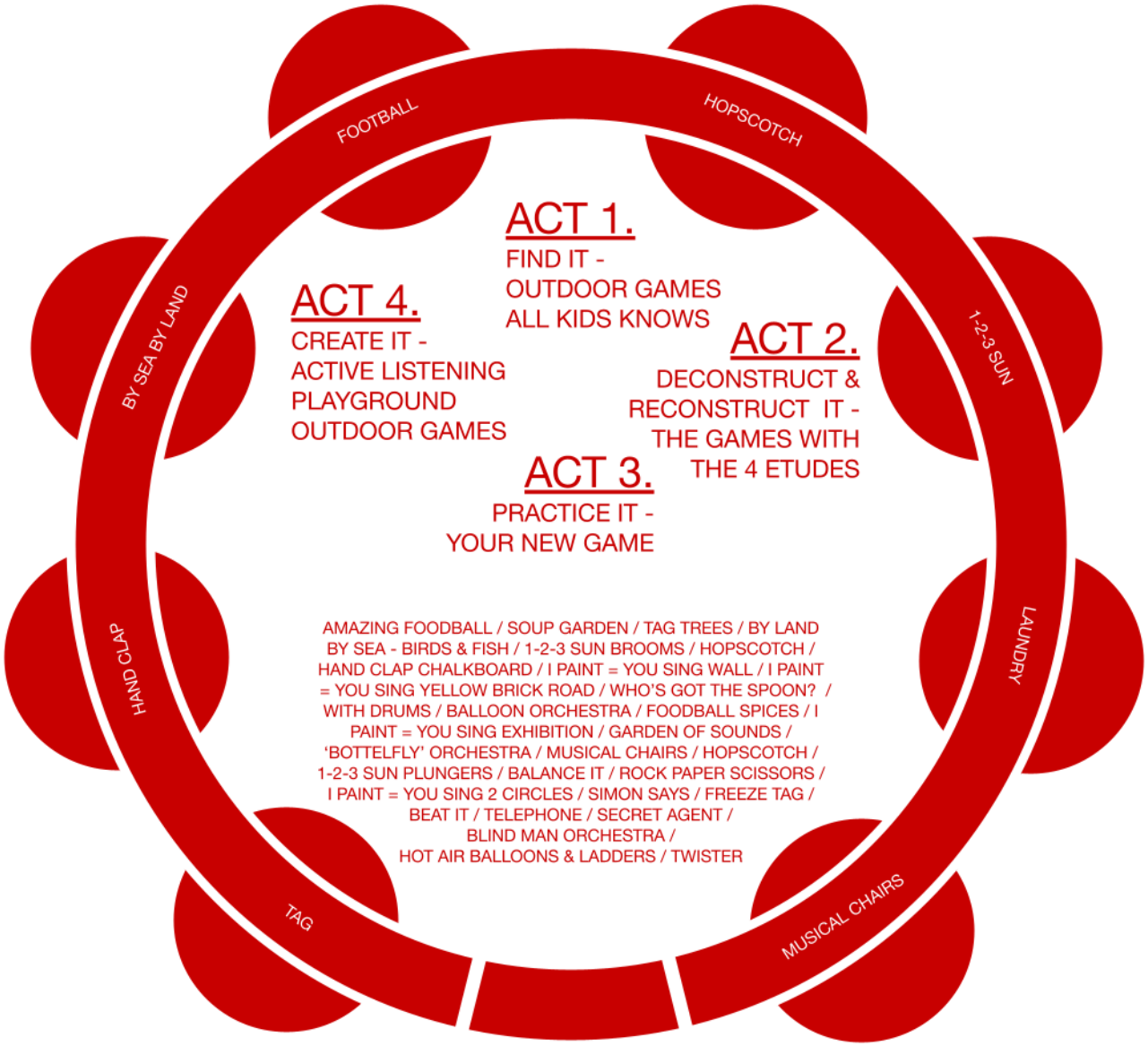
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PLAY IT - KIDS OUTDOOR GAMES

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE



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PLAY IT - 1-2-3 SUN

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITIONS
VISUAL SCORE



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PLAY IT - SPICY FOOTBALL

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITIONS
VISUAL SCORE

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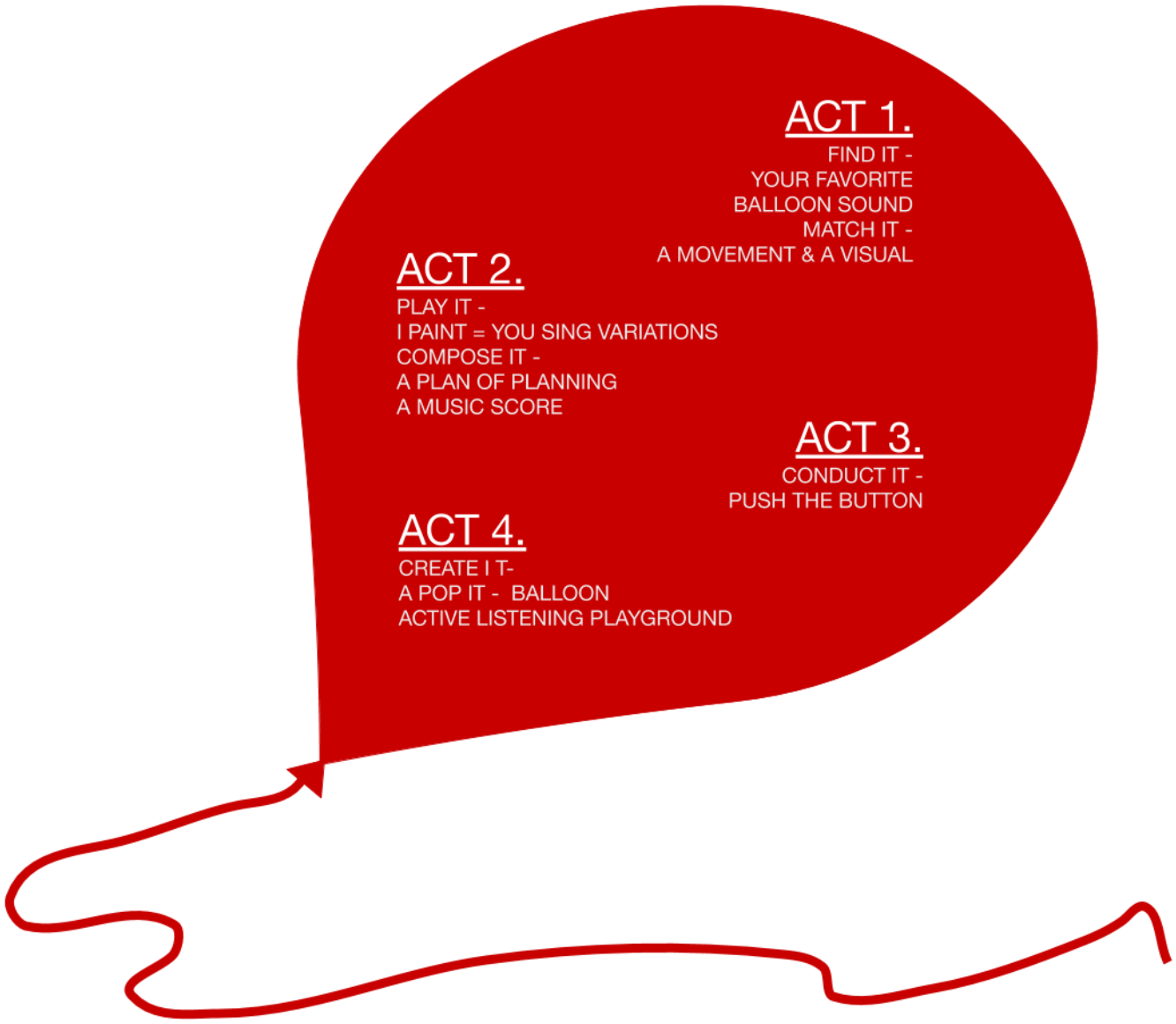
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PLAY IT - POP IT

ZERO TO 100 / IT COLLECTION

REFLEXIVE PLAYGROUND

VISUAL SCORE



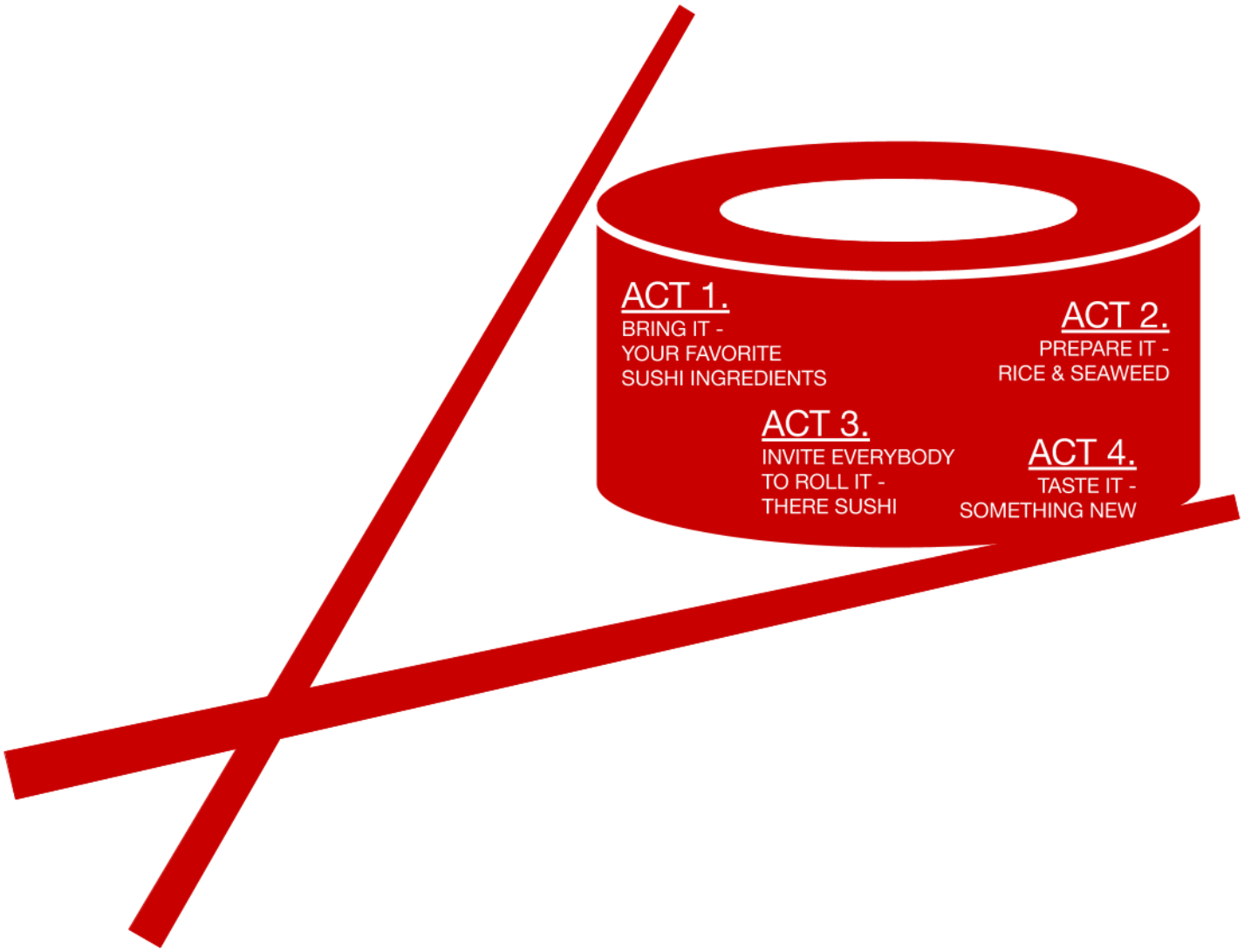
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PLAY IT - SUSHI PARTY

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE



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PLAY IT - VEGGIE STUFFING PARTY

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

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PLAY IT - DUO VIOLIN & SPOTLIGHT

(For: Jackie Shemesh)
REFLEX 3 (2000)
ZERO TO 100 / IT COLLECTION
REFLEXIVE FESTIVAL
VISUAL SCORE

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PLAY IT - A CHOCOLATE PARTY

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

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PLAY IT - TASTING SOUNDS

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

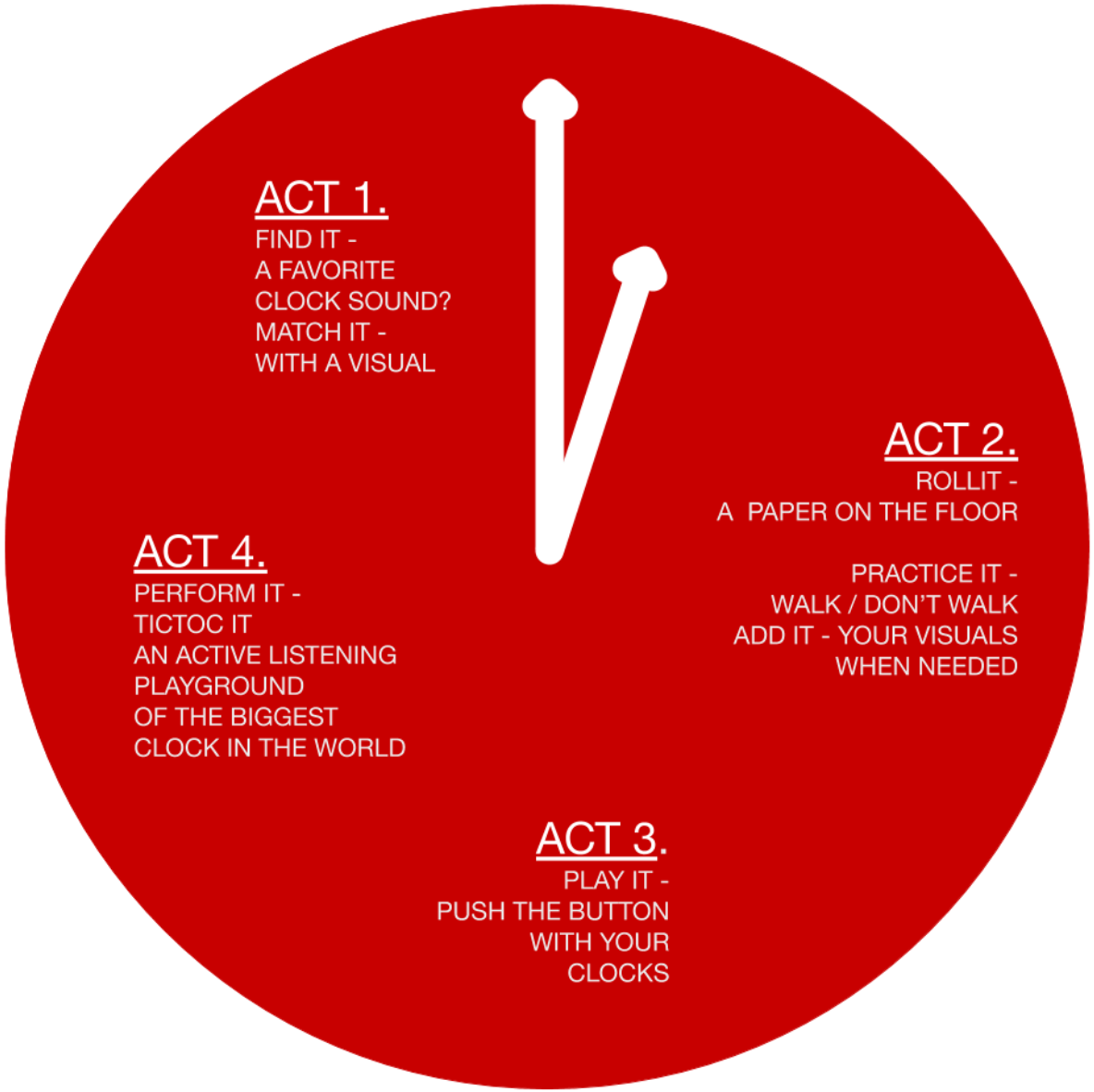


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PLAY IT - TIC TOC

ZERO TO 100 / IT COLLECTION
(For Ruthi Bashan)
REFLEXIVE PLAYGROUND
VISUAL SCORE



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PLAY IT - A TRADE SHOW

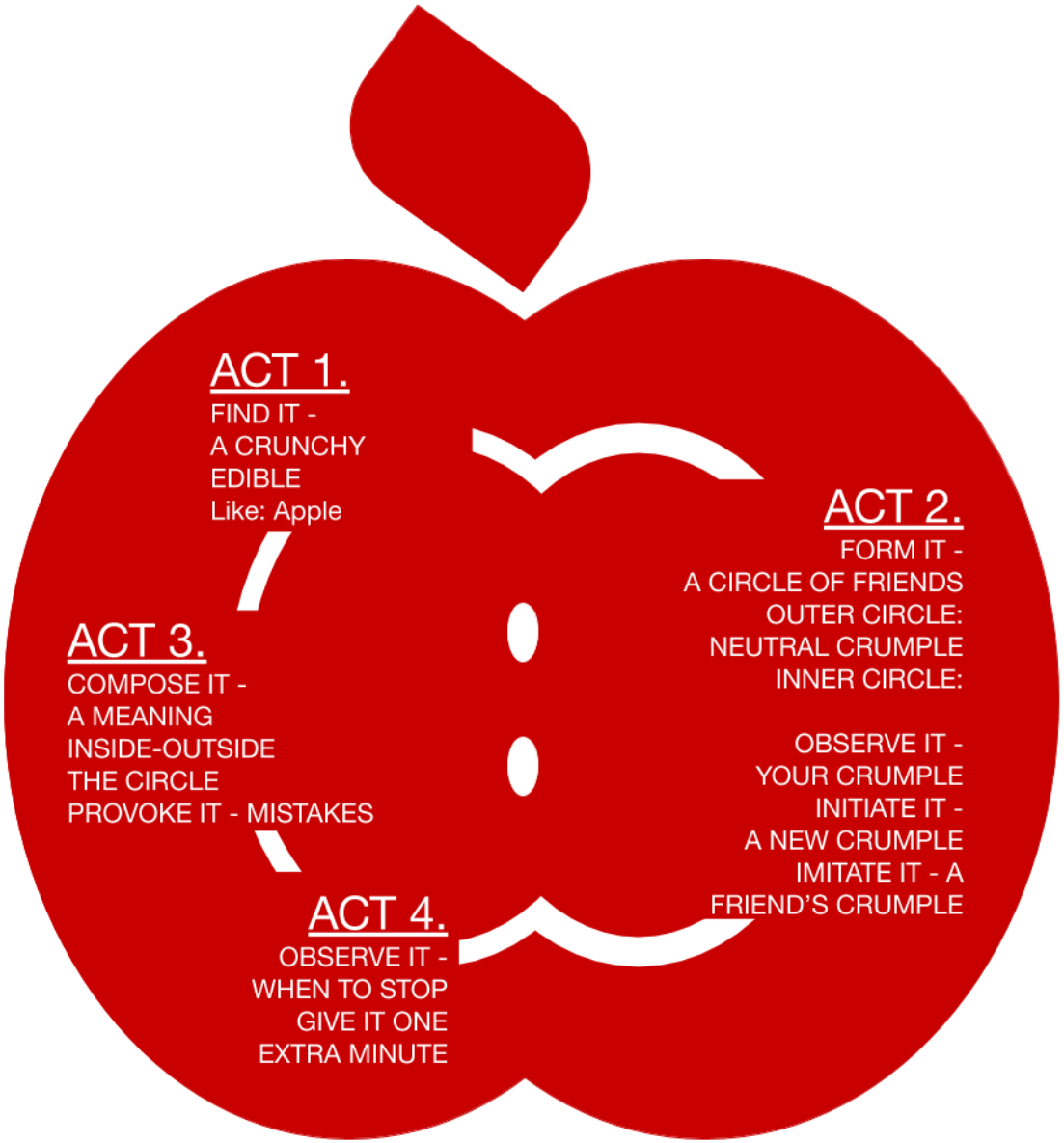
ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

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PLAY IT - AN APPLE SYMPHONY

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL MODEL



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PLAY IT - ALP GARAGE SALE

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

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PLAY IT - A MARCH

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE



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PLAY IT - A WALTZ

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE



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PLAY IT - THE ANIMALS CARNIVAL PLAYGROUND

(For Tali Raviv Kroitoro ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

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PLAY IT - DREAM WALK / DON'T WALK

KIKI YLIMUTKA - SUPER SUSTERS
ZERO TO 100 / IT COLLECTION
REFLEXIVE ETUDE
VISUAL SCORE

ACT 1.
INITIATE IT - A WALK
DON'T WALK

ACT 2.
ASK IT - A RANDOM PERSON
FOR AN INSPIRING PERSON
YOU SHOULD MEET!

ACT 3.
INITIATE IT -
AN INTERVIEW

WHO ARE YOU
WHAT DO YOU DO

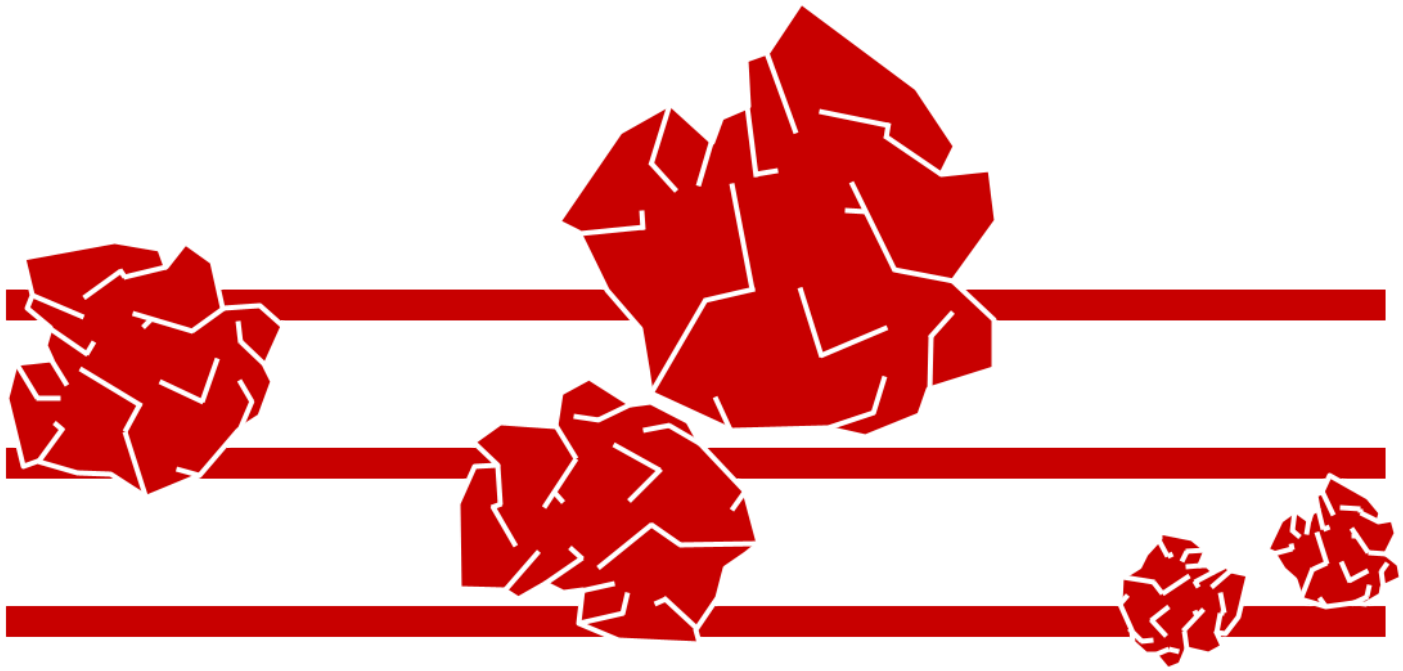
ACT 4.
CREATE IT - A
DREAM WALK
DON'T WALK
PLAYGROUND

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SCORE IT - CRUMPLES

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE



ACT 1.
FIND IT - YOUR CRUMPLE

ACT 2.
PLAY IT -
WE CRUMPLE IT

ACT 3.
SHARE IT -
YOUR CRUMPLE
ON 3 RED LINES

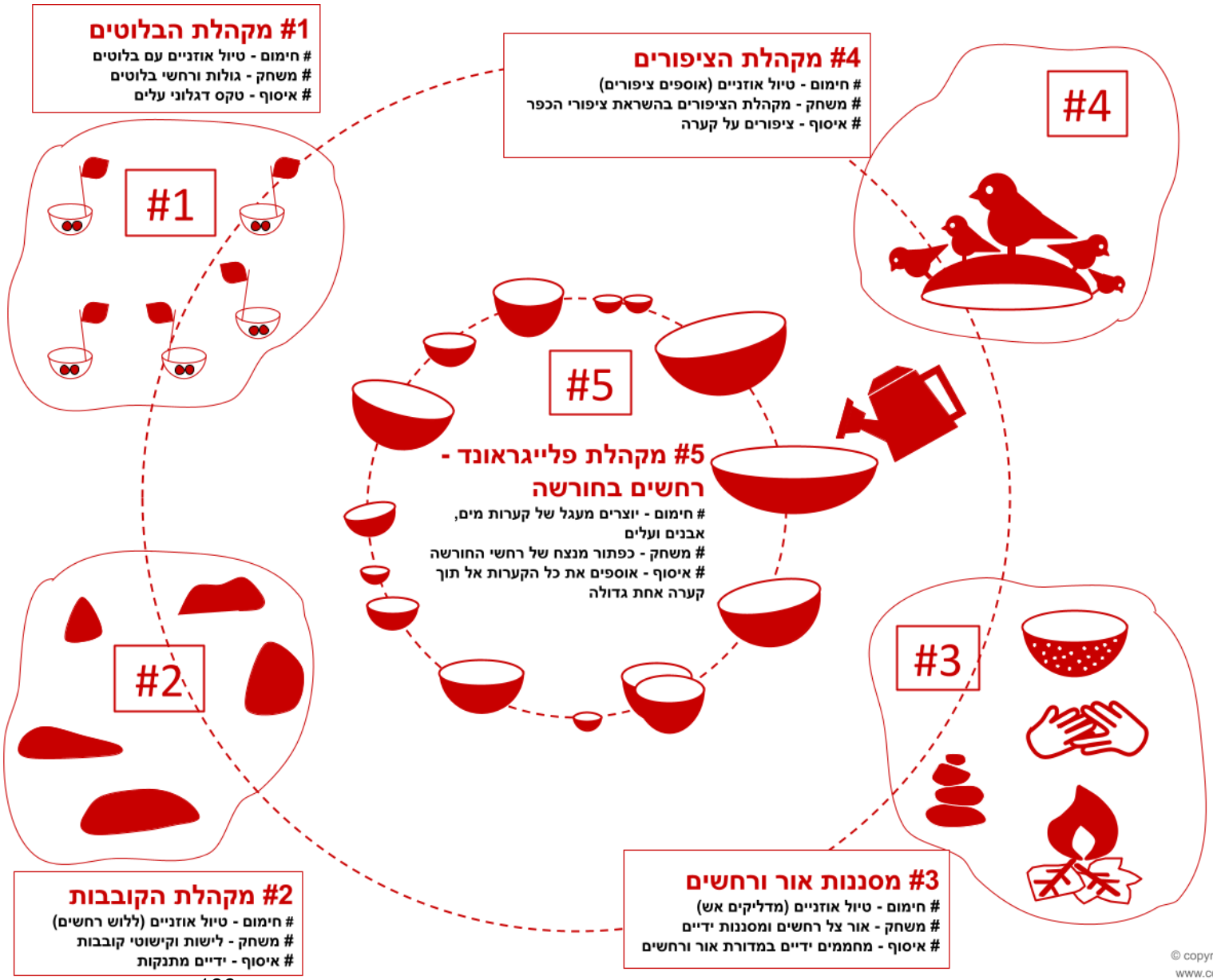
ACT 4.
PERFORM IT -
WITH AN ORCHESTRA

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Reflexive Approach

- a way of dealing with something…

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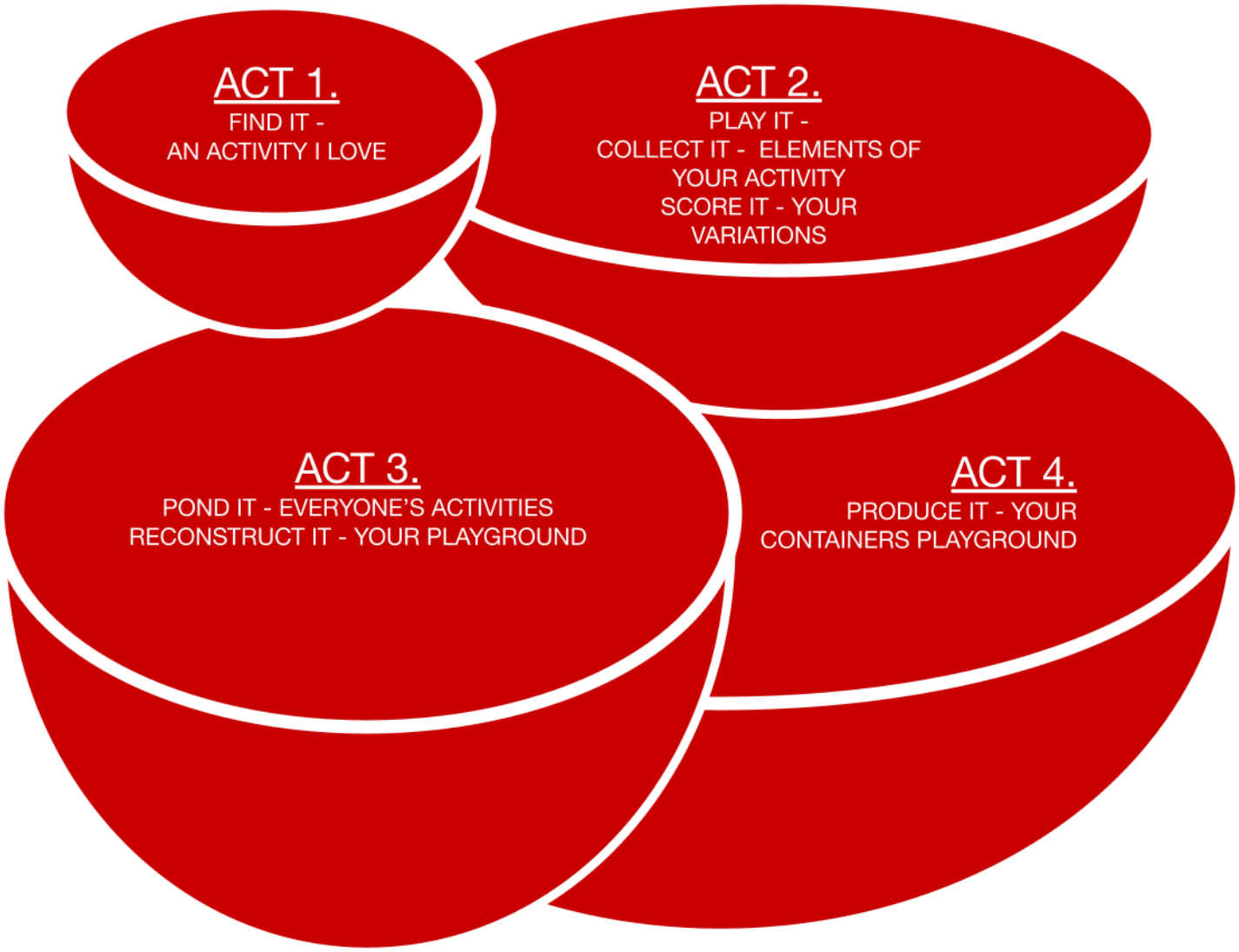
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PLAY IT - COLLECTING CONTAINERS

ZERO TO 100 / IT COLLECTION
REFLEXIVE APPROACH
VISUAL SCORE



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COMPOSE IT - A REFLEXIVE SCORE

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

ACT 1.

(Participants 1-100
Paper roll spread on the floor)
EYES CLOSED -
PERFORM AN EARWALK -
FAR/NEAR/INBETWEEN

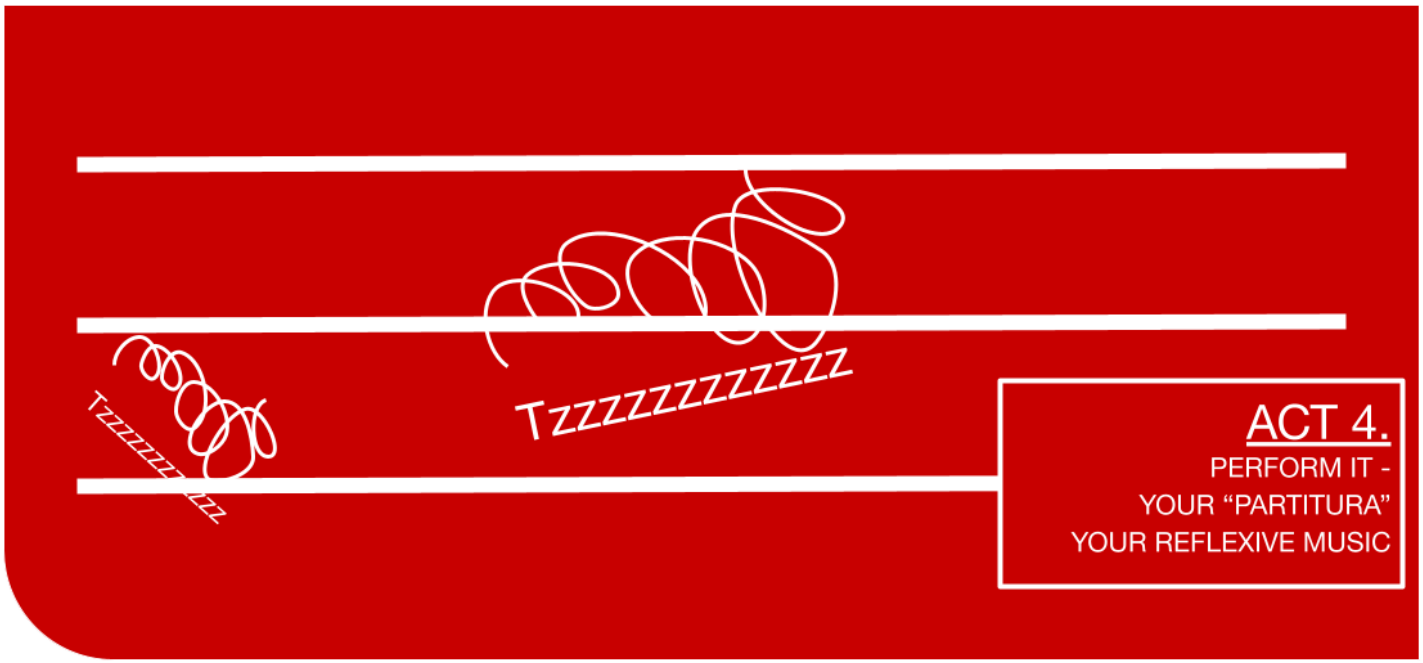
ACT 2.

CATCH IT - ONE SOUND (eyes closed)
COMPOSE IT - A REFLEXIVE NOTE

WHAT'S YOUR SOUND?	SING IT
PAINT IT	COMBINE IT ALL

ACT 3.

WALK / DON'T WALK
ADD IT - YOUR REFLEXIVE NOTE
(Wherever, how many times in relation to and without any relation to other notes accumulating)



ACT 4.

PERFORM IT -
YOUR "PARTITURA"
YOUR REFLEXIVE MUSIC

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Reflexive Exhibition

: a public show of something…

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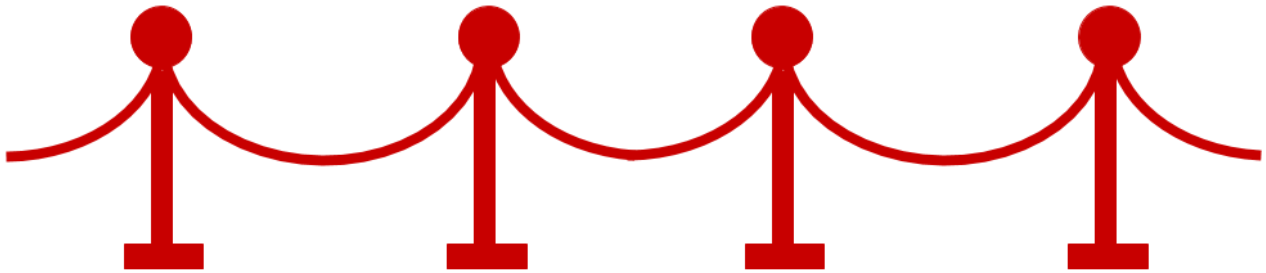
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EXHIBIT IT - CRUMPLE IT EXHIBITION

ZERTO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

ROOM 1.
A room filled with a giant crumple so one needs to crumple her/himself to go in and out
ROOM 2
Click Track, headphones of CRUMPLE IT and papers to perform it.
ROOM 3
A solo performance of 'I CRUMPLE' with spot, dark room
ROOM 4
Performance of WE CRUMPLE IT
ROOM 5
Soundproof room - CRUMPLE IT
Performance, people see but can not hear it.
ROOM 6
Invited by the host to add your crumple and hang it on a tree of crumples
ROOM 7
200$ fake crumpled in a pile on the corner
Iron the crumple in order to insert it into the EXIT door.

ROOM 8
CRUMPLE IT - Dance performance (improvisation)
ROOM 9
CRUMPLE IT CONFERENCE
A room with a table and a crumple is placed (like an artwork with a spot) in the middle, four chairs and an invitation for an official discussion
ROOM 10
Laundry rope with crumpled paper flatten hanging to dry and waiting to WORLD CRUMPLE IT
ROOM 11
Commissioning a lecture about 'CRUMPLE' (a chef, a teacher, a psychologies, a paper expert, anthropologist - crumpling paper in different cultures...etc.
ROOM 12
CRUMPLE IT = CRUMBLE IT
Cooking CRUMPLE IT food feast



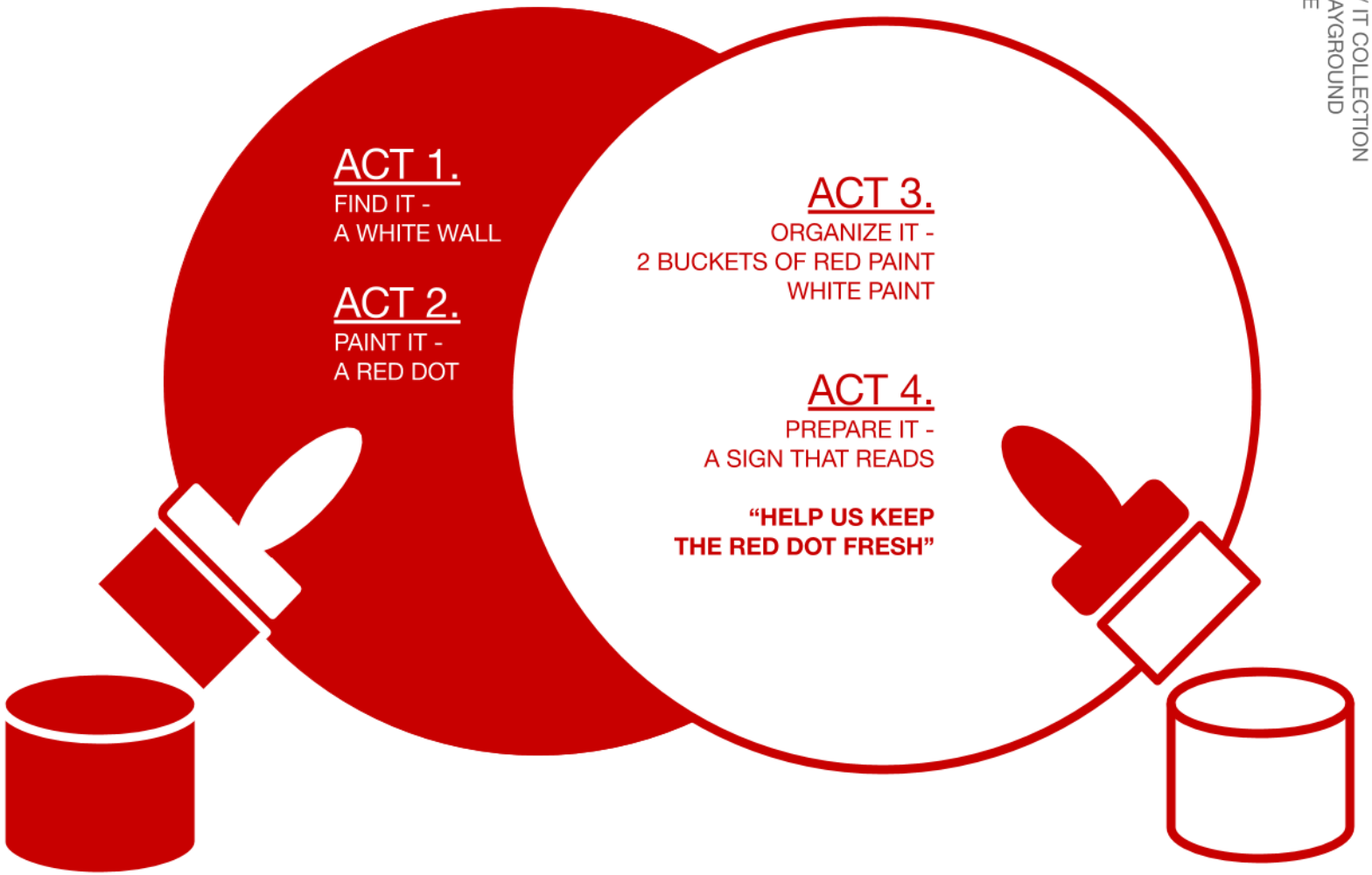
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EXHIBIT IT - RED DOT EXHIBITION

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE



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Reflexive Festival

: a special time or event
when people gather to celebrate something…

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PRODUCE IT - 'BLOWING STEAM' FESTIVAL

(For Gur Rotkop / Blowing Steam Reflex Ensemble)
ZERO TO 100 / IT COLLECTION
REFLEXIVE FESTIVAL
VISUAL SCORE

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PRODUCE IT - 'POMPA' FESTIVAL

ZERO TO 100 / IT COLLECTION
REFLEXIVE FESTIVAL
VISUAL SCORE

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PRODUCE IT - 'ULTRA-SOUND' FESTIVAL

ZERO TO 100 / IT COLLECTION
REFLEXIVE FESTIVAL
VISUAL SCORE

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PRODUCE IT - 'NEW VOICES' FESTIVAL

ZERO TO 100 / IT COLLECTION
REFLEXIVE FESTIVAL
VISUAL SCORE

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PRODUCE IT - 'PLAY IT BY EAR FESTIVAL'

ZERO TO 100 / IT COLLECTION
REFLEXIVE FESTIVAL
VISUAL SCORE

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Reflexive Operagames

: a dramatic work in one or more acts
that marks the occasion when people play…

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PRODUCE IT - 'CHAT OPERAGAME'

ZERO TO 100 / IT COLLECTION
REFLEXIVE OPERAGAME
VISUAL SCORE

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PRODUCE IT - 'DREAM COOK JUMP' - CITY OPERAGAME_#1

ZERO TO 100 / IT COLLECTION
REFLEXIVE OPERAGAME
VISUAL SCORE



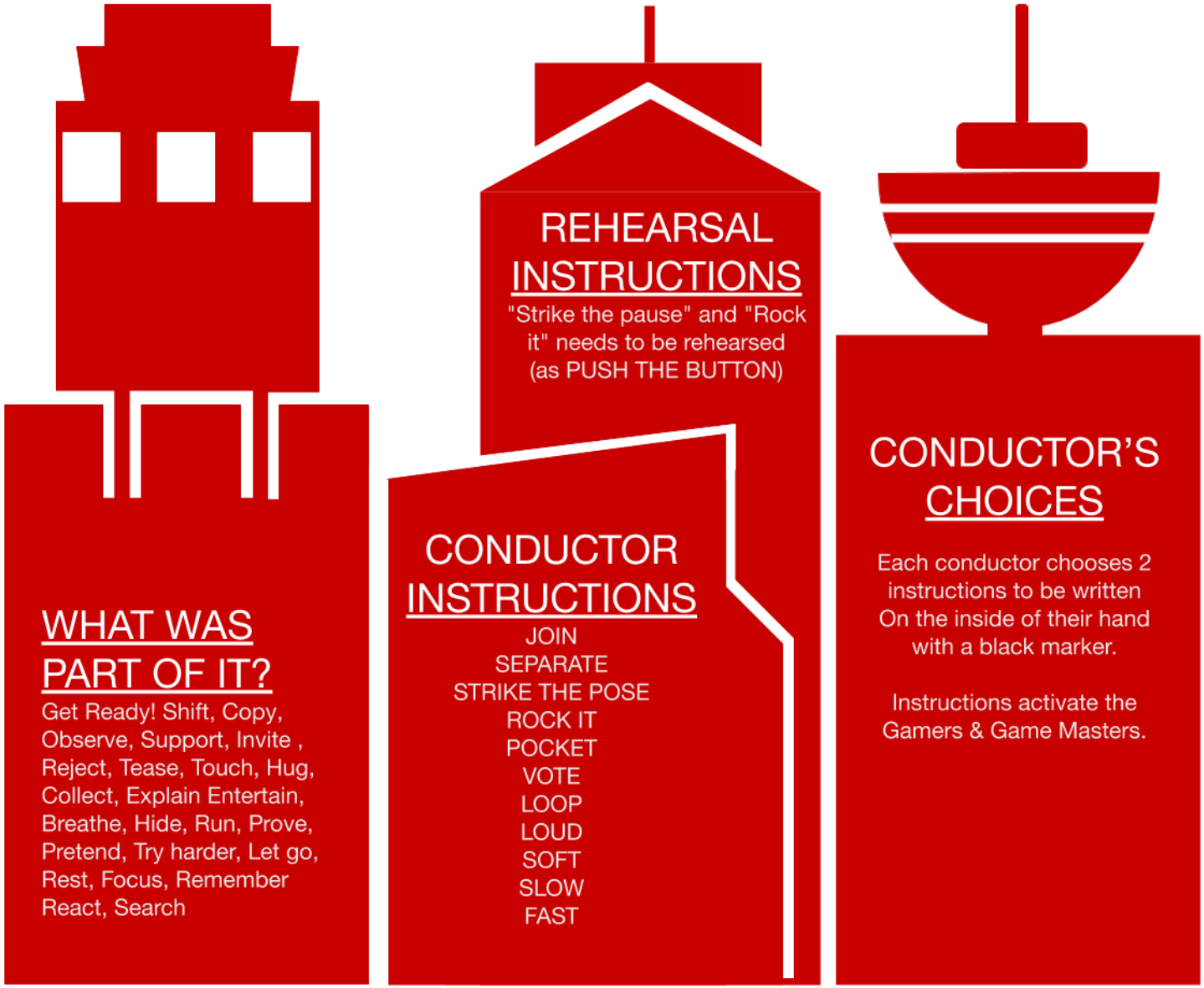
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PRODUCE IT - 'DREAM COOK JUMP' - CITY OPERAGAME_#2

ZERO TO 100 / IT COLLECTION
REFLEXIVE OPERAGAME
VISUAL SCORE



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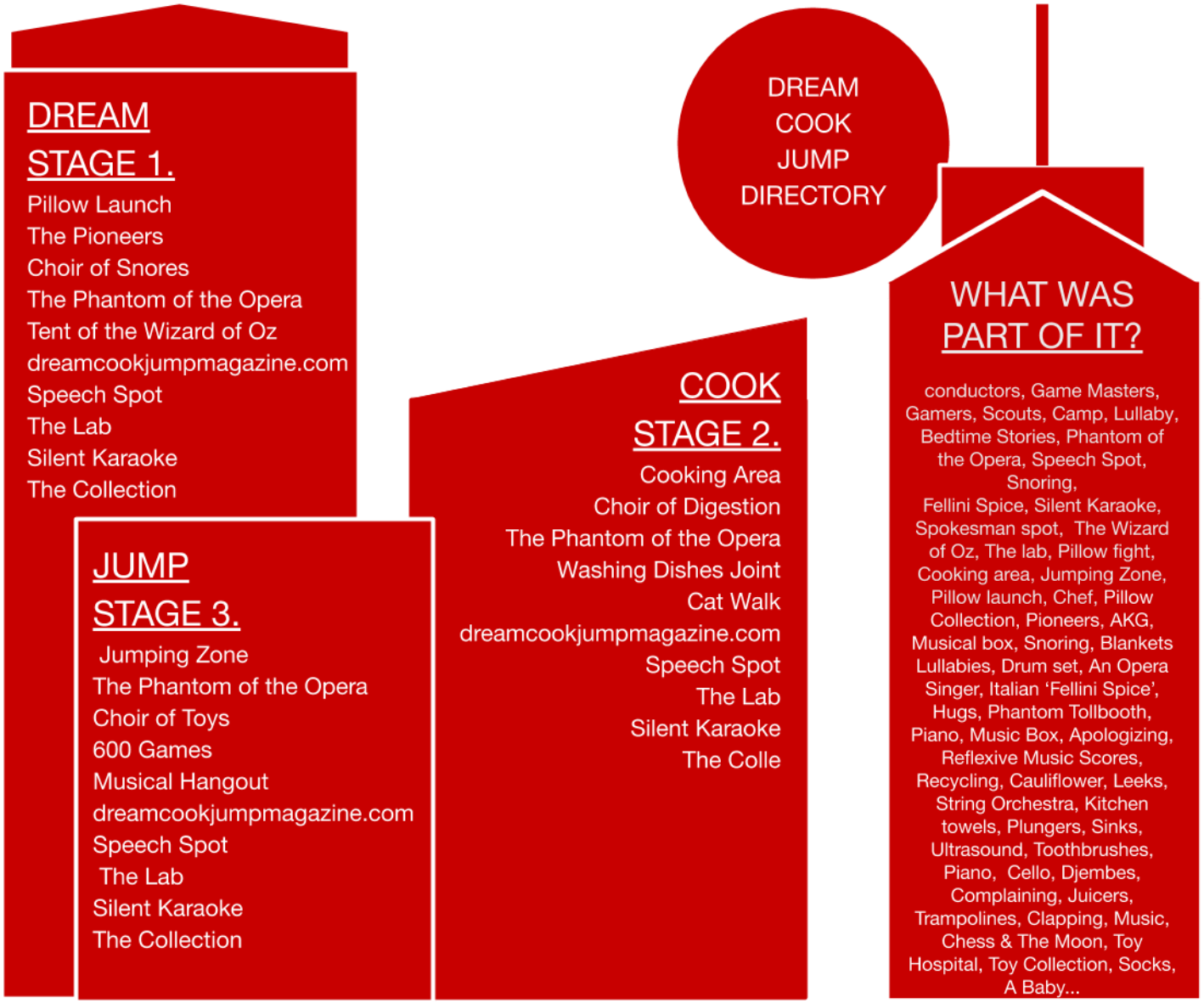
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PRODUCE IT - 'DREAM COOK JUMP' - CITY OPERAGAME_#3

ZERO TO 100 / IT COLLECTION

REFLEXIVE OPERAGAME

VISUAL SCORE



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PRODUCE IT - 'DREAM COOK JUMP' - CITY OPERAGAME_#4

ZERO TO 100 / IT COLLECTION
REFLEXIVE OPERAGAME PERFORMANCE
INVISIBLE SCORE 2014



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PRODUCE IT - 'ALICE' A CAFETERIA OPERAGAME #1

(For: Giorgia Ghizzoni)
REFLEXIVE OPERAGAME
VISUAL SCORE

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PRODUCE IT - 'ALICE' A CAFETERIA OPERAGAME #2

(For: Giorgia Ghizzoni)
REFLEXIVE PLAYGROUND
VISUAL SCORE

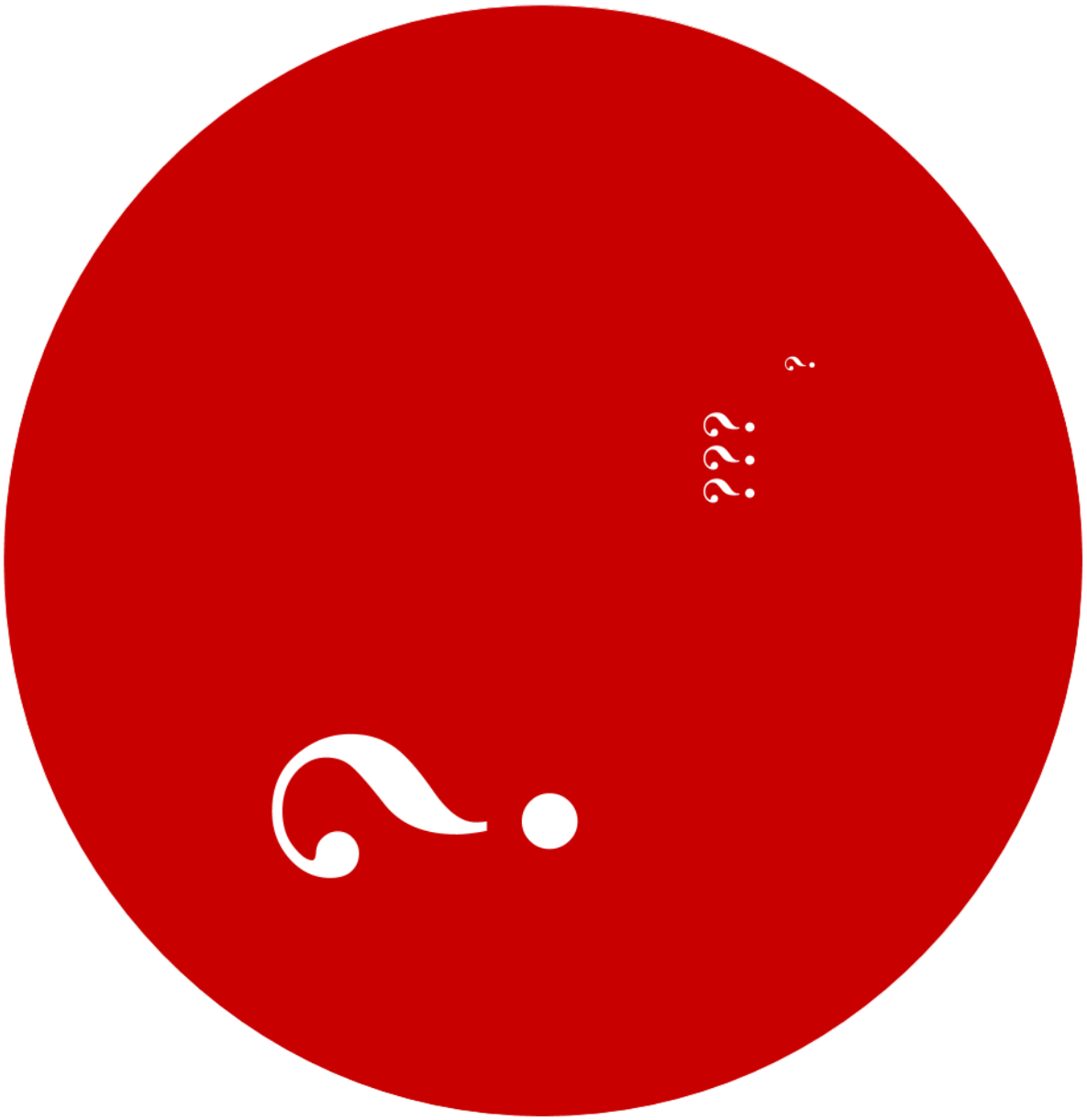
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PRODUCE IT - ‘GO FOR IT’ GIRL! - SUPPER SISTERS OPERAGAME

ZERO TO 100 IT / COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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Reflexive Cooking

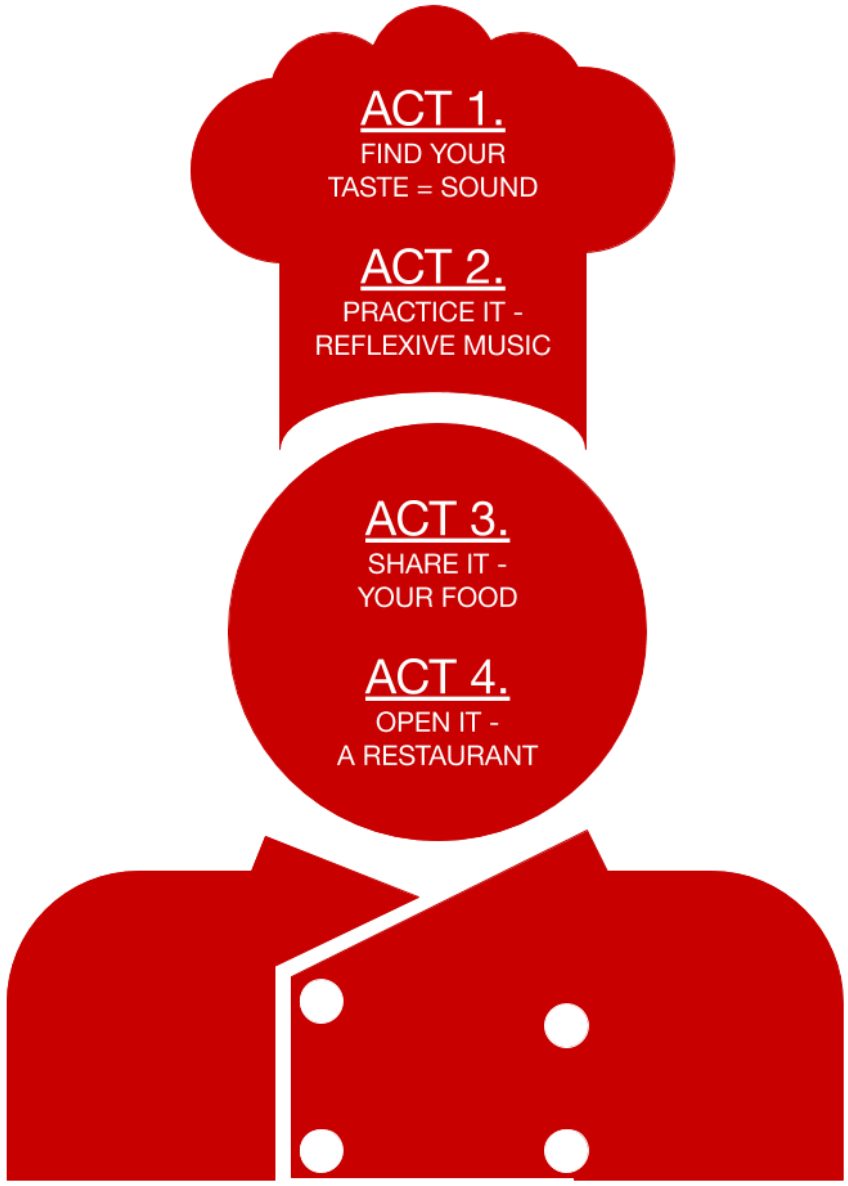
: combining and heating the ingredients
in various ways…

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COOK IT - MUSIC

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



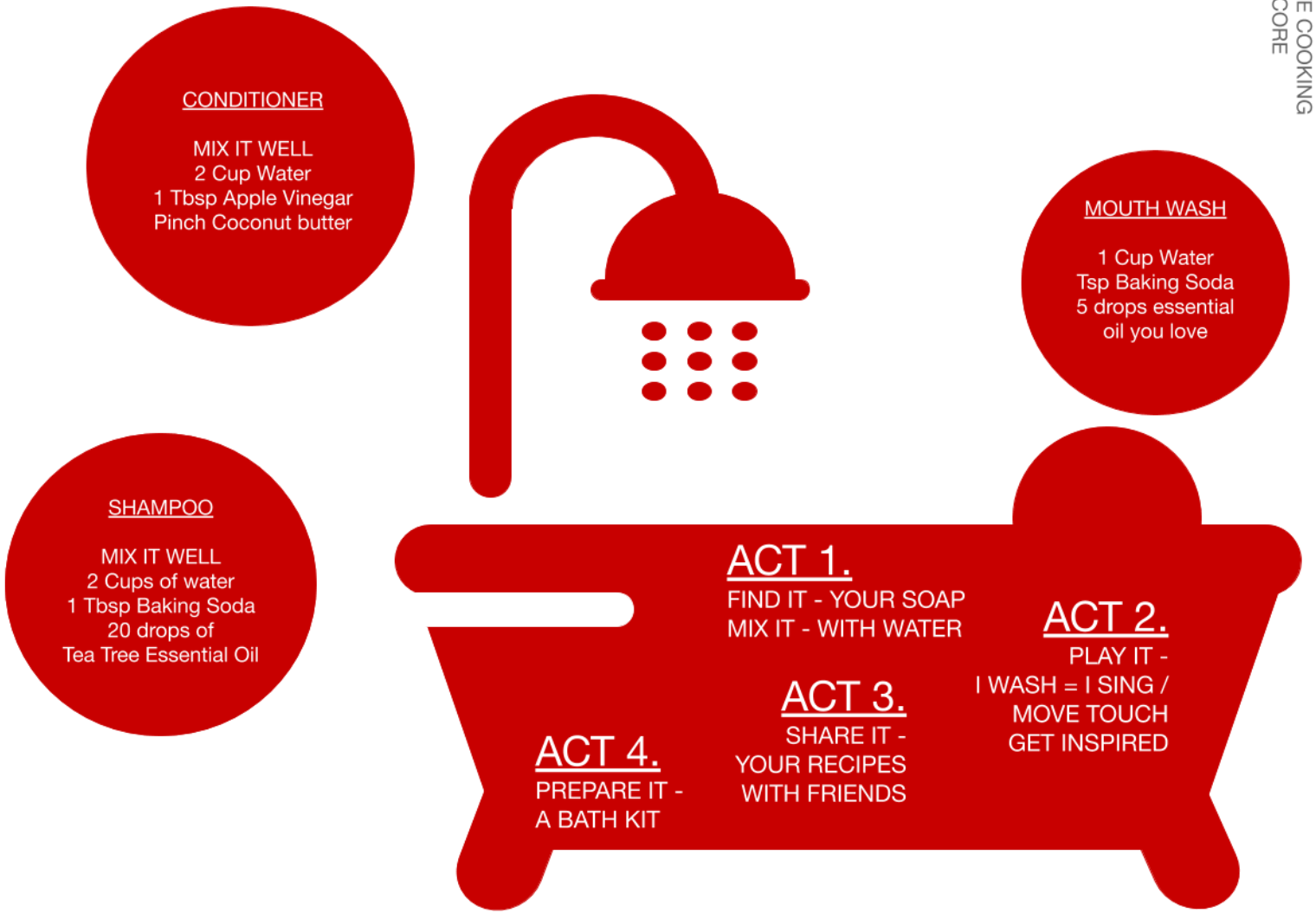
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BATHE IN IT

(For Katariin Kari)
ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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BEAT IT - A FRITTATA

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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BOIL IT - COFFEE

(For one of a kind Arik Shapira)
ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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BAKE IT - CAKE

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

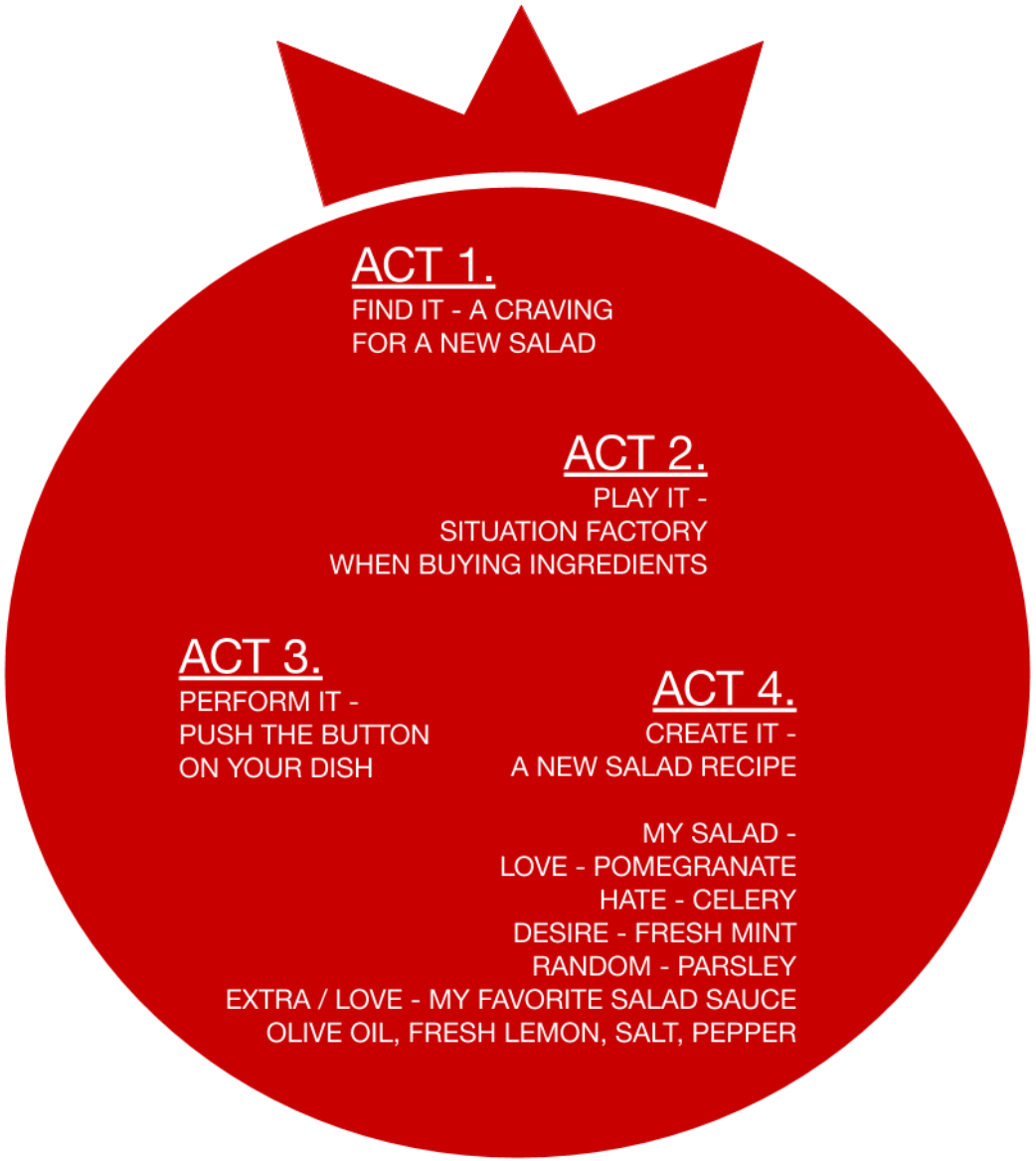


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SPIN IT - SITUATION FACTORY SALAD

ZERO TO 100 / IT COLLECTION
REFLEXIVE / COOKING
VISUAL SCORE

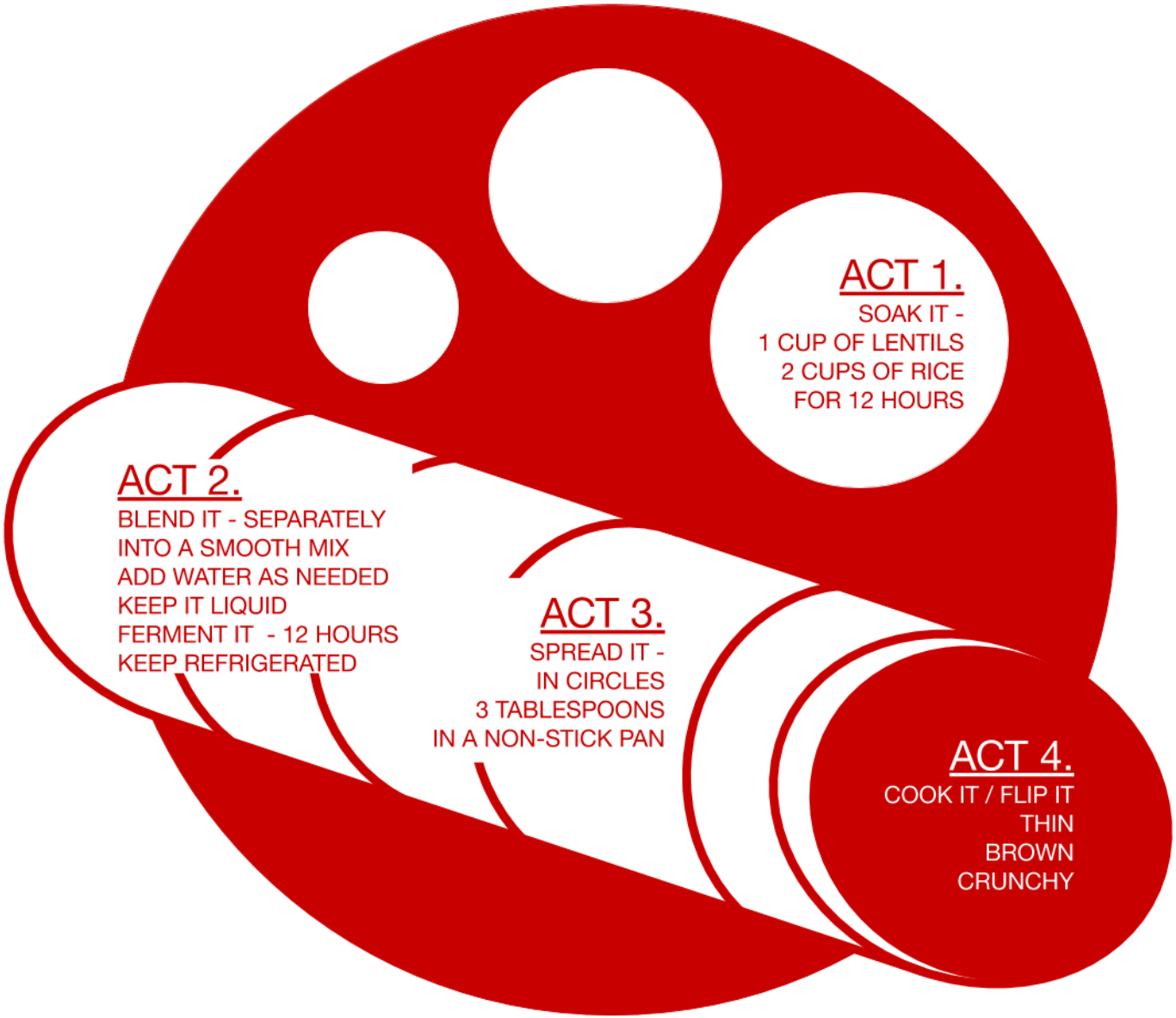


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FERMENT IT - A DOSA

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE



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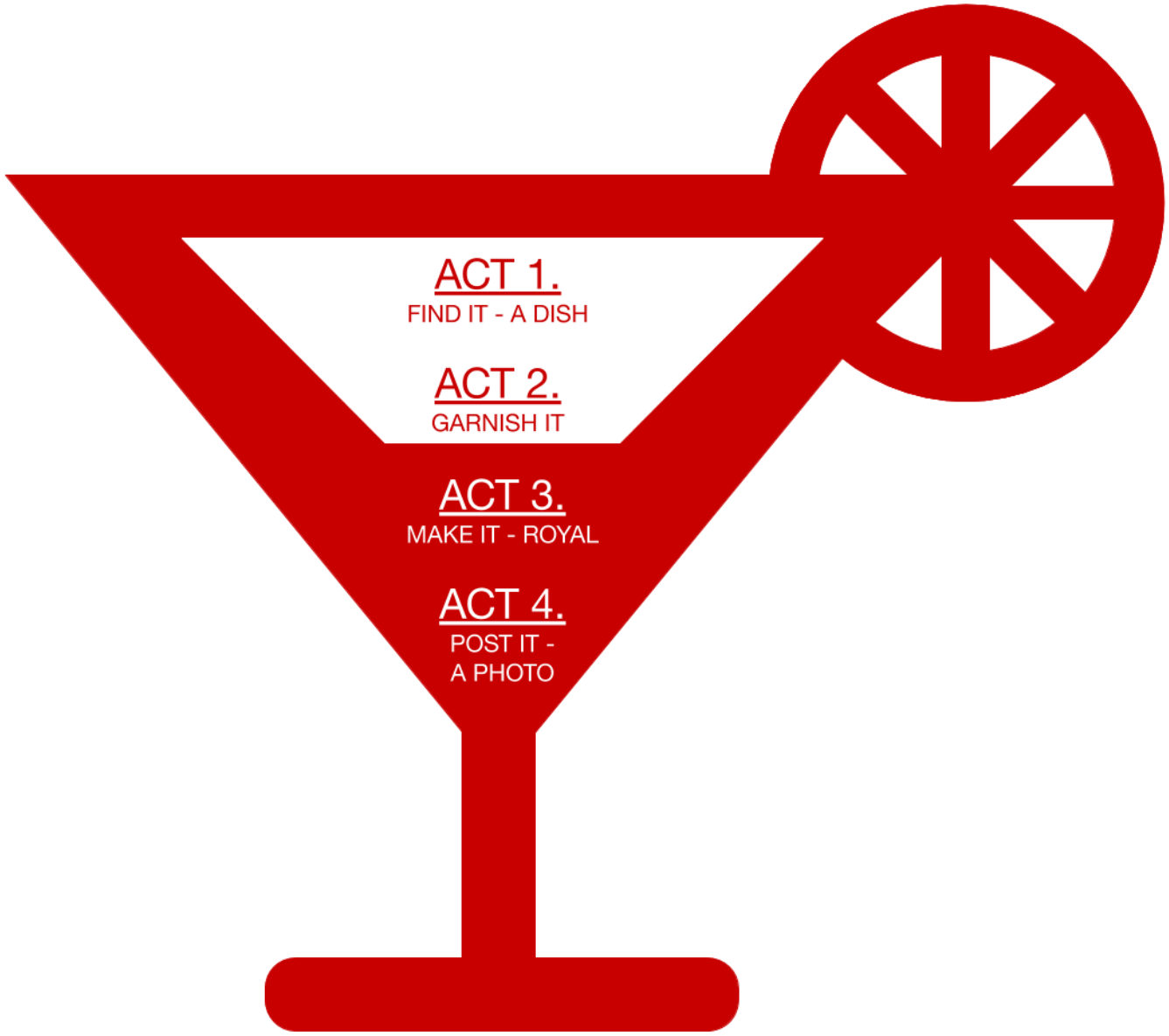
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GARNISH IT

ZERO TO 100 / IT COLLECTION

REFLEXIVE COOKING

VISUAL SCORE



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HEAL IT - YOUR MINDBODY

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

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KICK IT - 'FOODBALL'

ZERO TO 100 IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

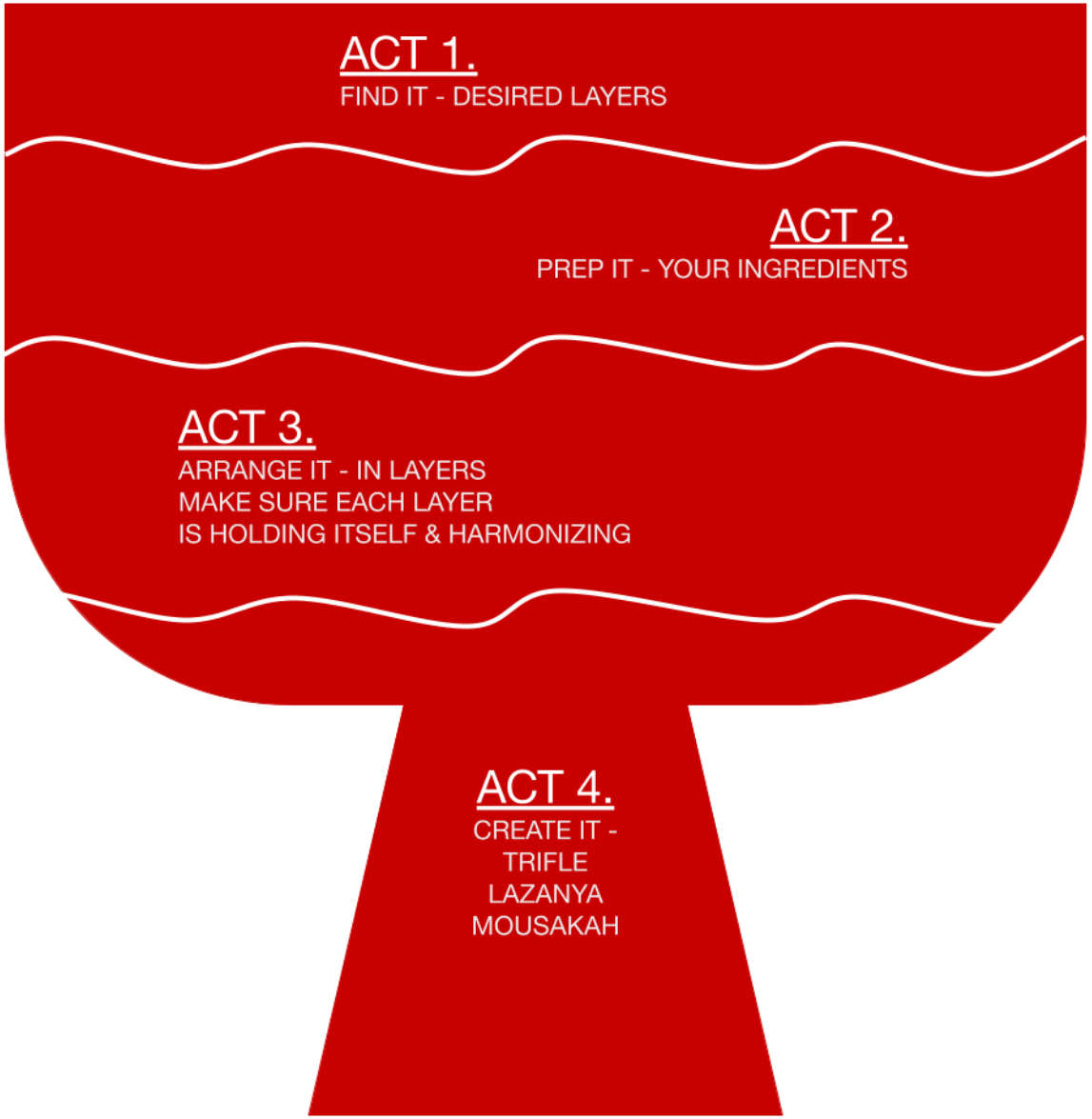


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HARMONIZE IT - A TRIFLE

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

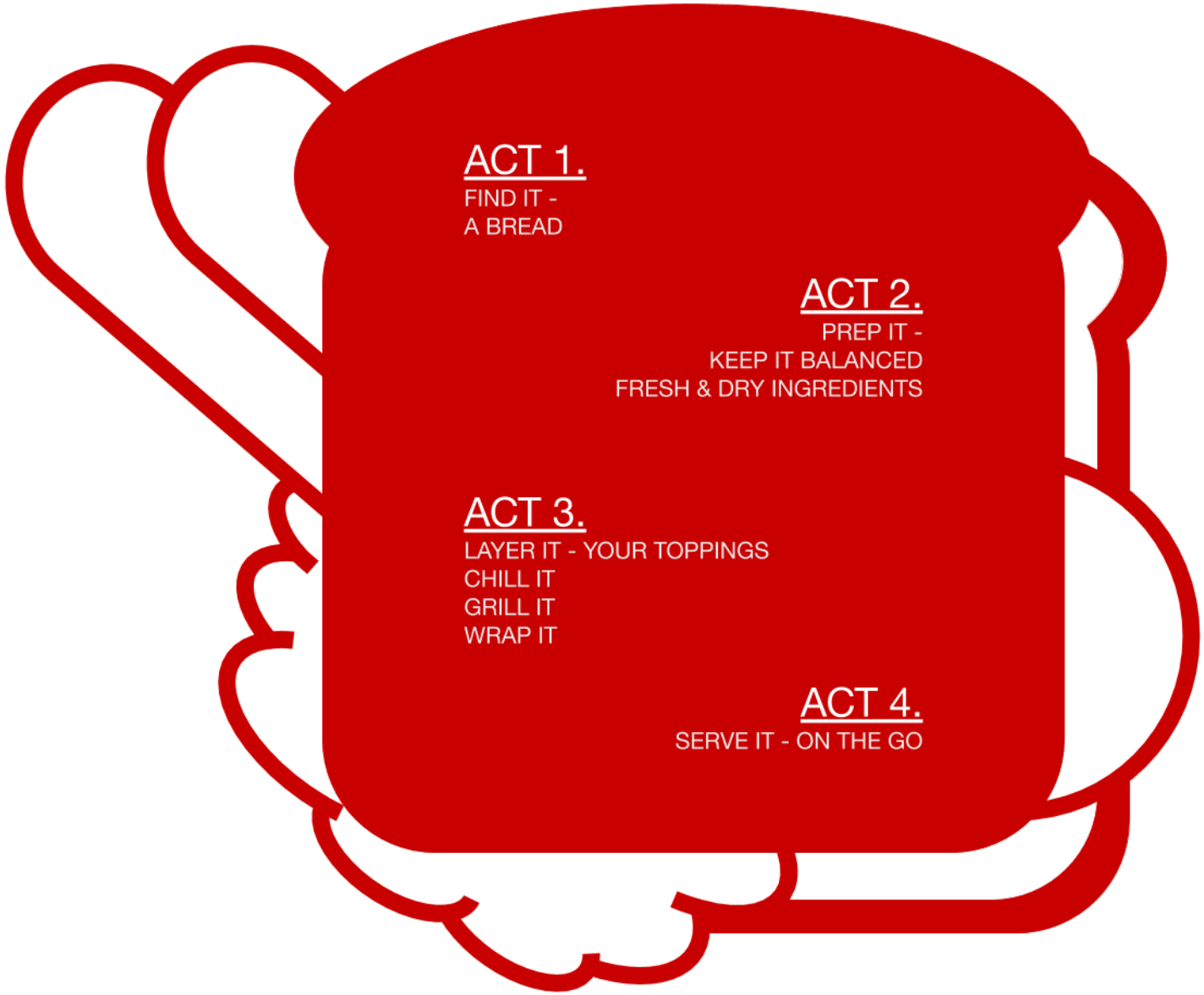


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LAYER IT - A SANDWICH

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REFLEXIVE COOKING
VISUAL SCORE



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LET IT RISE - BREAD

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

ACT 1.

FIND IT - A FLOUR

ACT 2.

2 CUP STARTER
1.5 CUP WARM WATER
3 CUPS OF FLOUR
MIX IT ALL
LET IT BUBBLE

ACT 3.

ADD IT -
SILAN / SALT
GRAINS / SPICES /
FLAVORS
MIX IT ALL
LET IT RISE

FOLD IT
FIRM IT

ACT 4.

BAKE IT -
OUTSIDE - CRISP
INSIDE DRY

CHILL IT
LET IT REST

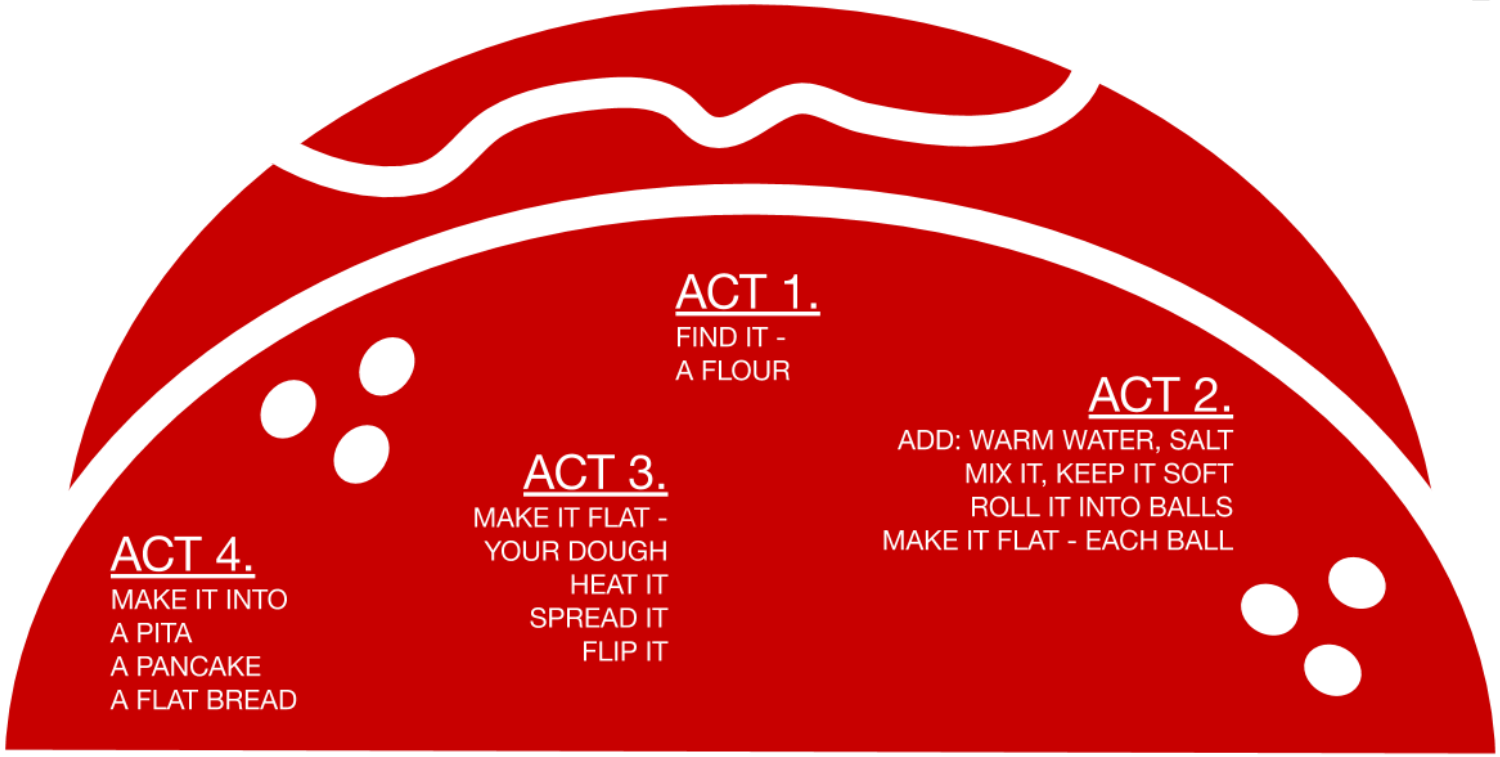
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WRAP IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

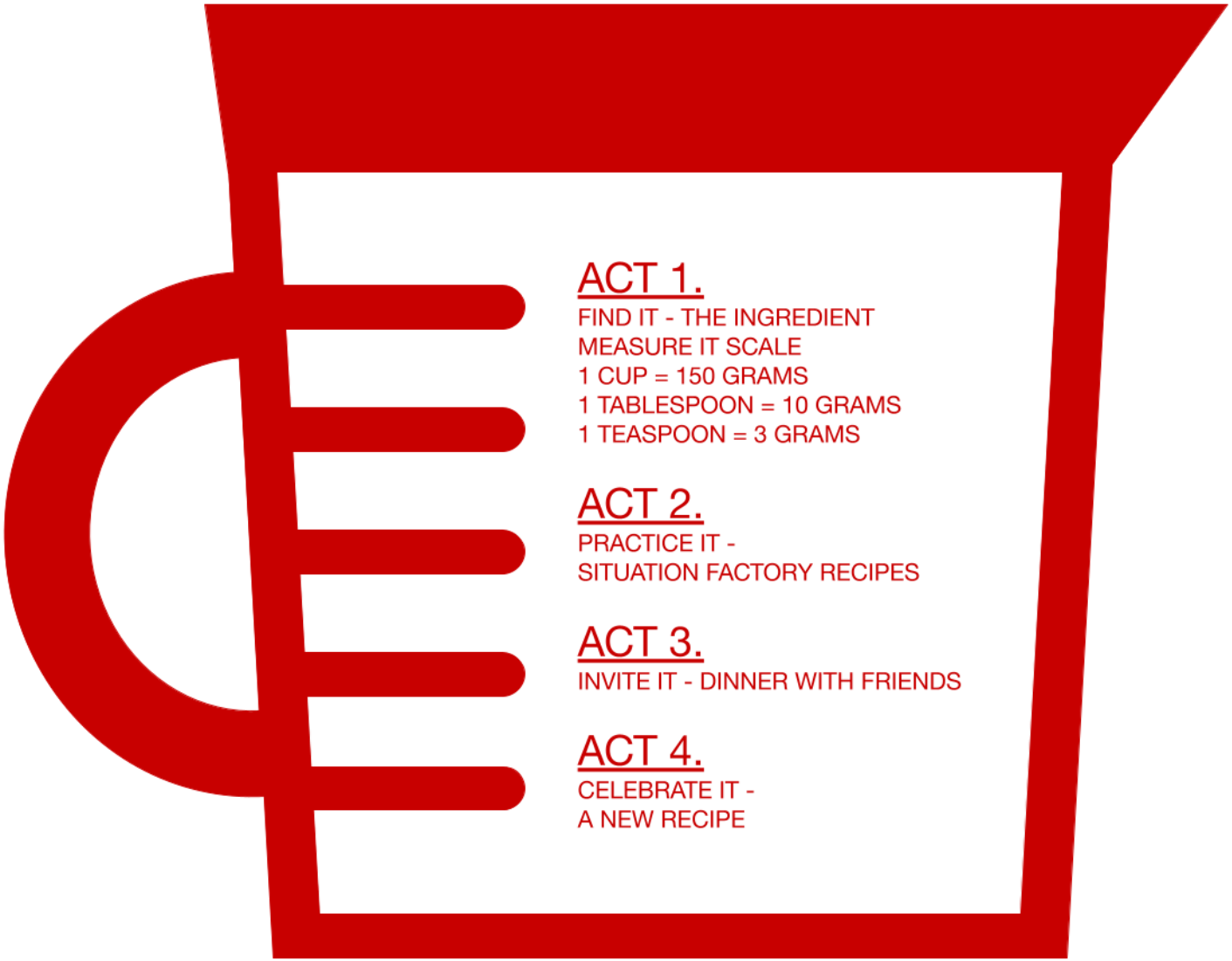


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MEASURE IT - TO CUP

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



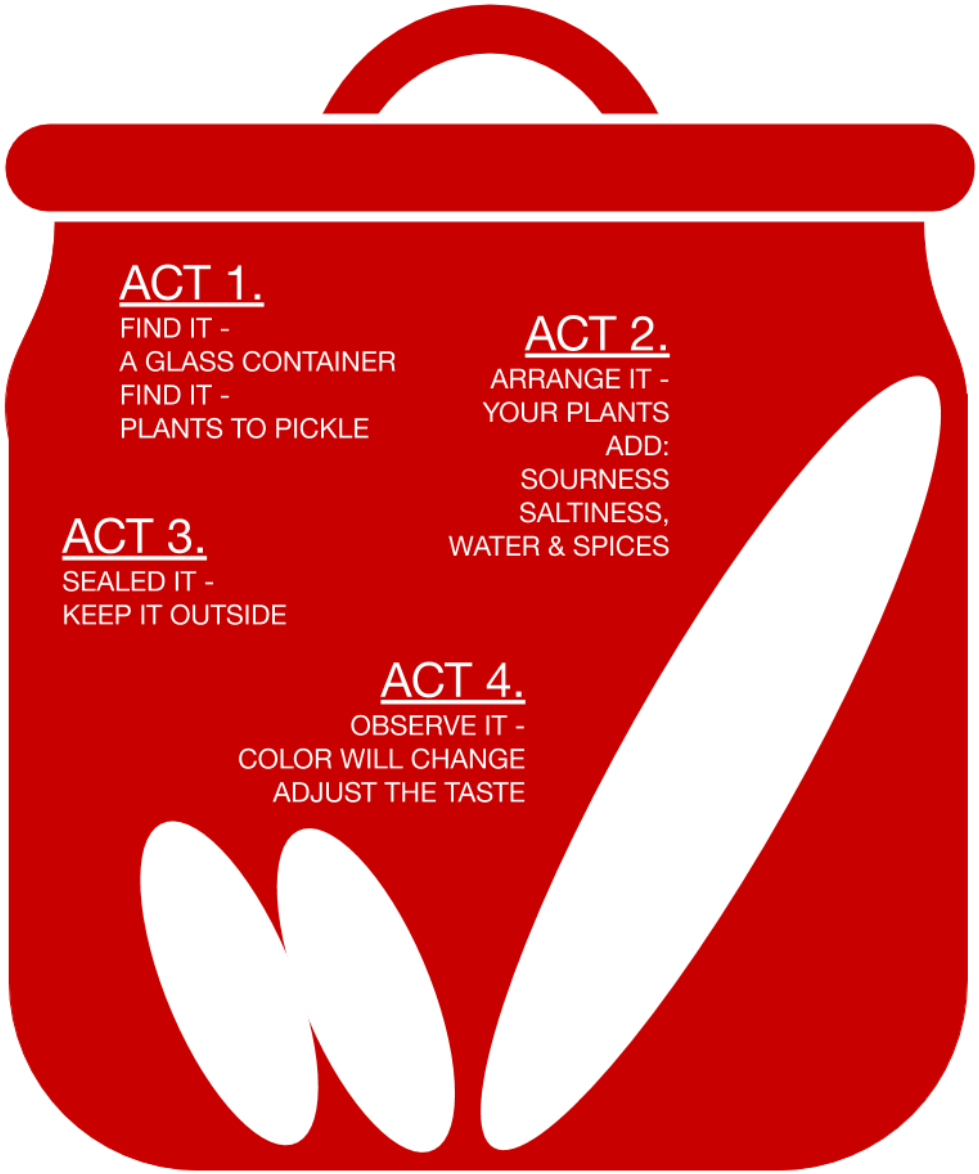
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PICKLE IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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POACH IT - SHAKSHUKA

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

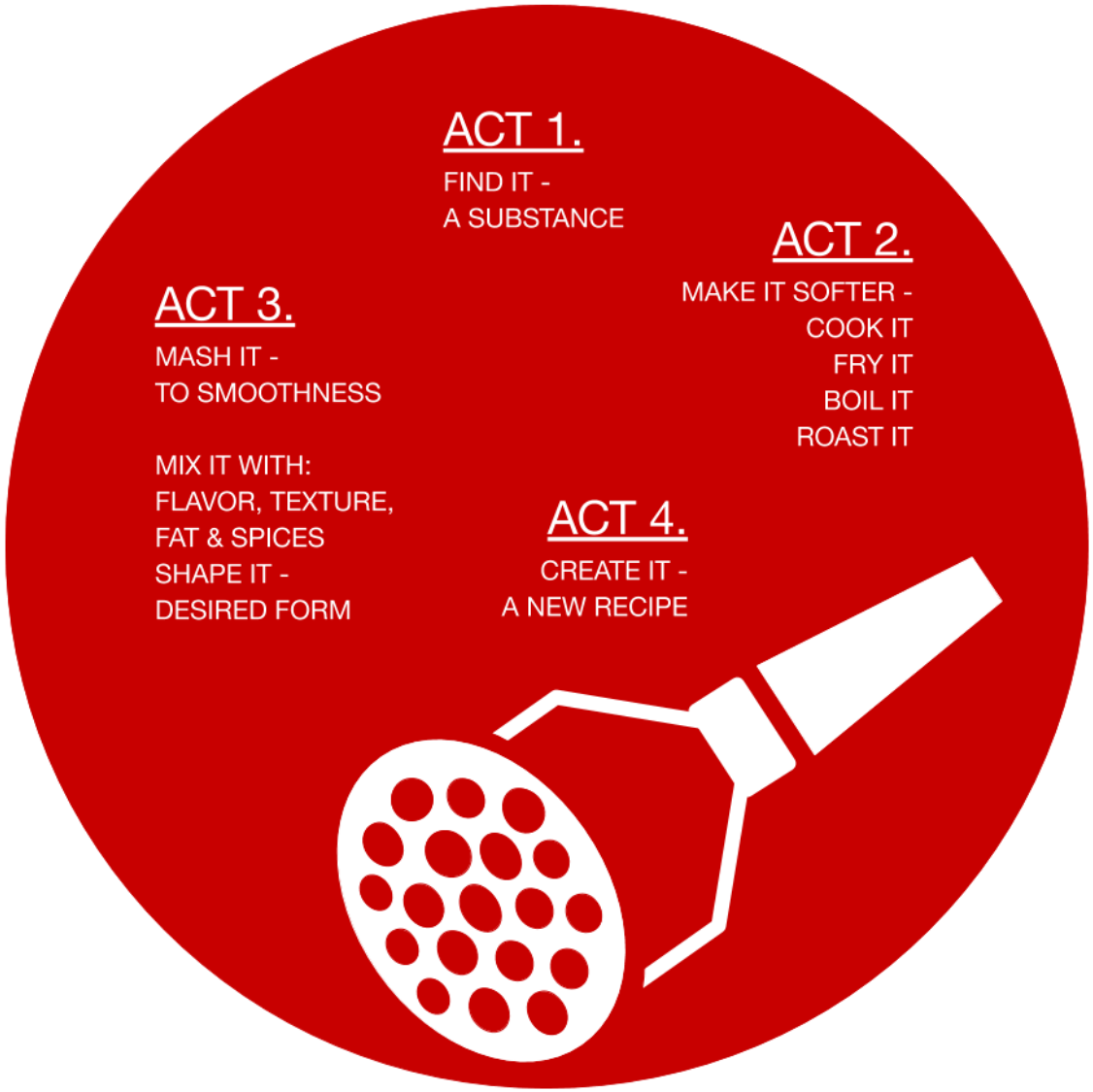
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MASH IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

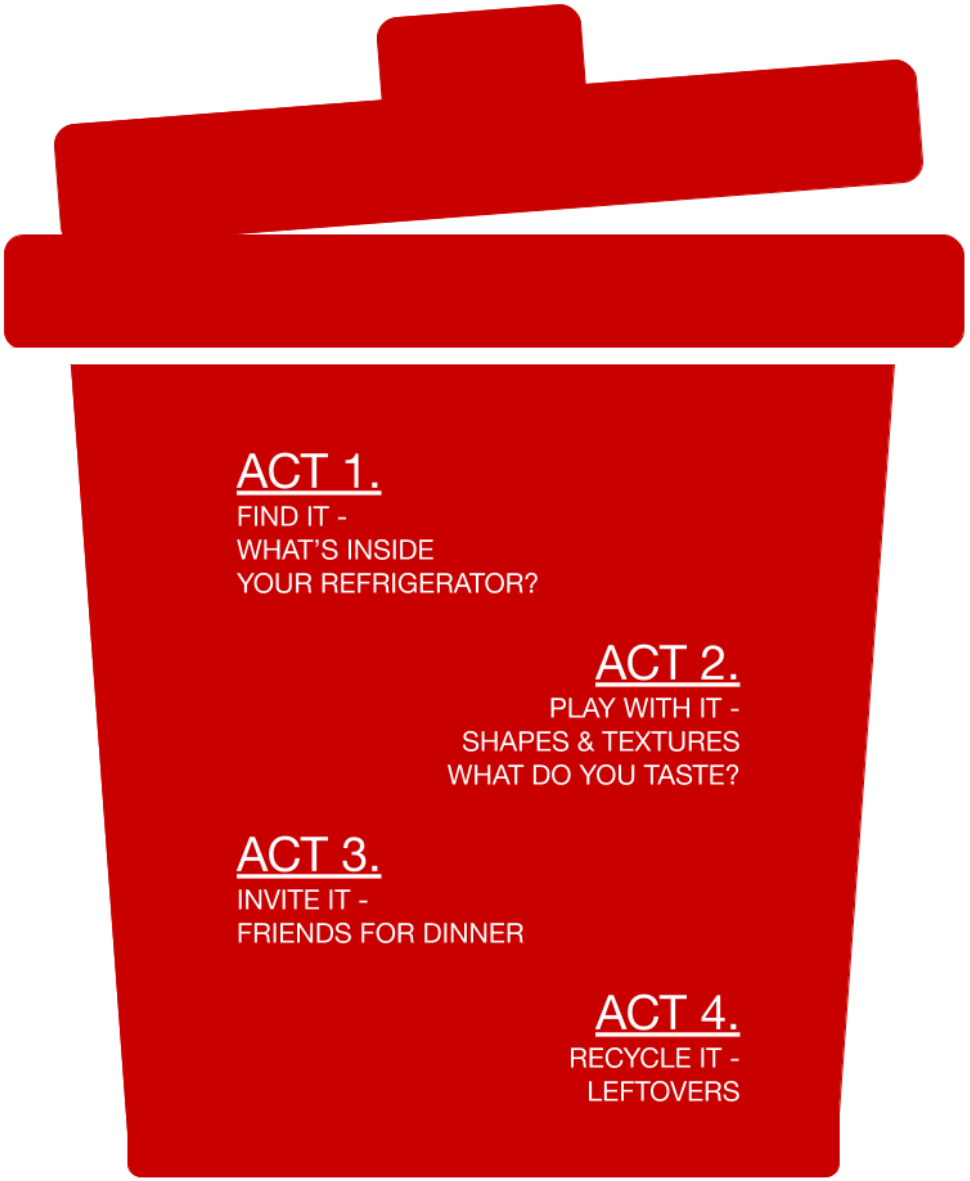


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RECYCLE IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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ROAST IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



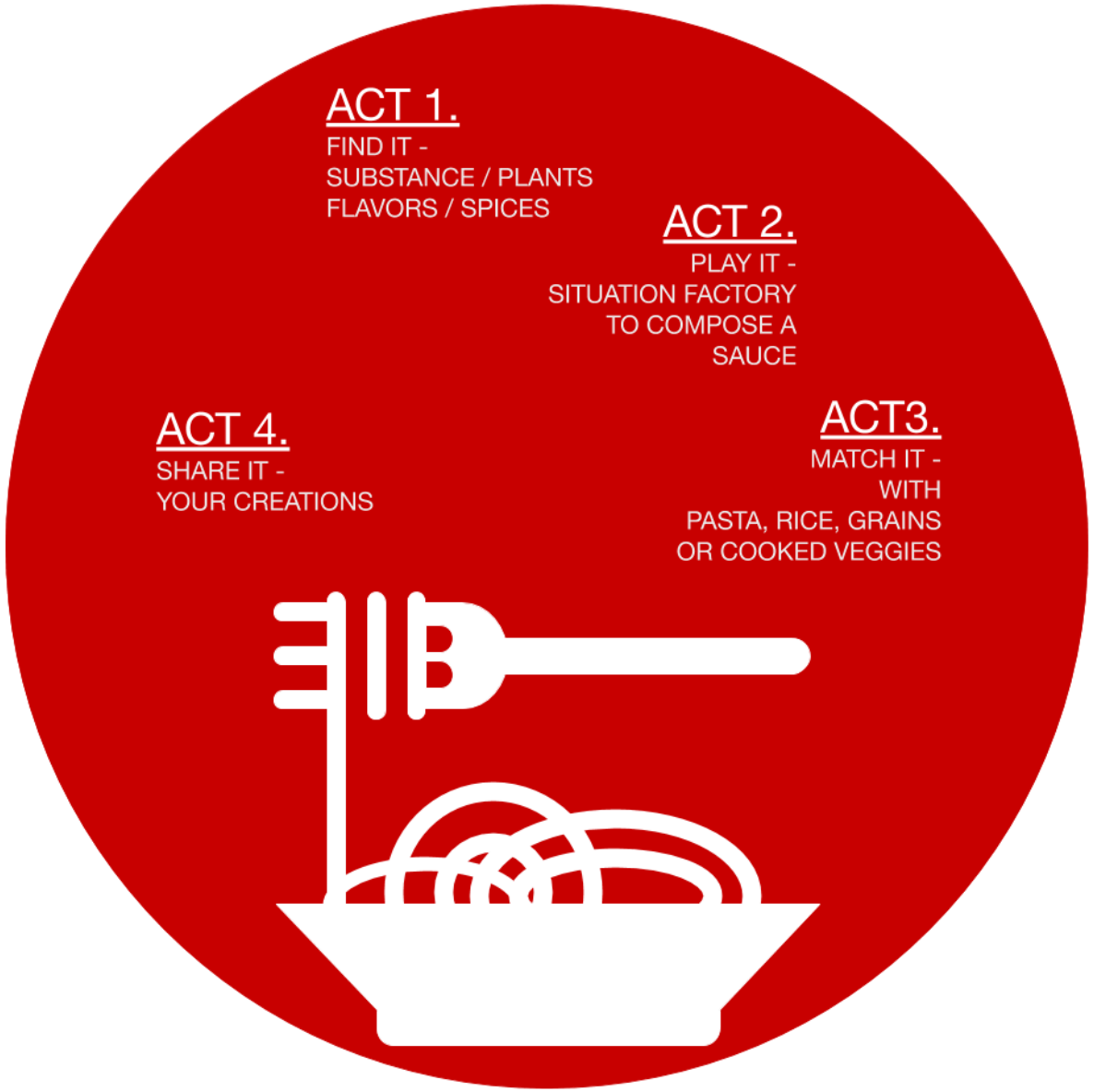
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SAUCE IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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SAUTE IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORES

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INVITE IT - MYSELF TO DINNER

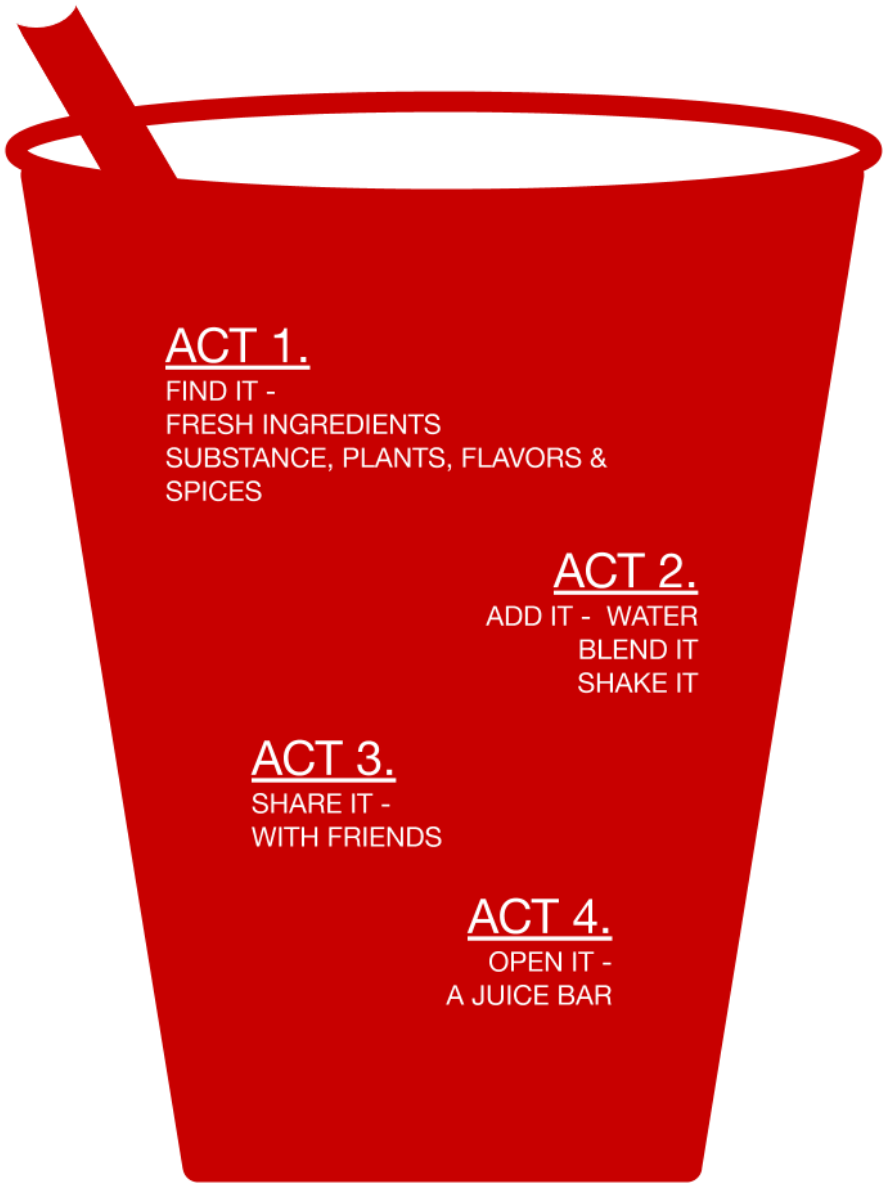
ZERO TO 100 IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE 2018

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SHAKE IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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SOUP IT - LENTILS

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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SPICE IT - LIFE

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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SPREAD IT - LOVE

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

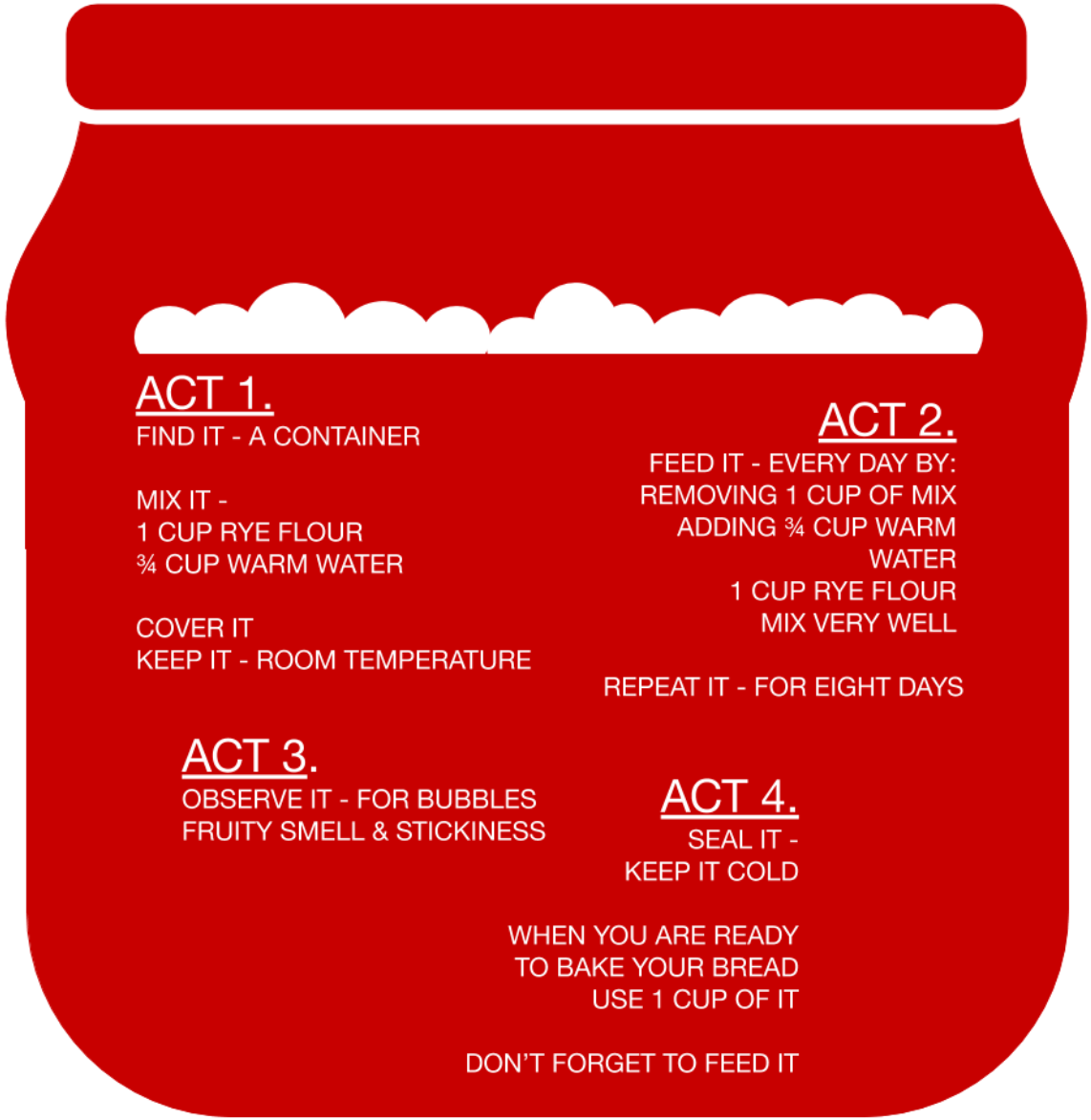


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START IT - A ROOT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

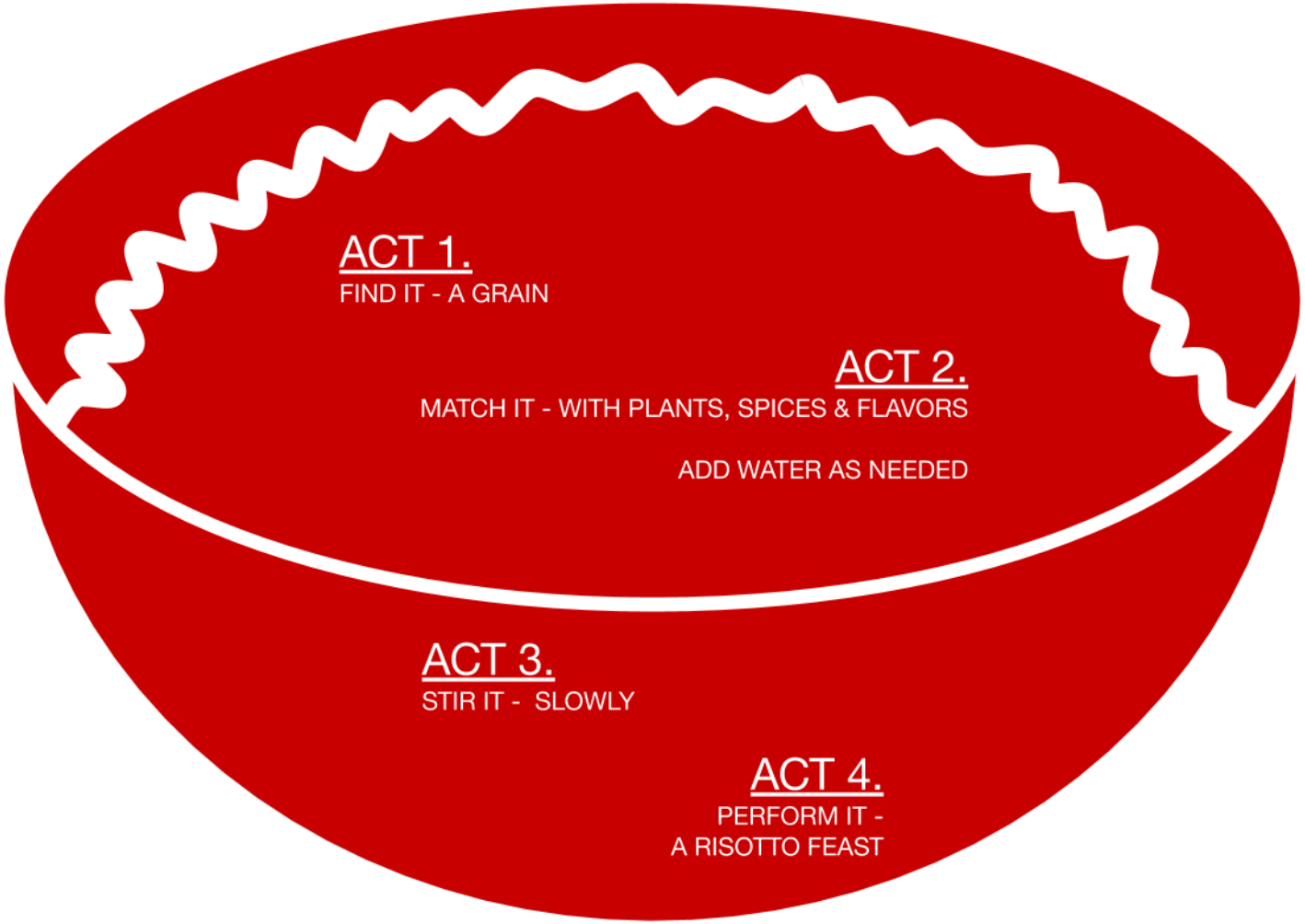


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STIR IT - A RISOTTO

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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STORE IT - A PANTRY

ZERO TO 100 /IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

ACT 1.

FIND IT -
WHAT'S IN YOUR PANTRY?

ACT 2.

PLAY WITH IT -
THE TASTE
I WANT TO SENSE



ACT 3

STORE IT -
GOOD INGREDIENTS

MY PANTRY:
PORTUGUESE SALT
MIDDLE EAST OLIVE OIL
COCONUT BUTTER & SUGAR
VINEGAR - VARY
SILAN, HONEY
DRY: TURMERIC, CUMIN,
SWEET PAPRIKA,
CINNAMON, PEPPER
FRESH: PARSLEY, CILANTRO,
LEMON, GARLIC,
TOMATO PASTE
EGGS. COCOA
FLOUR; RYE, SPELT, ALMOND, CHICKPEAS,
TAPIOCA,
LENTILS, RICE, PASTA
FRESH VEGETABLES

ACT 4.

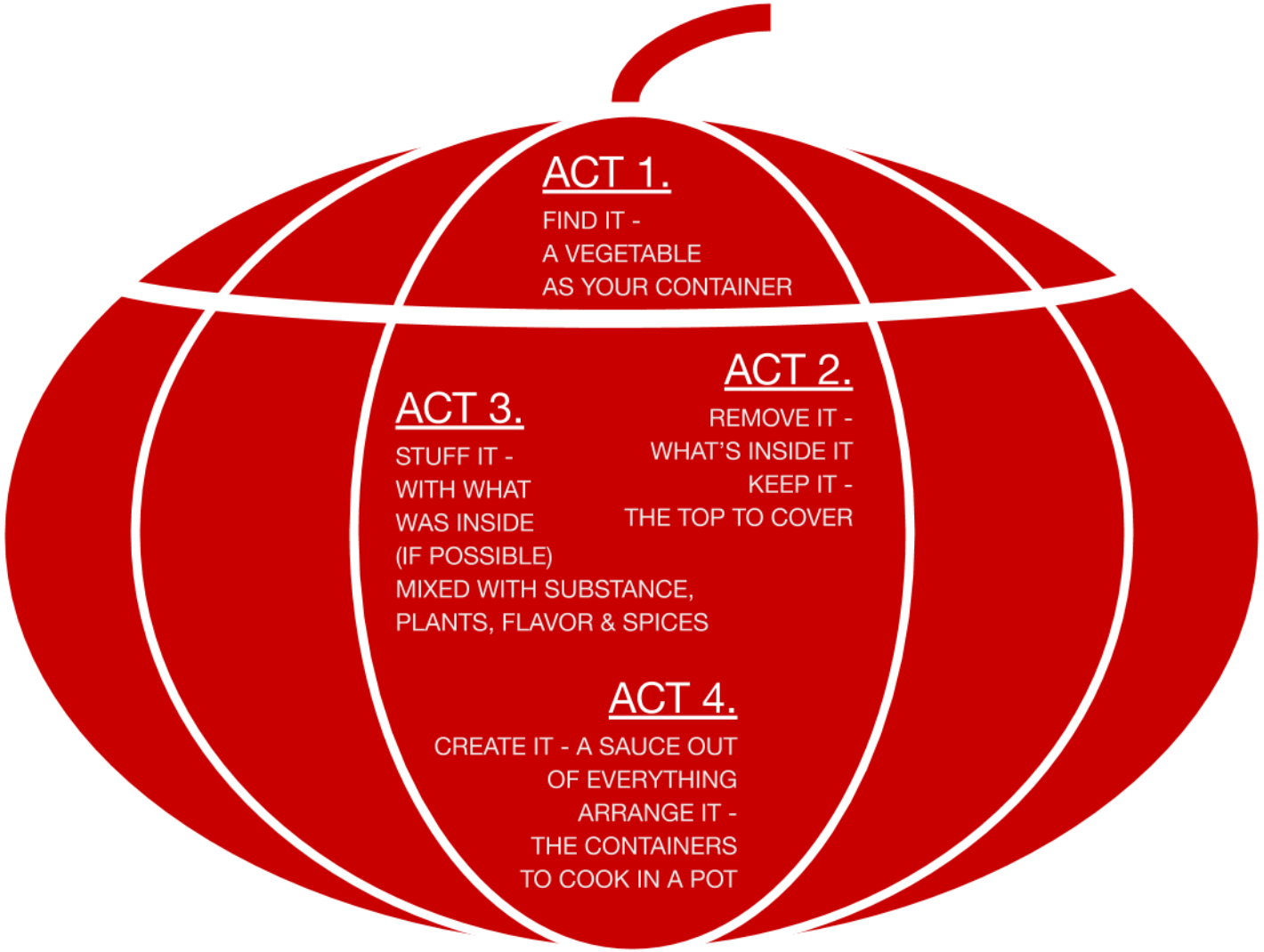
CREATE IT -
YOUR OWN VARIATION

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STUFF IT - VEGGIES

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



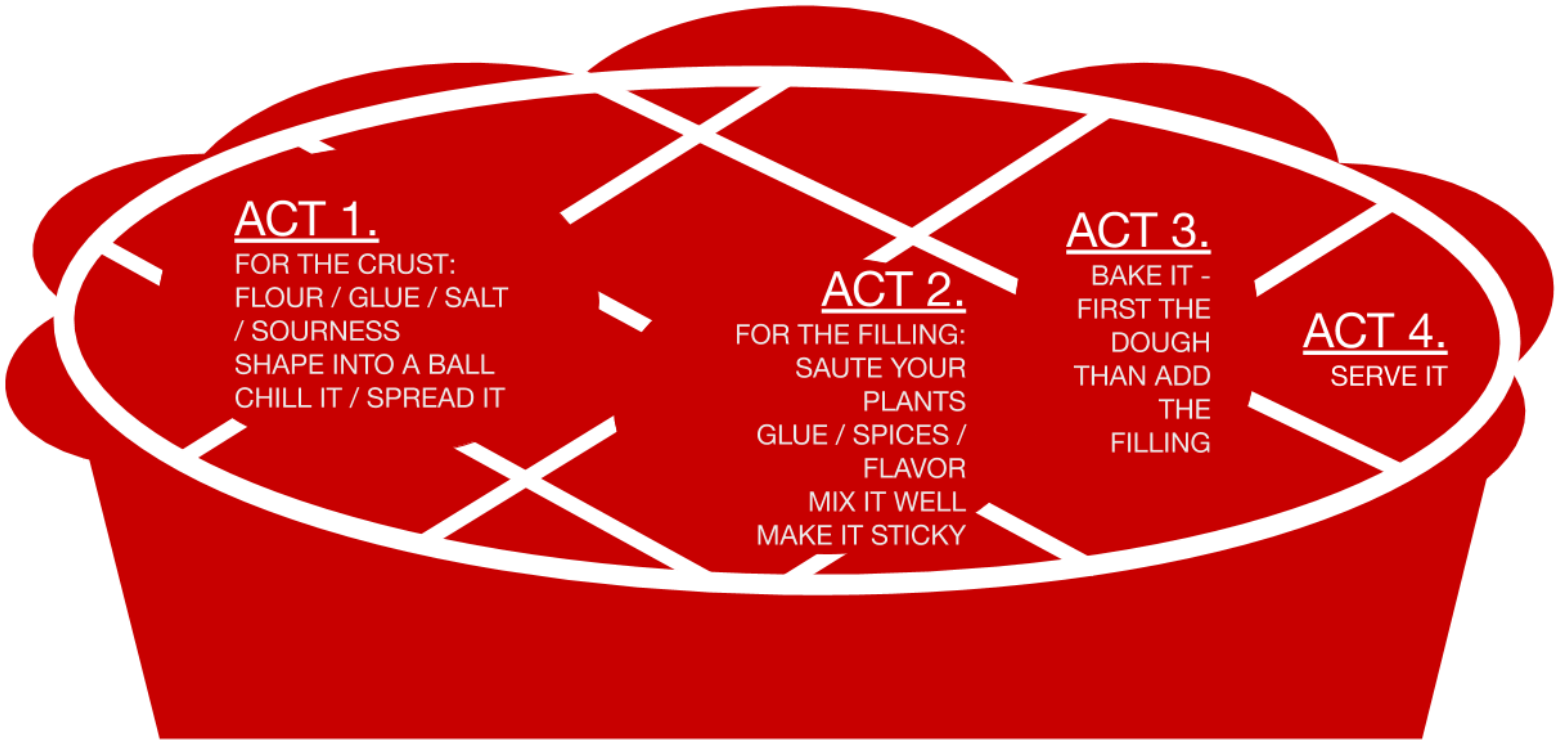
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TART IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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PREP IT - INGREDIENTS

ZERO TO 100 / IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE

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Reflexive Reality

: the actual state of things,
or the facts involved in such a state…

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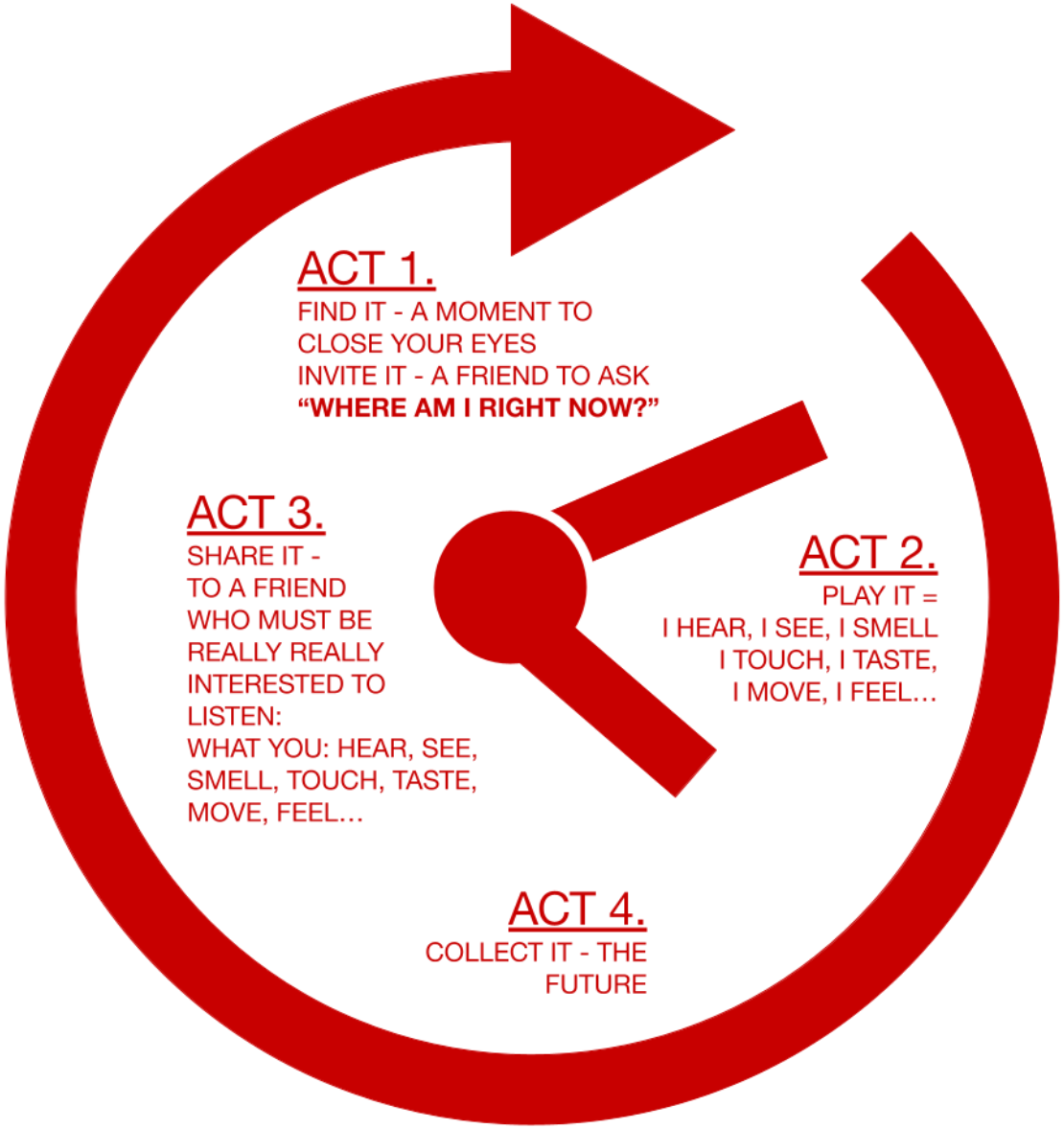
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REFLEX IT - YOUR REALITY

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

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COLLECT IT - THE FUTURE
REFLEXIVE THERAPY
VISUAL SCORE



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HOLD IT - LOOSENESS

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

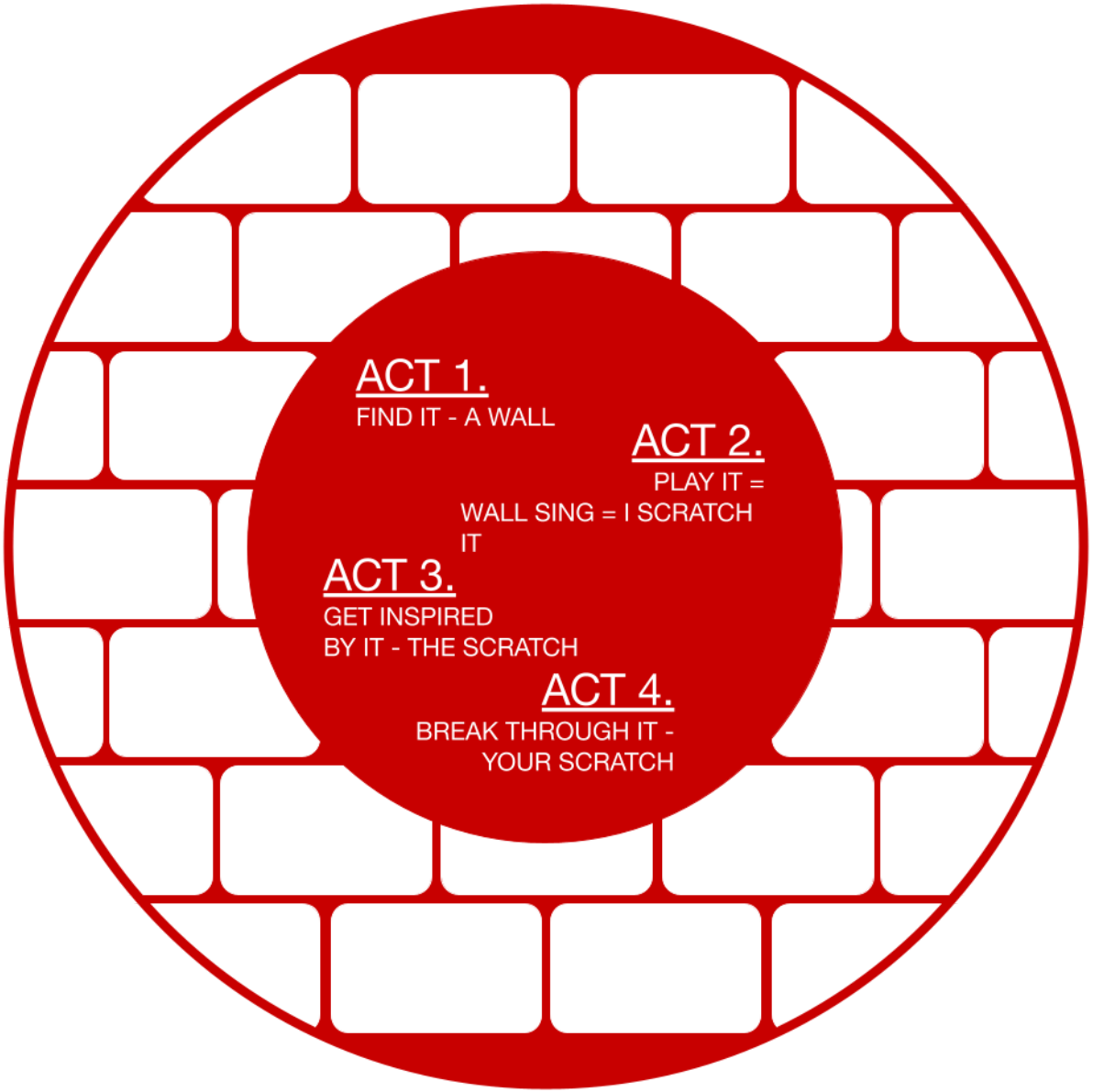


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BREAK IT - THE WALL

0-100 IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

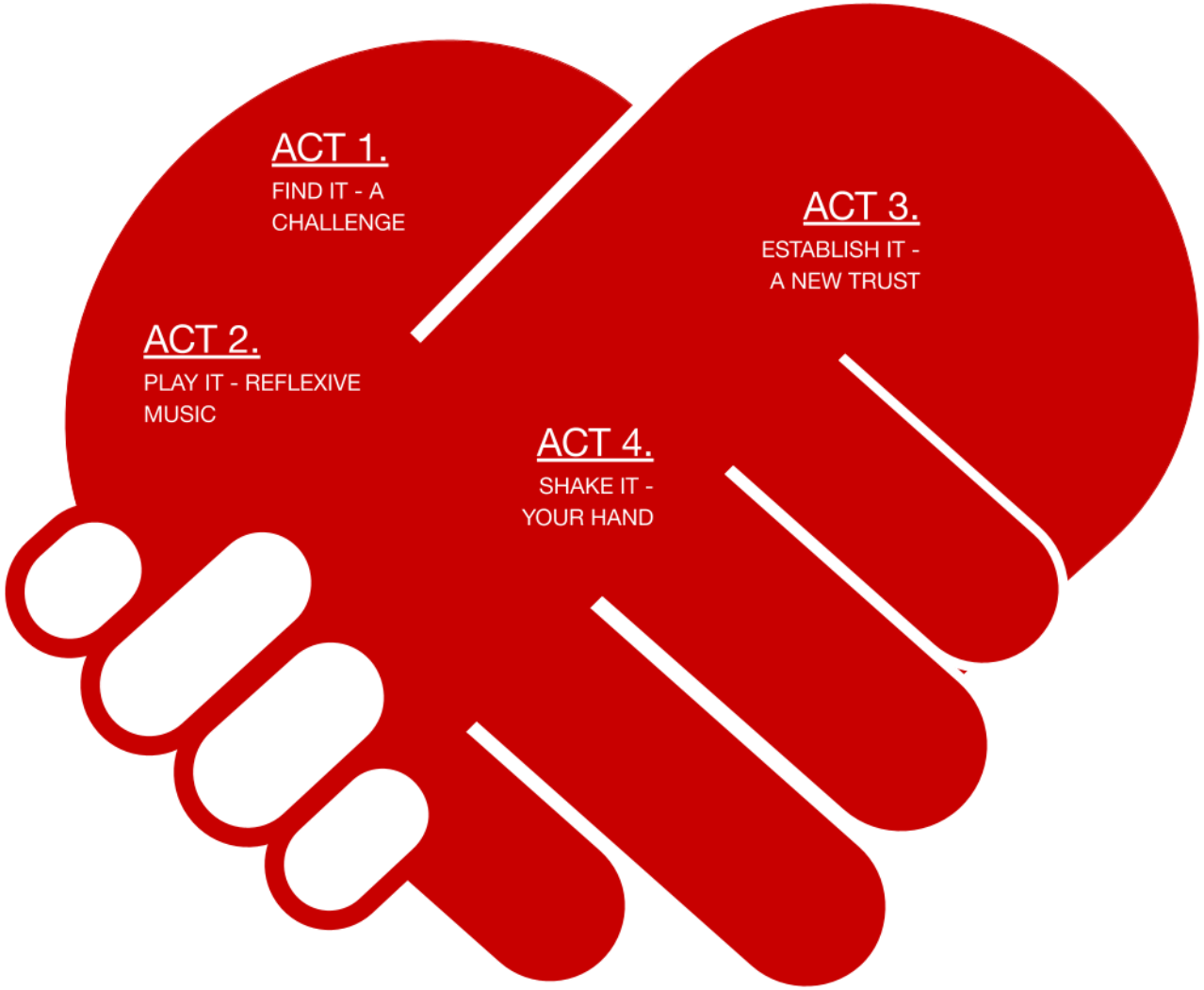


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SHAKE IT - YOUR HAND

(For Smadar)
ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

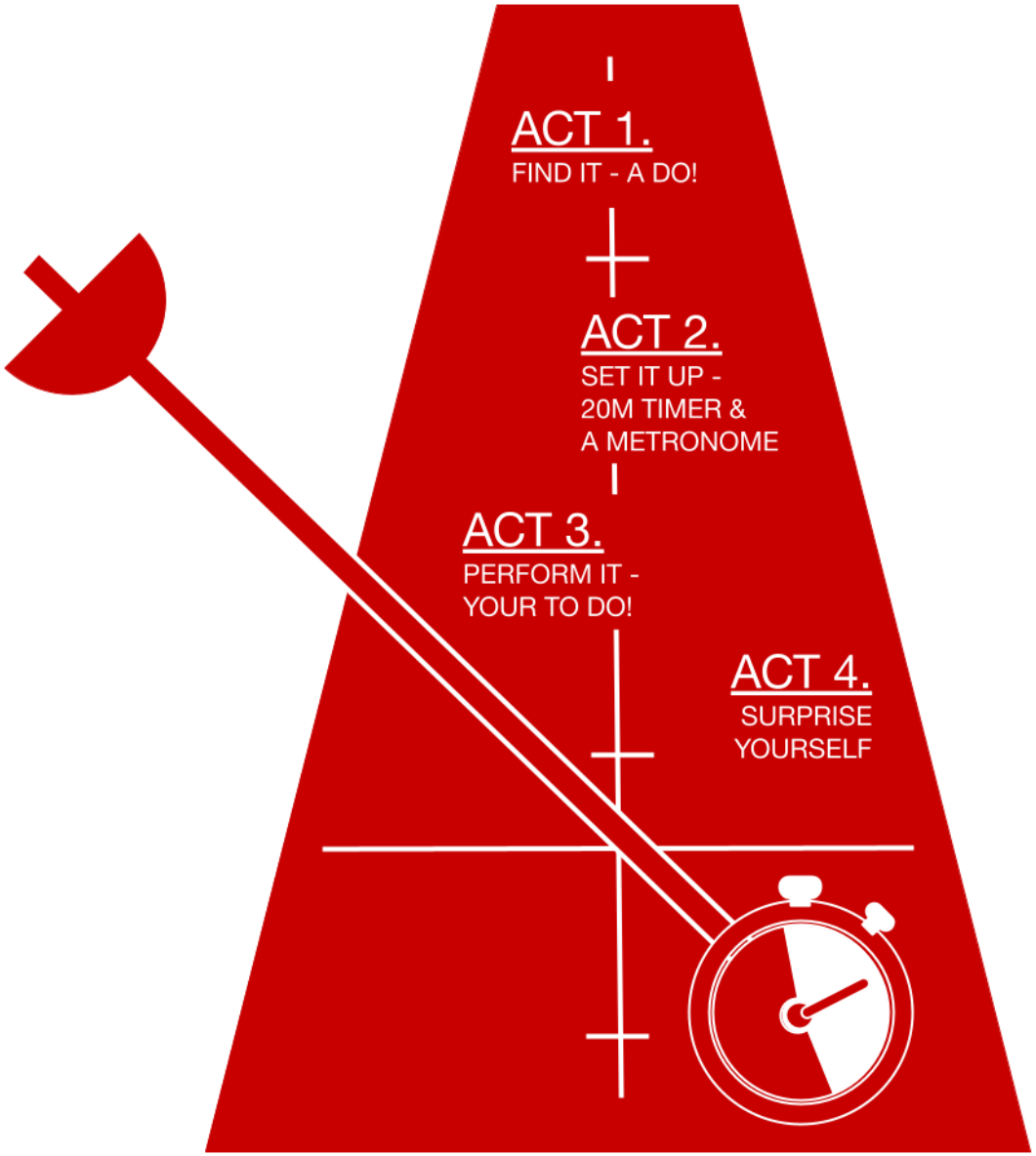


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TIME IT - A DO

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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DEFINE IT - KNOW NEED ASK & DO

ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

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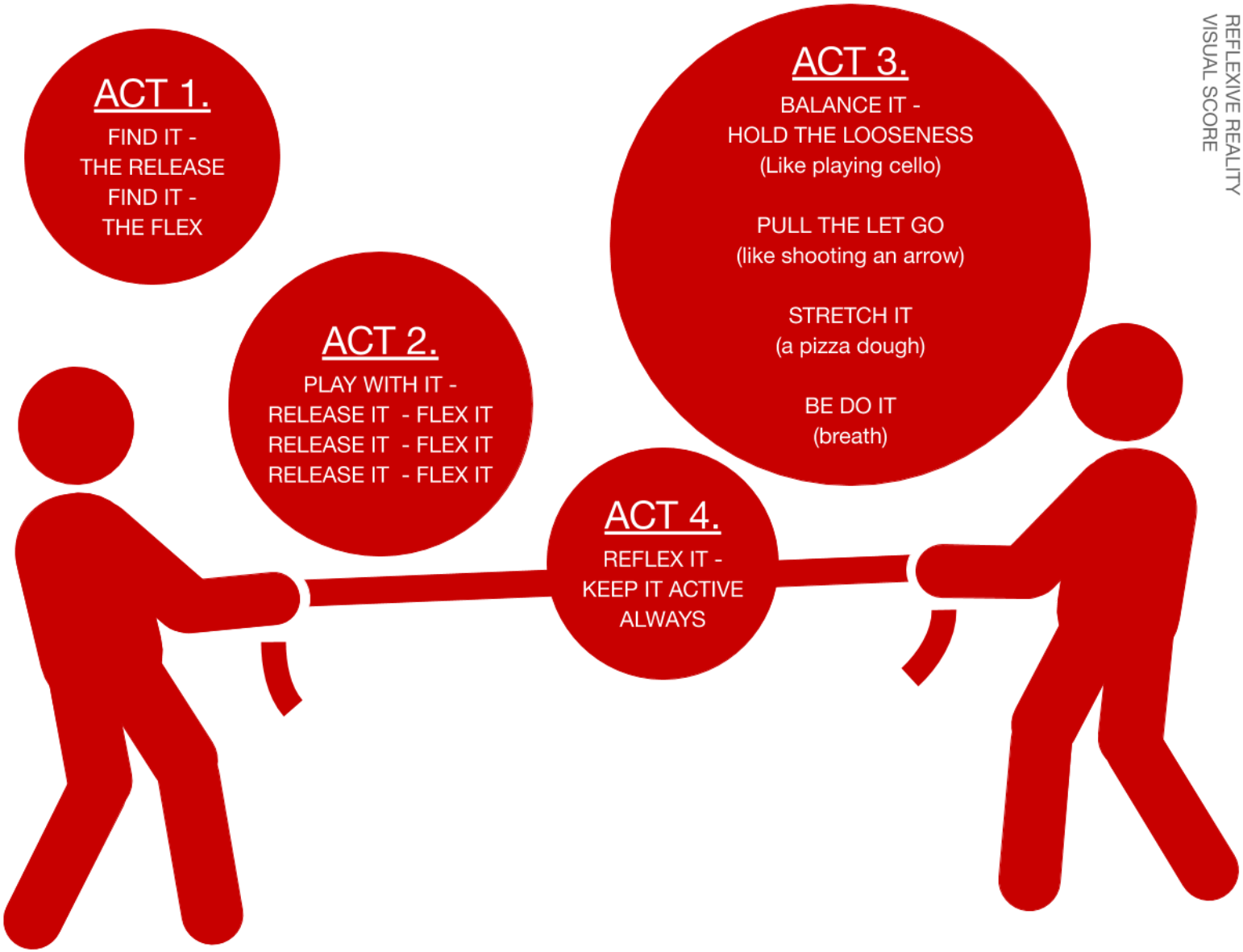
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RE-FLEX IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



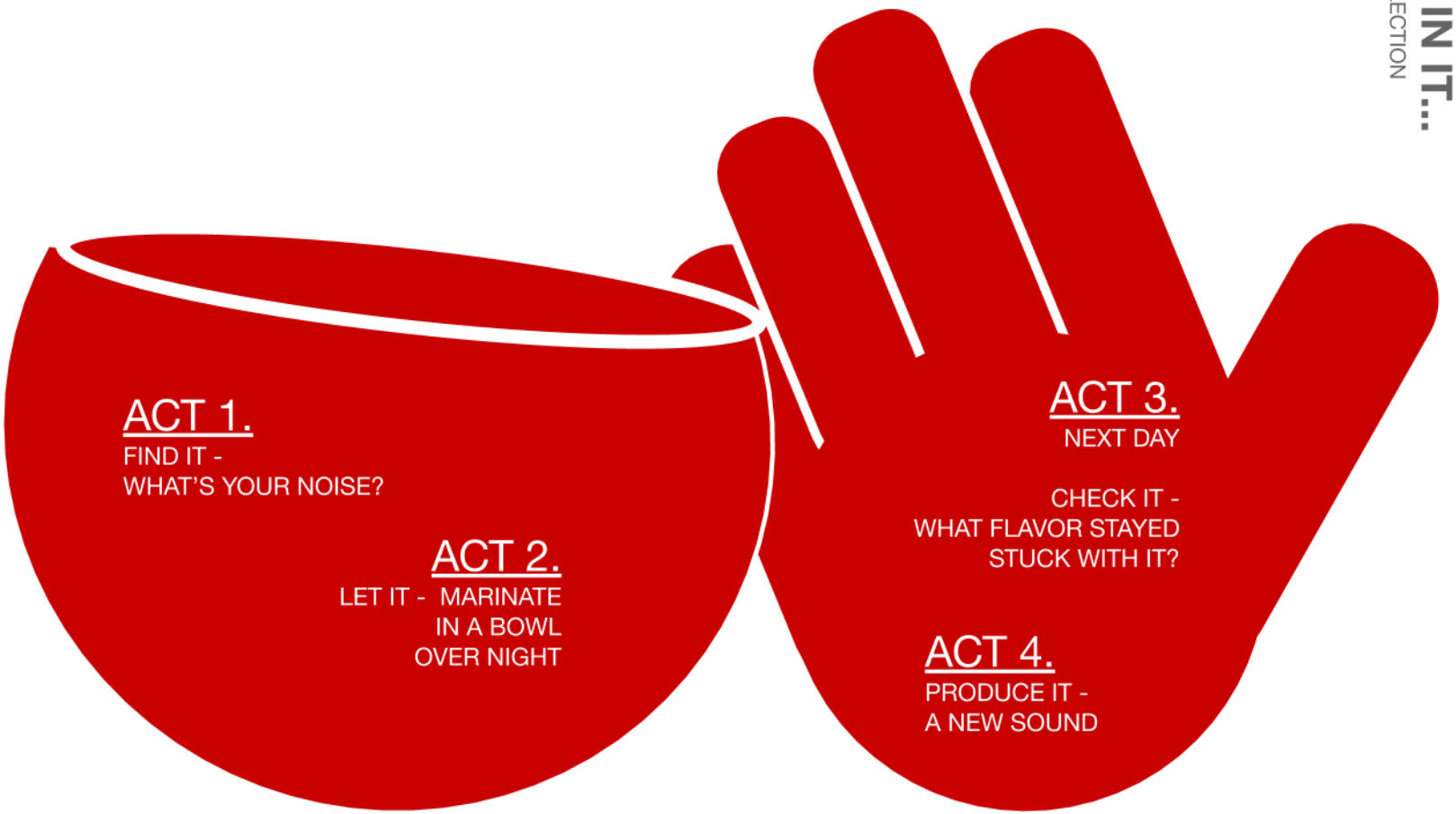
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MARINATE IN IT...

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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HAB IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL MODEL

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BALANCE IT - LIFE

ZERO TO 100 / T COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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BALANCE IT - ZERO TO 100

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

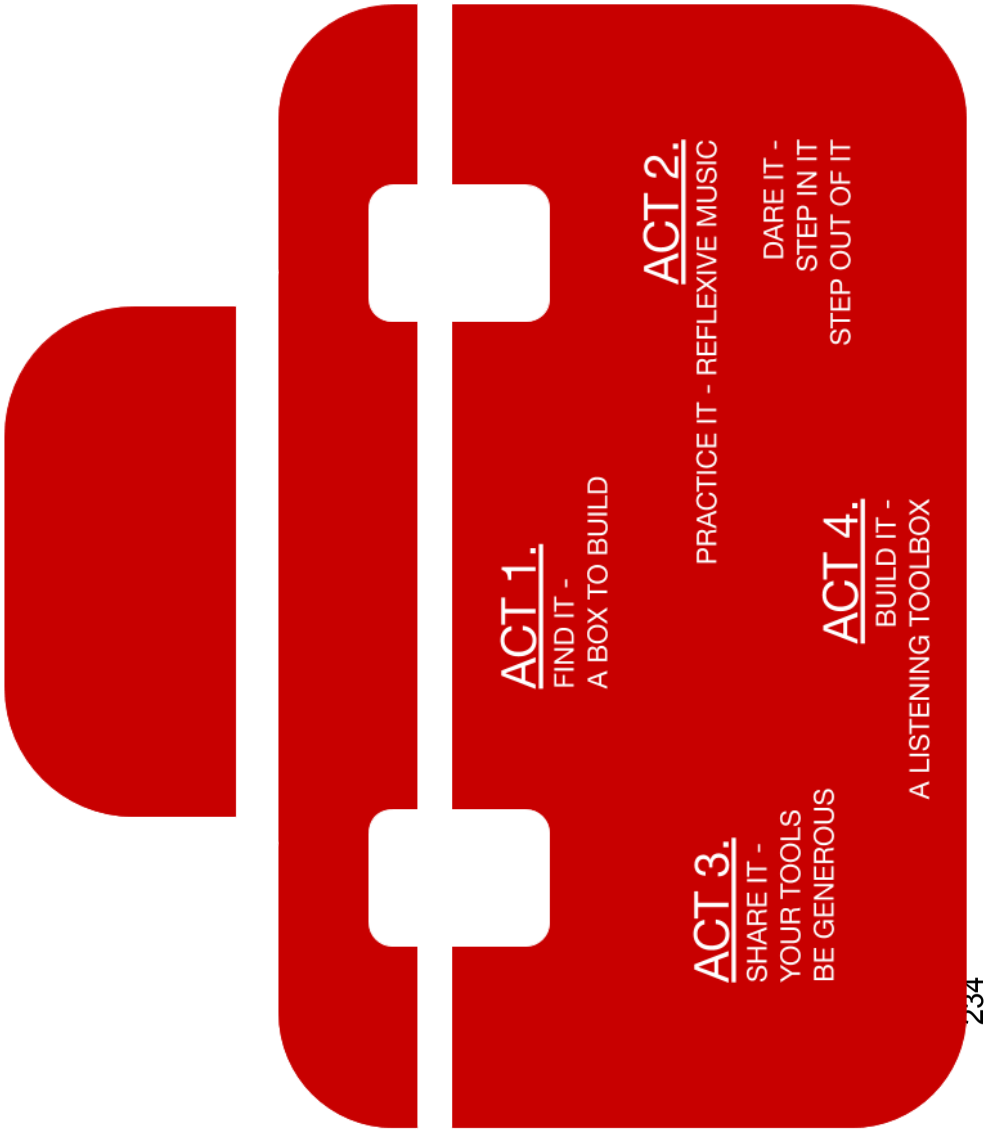
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BUILD IT - A LISTENING TOOLBOX

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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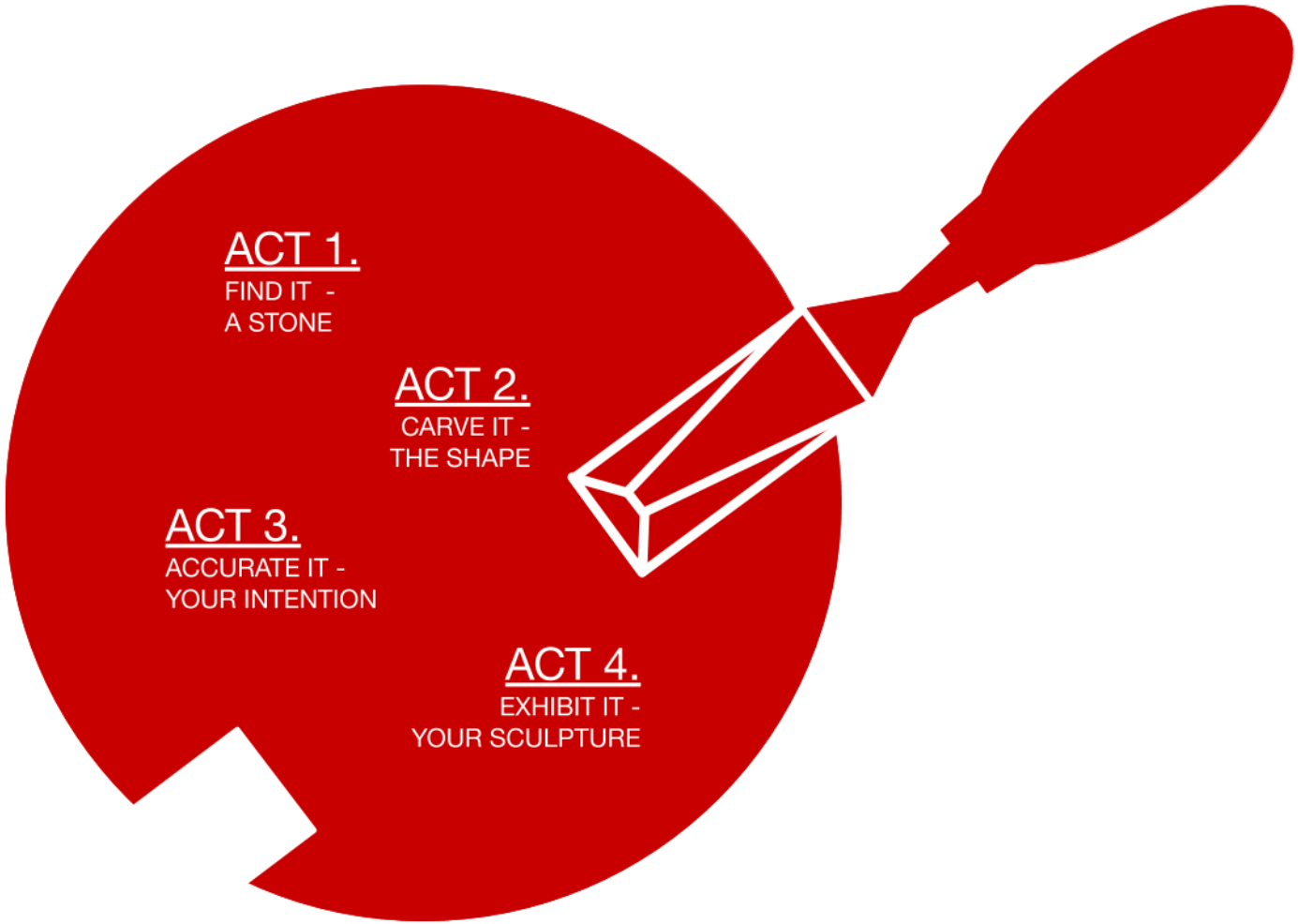
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ENGRAVE IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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CELEBRATE IT - BIRTHDAY

(For: MICHAL
ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

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CLAIMING IT - RESPONSIBILITY

ZERO 00 IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

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CLEAR IT - UP

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

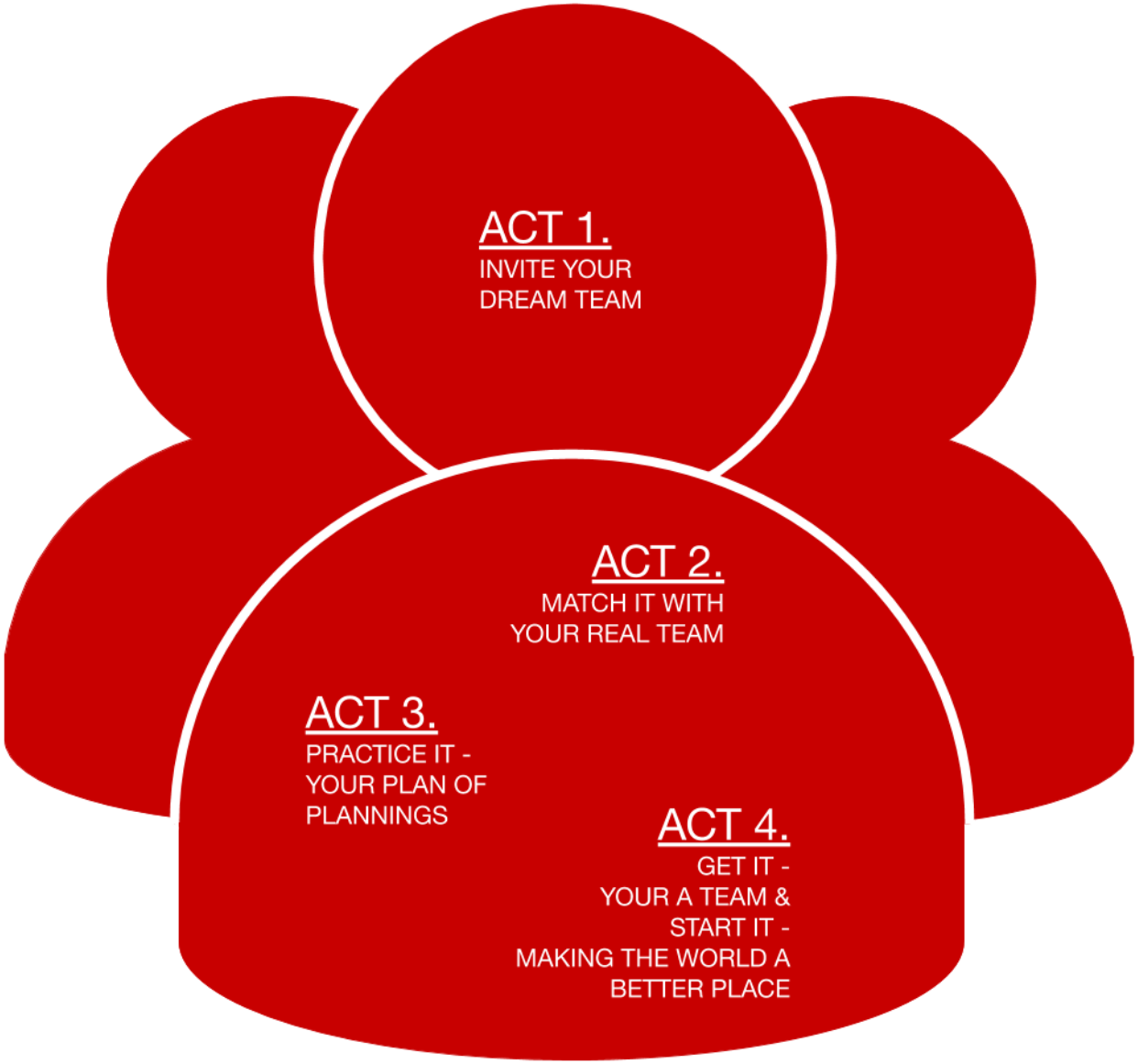
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COLLECT IT - AN 'A-TEAM'

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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COLLECT IT - A NOISE BOX

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REFLEXIVE REALITY
VISUAL SCORE

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COLLECT IT - ABUNDANCE

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VISUAL SCORE

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COLLECT IT - LIFE TREATS

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY / OPERAGAME
VISUAL SCORE

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STOP IT - CONVINCING

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

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COLLECT IT - EASY

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REFLEXIVE REALITY
VISUAL SCORE

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GET COMFORTABLE IN IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

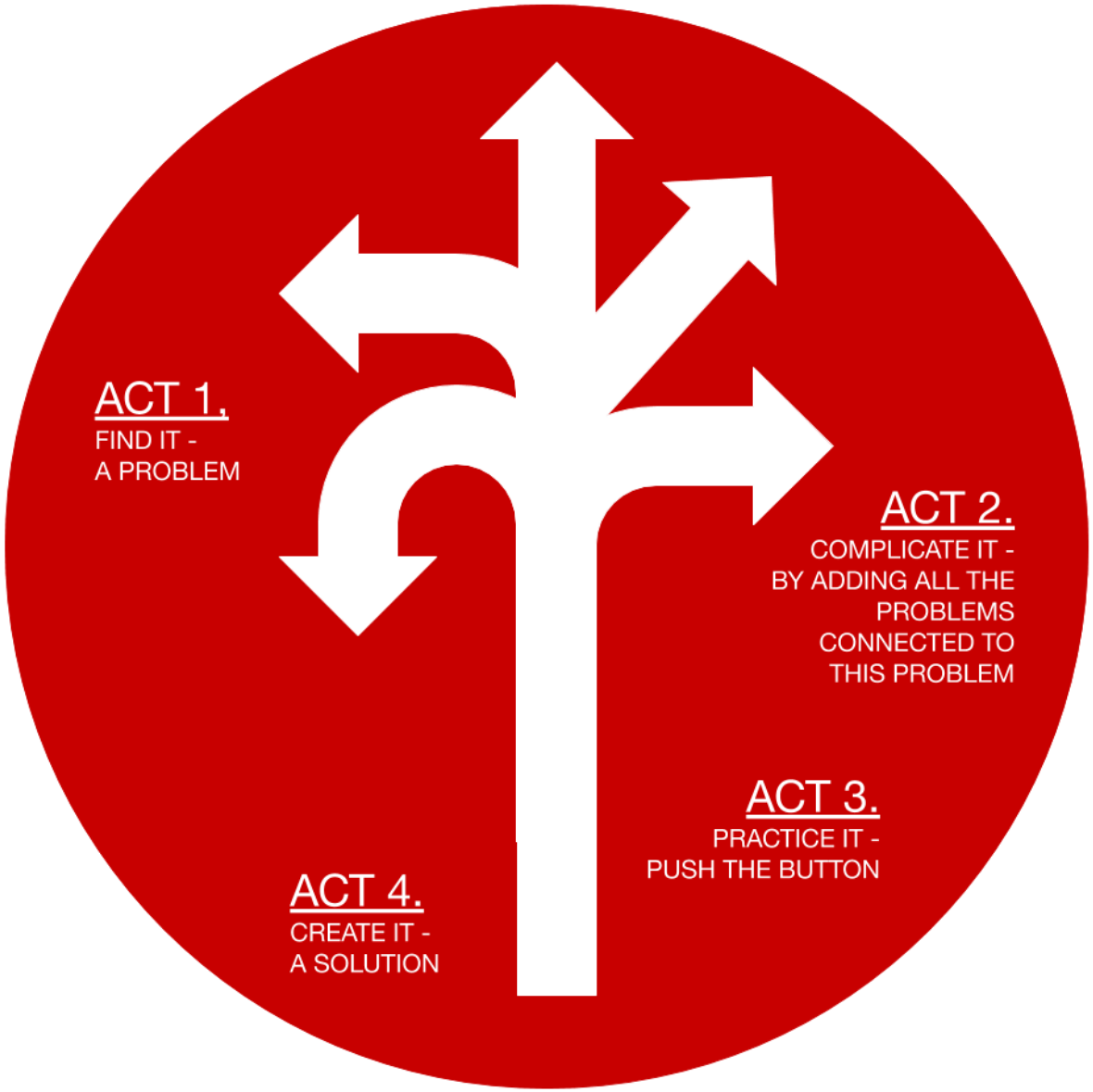


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COMPLICATE IT

ZERO TO 100 /IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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REASSEMBLE IT - TO A NEW PUZZLE

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

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CONTAIN IT - NOISE

ZERO TO 100 / IT COLLECTION
REFLEXIVE MUSIC
VISUAL SCORE

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CRACK IT - A SOLUTION

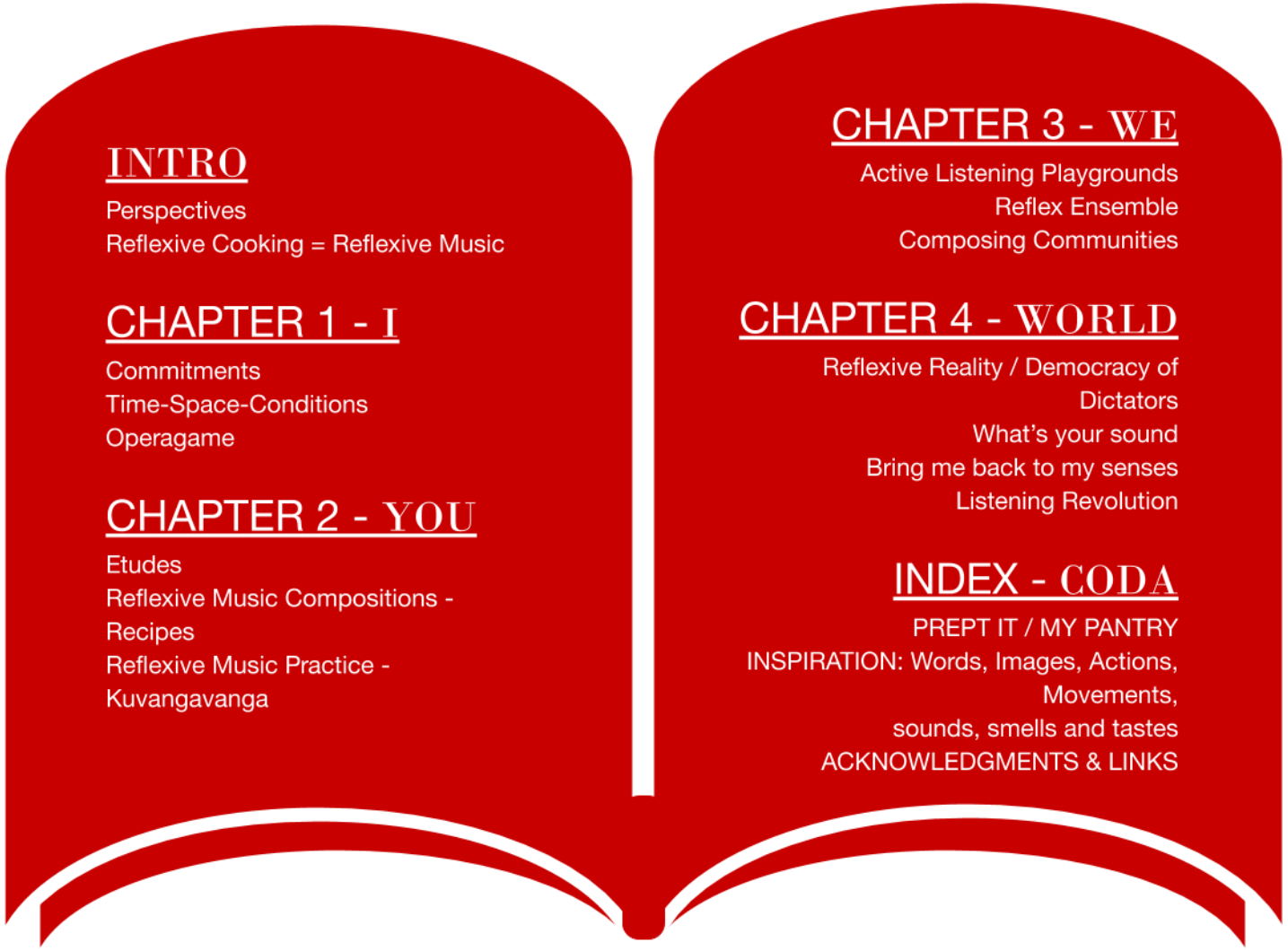
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REFLEXIVE REALITY
VISUAL SCORE

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CREATE IT - A BOOK

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REFLEXIVE REALITY
VISUAL SCORE



INTRO

Perspectives
Reflexive Cooking = Reflexive Music

CHAPTER 1 - I

Commitments
Time-Space-Conditions
Operagame

CHAPTER 2 - YOU

Etudes
Reflexive Music Compositions - Recipes
Reflexive Music Practice - Kuvangavanga

CHAPTER 3 - WE

Active Listening Playgrounds
Reflex Ensemble
Composing Communities

CHAPTER 4 - WORLD

Reflexive Reality / Democracy of Dictators
What's your sound
Bring me back to my senses
Listening Revolution

INDEX - CODA

PREPT IT / MY PANTRY
INSPIRATION: Words, Images, Actions, Movements,
sounds, smells and tastes
ACKNOWLEDGMENTS & LINKS

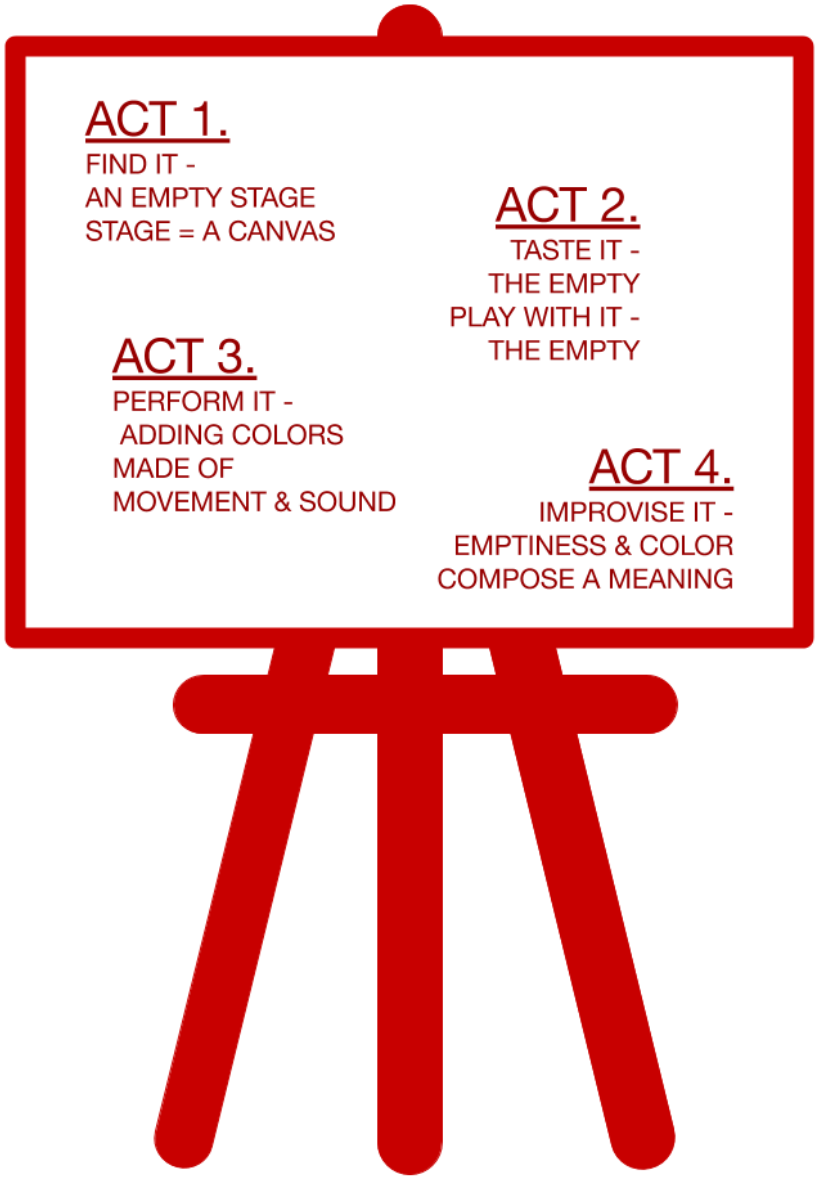
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IMPROVISE IT

For: Cassie Tunick
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VISUAL SCORE



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DENOISE IT - THE SPIRIT

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VISUAL SCORE

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DENOISE IT - TO A MELODY

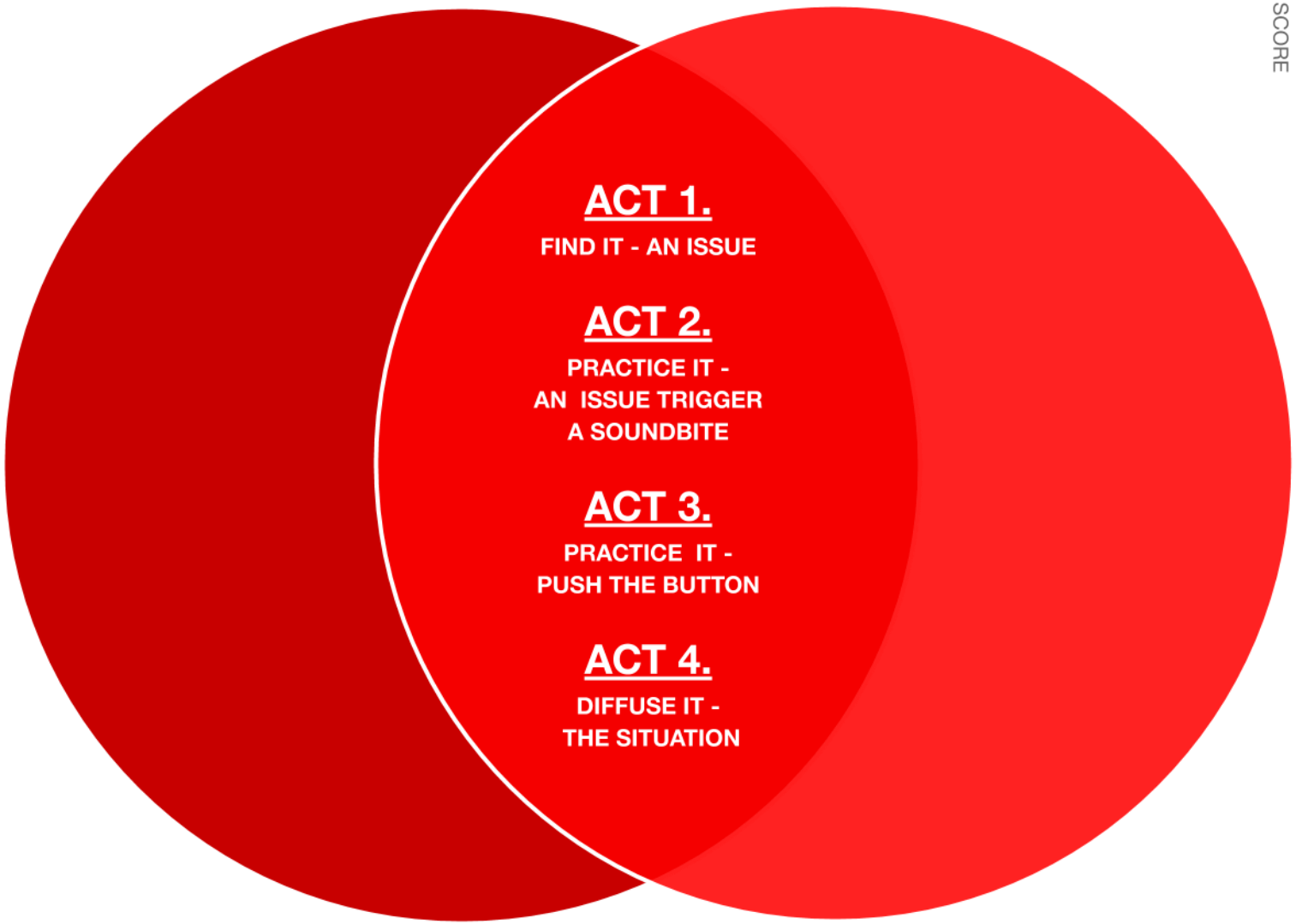
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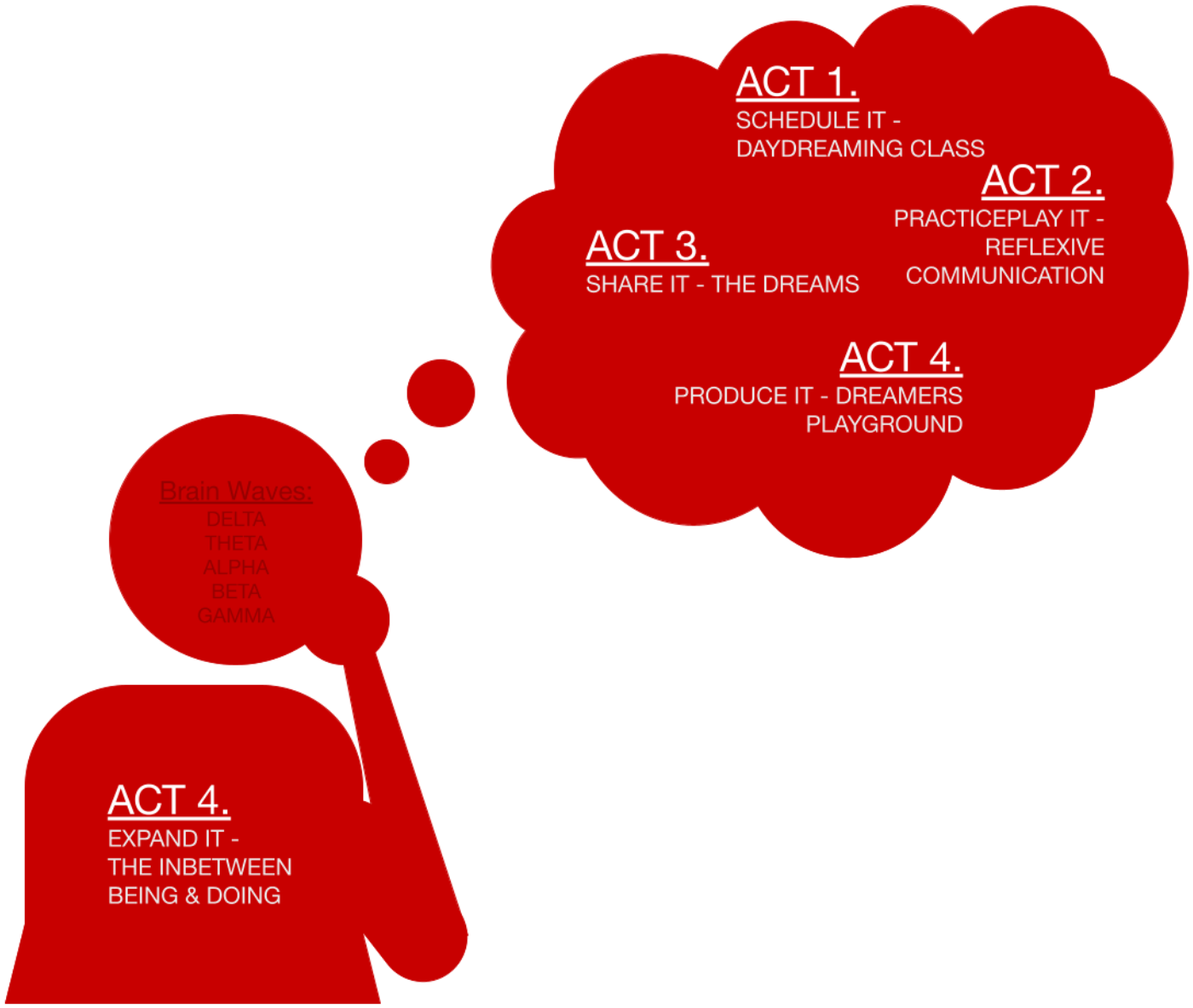
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EXIT IT

(For Kiki Ylimutka)
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EXPAND IT - AWARENESS

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VISUAL SCORE



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FIGHT IT - ASSUMPTIONS

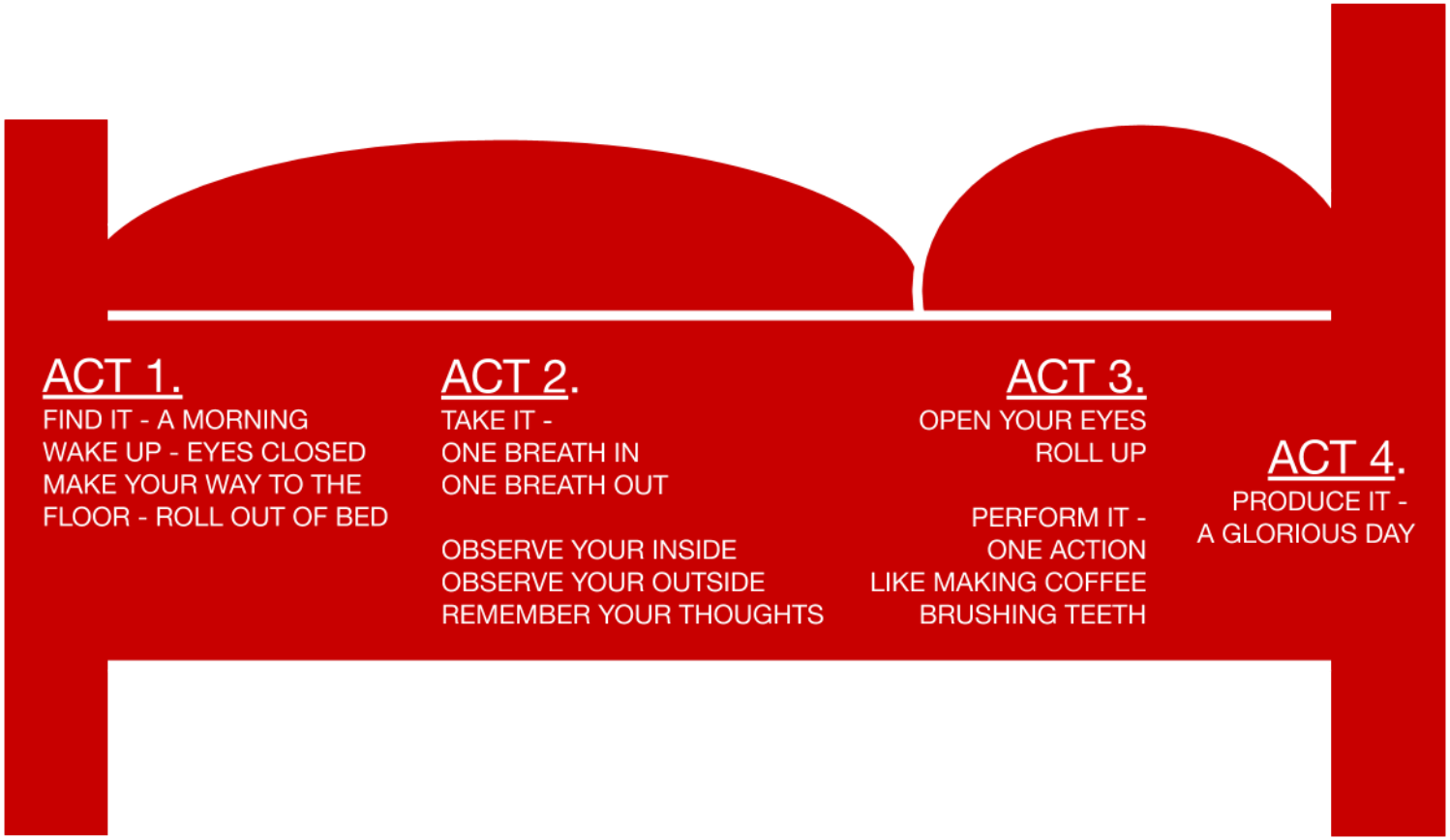
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VISUAL SCORE

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ROLL OUT OF IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

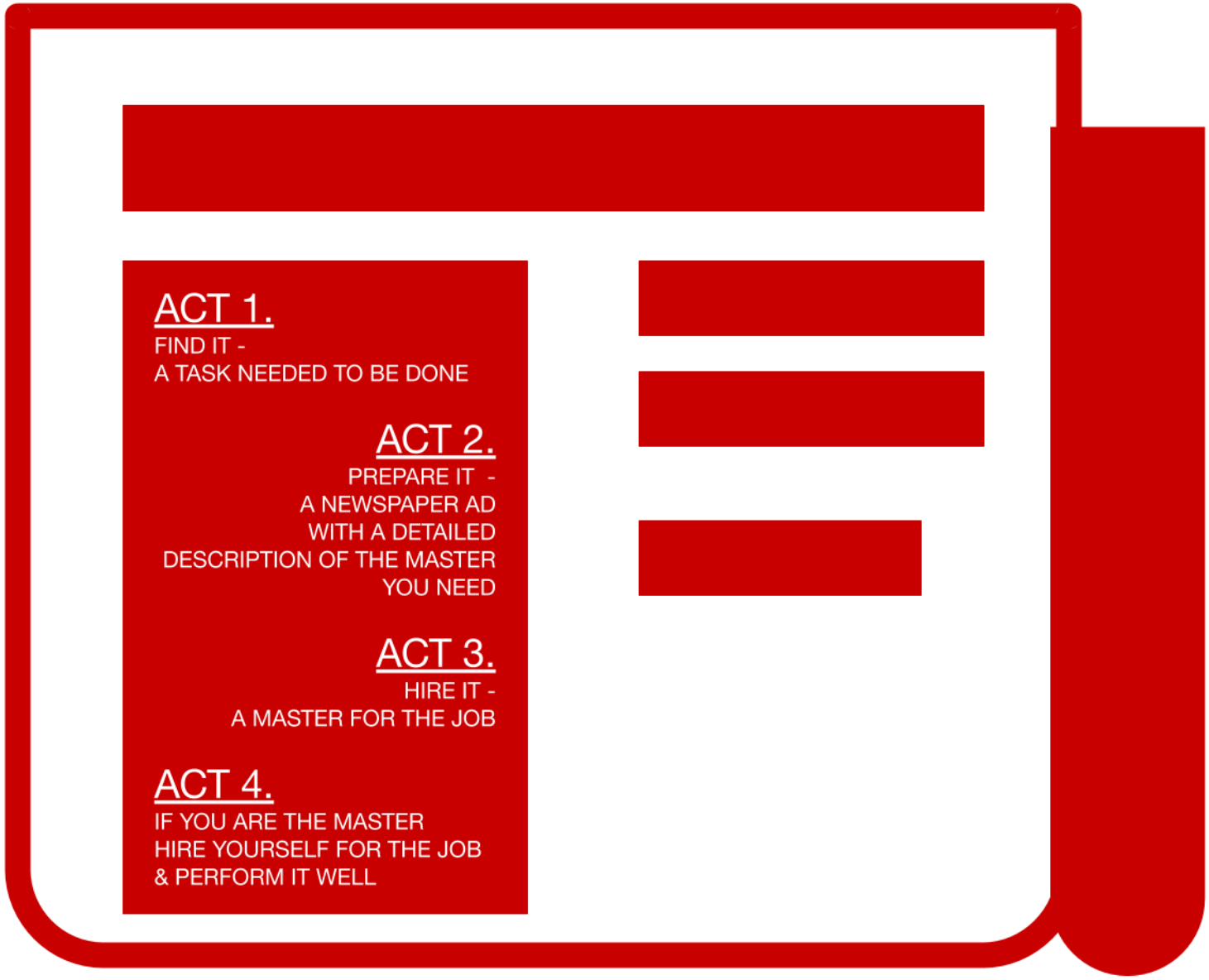


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HIRE IT - A MASTER

ZERO TO 100 / IT COLLECTION
REFLEXIVE MUSIC
VISUAL SCORE



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INVITE IT - A TREAT

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VISUAL SCORE

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LEAD IT

(For: Talia Ilan)
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REFLEXIVE REALITY
VISUAL SCORE



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COLLECT IT - INCREDIBLE

(For: Kiki Ylimutka)
ZERO IT 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

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ORDER IT - PIZZA INVITATION

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PRACTICE IT - A NEW INSTRUMENT

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PRACTICE IT - LOVE ACCURATELY

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PRACTICE IT - STOP-LISTEN-GO

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REFLEXIVE REALITY
VISUAL SCORE

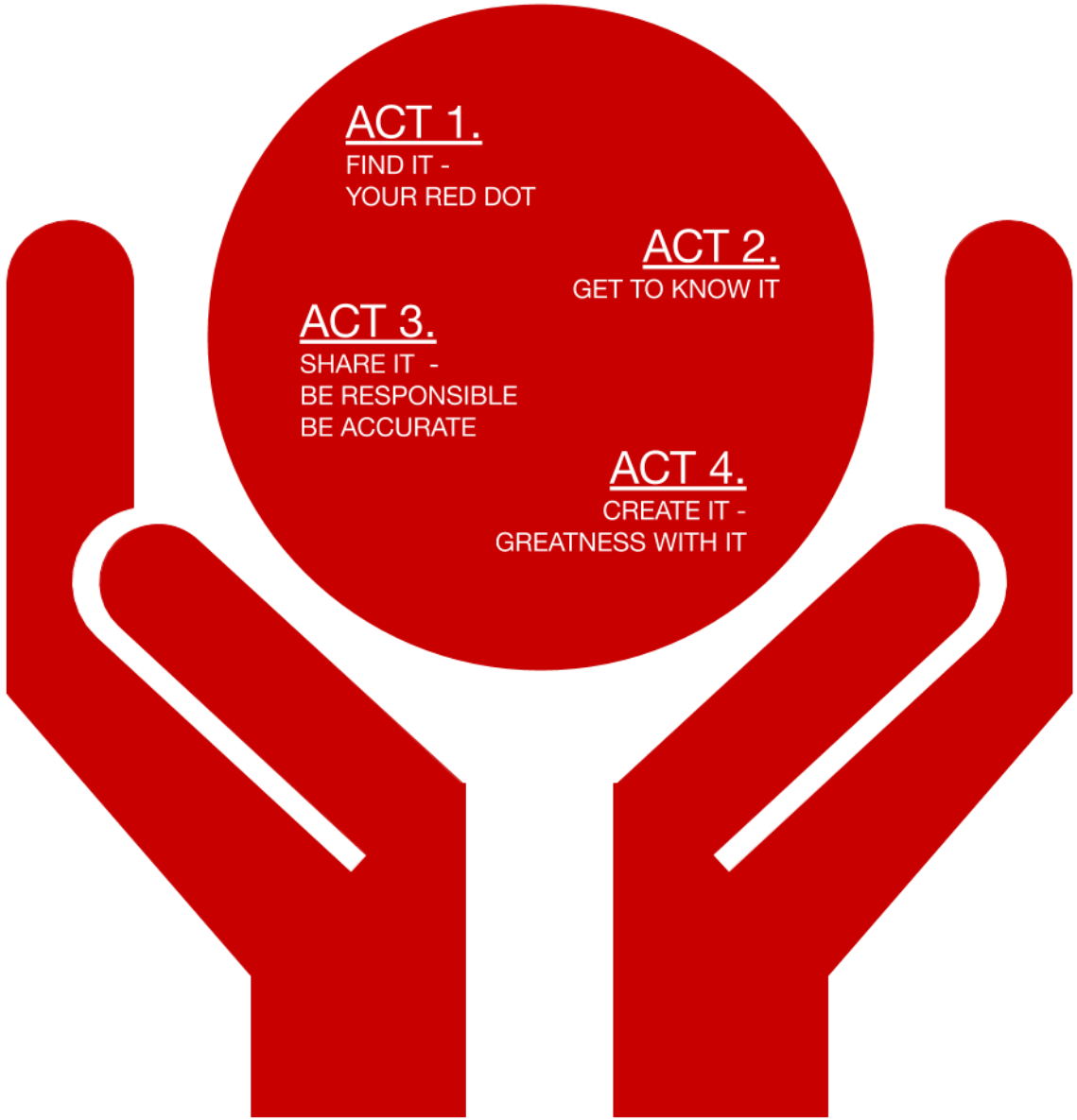
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PROTECT IT - YOUR RED DOT

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VISUAL SCORE



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PUBLISH IT - A NEW SCORE

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

ACT 1.

FIND IT - A VERB
(EXAMPLE: JUMP)

ACT 2.

COMBINE IT -
VERB + IT = YOUR NEW SCORE
(EXAMPLE: JUMP IT)

ACT 3.

PRACTICE IT -
A NEW COMPOSITION
(EXAMPLE: JUMP IT IN 4 ACTS)

ACT 4.

PUBLISH IT

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REPEAT IT - A NEW VARIATION

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REFLEXIVE REALITY
VISUAL SCORE

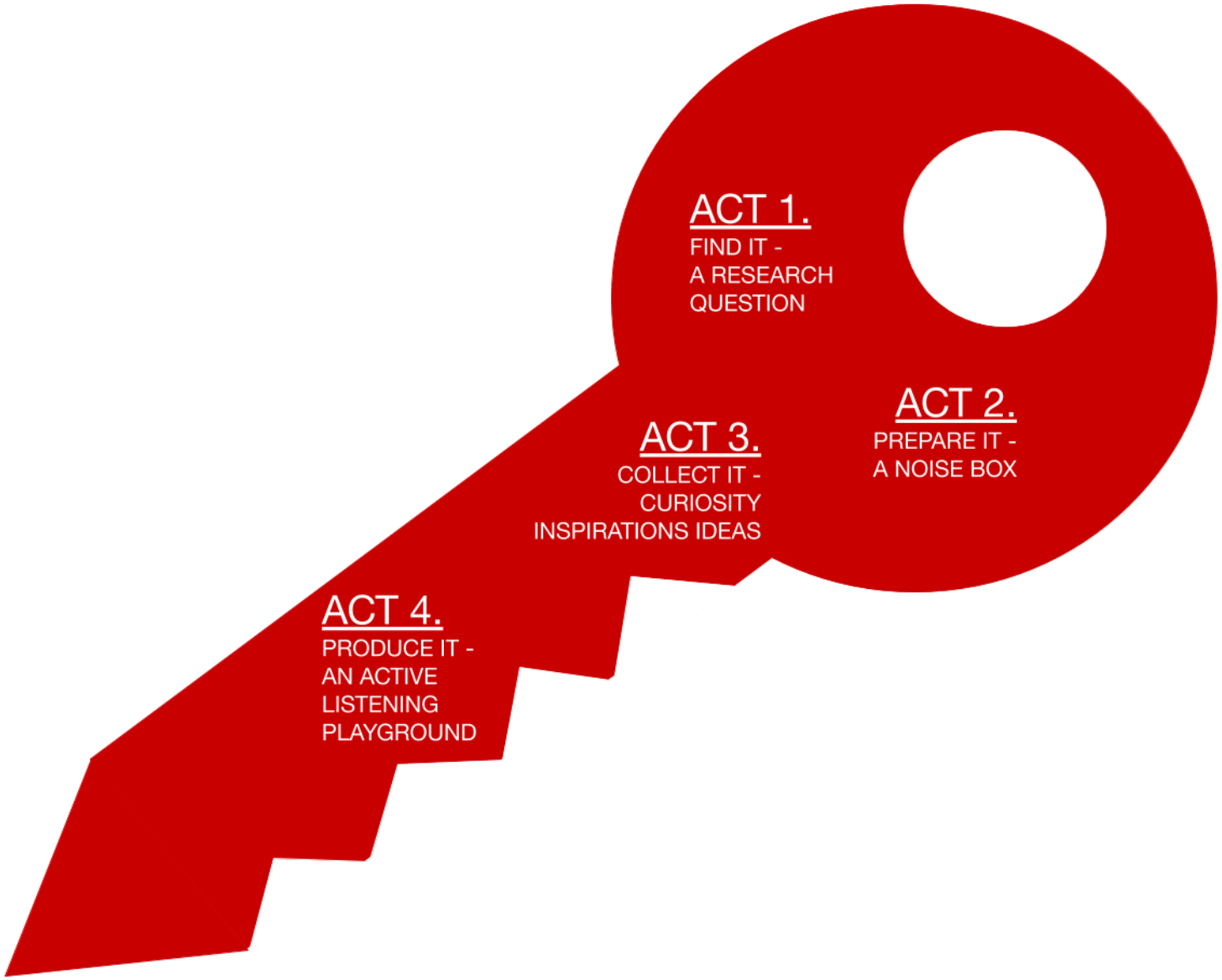
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RESEARCH IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

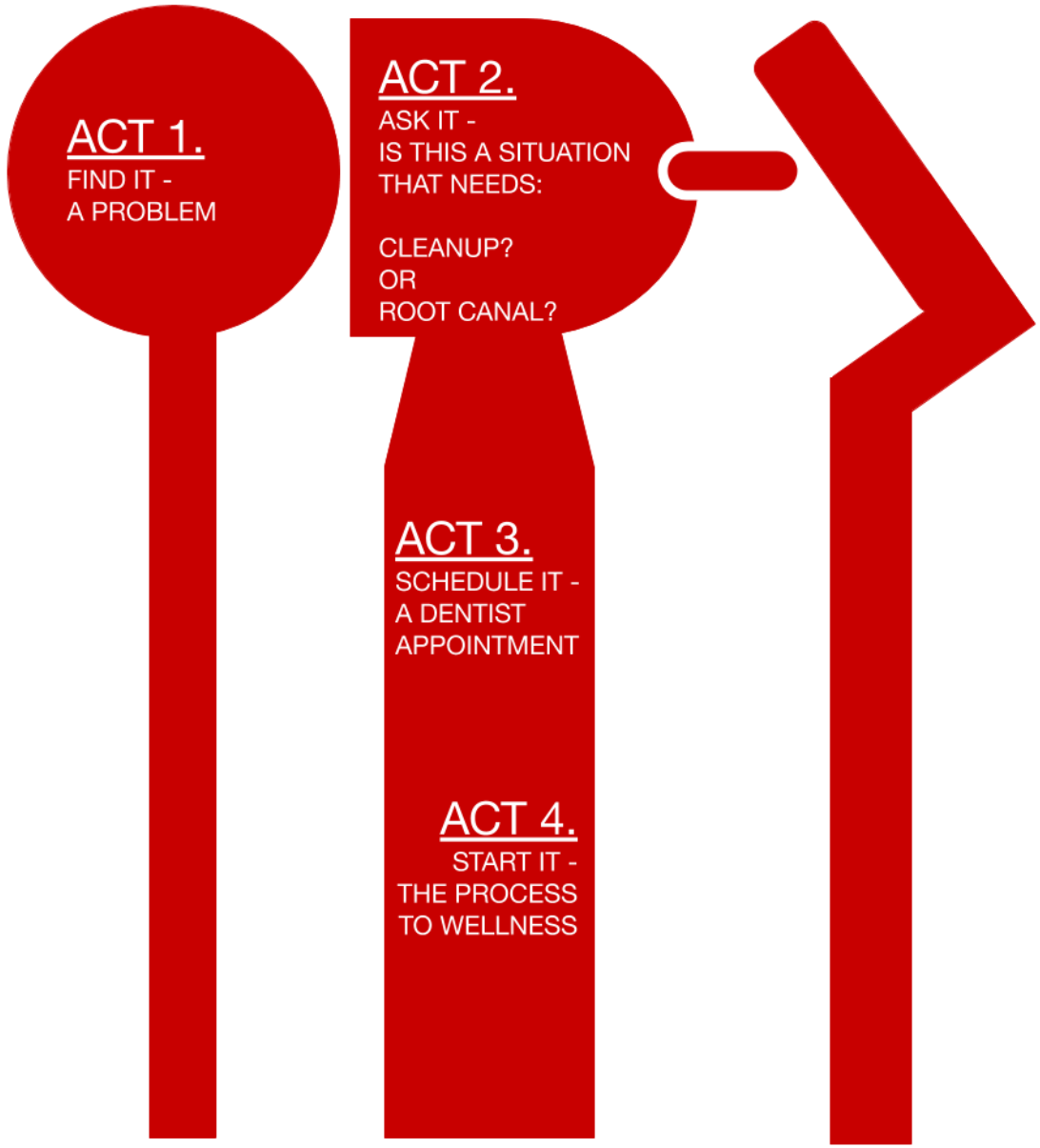


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SCHEDULE IT - A DENTIST APPOINTMENT

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

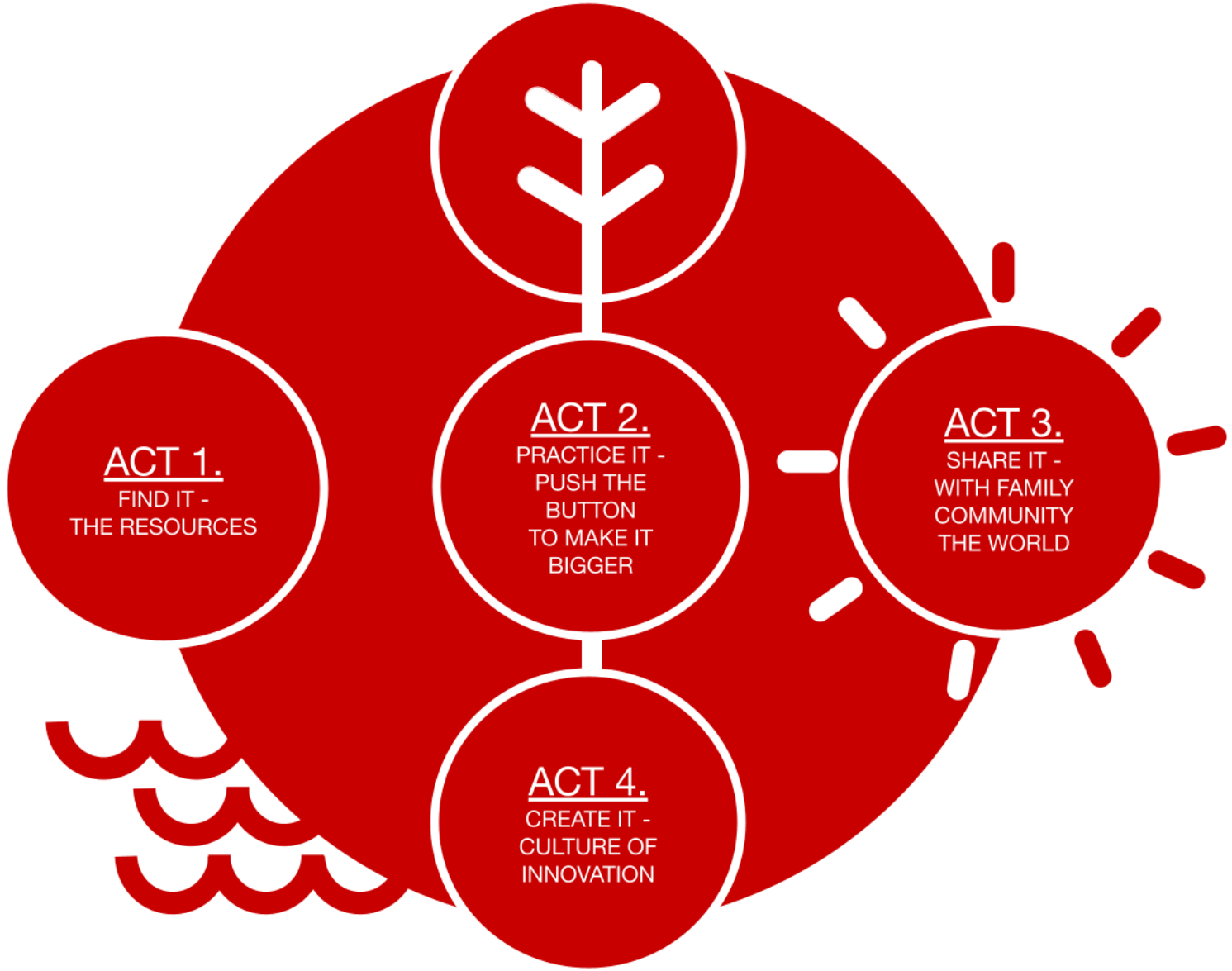


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SHARE IT - RESOURCES

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SNAP IT - A FINGER

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REFLEXIVE KIDS
VISUAL SCORE

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START IT - A BAND

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VISUAL SCORE



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START IT - FINISH IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

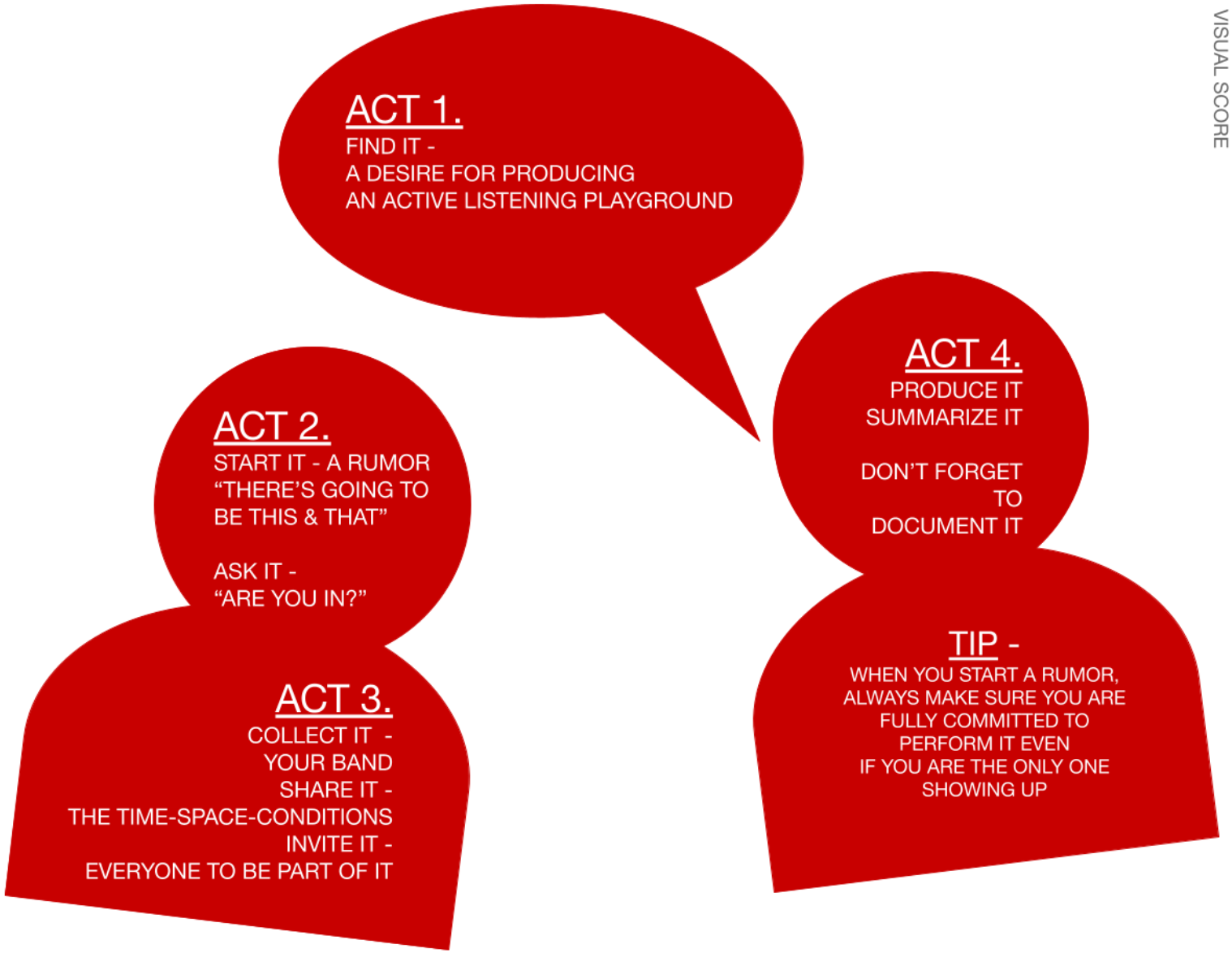


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START IT - A RUMOR

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REFLEXIVE FESTIVAL
VISUAL SCORE



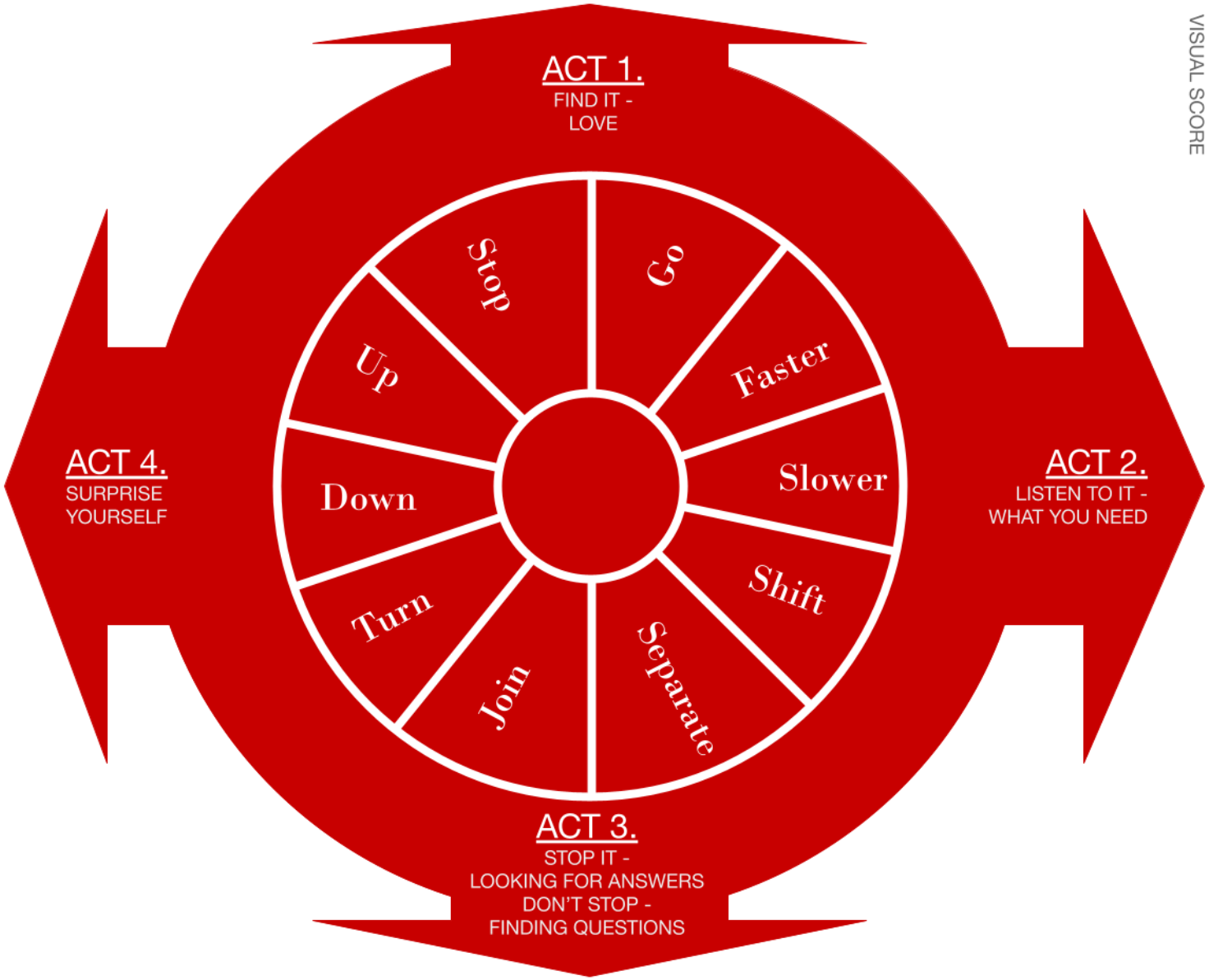
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STOP / DON'T STOP IT

ZERO TO 100 / IT COLLECTION
(For Hadar Sobol)
REFLEXIVE REALITY
VISUAL SCORE



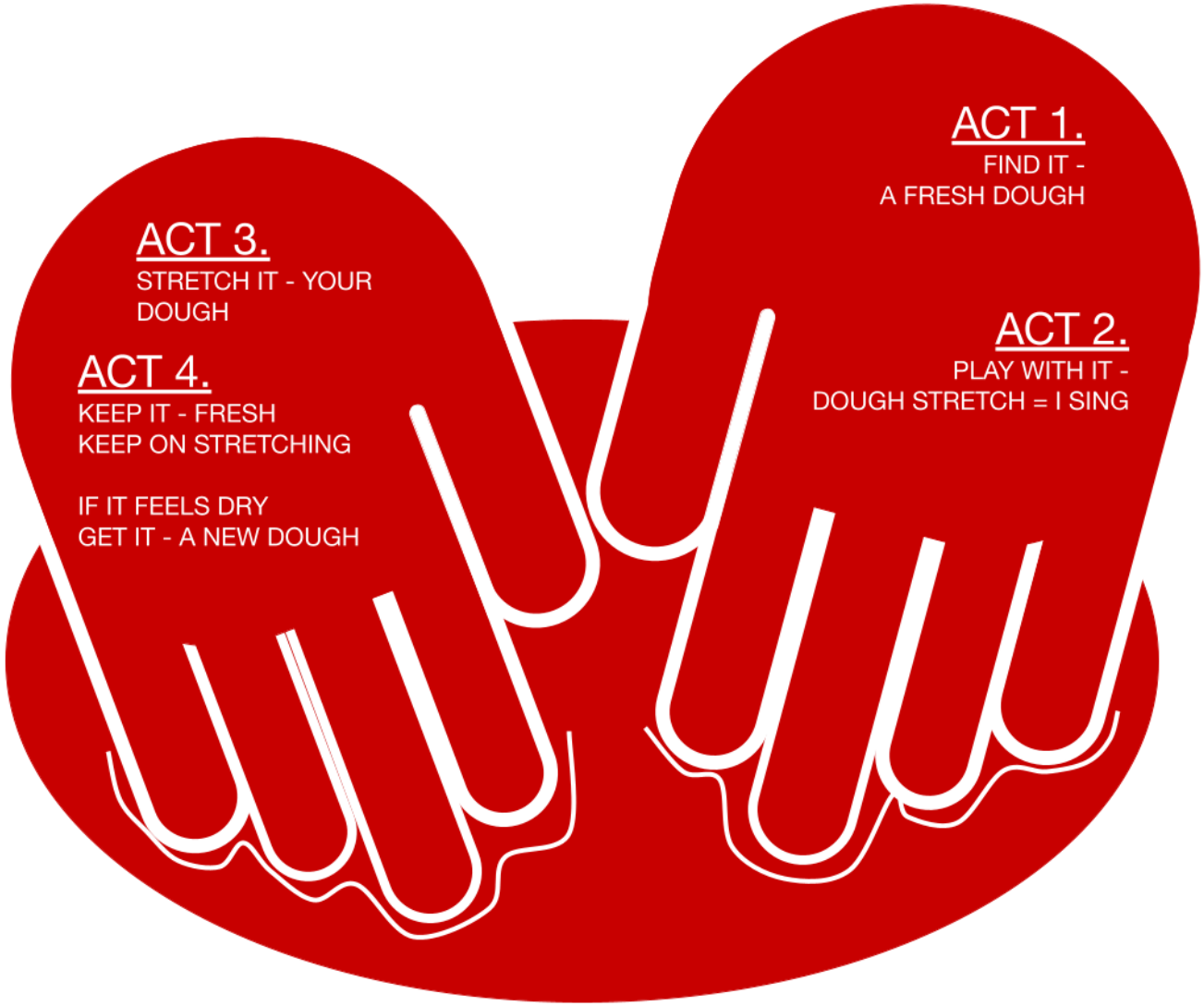
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STRETCH IT - YOUR DOUGH

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REFLEXIVE REALITY
VISUAL SCORE



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STRETCH IT - THE FEEL

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

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STRETCH IT - THE POSE

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SUMMARIZE IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

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SURPRISE IT

ZERO TO 100/ IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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SUSTAIN IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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TAG IT

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

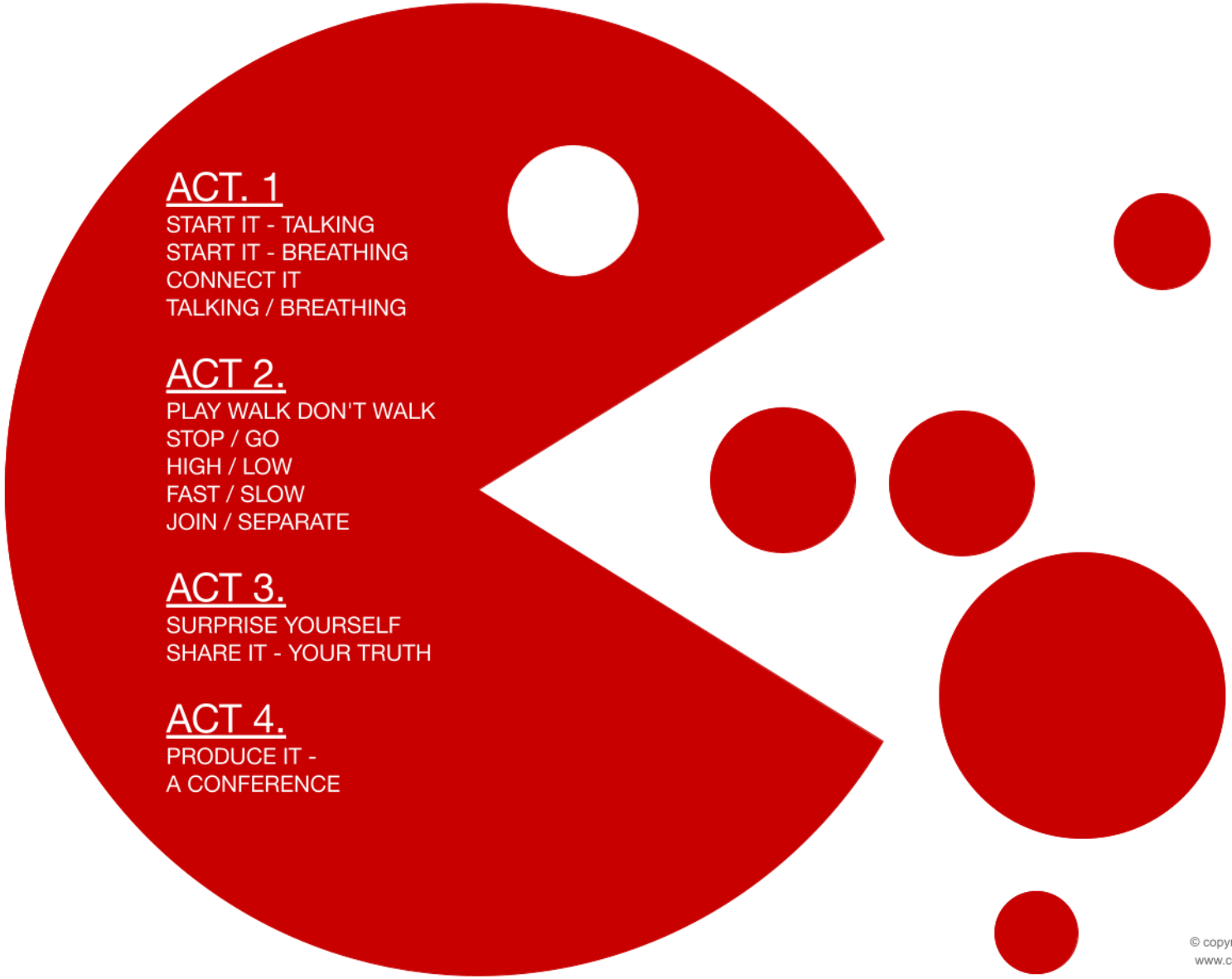
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TALK / DON'T TALK IT

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REFLEXIVE REALITY
VISUAL SCORE



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TRAVEL WITH IT

ZERO TO 100 / IT COLLECTION
(For Kiki Ylimutka)
REFLEXIVE REALITY
VISUAL SCORE

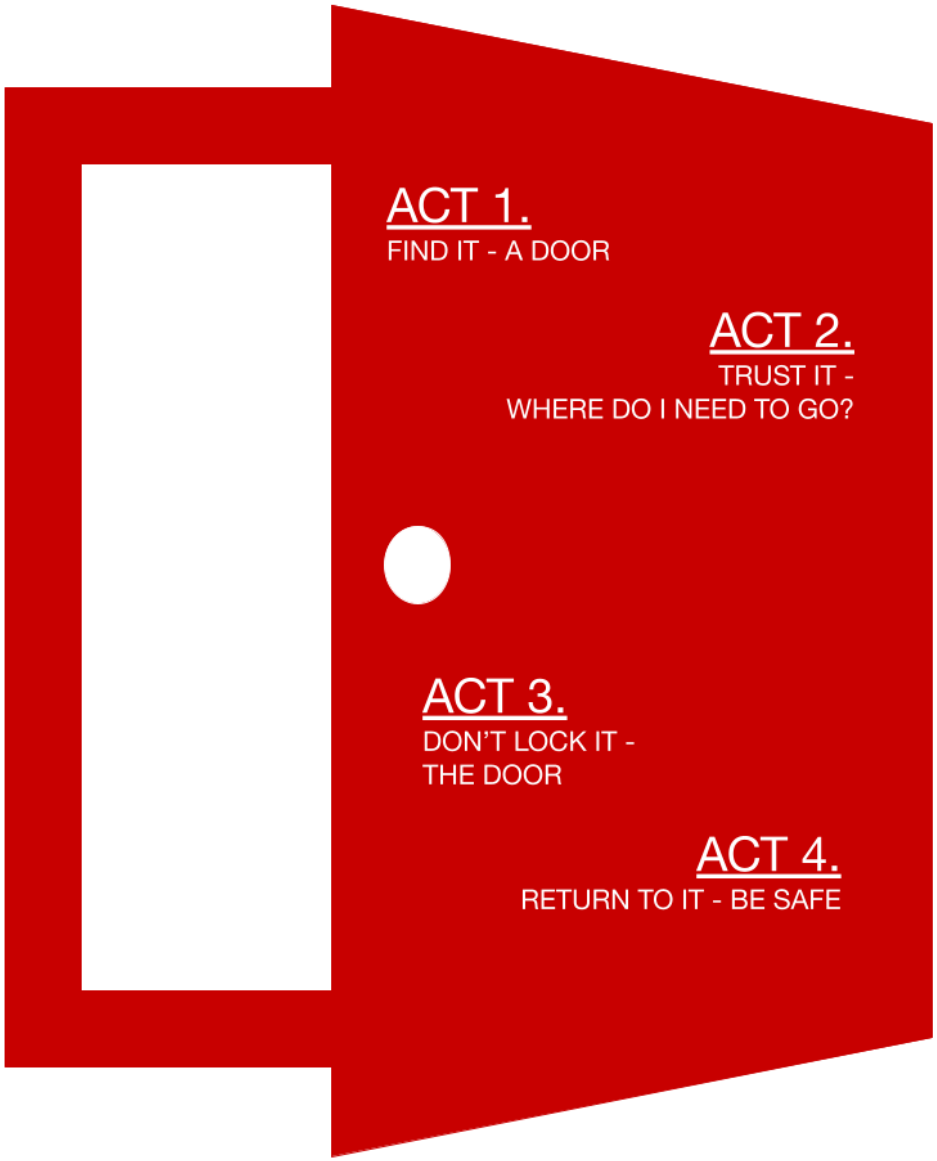


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TRUST IT - WHERE TO GO

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

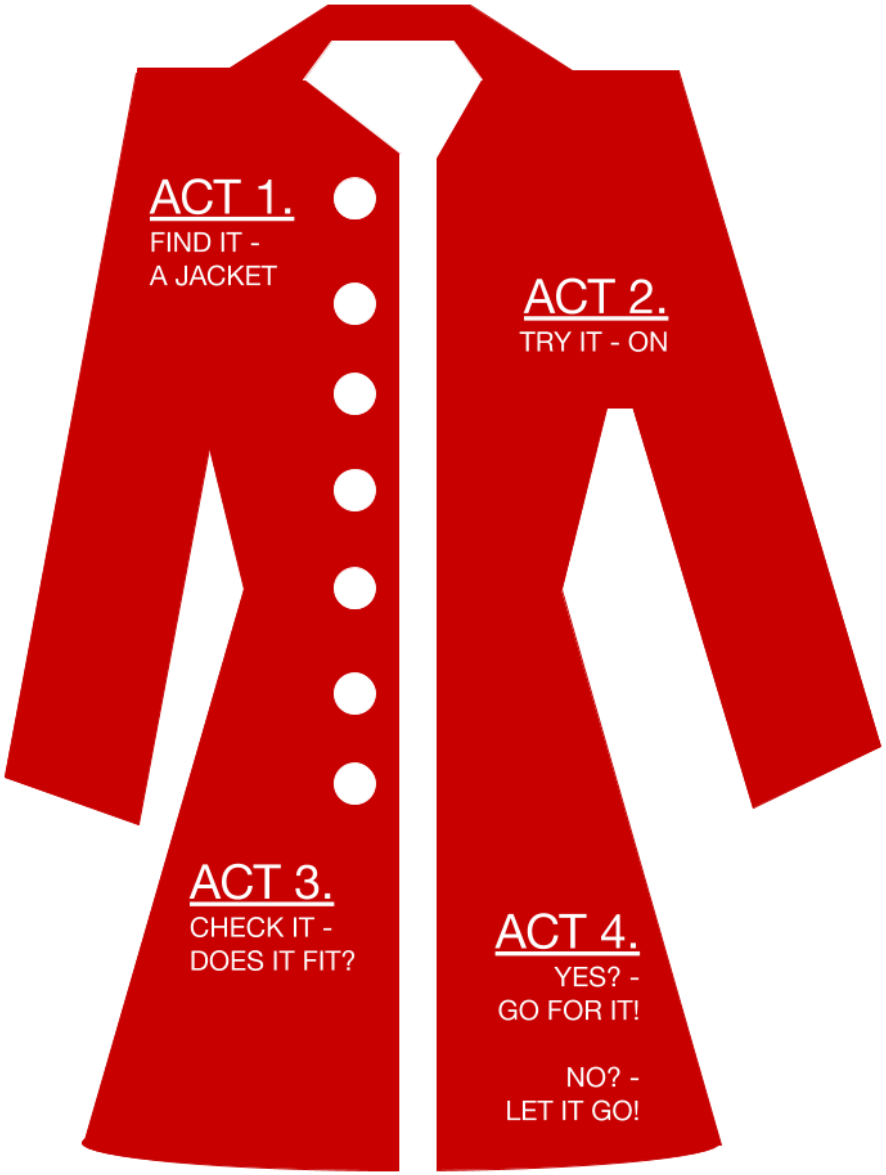


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TRY IT - ON

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TUNE IT

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WASH IT - THE DISHES

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REFLEXIVE REALITY
VISUAL SCORE

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WASH IT - THE FLOOR

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WHAT'S IN IT - FOR ME!?

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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PERFORM IT - A YAWN PLAYGROUND

ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

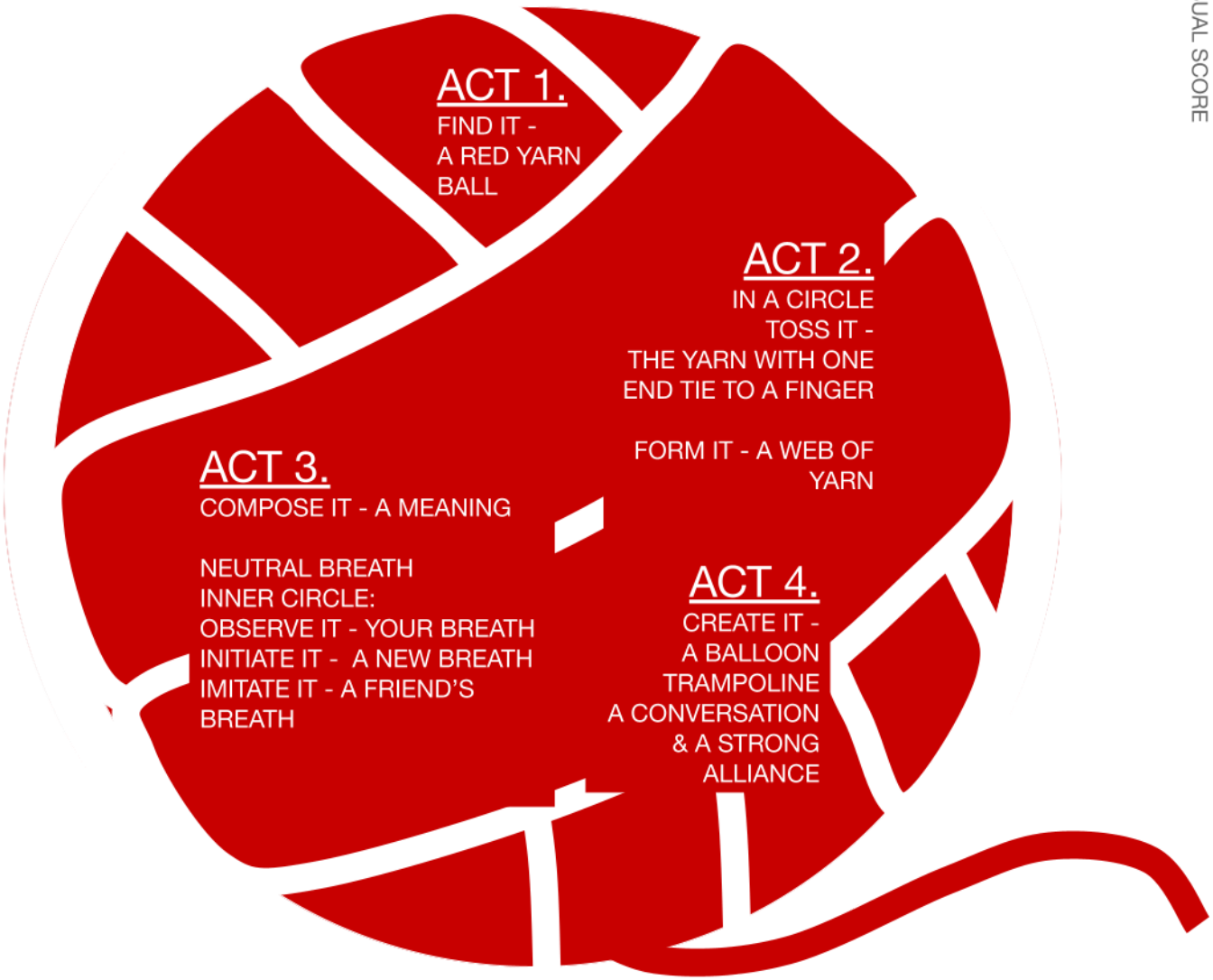
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CONNECT IT - A YARN BALL

ZERO TO 100 IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

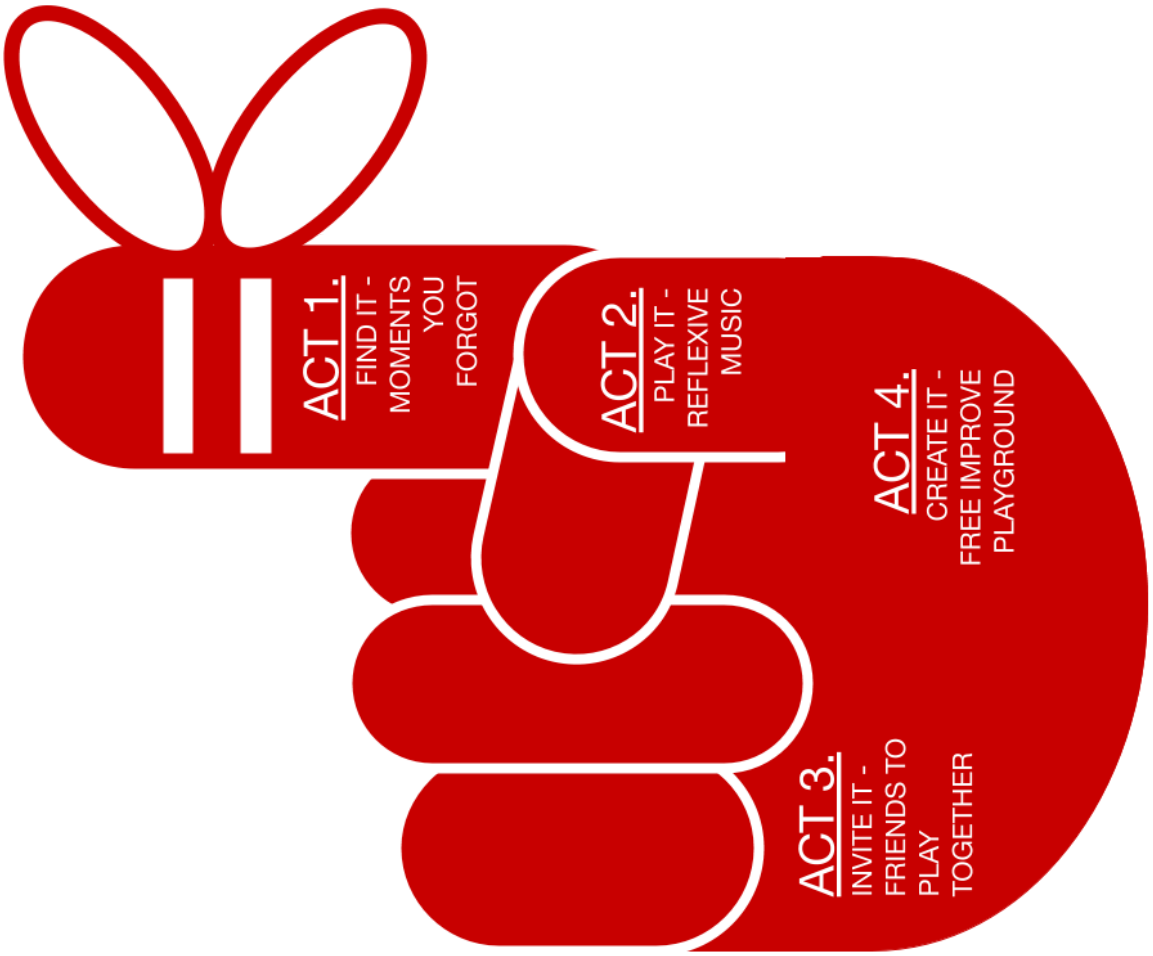


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PRACTICE IT - YOUR MEMORY

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ZOOM INOUT OF IT - VARIANTS & VARIATION

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REFLEXIVE REALITY
VISUAL SCORE

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TRY IT - A NEW PERFUME

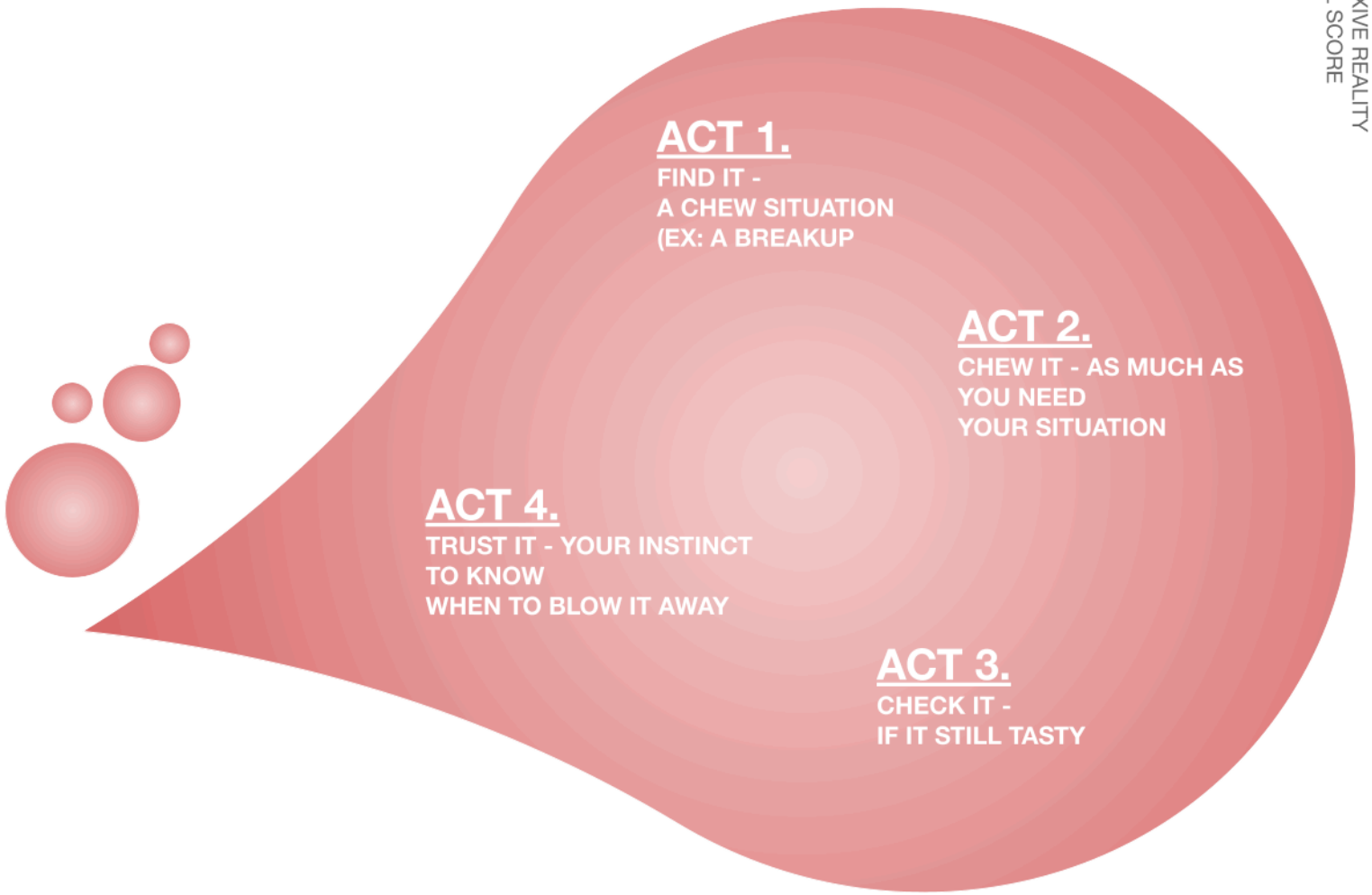
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VISUAL SCORE

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BLOW IT - BUBBLEGUM

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Reflexive Story

: a description, either true or imagined,
of a connected series of events:

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COLLECT IT - A 3RD OBSESSION

(For: my teacher Gilius van Bergeijk)
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VISUAL SCORE

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BELIEVE IT - PRACTICE IT

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TELL IT - ONCE UPON A LAZY KID

ZERO TO 100 / IT COLLECTION
REFLEXIVE STORY
VISUAL SCORE

ACT 1.

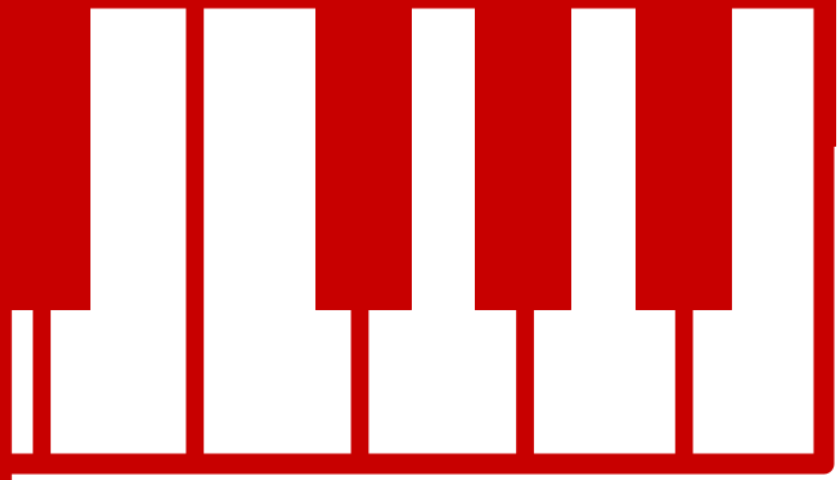
FIND IT -
A FIRST TIME
PIANO LESSON

ACT 2.

PLAY IT - REFLEXIVE MUSIC
WARM UPS & SCALES

ACT 4.

CREATE IT -
PIANOPLAYGROUND



ACT 3.

SHARE IT -
HE PIANO & THE LAZY KID

Once upon a time there was a very very…..very lazy kid
Who felt lazy doing EVERYTHING
The only thing he liked to do was to play
DO-RE-ME-FA-SOL-LA-SEE-DO on his piano
One day the kid woke up and thought "I am lazy so maybe I shouldn't be playing all the notes…
And he decided to skip some
He played: DO-RE-ME (cause those were the first ones he learned so it was easy to remember)
He skipped FA (it reminded him failing on so many things that he wanted to put away)
He played: SOL-LA cause they felt safe ,the were located just inside a protected area of two black keys F-sharp & B-flat
Then he moved on to skipping SEE - cause he could already see DO and felt he wanted to rest.

…here's what he got:
DO-RE-ME SOL-LA DO
Funny thought the kid
It sounds a big Japanese
And since he did like Sushi very much
He thought having Japanese song
Is actually a very good idea

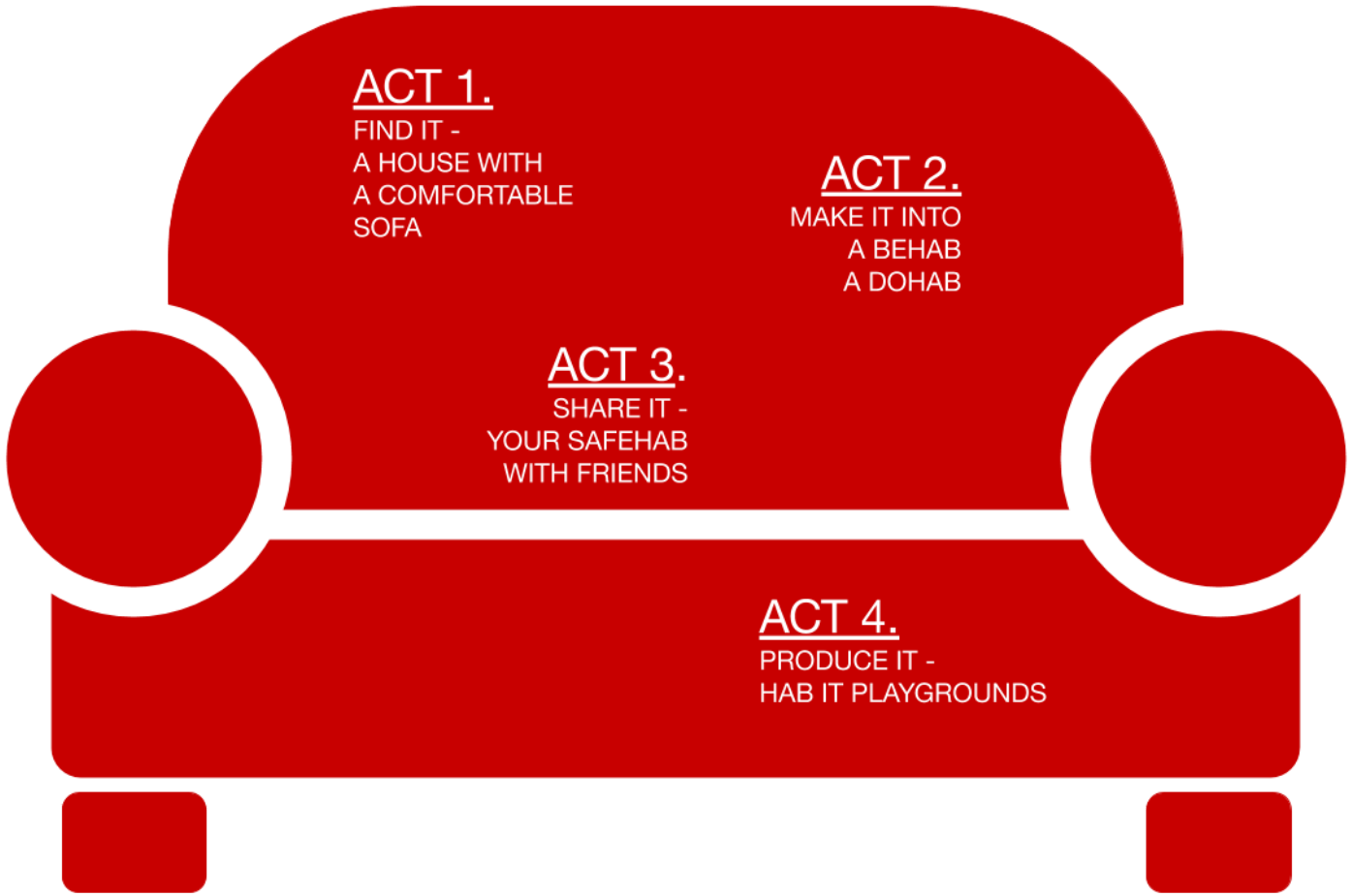
He started playing them over and over and over
He even repeated DO with his left hand while playing all the others
Sometime he repeated the same note twice or three times
Sometime he paused!
Sometime he switch hands and hight hand was playing DO and the left playing all
BUT
Most importantly he was having so much fun playing he forgot he was lazy
And that's the end!

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HAB IT - A SAFE HOUSE

ZERO TO 100 / IT COLLECTION
REFLEXIVE STORY
VISUAL SCORE



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FIND IT - A PULSE

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VISUAL SCORE



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SHOP IT - SITUATION FACTORY

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REFLEXIVE REALITY
VISUAL SCORE

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COMPOSE IT - A WATER PLAYGROUND

(For: Ali Shyaka)
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REFLEXIVE REALITY
VISUAL SCORE

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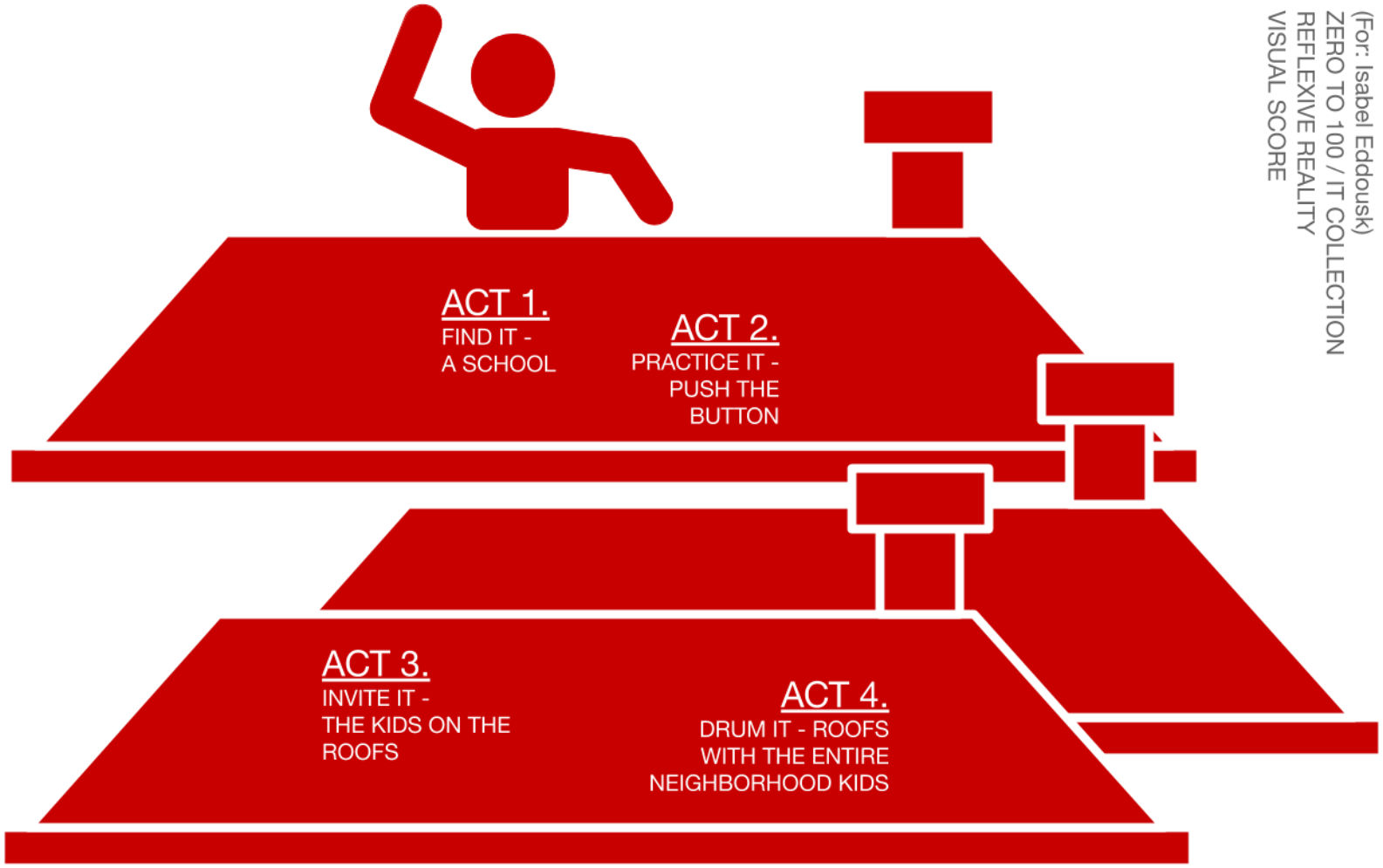
DRUM IT - THE ROOFS

(For: Isabel Eddousk)

ZERO TO 100 / IT COLLECTION

REFLEXIVE REALITY

VISUAL SCORE



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WALK / DON'T WALK IT - NEW YORK CITY

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

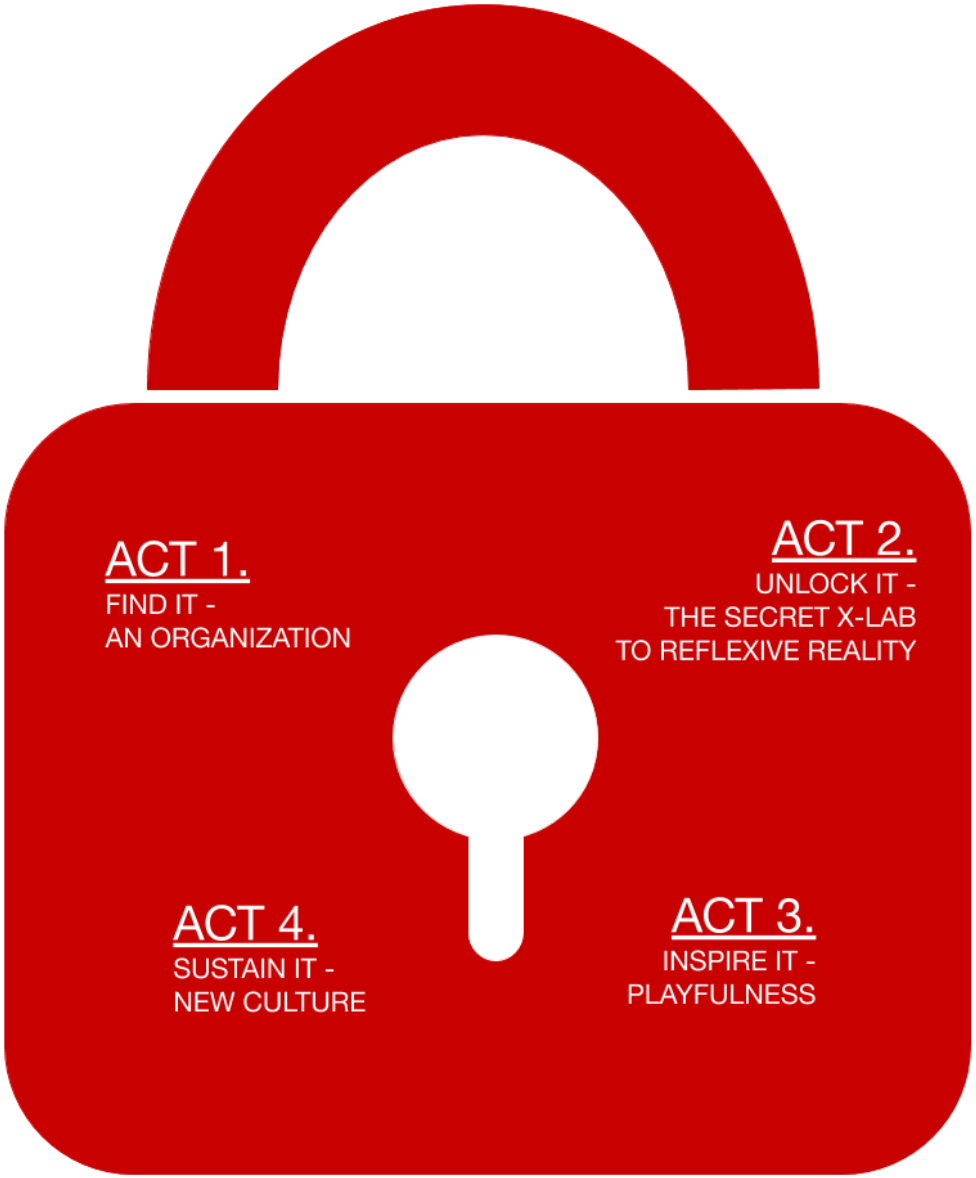
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UNLOCK IT - THE X LAB

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



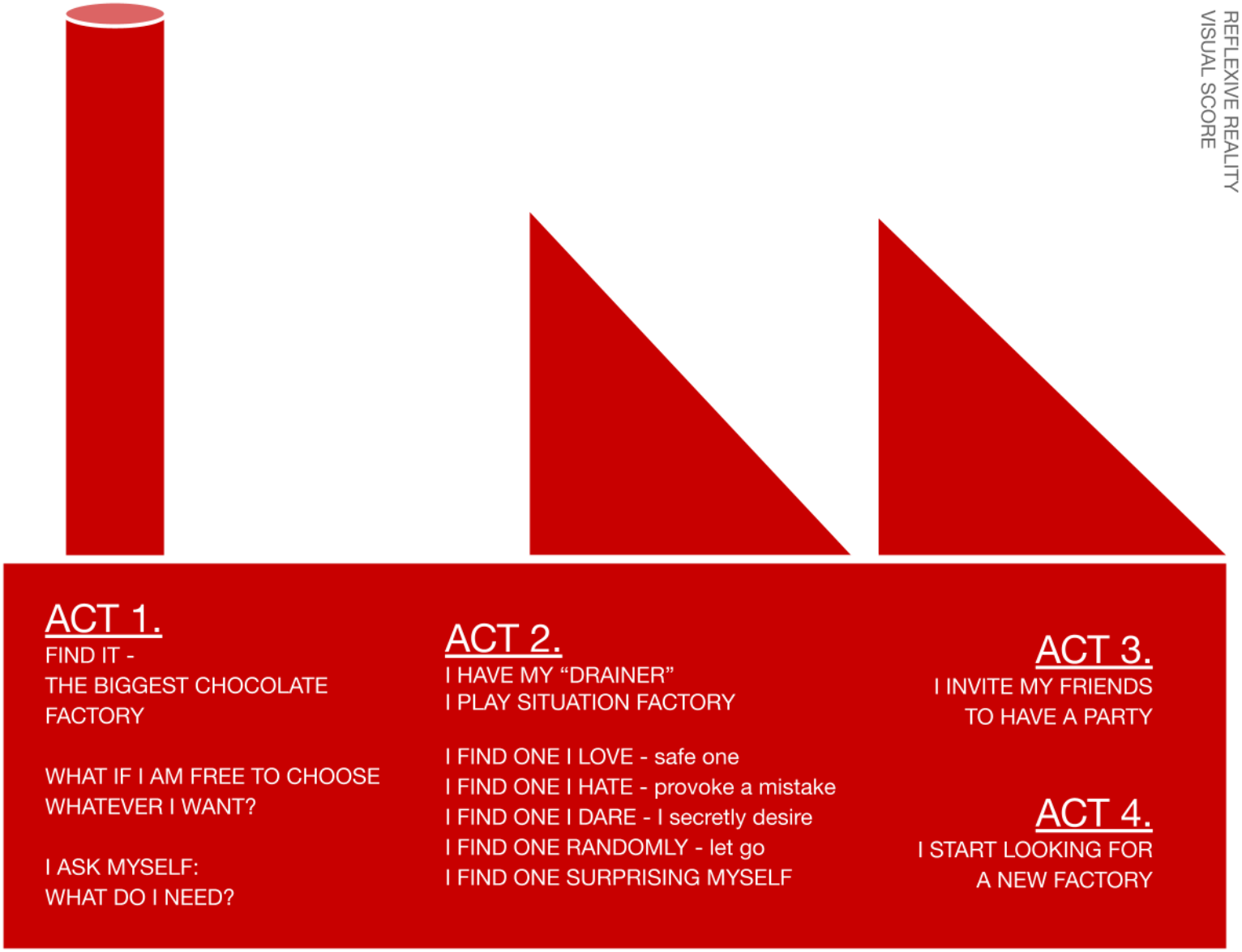
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COLLECT IT - CHOCOLATE FACTORY

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STRAIN IT - ACCURATELY

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COUNT IT - IDEAS PER MINUTE

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VISUAL SCORE

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DEPOSIT IT - MILLION $ CHECK

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REFLEXIVE REALITY
VISUAL SCORE

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SWING IT - THE DOBEDOBEDOBEDO

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REFLEXIVE REALITY
VISUAL SCORE

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EXPAND IT - THE QUESTION

ZERO 100 IT COLLECTION
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PRODUCE IT - REFLEXIVE MUSIC LAB

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INVITE IT - A RESIDENCY

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IT'S THIS & THAT & INBETWEEN

(For Alona Peretz)
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JUMP IT - THE TRAMPOLINE

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REFLEXIVE MUSIC ACADEMY
VISUAL SCORE

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PITCH IT - THE ELEVATOR SPEECH

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

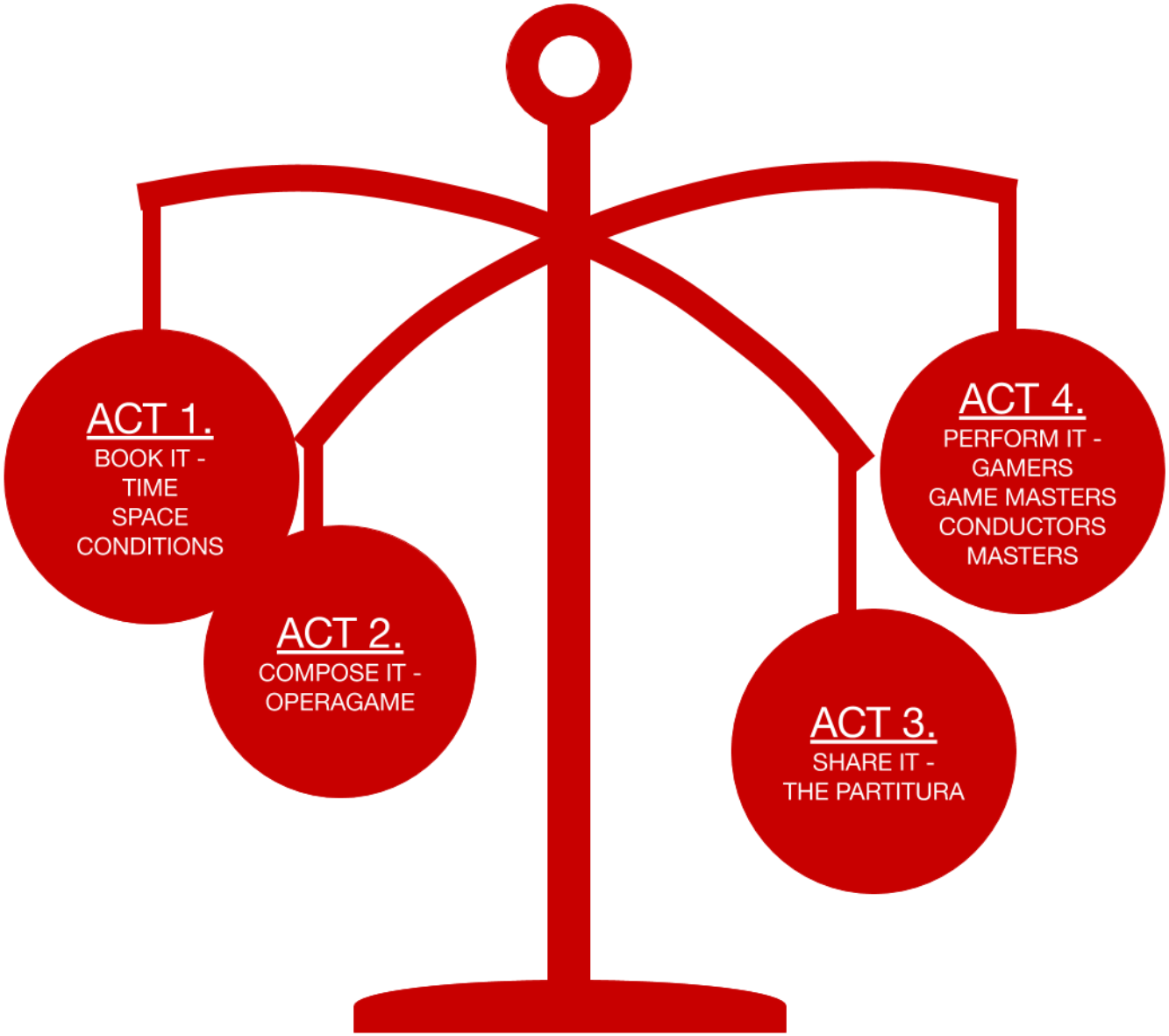
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BALANCE IT - THE MOBILE

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



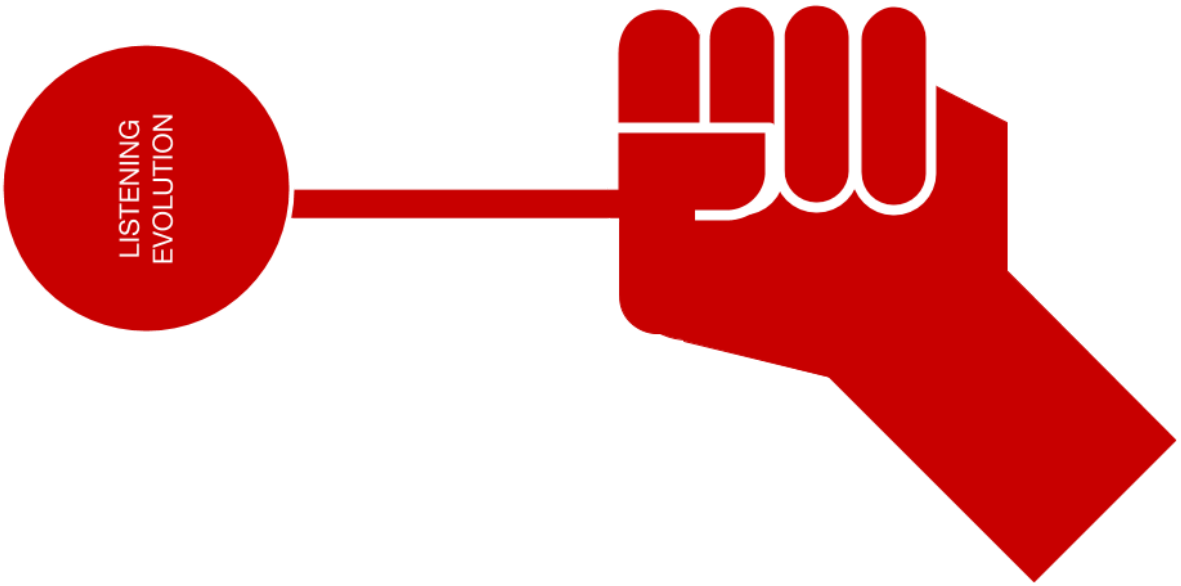
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DEMOCRATIZE IT - LISTENING EVOLUTION

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



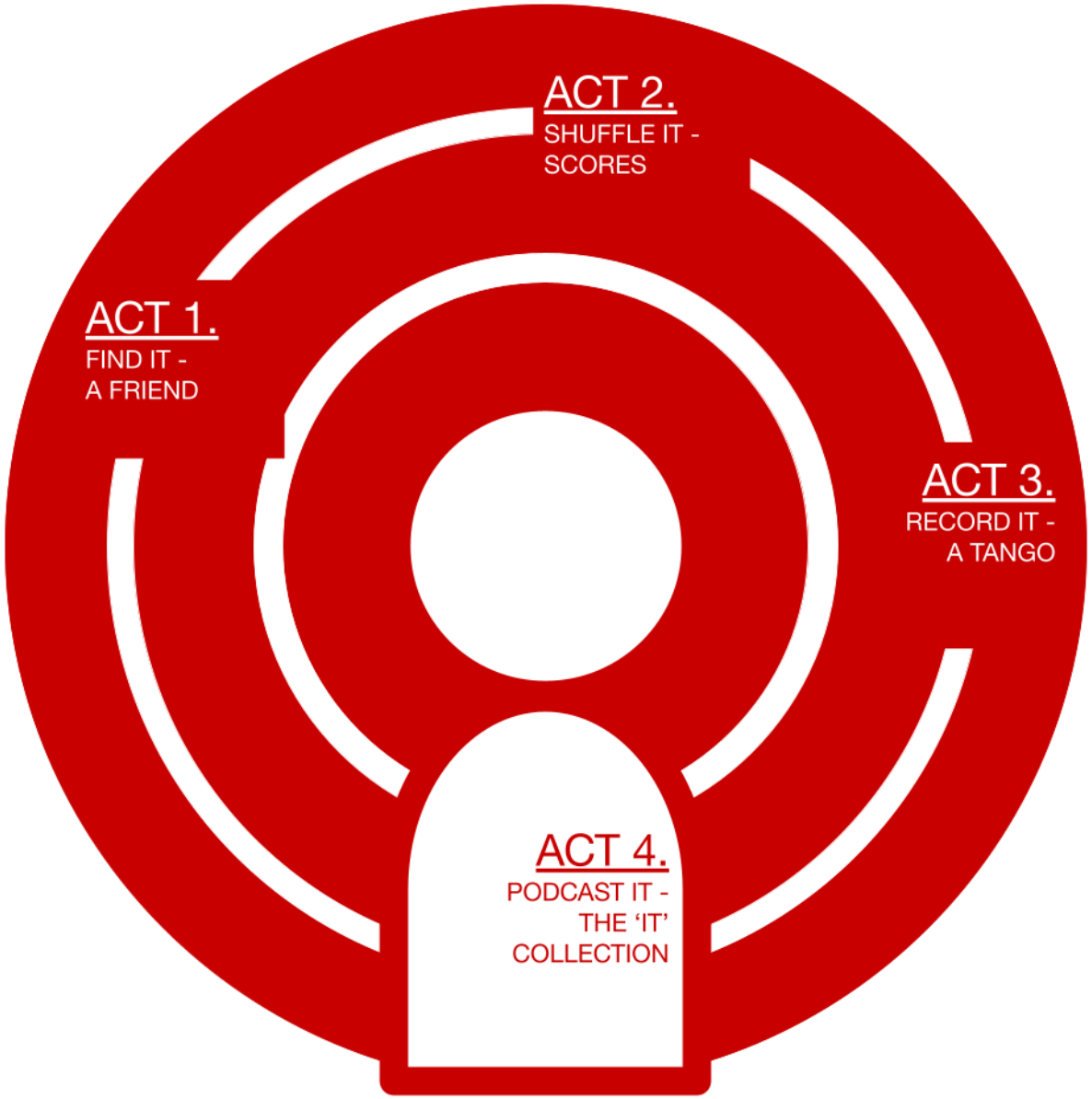
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PODCAST IT

(For: Talia Ilan)
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REFLEXIVE REALITY
VISUAL SCORE



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PLAY IT - PRETTY BALLOONS

(For Danny)
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REFLEXIVE STORY
VISUAL SCORE

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TICKLE IT - THE ELEPHANT

(For Maya Dunietz)
ZERO TO 100 / IT COLLECTION
REFLEXIVE COMPOSITION
VISUAL SCORE

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HOLD IT - LOOSENESS

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



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COMPOSE IT - THE SYMPHONY OF "DO"

ZERO TO 100 / IT COLLECTION
REFLEXIVE STORY
VISUAL SCORE

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Reflexive Family

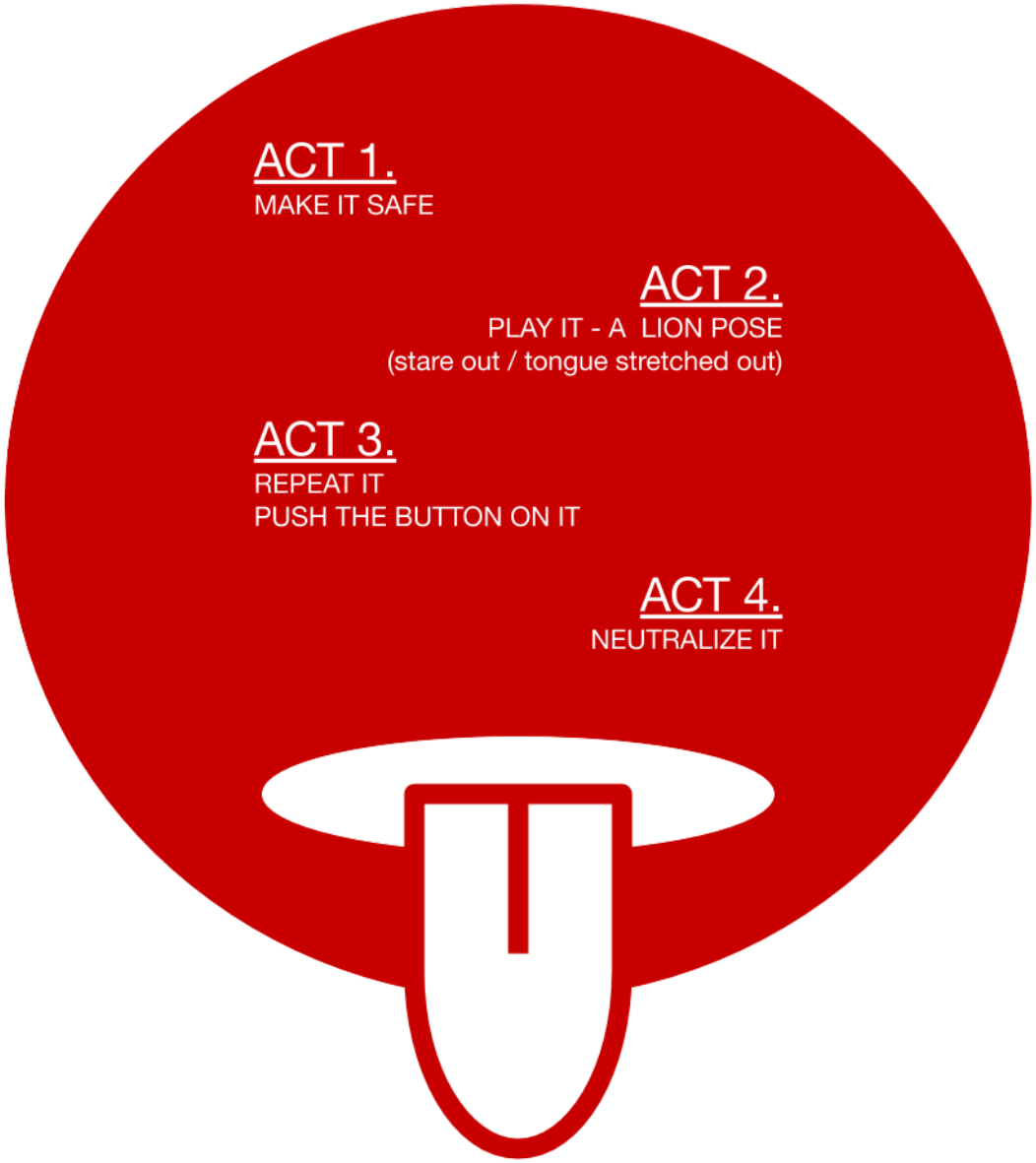
: a group of people who care about each other
because they have a close relationship or shared interests:

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WARM IT - LION ROAR

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

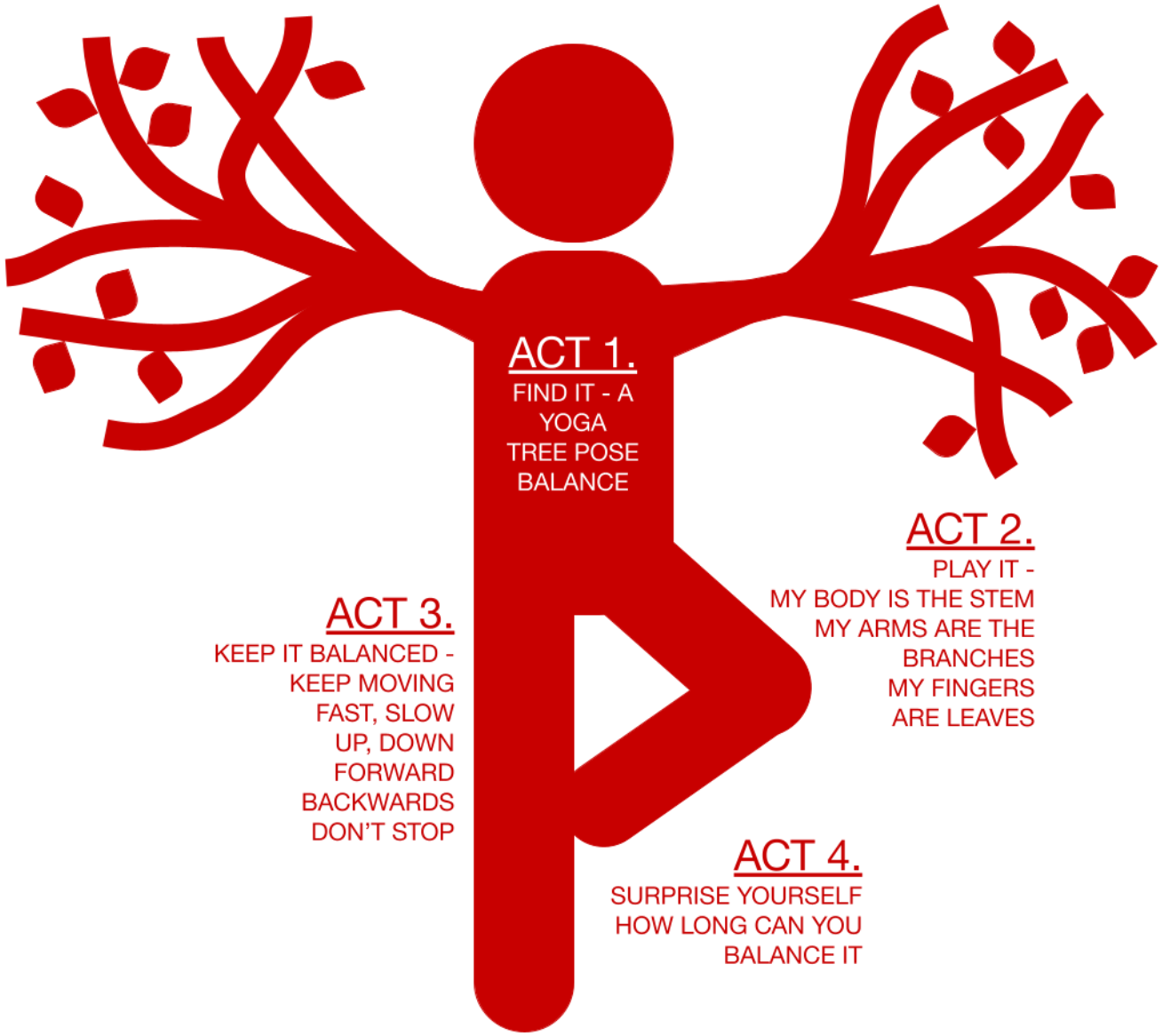


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WARM IT - YOGA TREE CIRCLE

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

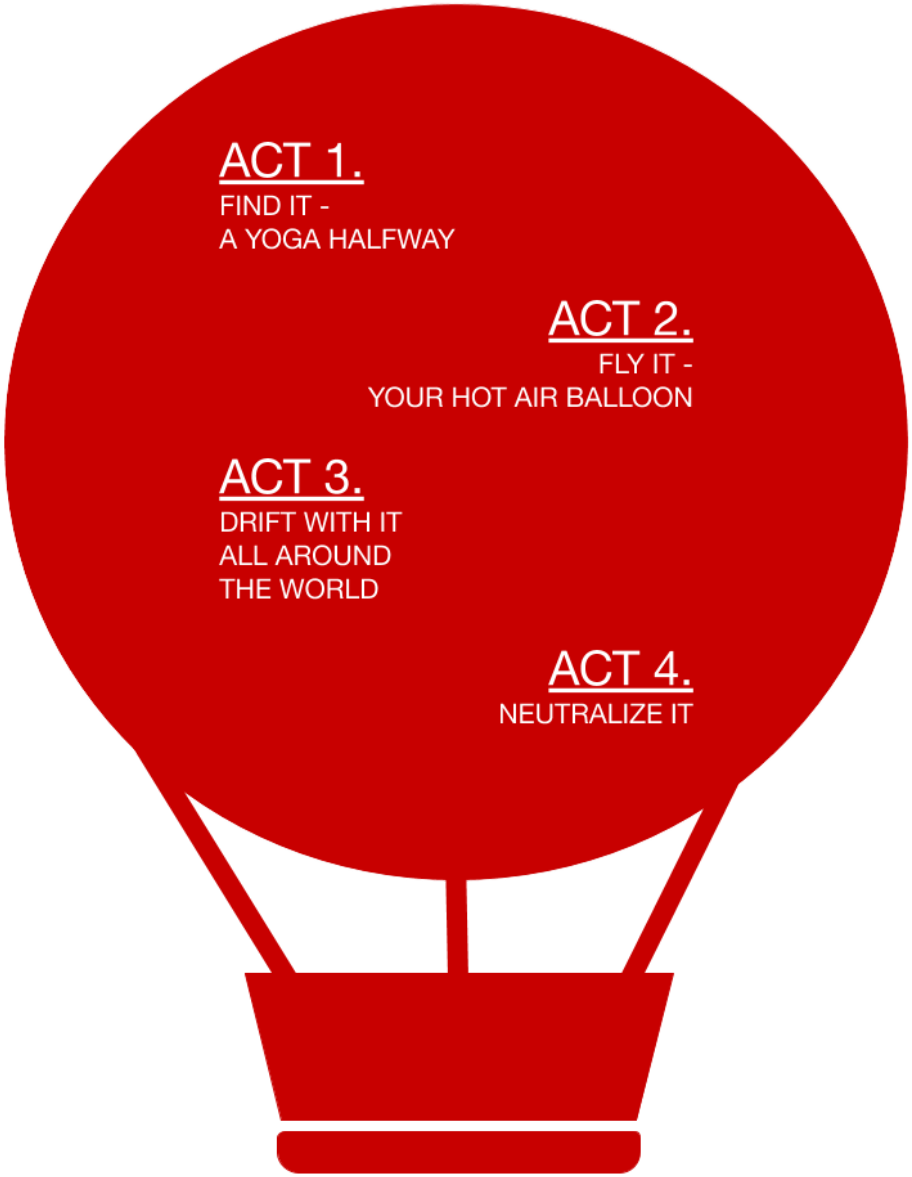


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WARM IT - HOT AIR BALLOON

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE

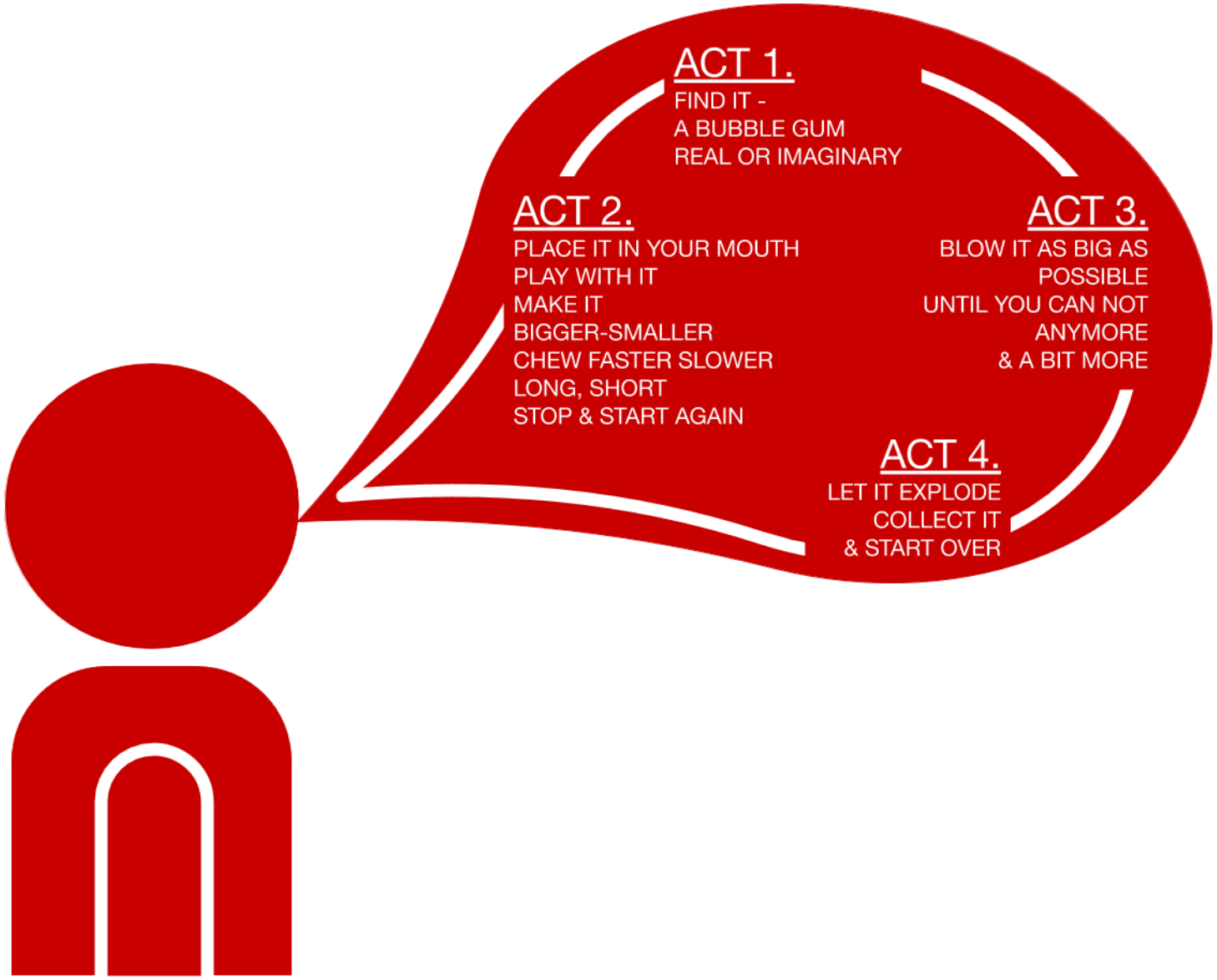


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WARM IT - BUBBLE GUM

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
VISUAL SCORE



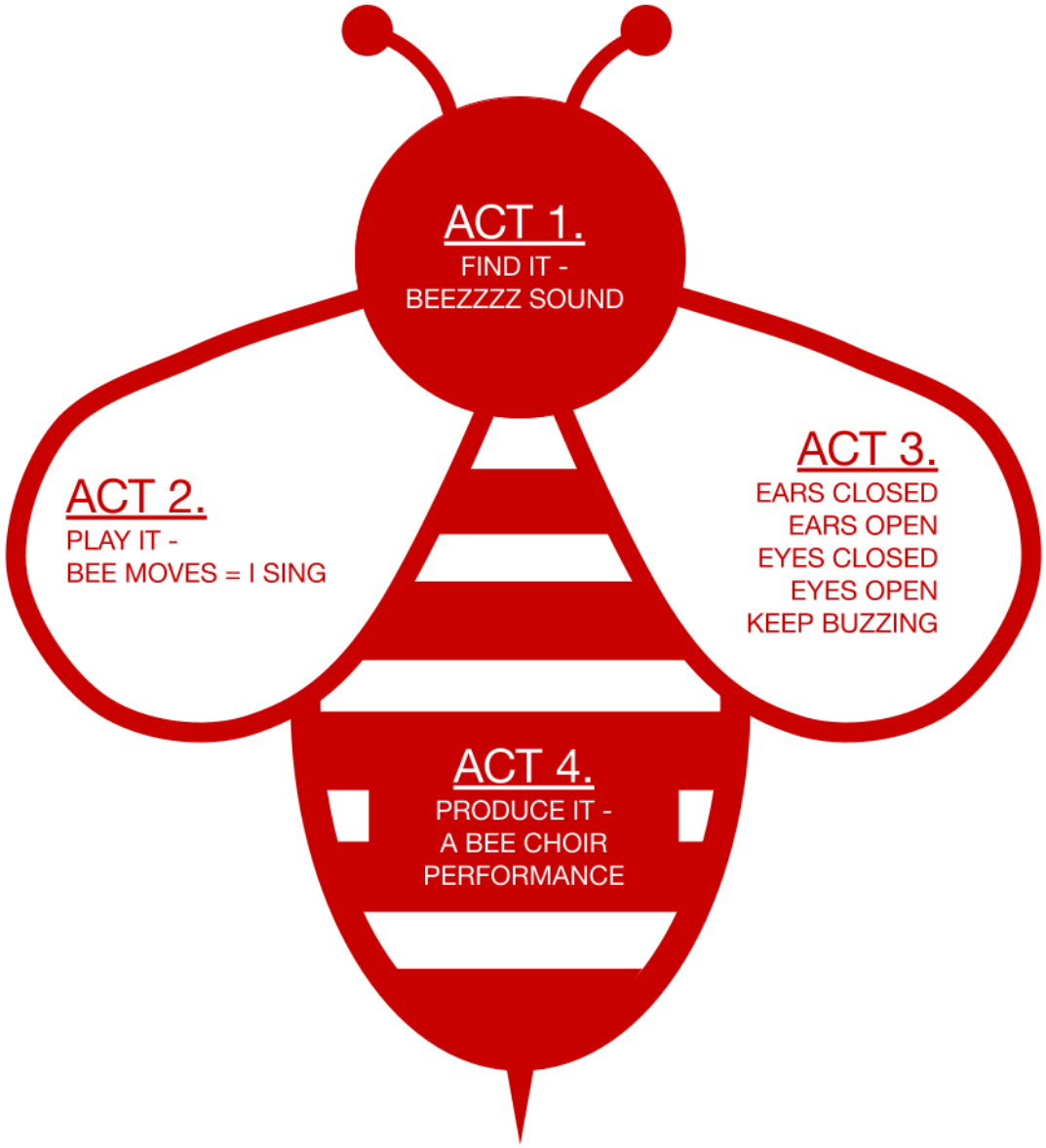
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WARM IT - BEE HUMM & BUZZ

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REFLEXIVE REALITY
VISUAL SCORE



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WARM IT - TALKING SOCKS

ZERO TO 100 / IT COLLECTION
REFLEXIVE KIDS
VISUAL SCORE

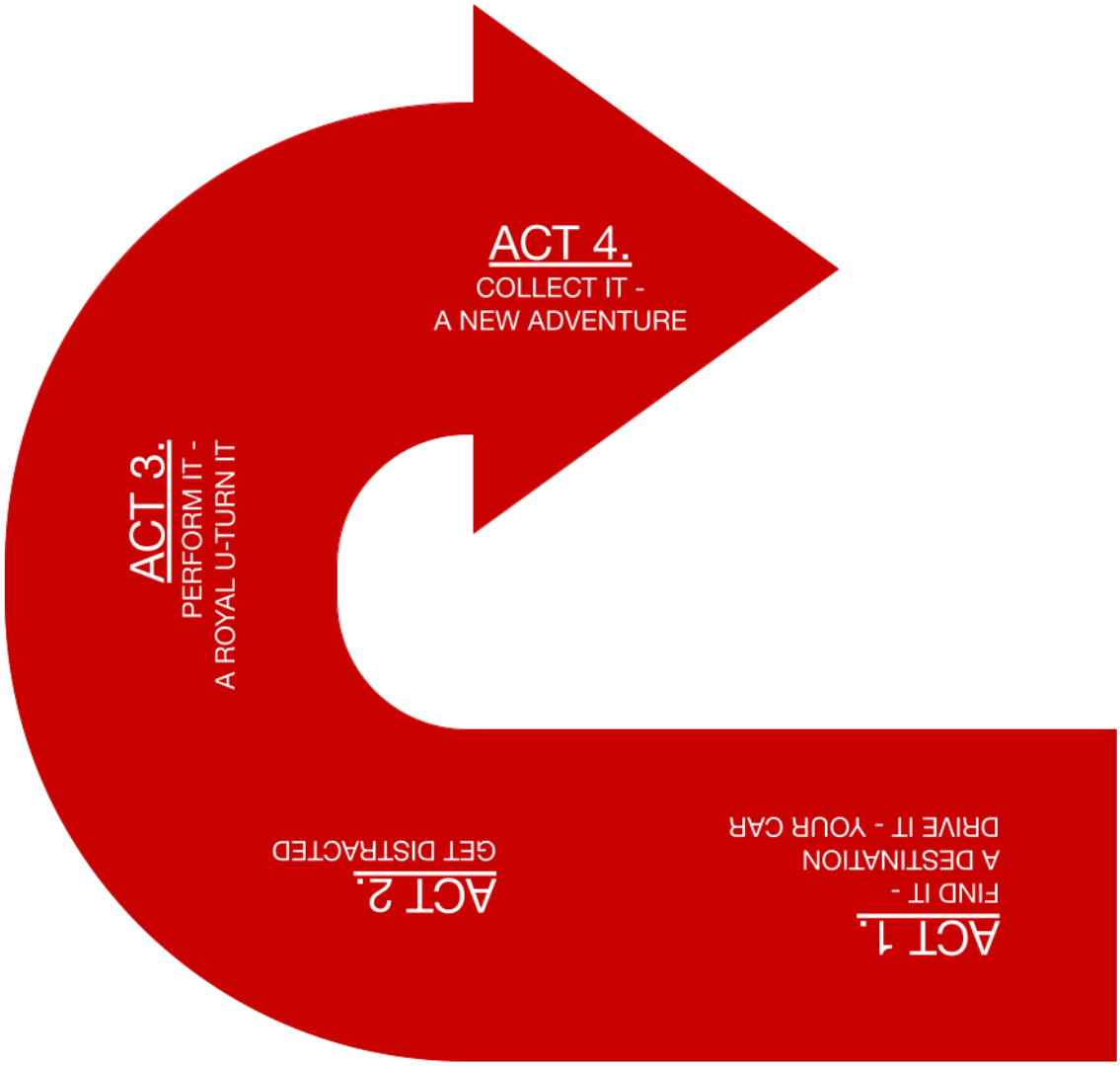


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PERFORM IT - U-TURN IT

(For: Eden Diamant)
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REFLEXIVE REALITY
VISUAL SCORE



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CREATE IT - CONNECTIONS

(For: Guy Dubious)
ZERO TO 100 / IT COLLECTION
REFLEXIVE STORY
VISUAL SCORE



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GUY DUBIOUS | KEREN ROSENBAUM

COLLECT IT - NOISE AGENTS

ZERO TO 100 / IT COLLECTION
REFLEXIVE PLAYGROUND
VISUAL SCORE

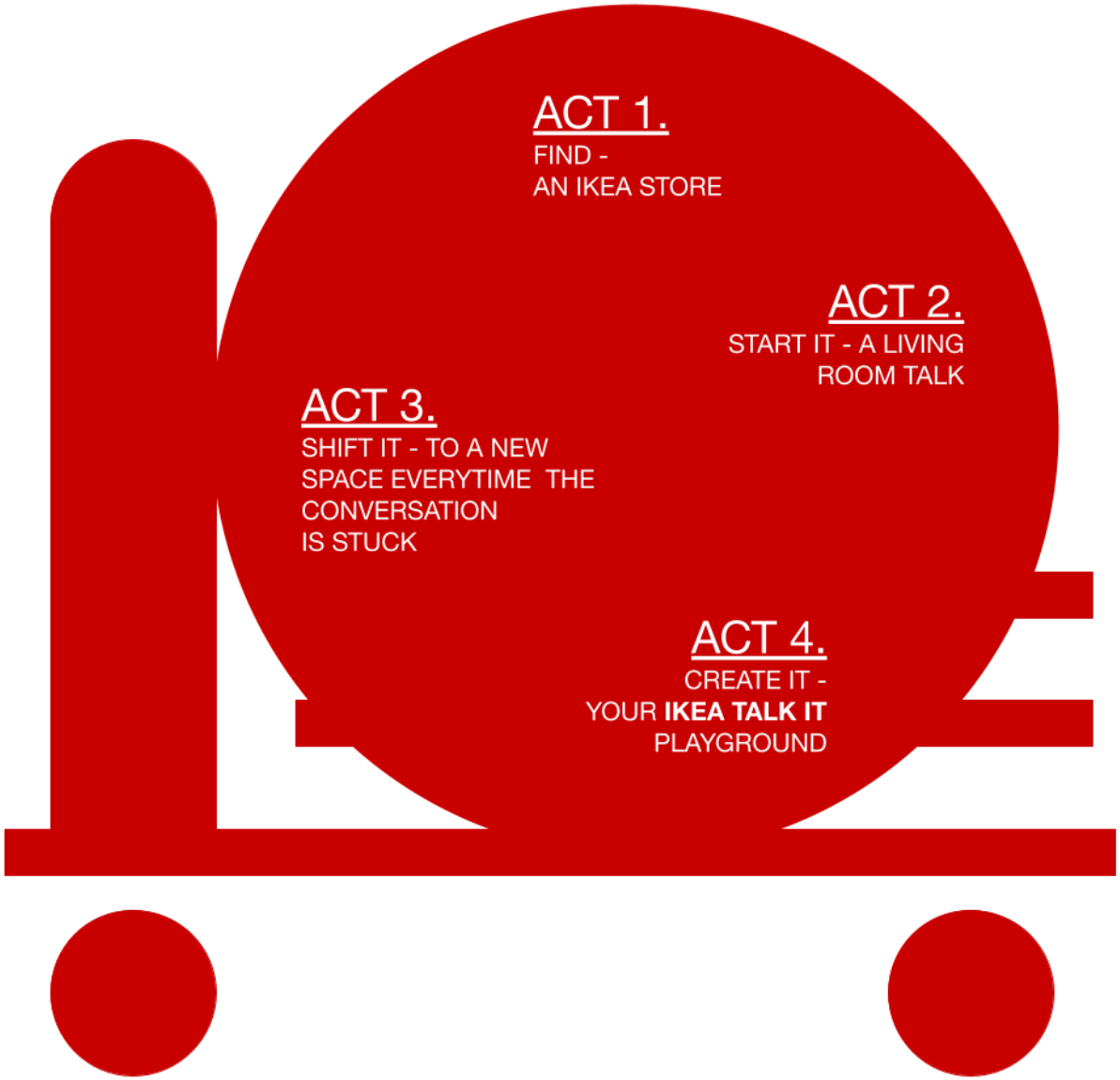
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DISCUSS IT - IKEA

ZERO TO 100 / IT COLLECTION
REFLEXIVE FAMILY PLAYGROUND
VISUAL SCORE



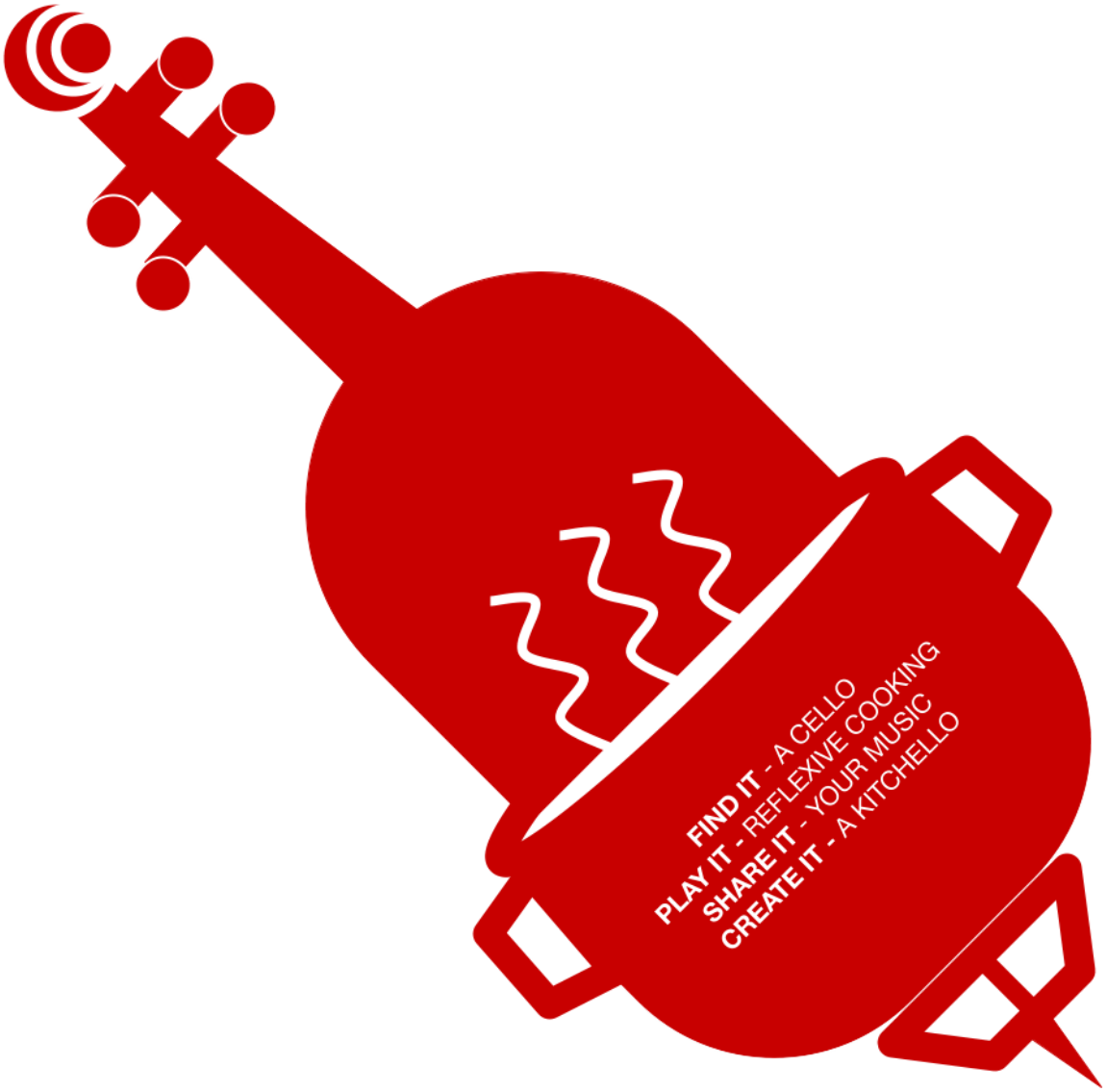
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KITCELLO

ZERO TO 100 IT COLLECTION
REFLEXIVE COOKING
VISUAL SCORE



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COLLECT IT - AAHH'S

(For Kiki and Isabel) ZERO TO 100 / IT COLLECTION
REFLEXIVE PRELUDE
VISUAL SCORE

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COPY IT - THE COPYCAT

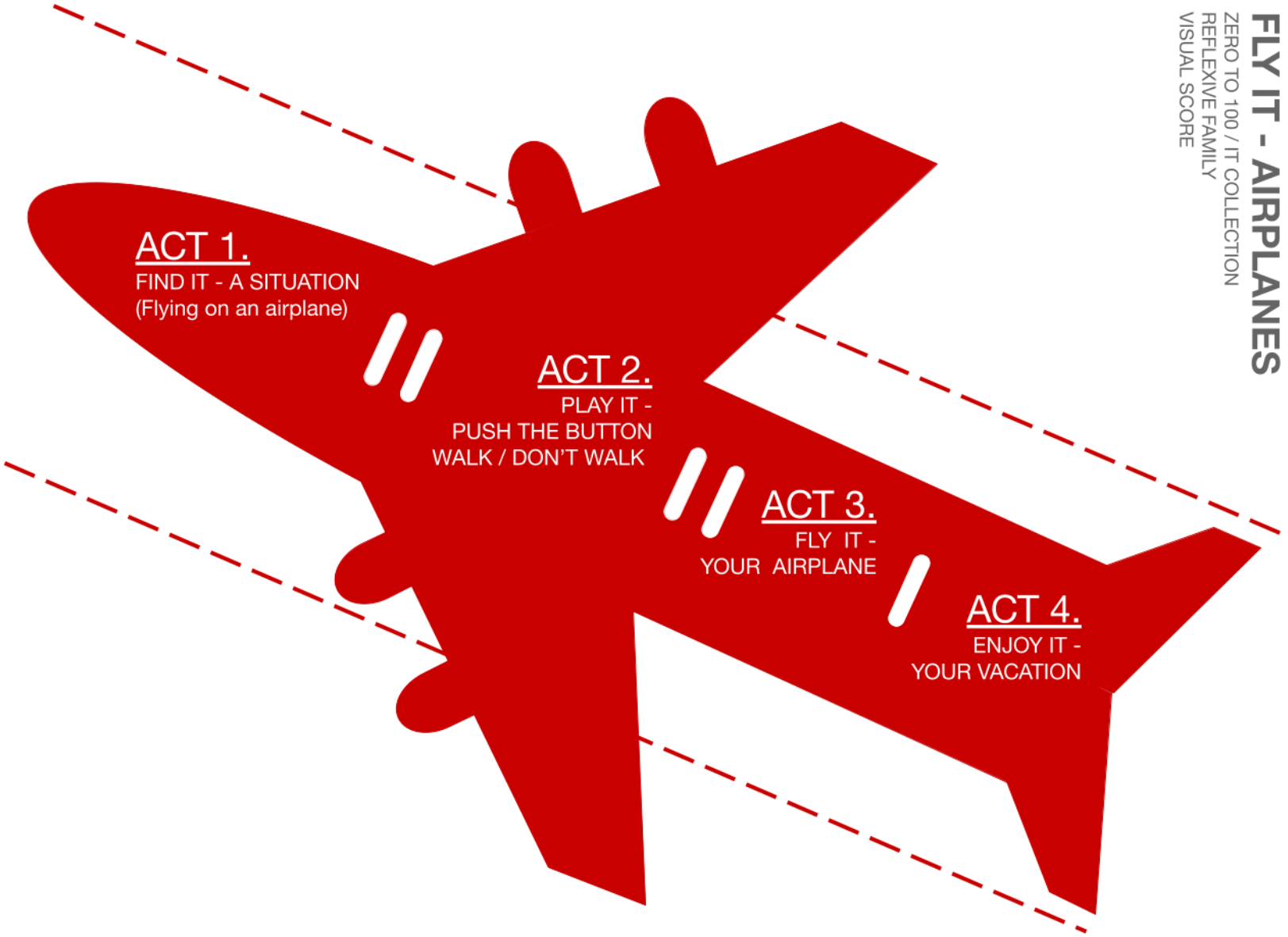
REFLEXIVE KIDS
VISUAL SCORE

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FLY IT - AIRPLANES

ZERO TO 100 / IT COLLECTION
REFLEXIVE FAMILY
VISUAL SCORE



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Keren Rosenbaum is an interdisciplinary composer, conductor, and educator performing internationally for over 30 years. She works inbetween disciplines such as music, intermedia art, noise, public intervention and philosophy in a music genre she refers to as **Reflexive Music**. Her performative stage - The Active Listening Playground is where performances, workshops, exhibitions and festivals are dedicated for participants to engage with playing reflexive music. Rosenbaum began her music education at the age of 7 Completed her at the Royal Academy in The Hague, among her teachers: Lev Kogan, Aerie Shapira, Leon Schidlowsky (Tel Aviv) Louis Andriessen, Von Bergeijk, De Man & Clarence Barlow, D. Wasserman (Netherlands) & Tania Leon and Walman (NY) In 1999 Keren curated the first interdisciplinary music festival and founded the REFLEX Ensemble, a worldwide community of musicians and artists that gained world recognition for their unique exhibitions, workshops, and ongoing performances of Reflexive Music. Often described by both listeners and performers as "passionately inventive" and "on the edge," Reflexive Music has given rise to the **ALP/ Playground Approach & Tools**. Rosenbaum's compositions and contemporary notation, specifically her signature conducting-via-earphones technique, is introduced in Notations21 book by author Theresa Sauer as a groundbreaking approach to provide the room with personal expression demanding a higher sense of aesthetic responsibility from each performer and audience alike. Often described with the quality of making one experience deeply and unforgettable the act of the play. "...Like a roller coaster ride". In 1999 following the success of initiating and curating the first interdisciplinary music festival she founded the REFLEX Ensemble, a worldwide community of musicians and various artistic forms, this innovative performative approach to music, stage and new technology. The ensemble gained world recognition and the unique concept have produced performances, exhibitions, workshops, and ongoing projects that continue to perform Rosenbaum's Reflexive Music.

In 2013 Rosenbaum founded the **Composing Community Global Organization**. Home to the Reflexive Music Academy, it is dedicated to teach and spread Reflexive Music through Active Listening Playground (ALP) Approach & Tools. ALP Approach helps foster positive connections, creativity, and innovation using a practice of playfulness (the art of infinite game awareness). ALP Approach is practiced around the world. Al Akhawayn University, Ifran; Tel Aviv University, The Arts University, Helsinki; WE ACT, The Goethe Institute, Chelsea Art Museum, NY; Musicians without Borders and Unesco to name a few.In 2019 Composing Community launched its latest program aiming to bring Reflexive Communication practice with ALP Approach to the workplace followed by the formation of Executive Playground dedicated to inspire cultural change in organizations around the world bringing back music into the workplace and supporting communities in need around the world Active Listening Playgrounds. Since 2021 the approach has been adopted and introduced by The Tel Aviv Music LIbrary (The Felicia Blumental center) as a way to allow anyone (regardless any prior music experience) to participate in the act of listening, composing and conducting music focusing on music as communication instead of knowledge. The ALP Approach continues to develop since 2012 with the support of colleagues, students and participants in ALP Playgrounds processes around the world. Becoming a Reflexive listener is the first step "to get back to our senses' (returning to our Synesthesia when the world exists at the intersection of sense and sensation.) and adopt the approach of playfulness as a mindset (infinite internal play awareness). This nonviolent, positive and empowering communication approach can be integrated into work and life and contribute to our wellbeing as well as healthy positive interpersonal relationships personally, with our community and with the world.

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REPEAT IT - "IT"

ZERO TO 100 / IT COLLECTION
REFLEXIVE REALITY
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